

**TRANSCRIPTIONAL AND EPIGENETIC
REGULATION OF PANCREATIC β -CELL
FUNCTION AND DYSFUNCTION**

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SUMMARY

Type 2 Diabetes arises from the inability of pancreatic β -cells to compensate for insulin resistance induced by environmental factors in genetically predisposed individuals. Goals in diabetic research are to restore the functionality of damaged β -cells or to replace them, and accomplishing this requires better understanding of the essential determinants of the β -cell phenotype. Pdx1, NeuroD1 and MafA are transcription factors critical in maintaining mature β -cell function. Epigenetic changes to the chromosome architecture in β -cells are associated with the loss of glucose sensitivity and insulin production.

My hypotheses are (1) The transcriptional regulation mediated by Pdx1, NeuroD1 and MafA are key determinants of β -cell function; (2) As β -cell dysfunction develops, chromatin remodeling adversely affects the function of important β -cell transcriptional regulators. To test these hypotheses, I have defined the Pdx1, NeuroD1 and MafA transcriptional regulatory network operative in β -cells, and established the epigenetic profile of normal β -cells and dysfunctional β -cells with impaired glucose-stimulated insulin secretion (GSIS).

Pdx1 binds more independently, and NeuroD1 and MafA have very similar binding profiles. Genes regulated by these transcription factors are over-represented in metabolic, developmental and cellular processes. Combinatorial depletion coupled with combinatorial co-occupancy of these transcription factors shows that genes with Pdx1 binding sites have the most effect on genes that are regulated. When two or three transcription factors are bound, they have the most effect on their target genes. Pdx1, NeuroD1 and MafA regulates genes involved in GSIS: They repress *Itgb1bp2* and *Cplx2* to enhance GSIS, and activate *Tspyl1*, *F13a1* and *Septin7* to dampen the GSIS response, emphasizing the exquisite level of regulation required for the appropriate response of β -cells to a glucose stimulus.

In order to investigate differential epigenetic states in normal and dysfunctional β -cells, I profiled marks of active and repressive chromatin in both cellular states. There is a global increase of open chromatin in dysfunctional β -cells, indicated by the increase in numbers of FAIRE and H3K4me3 peaks and a decrease in H3K27me3 peaks in dysfunctional β -cells. Motif analysis of FAIRE peaks in dysfunctional β -cells show a bias for general transcription factors, while motifs in normal β -cells show enrichments for tissue-specific transcription factors. Genes bound by Pdx1, NeuroD1 and MafA are associated with H3K4me3 in normal β -cells. In dysfunctional β -cells however, there is an increase in the association of these transcription factors and their target genes with the repressive H3K27me3 mark. Bivalent domains marked by both H3K4me3 and H3K27me3 in normal β -cells are enriched for developmental processes and cell regulatory processes. Bivalent chromatin states are modified to different extents in dysfunctional β -cells and lead to expression changes in genes involved in pancreatic development/ function (e.g. *MafB*, *Oxr1*, *Camk2b*, *miR-9*, *Sox17*), genes involved in neuronal development/ function (e.g. *Sema3d*, *Celsr1*), Fox transcription factors (e.g. *Foxf2*, *Foxq1*), and the potassium channels *Kcnc1* and *Kcnq1*.

Little is known about the transcriptional and epigenetic network governing β -cell function and dysfunction. My thesis therefore provides original insight into the Pdx1-, NeuroD1- and MafA- regulated pathways, and presents novel evidence for chromatin remodeling in β -cell dysfunction.

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CHAPTER 1:

INTRODUCTION

1.1. DIABETES

We are in the midst of a worldwide epidemic of Type 2 Diabetes (T2DM), obesity, and metabolic syndrome, each created by complex interactions between one's genes and the environment in which one lives. Despite advances in treatment, diabetes is the leading cause of chronic renal failure, adult blindness, and limb amputation, and a major risk factor for heart disease, stroke, and birth defects¹. As a result, the cost of diabetes care in the U.S. currently exceeds \$200 billion annually. The immense human and economic costs will increase further as the prevalence of diabetes is expected to affect 380 million worldwide by 2025².

The World Health Organization's definition of diabetes is for a single raised glucose reading with symptoms, otherwise raised values on two occasions, of either a) fasting plasma glucose concentration ≥ 7.0 mmol/l (126 mg/dl) or b) a glucose tolerance test, two hours after the oral dose, with a plasma glucose concentration ≥ 11.1 mmol/l (200 mg/dl)³. Diabetes is a group of metabolic diseases in which a person has high blood sugar, because the body does not produce enough insulin, and the body's cells do not respond to the insulin that is produced. This high blood sugar produces the classical symptoms of polyuria (frequent urination), polydipsia (increased thirst) and polyphagia (increased hunger).

1.1.1. TYPE 1 DIABETES MELLITUS (T1DM)

Type 1 Diabetes (T1DM), formally known as insulin-dependent diabetes mellitus (IDDM) or juvenile diabetes, affects an estimated 1 million Americans⁴. It is thought to result primarily from the destruction of pancreatic β cells in the islets of Langerhans by autologous cytotoxic T cells, and leads to insulin deficiency and hyperglycemia (high blood glucose levels). Though it may not be its primary cause, auto-immunity is the predominant effector mechanism of T1DM. T1DM is exacerbated in genetically susceptible individuals⁵, and the effect of the environment on an individual is also an important one. Epidemiological studies

also suggest a triggering role for enteroviruses, while other micro-organisms might have a protective effect. Therefore prevention of T1DM requires detection at the earliest possible point.

1.1.2. TYPE 2 DIABETES (T2DM)

Unlike T1DM, which is caused by the lack of insulin, T2DM arises from the diminished ability to respond to a given concentration of insulin. This is compounded with the abnormal response of pancreatic β -cells to respond to glucose. Numerous studies show that insulin resistance precedes the development of hyperglycemia in subjects that eventually develop T2DM⁶. However, it is increasingly clear that T2DM only develops in insulin-resistant subjects with the onset of β -cell dysfunction⁷. Both insulin resistance and pancreatic β -cell failure are thought to result from the complex interplay of many different pathways under the combined control of environmental and genetic factors (Figure 1)⁸.

The role of genetics in T2DM is indicated by the familial clustering of insulin sensitivity and insulin secretion, the higher concordance rate of T2DM in monozygotic vs. dizygotic twins, and the high prevalence of T2DM in some ethnic groups like the Mexican Americans and Pima Indians⁹. Patterns of inheritance suggest that this is a polygenic and heterogeneous disease, involving multiple genes with different combinations of genes playing a role in different subset of individuals. It is still uncertain exactly how many genes and what the relative contribution of each gene is, and because T2DM is closely linked to other metabolic phenotypes and has a progressive pathogenesis (starting with insulin resistance and β -cell dysfunction, leading to clinical hyperglycemia), elements of complexity are inevitably added to the interpretation of results from genome-wide association studies (GWAS).

Lifestyle factors are also important in the development of T2DM. Non-smokers with high levels of physical activity, a healthy diet (high in fiber, with a high polyunsaturated:saturated

fat) with normal body weight and moderate alcohol consumption, had a 89% lower rate of diabetes¹⁰. Some other factors that exacerbate the development of T2DM include obesity, hypertension, elevated cholesterol (combined hyperlipidemia), and metabolic syndrome³ (the group of risk factors that occur together and increase the risk for coronary artery disease, stroke, and T2DM). Other causes include acromegaly, Cushing's syndrome, chronic pancreatitis, cancer, and drugs. Obesity has been found to contribute to approximately 55% of cases of T2DM¹¹ and is the most potent risk factor for T2DM, possibly by increasing the risk of developing insulin resistance, and decreasing consumption of saturated fats and trans-fatty acids while replacing them with unsaturated fats may decrease the risk¹². Adipose tissue in the obese releases more of free fatty acids (FFAs), glycerol, hormones, pro-inflammatory cytokines and other factors, that strongly influence insulin resistance and T2DM. Non-essential fatty acids induce insulin resistance and impair β -cell function, which further impair the capacity to compensate for decreased insulin sensitivity. The normal pancreatic β -cell response to chronic fuel surfeit and obesity-associated insulin resistance is compensatory insulin hyper-secretion to maintain normoglycemia. T2DM only develops in subjects that are unable to sustain the β -cell compensatory response.

While adipose tissue was considered to be the body's fuel depot storing energy in the form of triglycerides, growing evidence suggests that the endocrine function of these tissues in fuel homeostasis can no longer be neglected. The discovery of the adipocyte-secreted peptide hormone leptin led to a paradigm shift favoring this notion¹³. Adipose tissue is known to secrete other molecules like Tumor necrosis factor (TNF)- α , Interleukin (IL)-6, Transforming growth factor (TGF)- β , angiotensinogen, adiponectin, with some of these having been implicated as potential regulators of glucose homeostasis¹⁴. However, their exact role in contributing to T2DM remains to be explored. Environmental toxins may also contribute to recent increases in the development of T2DM; a weak positive correlation has been found between the concentration of urine of bisphenol A (a constituent of some plastics) and the incidence of T2DM¹⁵.

Given the considerable time and resources it takes to translate basic biomedical discoveries into clinical tools, any current assessment of the clinical value of recent advances in the genetic and biological basis of T2DM is an underestimate. Nevertheless, an improved understanding of fundamental disease mechanisms is already emerging; this will aid in directing future therapeutic advances.

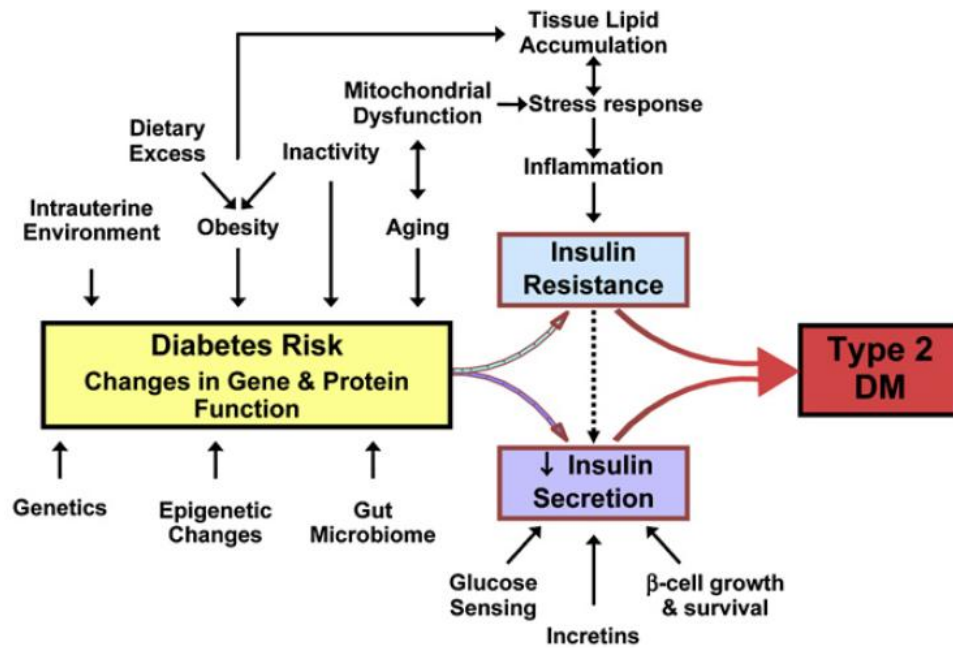


Figure 1. Genetic and environmental factors may influence the risk of diabetes through the pathways illustrated in the figure or through as-yet-unidentified mechanisms affecting insulin sensitivity and/or secretion.

1.2. THERAPY AND TREATMENT IN DIABETES

1.2.1. TREATMENT IN DIABETES

The discovery of insulin in the 1920's was a breakthrough in T1DM treatment, freeing patients from starvation diets that were the mainstream methods of therapy then, prolonging survival for a few weeks, months or in rare cases, a few years⁴. Insulin therapy thus changed diabetes from a rapidly fatal disease to a chronic one associated with significant secondary complications like renal failure, retinopathy, cardiovascular diseases and neuropathy. While aggressive insulin therapy that seeks to maintain glucose homeostasis is the golden aim of diabetes therapy, patients often find it difficult to achieve such fine control and suffer an increased risk of hypoglycaemia¹⁶. To date, serum biomarkers such as auto-antibodies have been widely used to detect T1DM, and improvements in technologies that rely on metabolomic studies and development of T-cell readouts might enhance diagnostic capabilities. Current clinical trials focus on identifying environmental triggers while therapeutic trials test the efficacy of antigen-specific and antigen-nonspecific immune intervention therapies.

Onset of T2DM can be delayed or prevented through proper nutrition and regular exercise. Intensive lifestyle intervention measures may reduce the risk by over half¹⁷. Evidence for the benefit of dietary changes alone, however, is limited. In patients with impaired glucose tolerance, diet and exercise and/or metformin (an anti-diabetic drug that reduces hyperglycemia by suppressing glucose production in the liver and increasing sensitivity to insulin)¹⁸ or acarbose may decrease the risk of developing diabetes¹⁷. Lifestyle interventions are more effective than metformin. Insulin injections may be added to oral medication or used alone. Other classes of medications commonly used to treat T2DM are sulfonylureas and non-sulfonylurea secretagogues (triggers insulin release by inhibiting the K_{ATP} channel in β -cells), alpha-glucosidase inhibitors (to prevent the digestion of

carbohydrates), and thiazolidinediones (to decrease triglycerides and increase high-density lipoprotein cholesterol (HDL-C) and low-density lipoprotein cholesterol (LDL-C))¹⁷.

The way T2DM is managed may change with age. Insulin production decreases because of age-related impairment of pancreatic β -cells and insulin resistance increases because of the loss of lean tissue and the accumulation of fat (especially intra-abdominal fat) and the decreased tissue sensitivity to insulin. Glucose tolerance progressively declines with age, and age-related glucose intolerance is often accompanied by insulin resistance, but circulating insulin levels are similar to those of younger people¹⁹. Treatment goals for older patients with diabetes vary with the individual, and take into account health status, as well as life expectancy, level of dependence, and willingness to adhere to a treatment regimen.

1.2.2. TRANSPLANTATION THERAPY

While whole pancreas transplantation has demonstrated promising results in the treatment of T1DM, with patients having a >85% likelihood that they will enjoy insulin-independent euglycemia a year later, and about 50% maintaining that favorable metabolic outcome 5 years post-transplantation⁴, clinicians are also working to develop isolated islet transplantation techniques as this does not require major surgery. The Edmonton protocol²⁰ developed in 2000 involves a steroid-free immune-suppressive regimen and high-quality islet cells derived from 2 or more recently deceased donors, and this resulted in a significantly improved graft function. However, an international multi-center trial tested whether the Edmonton protocol could be generalized, and it was found that only 14% of subjects remained insulin-independent 2 years after receiving an islet transplant, and there was a heightened risk of infection, β -cell toxicity and nephropathy²¹. While islet transplantation has the potential to treat diabetic patients, the rate-limiting factor is the availability of islets from organ donors²². Therefore, there remains a clear need for an alternative source of cells capable of physiologically regulating insulin secretion.

1.2.3. ALTERNATIVE SOURCES OF BETA ISLETS

Transplantation of mature, physiologically-responsive β -cells generated from stem cells is a potential alternative source of islets, and so are xenogenic islets from pigs. The question of whether adult β progenitor cells exist has been a controversial issue for decades, and genetic lineage tracing provided evidence that pre-existing β -cells, rather than stem/progenitor cells, were the major source of new β -cells in adult mice²³. However, later experiments showed that there exists in the ductal lining, a population of β -cell progenitors that can be activated in the injured adult mouse, and differentiation in situ and in explants of these progenitors give rise to all islet cell types, including β -cells²⁴. More recently, rare pancreas-derived multi-potent precursor cells were isolated from adult human islet tissue that were capable of extensive proliferation, self-renewal, and they were capable of generating multiple differentiated pancreatic and neural cell types. These cells also ameliorated diabetes in transplanted mice, demonstrating that the adult mammalian pancreas contains a population of insulin+ multi-potent stem cells²⁵.

Another alternative source of β -cells would be directed differentiation of embryonic stem cells (ESCs) towards the β -cell lineage. Many attempts have been made to achieve this with various degrees of success, with most studies being only able to generate highly heterogeneous populations of immature β -cells that are not able to respond to environmental stimuli²⁶. Recent advances in the field have led to the derivation of pancreatic endoderm from human ESCs²⁷. Upon glucose stimulation, these differentiated cells were able to secrete human insulin and c-peptide at levels similar to those of mice that had undergone islet transplantations. They also expressed critical β -cell transcription factors, appropriate processing of proinsulin and the presence of mature endocrine secretory granules, and demonstrated protection against streptozotocin-induced hyperglycemia. The over-expression of three critical pancreatic transcription factors were also able to reprogram adult exocrine cells to β -cells²⁸. Porcine islet transplantation is another alternative source of β -cells but it requires major immune-suppressive techniques which may outweigh the risk of diabetes²⁹.

While all these potential therapies are promising, at this point none of them are widely practiced. It is therefore imperative to understand in greater detail how the mature β -cell phenotype is regulated, and to understand the regulatory mechanisms responsible for glucose-stimulated β -cell insulin secretion, in order to aid our attempts at duplicating its function in vitro and ultimately in patients.

1.3. THE PANCREAS

The adult mammalian pancreas is a heterogeneous organ composed of three major cell types: exocrine acinar cells, ductal cells and endocrine cells³⁰. Exocrine cells produce digestive enzymes like trypsinogen, chymotrypsinogen, amylase, lipase that are shunted into the gut via duct cells. The exocrine tissue, organized into dense epithelial acini, makes up >95% of the pancreatic mass. Digestive enzymes are secreted into the acinar lumens which drain into small ducts, and these merge and feed into progressively larger structures, eventually joining the common bile duct. Embedded within the pancreatic exocrine tissue are islets of Langerhans, the endocrine component of the pancreas. The islets of Langerhans are highly-vascularized micro-organs which consists of several endocrine cell types that function together to maintain glucose homeostasis. Histologically, the islets resemble colonies of endocrine tissue suspended within the acinar matrix, as if derived from single progenitor cells; however, lineage tracing shows that each islet is polyclonal in origin³¹.

1.3.1. INTER-SPECIES ISLET COMPARISON

Murine islets are the most well studied and are often described as having a highly ordered structure that is 60-80% composed β -cells clustered in a central core, surrounded by 15-20% α -cells, with δ -cells, pancreatic polypeptide (Ppy) cells and ϵ -cells in the periphery³². Human islets tend to contain fewer β -cells and more α -cells compared to rodent islets. The endocrine cells in human islets also do not have a distinct distribution (when compared to rat islets) with α -, β - and δ -cells randomly distributed throughout the islet^{33,34}, with 50% β -cells, 40% α -cells, 10% δ -cells and few PPY-cells. Small islets appear to be composed of mainly β -cells, whereas large islets have intermingled α - and β -cells³⁴. Islet composition varies not only between species, but also within species³⁴. Murine islets display a wide array of morphologies under various physiological conditions, including pregnancy, obesity and diabetes. In *db/db* mice, which have a mutation in the leptin receptor and are obese and diabetic, islet architecture and

cellular composition resemble that of humans, suggesting a high degree of plasticity in islet morphology in response to changing physiological conditions³⁴.

1.3.2. THE UNIQUE BETA CELL FUNCTION

Pancreatic β -cells are able to greatly expand their function and mass in both physiologic and pathologic states of nutrient excess and increased insulin demand, by hypertrophy and proliferation of existing β -cells, increased insulin production and secretion, and formation of new β -cells from progenitor cells³⁵. The unique differentiation of the mature β -cell phenotype is responsible for the extraordinary efficiency of these specialized cells in storing and secreting insulin to regulate metabolism in such an exquisite fashion. With successful compensation for insulin resistance, little change in secretory machinery is needed as the distinctive specialization of the β -cell is sufficient for optimal glucose-stimulated insulin secretion (GSIS); the large acute insulin responses to glucose challenge (observed in obese patients) strongly suggest the β -cell phenotype is mostly maintained. The glucose transporter (Glut)-2 allows rapid equilibration between extra- and intra-cellular glucose levels. Glucose is phosphorylated by Glucokinase (Gk) with a K_m of $\sim 8\text{mmol/l}$, allowing it to function efficiently within the normal range of plasma glucose concentrations³⁶. Glucose metabolism occurs primarily by glycolysis, with pyruvate directed to mitochondria for oxidation and little gluconeogenesis³⁷ or lactate production³⁸ occurs; all these contribute to maximizing the efficiency of aerobic glycolysis. The specialized mitochondrial shuttles in the β -cell help to contribute to ATP formation (via the glycerol phosphate shuttle that allows reduced nicotinamide dinucleotide (NADH) to be oxidized by the mitochondria, enhancing glycolytic flux)³⁹ and the generation of NADPH (possibly to enhance insulin secretion) by the malate/pyruvate shuttle⁴⁰.

To maintain this degree of specialization, the genes that are highly expressed in β -cell include those of the secretory products (insulin and islet amyloid polypeptide ((IAPP)), essential

genes for glucose metabolism (*Glut2* and *Gk*), key enzymes for the mitochondrial shuttles (*glycerol phosphate dehydrogenase (mGPDH)*) and *pyruvate carboxylase*, and critical transcription factors (Chapter 1.3.6.). At the same time, enzymes that participate in superfluous pathways such as gluconeogenesis and lactate production would be thought to be preferentially suppressed by phosphoenolpyruvate carboxykinase (PEPCK), glucose-6-phosphatase, fructose-1,6-bisphosphatase, lactate dehydrogenase and hexokinase. This is not an exhaustive list of proteins that would have to be expressed and repressed in an active and dynamic manner, in response to the changing environmental milieu.

1.3.3. SYNTHESIS AND PROCESSING OF INSULIN

The liver maintains the baseline level of glucose but β -cells can respond quickly to spikes in blood glucose by releasing stored insulin, while simultaneously producing more. Insulin is initially synthesized as a single-chain 86 amino acid precursor polypeptide, preproinsulin. Subsequent proteolytic processing removes the amino terminal signal peptide, giving rise to proinsulin. Proinsulin is structurally related to insulin-like growth factors (IGF)-I and II, which bind weakly to the insulin receptor. Cleavage of an internal 31-residue fragment from proinsulin generates C-peptide and the A (21 amino acids) and B (30 amino acids) chains of insulin, which are connected by disulfide bonds. β -cells release C-peptide into the bloodstream in equimolar quantities and measuring the levels of C-peptide can give medical practitioners an idea of the viable β -cell mass⁴¹, as it is cleared more slowly than insulin and is a useful marker of insulin secretion, allowing discrimination of endogenous and exogenous sources of insulin in the evaluation of hypoglycemia. C-peptide also helps provide neuropathy and other symptoms of diabetes related to vascular degeneration⁴². β -cells also produce a 37 amino acid peptide called amylin (IAPP) in a 1:100 amylin:insulin ratio. It is the major component of the amyloid fibrils found in the islets of patients with T2DM, and is thought to contribute to glycemic control by inhibiting the appearance of nutrients (especially glucose) into the plasma⁴³.

1.3.4. *GLUCOSE-STIMULATED INSULIN SECRETION (GSIS)*

Glucose is the main regulator of insulin secretion by the pancreatic β -cell, although amino acids, ketones, various nutrients, gastrointestinal peptides, and neurotransmitters also influence insulin secretion. Glucose levels > 3.9 mmol/L (70 mg/dL) stimulate insulin synthesis, primarily by enhancing protein translation and processing⁴⁴. Insulin is released in two phases, the first phase release is rapidly triggered in response to increased blood glucose levels, and the second phase release is a sustained, slow release of newly formed vesicles independent of sugar. The first phase of glucose-stimulated insulin secretion begins with its transport into β -cells by Glut2 (Figure 2). The rate-limiting step in GSIS is glucose phosphorylation by Gk to form glucose-6-phosphate, which generates ATP via glycolysis and inhibits the activity of an ATP-sensitive K^+ channel. This channel consists of two separate proteins: one is the binding site for some oral hypoglycemics (e.g. sulfonylureas, meglitinides); the other is Kir6.2, an inwardly rectifying K^+ channel protein. Inhibition of Kir6.2 induces β -cell membrane depolarization, opening voltage-dependent calcium channels that lead to an influx of calcium. This results in activation of phospholipase C, which cleaves the membrane phospholipid phosphatidyl inositol 4,5-bisphosphate into inositol 1,2,4-triphosphate (IP3) and diacylglycerol. IP3 binds to receptor proteins in the endoplasmic reticulum (ER) membrane and allows the release of calcium from ER via IP3-gated channels, further increasing the intracellular concentration of calcium that triggers the exocytosis of insulin-laden vesicles and subsequent insulin secretion.

Insulin exocytosis begins with the synthesis of preproinsulin in the endoplasmic reticulum, followed by budding of immature insulin granules from the trans-Golgi network, insulin granule maturation, and fusion of release-competent dense-core insulin granules with the plasma membrane (Figure 3). A large number of proteins control this secretory pathway but the key molecules controlling membrane fusion are the soluble N-ethylmaleimide-sensitive factor attachment protein receptor (SNARE) proteins. Like in other secretory cells, the fusion of the dense-core insulin granules with the plasma membrane involves the assembly of a

complex between the granule membrane Vesicle-associated membrane protein (Vamp)-2 and the integral plasma membrane Syntaxin (Stx)-1a, as well as the membrane-associated Synaptosomal-associated protein (Snap)-25. A large number of accessory factors interact with SNAREs and influence the assembly of the core complex. Insulin secretory profiles reveal a pulsatile pattern of hormone release, with small secretory bursts occurring about every 10 min, super-imposed upon greater amplitude oscillations of about 80–150 min⁴⁴.

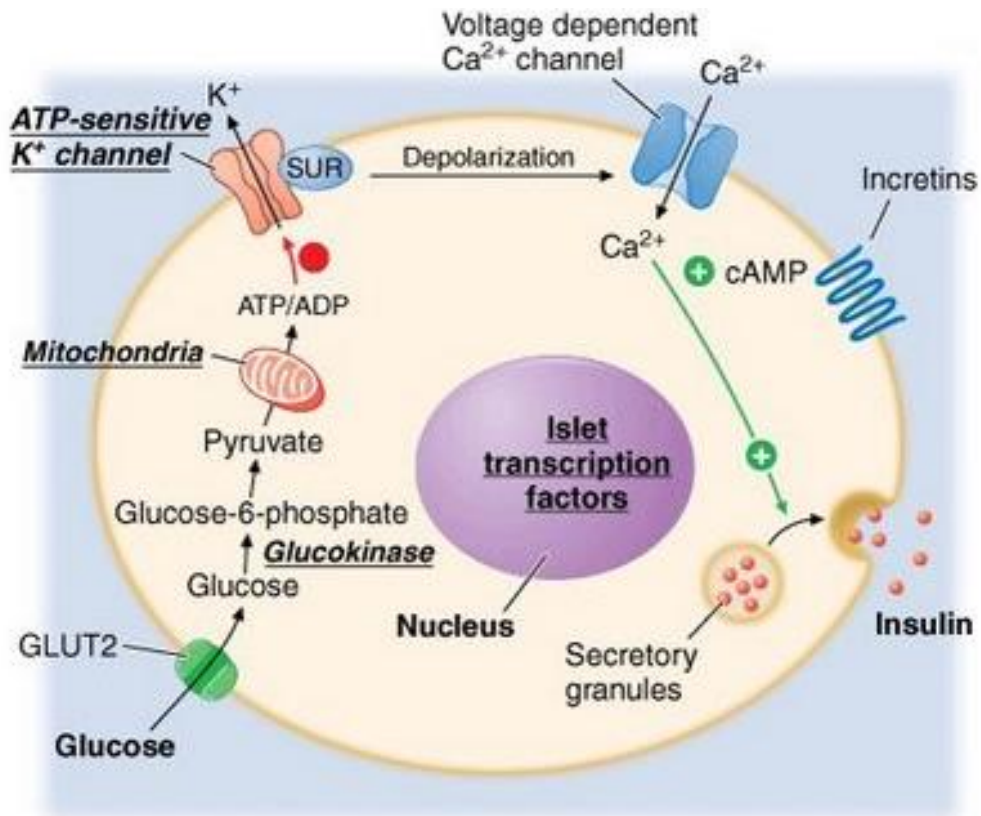


Figure 2. GSIS in the pancreatic β -cell. Glucose is transported into the β -cell by facilitated diffusion through Glut2, which leads to membrane depolarization and an influx of extracellular calcium, resulting in the exocytosis of insulin-containing secretory granules⁴⁴.

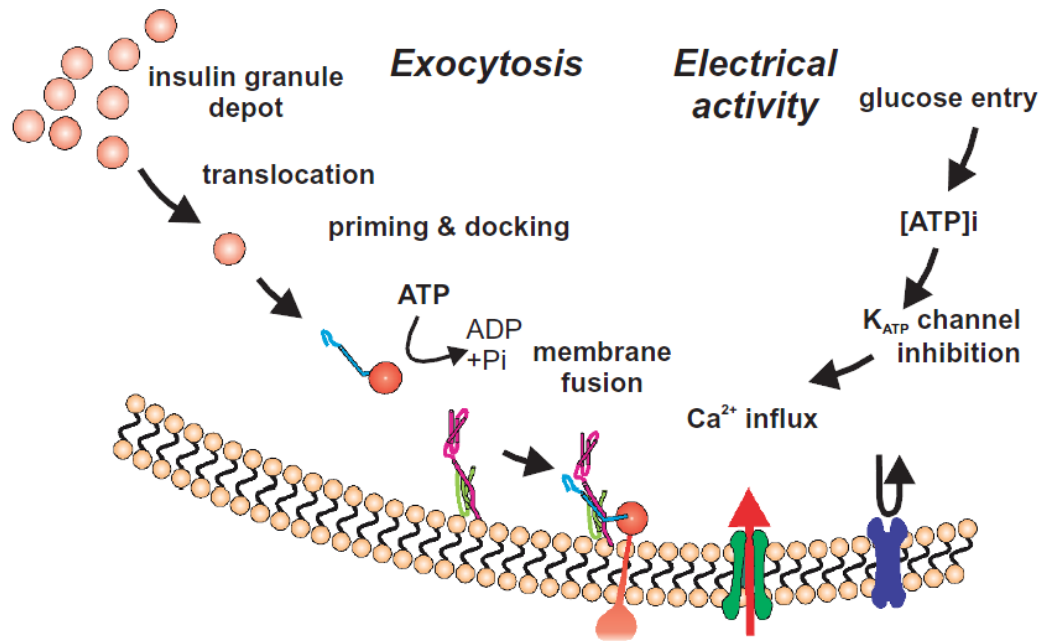


Figure 3. Cellular events involved in GSIS. Reactions to the right (electrical activity) are synonymous with the triggering pathway in β -cell stimulus secretion coupling. Reactions to the left (exocytosis) have the capacity to modify the β -cell secretory response. Some of these reactions are likely to involved in the amplifying action of glucose on insulin secretion⁴⁵.

1.3.5. BETA-CELL DYSFUNCTION IN T2DM

Glucotoxicity, lipotoxicity, and glucolipotoxicity are secondary phenomena that are proposed to play a role in T2DM. The underlying concept is that once the primary pathogenesis of diabetes is established (usually involving both genetic and environmental forces), hyperglycemia and hyperlipidemia ensue, exerting additional damaging or toxic effects on the β -cell. In addition to their contribution to the deterioration of function after the onset of the disease, elevations of plasma fatty acid levels that often accompany insulin resistance may, as glucose levels begin to rise beyond the acceptable range, also play a pathogenic role in the early stages of the disease⁴⁵. The word glucolipotoxicity is almost paradoxical, because physiological levels of glucose and lipids are essential for normal β -cell function. Therefore, there exists a spectrum going from normoglycemic and normolipidemic conditions, to that of excess. Glucolipotoxicity states that the alternations in intracellular lipid partitioning underlying the mechanisms of lipotoxicity are dependent upon elevated glucose levels.

In initial stages of insulin resistance due to obesity, β -cell compensation occurs to increase the amount of insulin secreted (Figure 4). Much of this is due to an increase in β -cell mass, probably by β -cell replication and islet neogenesis³⁵ and enhanced β -cell function⁴⁶. Increased β -cell function has been attributed to increased islet glucose metabolism, FFA signaling (in the form of lipid signaling, lipolysis and triglyceride/ FFA cycling) and sensitivity to incretins like Glucagon-like peptide (Glp)-1. Increased parasympathetic nervous system activity in islets leads to increased insulin secretion⁴⁷, and the up-regulation of *Insulin* gene expression (that is linked to the complex interaction between second messenger signals derived from nutrient metabolism, hormonal stimuli, transcription factors and post-translational processing, is implicated in β -cell compensation mechanisms⁴⁸.

The loss of GSIS observed in the diabetic state is accompanied by important changes in β -cell phenotype, demonstrated by changes in gene and protein expression in islets from diabetic

Zucker Diabetic Fatty (ZDF) rats⁴⁹, and rats following partial pancreatectomy⁵⁰. The alterations in β -cell phenotype has been postulated to be due to dedifferentiation (loss of phenotype), in that the highly expressed genes in β -cells (mentioned above) are down-regulated while those that are normally suppressed are up-regulated in their expression⁵¹. These cells are also highly stressed, with antioxidant, apoptotic, and pro-apoptotic genes being activated⁵², with a concomitant increase in c-myc expression and nuclear factor kappa-light-chain-enhancer of activated B cells (NF κ B) activation. These changes are consistent with the activation of the pro-inflammatory molecule IL1 in conditions of high glucose⁵³. There is also β -cell hypertrophy, which may be a growth process driven by glucose that stops short of cell replication⁵⁰. The loss of the β -cell's ability to respond to glucose might not only be due to an altered phenotype, there could also be important changes in signal transduction pathways that might be unrelated to changes in protein levels.

Insufficient insulin secretion from de-compensated β -cells causes increasingly higher blood glucose levels that continually surround the pancreatic islets, leading to glucose desensitization, β -cell exhaustion and eventually glucose toxicity. Desensitization is a cellular response that protects β -cells from excessive stimulation; repeated challenges by high glucose concentrations rapidly lead to diminished insulin secretory responses to glucose, but not to other agents. On cessation of glucose stimulation, this refractoriness to glucose stimulation eventually recovers and the β -cell once again responds normally to glucose⁵⁴. However, repeated and sustained exposure to high glucose concentrations leads to β -cell exhaustion, as available insulin granules in the exocytotic vesicles have been depleted due to prolonged stimulation of insulin secretion without a sufficient compensatory increase in insulin synthesis. This condition can be “rescued” by allowing the β -cells to rest under conditions of normal glucose levels for a period of time⁵⁵. If the β -cells have been stressed with high levels of glucose for too long a period of time, glucose toxicity occurs⁵⁶. In this state, important mechanisms such as glucose regulation of the *Insulin* promoter and insulin synthesis are unhinged and the β -cell nearly shuts down. Insulin secretion is greatly affected, especially

post-prandially, and the β -cell might even become incapable of producing Insulin mRNA⁵⁷ due to the loss of Pancreatic duodenal homeobox (Pdx)-1⁵⁸ and v-maf musculoaponeurotic fibrosarcoma oncogene homolog (Maf) A⁵⁹.

As nutrient excess persists, hyperglycemia and elevated FFAs negatively impact β -cell function by generating reactive oxygen species, causing alterations in metabolic pathways and increases in intracellular calcium and the activation of endoplasmic reticulum stress. These processes adversely affect β -cells by impairing insulin secretion, decreasing Insulin gene expression and ultimately leading to β -cell death⁶⁰.

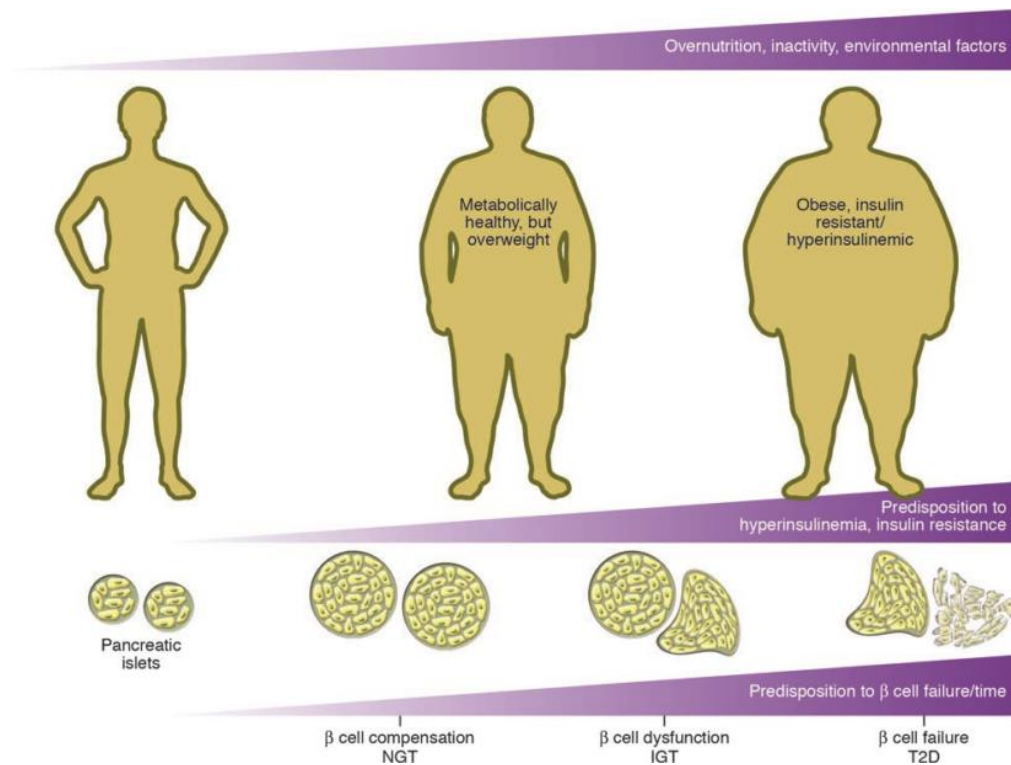


Figure 4. β-cell failure and the natural history of T2D⁴⁸. T2D develops in response to over-nutrition and lack of physical activity in subjects that have underlying genetic and acquired predispositions to both insulin resistance (and/or hyperinsulinemia) and β-cell dysfunction. Over time, islet β-cell compensation for the insulin resistance fails, resulting in a progressive decline in β-cell function. As a consequence, subjects progress from normal glucose tolerance (NGT) to IGT and finally to established T2D. Even after diagnosis of T2D, β-cell function continues to worsen such that subjects progress from needing changes in diet/exercise only to requiring oral hypoglycemic agents and eventually insulin for achievement of adequate glycemic control.

1.3.6. TRANSCRIPTION FACTORS IN PANCREAS DEVELOPMENT AND FUNCTION

Transcription factors orchestrate intricate pathways of cellular growth and differentiation by regulating the rate of transcription of an array of genes in order to maintain cellular homeostasis. Genetic and biochemical studies have begun to unravel the complex cascade of factors that control the proliferation and differentiation of cells in the developing pancreas. The pancreatic β -cell is solely responsible for the transcription of the Insulin gene and the subsequent processing and secretion of insulin in response to increases in extracellular glucose concentrations. The absolute or relative dysfunction of β -cell can have profound metabolic consequences, leading to the development of hyperglycemia and ultimately, diabetes. Therefore, it is imperative to understand the essential determinants of the β -cell phenotype at the physiological and molecular level, and much effort has been put into elucidating the mechanisms that direct the formation of β -cells in the developing embryo and those responsible for the transcription of genes encoding β -cell proteins. Several transcription factors have been identified as being crucial to both of these processes (Table 1). These nuclear regulatory proteins function by binding to characteristic DNA sequences in the upstream regulatory elements of specific genes, and subsequently regulating the rate of transcription of those genes. Transcriptional regulation of genes in the β -cell is manifested by the morphological and phenotypical changes that occur during development, in addition to the synthesis of specific proteins in the mature β -cell, such as Insulin, Glut2, Gk, Neurogenic differentiation (NeuroD)-1, and Iapp.

| Transcription factor | Pancreatic cell type | Function |
|-----------------------------|--|---|
| FoxA2 | Embryonic endoderm and all islet cell types | Necessary for proper endoderm formation and expression of Pdx1 ⁶¹ . Also required for regulated insulin secretion in mature β -cells ⁶² . |
| Hes1 | Exocrine progenitors | Directs differentiation of pancreatic precursor cells towards exocrine lineages ⁶³ . |
| HNF1 α | β -cells | Activation of insulin and Pdx1 ⁶⁴ . Heterozygous mutations cause MODY in humans ⁶⁵ . |
| HNF4 α | β -cells | Activation of Hnf1 α , insulin and Glut2 ⁶⁶ . Heterozygous mutations cause MODY in humans ⁶⁷ . |
| Islet1 | Pancreatic progenitors, islet-restricted in the adult | Early endocrine cell differentiation. ⁶⁸ |
| MafA | Pancreatic progenitors, β -cell-restricted in the adult | Controls insulin gene expression in terminally differentiated β -cells ⁶⁹ . |
| MafB | Pancreatic progenitors, α -cell-restricted in the adult | Formation of α - and β -cells ⁷⁰ . |
| NeuroD1 | Pancreatic progenitors, islet-restricted in the adult | Islet growth and differentiation. Important for Ins activation in the mature β -cell ⁷¹ . Heterozygous mutations cause MODY in humans. |
| Neurogenin3 | Pancreatic progenitors | Directs differentiation of pancreatic precursor cells into endocrine lineages. ⁷² |
| Nkx2.2 | Pancreatic progenitors, islet-restricted in the adult | Necessary for β -cell precursors to express Nkx6.1 ⁷³ and insulin ⁷⁴ . |
| Nkx6.1 | Pancreatic progenitors, β -cell-restricted in the adult | Final differentiation of β -cells ⁷⁵ . |
| Pax4 | Pancreatic progenitors | Formation of β - and δ -cells; represses glucagon transcription. ⁷⁶ |
| Pax6 | Pancreatic progenitors, islet-restricted in the adult | Formation of α -cells, activates glucagon transcription. ⁷⁷ |
| Pdx1 | Pancreatic progenitors, β -cell-restricted in the adult | Formation of β - and δ -cells and exocrine tissue ⁷⁸ . Absence results in lack of pancreas formation ⁷⁹ . Important activator of Ins ⁸⁰ . Heterozygous mutations cause MODY in humans ⁸¹ . |

Table 1. Transcription factors important in pancreatic development and function.

1.3.7. TRANSCRIPTION FACTORS IN PANCREATIC DEVELOPMENT

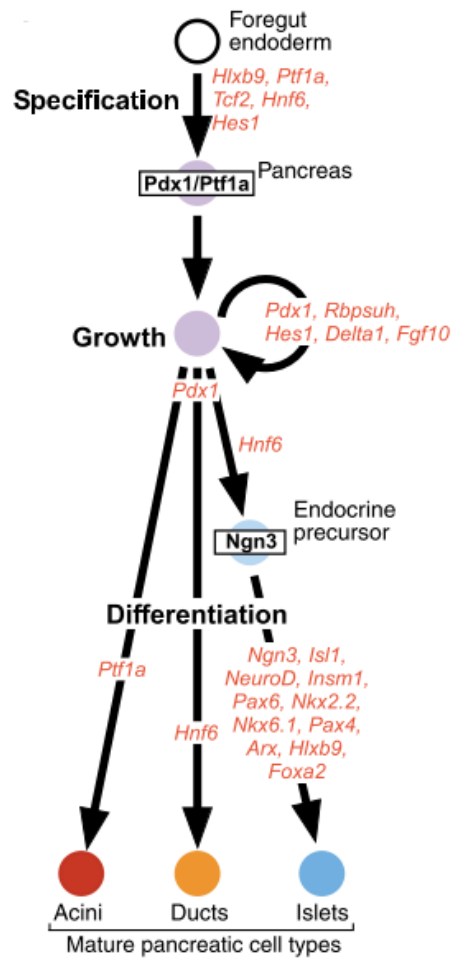
The earliest stages of pancreas organogenesis depend on signaling interactions with surrounding tissues, and the local environment in which the pancreas develops is extremely dynamic regarding the spatial and temporal positioning of the different tissues. Initially, the pancreas primordia are relatively simple structures containing the common pancreatic progenitor cells, but with the appearance of numerous differentiated cell types, gut rotation, and branching morphogenesis, complexity of the organ increases. Before pancreas specification, the formation of definitive endoderm during the gastrulation process is controlled by multiple signaling factors and morphogens where the TGF- β family member nodal seems to be a key molecule in vertebrates⁸².

In rodents, the first signs of pancreas organogenesis are the formation, at mid-gestation (embryonic day (E) 9–9.5), of two pancreatic buds, first the dorsal then the ventral, in the region of the posterior foregut endoderm (Figure 5A)⁸³. The specification, differentiation and growth of the two pancreatic buds are controlled by various signals originating from the adjacent mesodermal tissues, such as retinoic acid (RA) and the inhibition of sonic hedgehog (Shh) signaling⁸⁴. Dorsally, the pancreatic bud is sequentially exposed in a spatial and temporal fashion to signals from the notochord, dorsal aorta and pancreatic mesenchyme. Ventrally, both the cardiac mesoderm and vitelline veins control pancreas development. The two buds later fuse and the pancreatic epithelium branches and differentiates within the surrounding mesenchyme which further supports pancreatic growth⁸³. At the same time, the different pancreatic cell types (α , β , δ , ϵ and PP) differentiate from immature pancreatic progenitor cells. During their differentiation endocrine precursors delaminate from the epithelium, migrate and aggregate in clusters called islets of Langerhans.

The first indication of pancreas morphogenesis is the up-regulation of the *Pdx1* gene encoding a transcription factor that is essential for development of this organ. *Pdx1*-null mice fail to

develop a pancreas and dies shortly after birth⁸¹. *Pdx1* mRNA expression is initially detected on embryonic E8.5 in the part of the gut epithelium that later develops into pancreas, and is crucial for the development of endocrine and exocrine cell types. *NeuroD1* is detected as early as E9.5 in the pancreatic primordia, indicating that *NeuroD1* is present in early precursor cells. *Pdx1* is also present in the dorsal and ventral buds as they form around E9.5 and is then expressed throughout the expanding ductal tree up to E13.5, where the basic helix-loop-helix (bHLH) transcription factor Neurogenin (Ngn)-3, determines which of the uncommitted pancreatic progenitor cells are to adopt an endocrine, exocrine or ductal fate (Figure 5B)⁸⁵. *Pdx1* levels decrease at this stage and only reappear in endocrine cells that are destined to become β -cells. At E17.5, *NeuroD1* is mainly expressed in small clusters of endocrine cells. In the adult pancreas, *Pdx1* is expressed mainly in β -cells and is essential in regulating genes involved in maintaining its glucose-responsive phenotype⁸⁶. Other transcription factors like NK homeobox (Nkx)-2.2, Nkx6.1, Paired box (Pax)-4, Pax6, and MafA also contribute to β -cell development⁸⁵. For example, islet progenitor cells can either become precursors of β/δ cells or α -cells, and these alternative fates are promoted by Pax4 and Aristaless-related homeobox (Arx) respectively⁸⁷. Pax6 could act in parallel with *Pdx1*, Nkx2.2 and Nkx6.1 in some of the β -cells in the late stages of pancreatic development⁸⁸. MafA has been hypothesized to be important for differentiation of β -cells, with Nkx6.1 occurring upstream to MafA during pancreatic development⁷⁰.

(A)



(B)

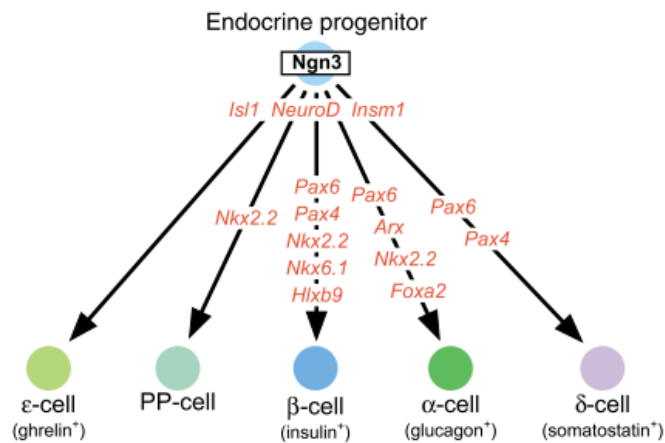


Figure 5. Pancreatic lineages and genes⁸⁹. (A) Lineage tracing indicates that all mature pancreatic cell types derive from progenitors that express Pdx1 and/or Ptf1a, and that a subset of these progenitors go on to express Ngn3 and differentiate into islet cells. (B) Pathways of islet-subtype specification. A hypothetical lineage diagram for Ngn3⁺ endocrine precursors, which give rise to all islet cell types (here, a single Ngn3⁺ cell is depicted giving rise to each subtype, whereas, in reality, the potential of a given Ngn3⁺ cell may be more restricted).

1.3.8. TRANSCRIPTION FACTORS IN ADULT PANCREATIC BETA-CELL FUNCTION

In addition to the distinct role of transcription factors in the developing pancreas, many of the aforementioned factors also play a major role in the mature adult β -cell. This is evidenced clinically by the Maturity Onset Diabetes of the Young (MODY) syndromes, in which heterozygous mutations in *Hepatocyte nuclear factor (HNF)-4 α* , *HNF1 α* , *Pdx1*, *HNF1 β* and *NeuroD1* cause progressive impairments in insulin secretion and the eventual development of T2DM⁹⁰. These transcription factors, along with others, often interact together to mediate proper β -cell function that ultimately activates a set of unique β -cell genes, e.g. *Ins*, *Glut2*, *Iapp* or *Gck*).

The usage of Cre–Lox technology in mice has enabled deletions of transcription factors specifically in β -cells, thereby enabling evaluation of their cell-specific roles independently of their roles in development. The β -cell-specific deletion of *Forkhead box (Fox)-a2* leads to the attenuation of the genes encoding *Pdx1* and *ATP-sensitive K p channel*⁶¹, thus establishing Foxa2 as an important upstream regulator of these two proteins. Similarly, the β -cell-specific deletion of *Pdx1* in mice results in the attenuation of the genes encoding *Insulin*, *Iapp* and *Glut2*⁸¹. However, although expression of the target genes in both of these β -cell-specific deletions is clearly diminished, it is not abolished. Therefore, redundancy must exist in the transcriptional network governing gene expression in the β -cell (Figure 6).

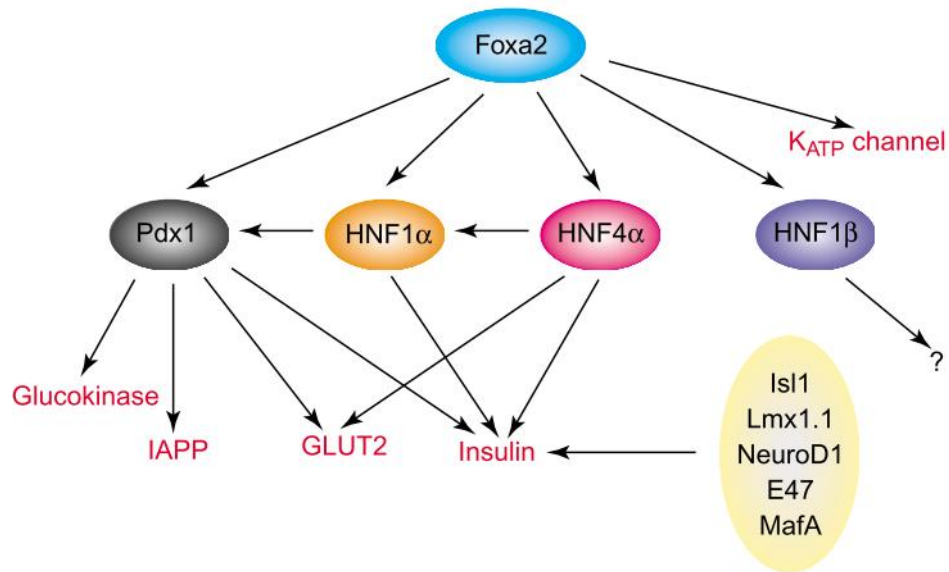


Figure 6. Model for the network of transcription factors that direct β -cell function⁸⁵. The major β -cell transcription factors (e.g. Pdx1) are shown as controlling the expression of the genes for other factors or for functionally important proteins within the β -cell (e.g. Glut2). The figure also highlights the redundancy within the network, so that mutation of any one factor (e.g. Hnf4 α) serves only to diminish, rather than to eliminate, the expression of the other factors or target genes.

1.3.9. *PDX1*

Although no single transcription factor can be considered to be the sole determinant of β -cell function, the homeodomain (HD) Pdx1 is the most crucial, with deficits in expression levels resulting in reduced insulin secretion, accelerated β -cell apoptosis, and insulin-deficient diabetes in mice⁸¹. PDX1 is also clinically important in humans, as different mutations increase susceptibility to the development of hyperglycemia, with a range of phenotypes that include MODY4, T2DM, and gestational diabetes⁸⁵. Pdx1 mediates the adaptive responsiveness of β -cells to changes in extra-cellular glucose concentrations through the regulation of expression levels of glucose sensors, such as the aforementioned Glut2⁹¹ and Gk⁹², and through the activation of glucose responsive enhancers within the *Insulin* promoter, in conjunction with other transcriptional regulators⁹³. It also controls the expression of Synaptogamin (Syt)-1, Nkx6.1⁹⁴, itself⁸⁶, and also functions downstream of the insulin signaling pathway in the regulation of β -cell mass⁸⁵. However, the number of target genes is certainly much greater, as *Pdx1*^{-/-} mice display pleiotropic phenotypes⁹⁵. Pdx1 directly regulates *Insulin* transcription through formation of a complex with transcriptional co-activators on the proximal Insulin promoter⁹⁶, leading to enhancement of elongation by basal transcriptional machinery. The co-activator p300 interacts with Pdx1 and enhances Insulin transcriptional activity through multiple mechanisms, including the recruitment and activation of components of the basal transcriptional machinery and histone/protein acetylation^{80,97,98}. Two highly conserved sequences in the 50-flanking region of the *Pdx1* gene (PH1/area1 and PH2/area2) confer β -cell specific transcriptional activity on a heterologous promoter^{99,100}. Pdx1 itself binds to the PH1/area1 element and co-operates with Hnf3 β to activate transcription¹⁰⁰. Pdx1 may be directly activated by the transcription factors NeuroD1¹⁰¹, Hnf1 α and Hnf3 β ¹⁰². In T2DM islets, *Pdx1* mRNA expression was increased, despite augmented expression of Foxo1, an inhibitor of *Pdx1* gene expression¹⁰³.

1.3.10. *NEUROD1*

NeuroD1 (a.k.a. $\beta 2$) is a bHLH transcription factor that plays an important role in pancreas development, and restoration of wild-type gene expression in diabetic mouse models can induce islet neogenesis and reverse the diabetic phenotype¹⁰⁴. bHLH proteins are transcription factors involved in the determination of cell type and differentiation during development¹⁰⁵, and NeuroD1 is a class B bHLH factor, expressed in pancreatic endocrine cells, the intestine, and brain¹⁰⁶. Homozygous *NeuroD1*^{-/-} mice are hyperglycemic and exhibit ketonuria, dying within 5 days of birth⁷¹. These mice have severe diabetes, brought about by the significant reduction in the number of islet cells, because of a failure of endocrine cells to aggregate into mature islets. Mutations in *NEUROD1* are linked to MODY6 in humans¹, e.g. a missense mutation of Arg 111 within the DNA-binding domain diminishes the ability of NeuroD1 to bind to DNA and is associated with T2DM in the heterozygous state¹. Another mutation causes C-terminal truncation of NeuroD1 and leads to a more severe clinical phenotype of T2DM¹. It functions in a complex with the ubiquitously expressed E47 protein¹⁰⁷ and the heterodimer represents an islet-specific transcription factor that controls both *Insulin*⁹⁷ and *Glucagon (Gcg)*¹⁰⁸ gene transcription. Over-expressing E47 inhibits *Gcg* gene expression, but activates *Insulin* gene transcription, suggesting that the NeuroD1/E47 ratio may be critical for the regulation of both *Insulin* and *Gcg* expression¹⁰⁸. NeuroD1/E47 also binds to and activates the upstream *Gk* promoter in the islet¹⁰⁹ and *Islet-specific glucose-6-phosphatase catalytic-subunit-related protein*¹¹⁰. NeuroD1 may be controlled at the transcriptional and post-transcriptional level by an increase in intracellular Ca²⁺ concentration¹¹¹, and the main role of NeuroD1 in the mature β -cell may be to actively repress the *Somatostatin (Sst)* promoter in order to maintain *Insulin* expression¹¹². NeuroD1 is also implicated in the regulation of insulin secretion via modulation of the expression of ion channel transporters and channels⁸⁶ e.g. *Neuronatin (Nna)*¹¹³, which is an ion channel transporter, and *Sulfonylurea receptor (Sur)-1*, which forms potassium channels with Kir6.2¹¹¹. The mis-expression of *NeuroD1* in a human fetal epithelial cell line induced the expression of several genes required for vesicular trafficking and exocytosis, including *Sec24D*, *Snap25*, *Stx1* and *Munc18*¹¹⁴. This finding

suggests that NeuroD1 may regulate insulin exocytosis in pancreatic β -cells by directly inducing the expression of genes involved in exocytosis.

1.3.11. *MAFA*

The C1/RIPE3b element in the *Insulin* gene promoter plays a critical role in β -cell-specific and glucose-regulated expression of *Insulin*¹¹⁵, and a β -cell-restricted C1-binding factor that appeared in response to glucose in pancreatic β -cell nuclear extracts was originally detected by gel mobility shift analysis and subsequently purified biochemically and identified as MafA¹¹⁶. MafA is a basic leucine-leucine zipper (bLZ) transcription factor that is only found in the β -cells of the pancreas and plays an important role in maintenance of β -cell function¹¹⁷. Although v-Maf was identified as a retroviral transforming protein¹¹⁸, it is now widely accepted that Maf family proteins are regulators of a wide variety of cell- and tissue-specific gene expression, and also play a role in cell differentiation during development, e.g. gain- or loss-of-function experiments in the developing chick embryo revealed that L-Maf is a key regulator of lens development¹¹⁹. Glucose and oxidative stress regulate *MafA* expression at the transcriptional level through FoxO1, a forkhead transcription factor involved in oxidative stress responses and metabolism¹²⁰. Pdx1, FoxA2 and Nkx2.2 were found to bind to a *cis*-regulatory region of *MafA* approximately 8 kb upstream of the transcription start site, regulating its β -cell-specific expression¹²¹. In contrast to Pdx1 and NeuroD1, β -cell development does not appear to be affected in *MafA*-deficient mice, although adult mutant animals are glucose intolerant due to diminished *Insulin* transcription and impaired glucose-stimulated insulin secretion, decreased β -cell number and altered islet architecture⁴³. The relative unimportance of MafA in β -cell development is surprising, because MafA is produced only in insulin-producing cells of the second and principal phase of β -cell production during mice embryogenesis⁴². The phenotype of *MafA* knockout animals are not as severe as *Pdx1* or *NeuroD1* animals, perhaps because MafA is restricted to β -cells of the pancreas, or because other Maf family members (MafB or C) may compensate for the loss of MafA³². MafA appears to also play a role in mediating the expression of *Grauphilin*, *Adiponectin*, *Glut2*,

Nkx6.1, *Pdx1*¹²², pyruvate carboxylase, prohormone convertase 1/3, but it is not known if these genes are *bona fide* MafA targets³².

1.3.12. SYNERGISTIC ACTIVITY OF TRANSCRIPTION FACTORS

Pdx1/VP16 expression, together with NeuroD1 or Ngn3 markedly induced *Insulin* gene transcription, ameliorated glucose tolerance, and substantially induced insulin biosynthesis and various β -cell factors necessary for its function, viz., Gk, Sur1, and Kir6.2 in the liver¹²³. This triple expression was more effective than when the genes were ectopically over-expressed on their own, possibly due to marked induction of the *Insulin* mRNA expression to increase *Insulin* promoter activity by an auto-regulatory loop¹²⁴. Another possibility is that the transcription factors are recruited to the *Insulin* promoter region by MafA, and together with Pdx-1 and NeuroD1, this enables these transcription factors to exert strong synergistic effects and to markedly induce *Insulin* gene expression¹²⁴. Pdx1, E47 and NeuroD1 interacts synergistically to stimulate *Insulin* promoter activity¹⁰⁷. Pdx1, MafA, and NeuroD1/E47 acting through the *Insulin* promoter proximal A1, C1, and E1 sites respectively, play an important role in maintaining basal promoter activity of the human INS gene, with evidence of the transcription factors having a synergistic effect on the human INS promoter¹²⁵. Pdx1 had the strongest stimulatory effect on the *Insulin* promoter, relative to the weaker effects of MafA, NeuroD1, and E47. When the human INS promoter was modified to resemble the rat *Insulin1* promoter, there was more synergistic activation generated¹⁰⁰, emphasizing the differences in regulation of the human promoter and the well-characterized rodent *Insulin* promoter. Pdx1, Pax6, NeuroD1, and Nkx 2.2 regulate the *Insulin* gene by binding regulatory control regions of other genes selectively transcribed in islet cells¹²⁶. MafA functionally interacts with Pdx1 and NeuroD1 to promote synergistic activation of the *Insulin* enhancer-driven reporter cell line in non β -cells¹²⁷, and MafA, NeuroD1/E47, and Pdx1 cyclically bind to the mouse *Insulin2* promoter¹²⁸. Pdx1 and NeuroD1 co-occupy the promoters of not just the *Insulin* gene, but many other genes involved in secretion, transporters, transcription and microRNAs (miRNAs) involved in maintaining β -cell function⁸⁶, suggesting that Pdx1 and NeuroD1 co-

regulate a significant number of genes. Ngn3, Pdx1 and MafA were able to reprogram differentiated pancreatic exocrine cells in adult mice to cells very similar to β -cells, these β -cells were indistinguishable from endogenous islet β -cells in size, shape and ultrastructure, expressing genes essential for β -cell function could ameliorate hyperglycaemia by remodelling local vasculature and secreting insulin²⁸.

1.4. EPIGENETIC REGULATION IN PANCREATIC BETA-CELLS

Although obesity, reduced physical activity, and aging increase susceptibility to T2DM, many people exposed to these risk factors do not develop the disease. Recent genome-wide association studies have identified a number of genetic variants that explain some of the inter-individual variation in diabetes susceptibility¹²⁹. There is also increasing evidence suggesting a role for epigenetic factors in the intricate interplay between genes and the environment, especially in complex diseases like T2DM¹³⁰. Epigenetics is defined as heritable changes in gene function that occur without a change in the nucleotide sequence, and these modifications of the genome provide a mechanism that allows the stable propagation of gene activity states from one generation of cells to the next¹³¹. Epigenetic states can be modified by environmental factors, which may contribute to the development of abnormal phenotypes. In plants, it is well established that epigenetic modifications can be inherited from one generation to the next¹³². There are at least two main classes of epigenetic information that can be inherited with chromosomes: one involving changes in chromatin proteins (usually involving modification of histone tails), and the other involving changes in DNA methylation.

In eukaryotes, DNA is assembled with histones to form the nucleosome, in which 147 base pairs of DNA is wrapped approximately two turns around an octameric complex composed of two molecules of each of the four histones H2A, H2B, H3, and H4. The core histones are densely packed but their NH₂-terminal tails can be modified by acetylation, methylation, glycosylation, sumoylation, phosphorylation, and ADP ribosylation¹³³. These modifications are important for determining the accessibility of the DNA to the transcription machinery as well as for DNA replication, recombination, and higher-order chromosomal organization. The most common modifications involve acetylation and methylation of lysine residues in the H3 and H4 amino termini. Histone deacetylases (HDACs) remove and histone acetyl transferases (HATs) add acetyl groups to lysine residues on histone tails¹³³. HAT activity and increased histone acetylation usually correlate with increases in gene transcription; an initial explanation for how that happened was that histone acetylation removed the positive charges of the native

lysine residues on histone tails, abolishing the binding of negatively charged DNA, resulting in a relaxed chromatin state that facilitated access to transcriptional machinery, allowing transcription¹³³. Histone acetylation may also recruit bromodomain proteins that can act as transcriptional activators¹³⁴. However, recent work has led to the proposal of different models, for example the histone code hypothesis which suggests that multiple histone modifications act in combination to regulate transcription¹³⁵. H2A.Z associates with functional regulatory elements, and the insulator CTCF marks boundaries of histone methylation domains¹³⁶.

1.4.1. HISTONE METHYLATION

Histone methylation is associated with both transcriptional repression and activation, depending on the degree of methylation and the specific lysine and/or arginine residue modified, and lysine residues can be mono-, di-, or tri-methylated in vivo, providing an added complexity of transcriptional regulation¹³⁴. The mono-methylations of H3K27, H3K9, H4K20, H3K79, and H2BK5 are all linked to gene activation, while tri-methylations of H3K27, H3K9, and H3K79 are linked to repression¹³⁶. High levels of H3K4me1, H3K4me2, and H3K4me3 are detected surrounding transcription start sites (TSSs), while H3K36me3 peaks are near the 3' end of genes. The apparently opposite modifications H3K4me3 and H3K27me3 have been found to co-localize in “bivalent domains” in ESCs¹³⁷, and these have been suggested to function in the differentiation of these cells, as these “bivalent domains” have been found in developmental regulators. Recent evidence has confirmed the presence of these domains in mouse embryonic fibroblasts (MEFs), neural progenitors¹³⁸ and human T cells¹³⁹, proving that these “bivalent domains” are not an ESC-specific phenomenon. A comparison of H3K4me3 and H3K27me3 in islets show that these “bivalent domains” are usually mutually exclusive or absent, but there are few genes that had high levels of both marks, e.g. the *Homeobox (Hox)* gene clusters and neuronal transcription factors, perhaps indicating a retention of “memory” of earlier transcription or the re-activation of these genes under certain metabolic conditions¹⁴⁰.

1.4.2. DNA METHYLATION

The second major class of epigenetic regulation is DNA methylation, where a cytosine base is modified by DNA methyltransferase (DNMT) at the C5 position of cytosine. Approximately 70% of CpG dinucleotides in human DNA are constitutively methylated, while most of the unmethylated CpGs are located in CpG islands, which are CG-rich sequences located near coding sequences that act as promoters for the genes that are associated with them. Approximately half of mammalian genes have CpG islands. Methylation of CpG sites is maintained by DNMTs: DNMT1 maintains DNA methylation during replication¹⁴¹ while DNMT3a and b are involved in *de novo* DNA methylation¹⁴². DNA methylation is commonly associated with gene silencing and is achieved by modifying the binding affinity of transcription factors that are essential for activating gene transcription, or by recruiting proteins that bind specifically to methylated CGs (methyl-CG-binding proteins e.g. MeCP2). These in turn further recruit HDACs and co-repressors like Sin3A¹⁴³. This silencing effect contributes to X-chromosomal inactivation, genomic imprinting, and transcriptional regulation of tissue-specific genes during development and differentiation¹³¹. Most CpG islands remain unmethylated in normal cells, but in certain conditions e.g. cancer¹⁴⁴ and oxidative stress, previously unmethylated CpG sites can become *de novo* methylated. This anomalous methylation is accompanied by local changes in histone modification and chromatin organization, resulting in the CpG island and its associated promoter taking on a repressed conformation which is incompatible with gene transcription. It is not known what makes particular CpG islands susceptible to aberrant methylation. A “sequence signature associated with aberrant methylation” is proposed to exist¹⁴⁵, where Pdx1 was identified as being 1 of 15 CpG genes (a total of 1749 genes with CpG islands were examined) that was methylation-susceptible under conditions of increased methylation induced by over-expression of a DNMT.

Although DNA methylation and histone modification are carried out by different chemical reactions and require different sets of enzymes, there seems to be a biological relationship between the two systems that plays a part in modulating gene repression programs in mammals. It appears that this relationship can work in both directions: Histone methylation can direct DNA methylation patterns, and DNA methylation can simultaneously serve as a template for some histone modifications after DNA replication (Figure 7)¹⁴⁶. At the molecular level, these connections might be accomplished through direct interactions between histone methyltransferases (HMTs) and DNMTs. For example, methylation of lysine 9 on H3 promotes DNA methylation, while CpG methylation stimulates methylation of lysine 9 on H3¹⁴⁷. Therefore chromatin modifications induced by adverse stimuli are self-reinforcing and can propagate.

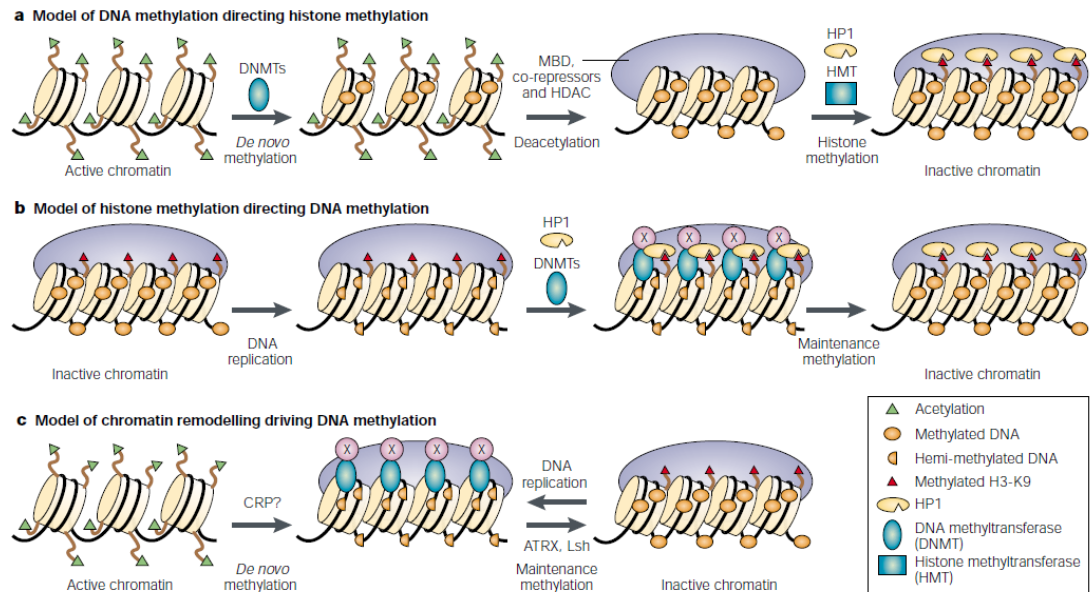


Figure 7. The link between DNA methylation, histone modification and chromatin remodelling¹⁴⁸. In mammalian cells, both DNA methylation and histone modification are involved in chromatin silencing. DNA methylation and histone modification are believed to be interdependent processes. Three possible models of how they might influence each other are shown. (A) A model of DNA methylation directing histone methylation. DNA methylation patterns are established through *de novo* methylation by DNMT3A and DNMT3B, and are maintained by DNMT1. Methyl-CpG-binding proteins (MBD) and HDAC complexes, such as the MECP2–Sin3a–HDAC complex, are believed to then be recruited to the methylated region to induce histone deacetylation and silencing. The chromatin then attracts HMTs such as Suv39h or G9a, which methylate the lysine 9 residue on histone H3 (H3K9) and stabilize the inactive state of the chromatin. (B) A model of histone methylation directing DNA methylation. Methyl H3K9 acts as a signal for inactive chromatin by recruiting HP1 to methylated histones, which might in turn recruit DNMTs directly or indirectly (through an unknown factor, factor X) to the silent chromatin to maintain DNA methylation and stabilize the inactive chromatin. (C) A model of chromatin remodelling driving DNA methylation. The ATP-dependent chromatin-remodelling and DNA-helicase activities of proteins, such as ATRX and Lsh, might facilitate DNA methylation and histone modification by unwinding nucleosomal DNA to increase its accessibility to DNMTs, HDACs and HMTs. The disrupted function of these proteins impairs both DNA methylation and histone methylation, as has been shown in plants.

1.4.3. EPIGENETICS, THE ENVIRONMENT & T2DM

Initial observations suggesting a role for environmental cues in establishing an epigenetic mark came from studies of the agouti mouse model, where a retrotransposon element containing a strong promoter is inserted close to the promoter of the gene encoding the Agouti protein. If the retrotransposon promoter sequence is methylated, the offspring are wild-type agouti because it cannot override the agouti promoter, and vice versa. Interestingly, yellow mothers produce more offspring than agouti mothers, but their offspring suffer from obesity, hyperinsulinaemia and diabetes¹⁴⁹. Maternal diet alters the phenotype of these mice: when pregnant females are fed a methyl-donor-rich diet, a larger proportion of offspring have a wild-type coat color (indicating that methylation has silenced the offspring's retrotransposon, allowing the wild type agouti promoter to be expressed) in comparison to mothers fed a standard diet, showing that maternal nutrition can change the stable expression of genes in offspring through epigenetic modifications occurring *in utero*¹⁵⁰.

In the context of T2DM, pregnant women exposed to famine conditions during their late stage pregnancy in 1944/5 gave birth to smaller babies with an increased risk of developing insulin resistance¹⁵¹, and these observations have been repeated in rodent models of intrauterine growth retardation (IUGR). The effects of neonatal leptin (a hormone that regulates energy intake and expenditure) on hepatic gene expression and epigenetic status in adulthood were found to be directionally dependent on the animal's nutritional status *in utero*. This showed that during mammalian development, the direction of the response to one cue can be determined by previous exposure to another, suggesting the potential for a discontinuous distribution of environmentally-induced phenotypes (an epi-phenotype)¹⁵².

One of the key environmental perturbations associated with T2DM is exposure to an adverse intrauterine milieu, such as IUGR which induces mitochondrial dysfunction in the β -cell, leading to increased production of reactive oxygen species (ROS) and oxidative stress¹⁵³.

Uteroplacental insufficiency (the most common cause of IUGR in the developed world) induces epigenetic modifications in offspring: pups are born spontaneously with decreased levels of glucose, insulin, Igf1 and amino acids¹⁵⁴. Diabetes develops in these animals at 15–26 weeks of age with underlying β -cell secretory defects and insulin resistance, epigenetic modifications affecting processes important to glucose regulation and insulin secretion have been described in the IUGR liver, pancreatic β -cells and muscle¹⁵⁴.

The 6q21 region / HDAC2 gene is significantly associated with diabetes¹⁵⁵. Another locus identified in a genome wide scan of type 2 diabetes lies on chromosome 19q13 and the HDAC SIRT2 maps there¹⁵⁶. In mice heterozygous for the HAT cyclic adenosine monophosphate (cAMP)-response element (Cre)-binding protein (CBP) demonstrate increased insulin sensitivity and glucose tolerance even while demonstrating a marked lipodystrophy of white adipose tissue¹⁵⁷. Exposure to oxidative stress can directly mediate both DNA methylation and remodelling of chromatin in multiple disease models, perhaps explaining how aberrant epigenetic programming leads to T2DM¹⁵⁸. Random DNA methylation changes that occur during aging in several tissue types are also associated with increased oxidative stress, affecting the expression of multiple genes¹⁵⁸. Because of their abundant lysine residues, histones are susceptible to oxidative stress¹⁵⁹. The discovery of histone demethylases (e.g. the Jumonji C family) link epigenetic processes to oxygen gradients during development¹⁶⁰. This is particularly relevant to T2DM as there are now substantial data showing that oxidative stress plays a significant role in β -cell deterioration.

Therefore, the molecular defects leading to obesity & diabetes may be via several hierarchical genetic or epigenetic levels of control (Figure 8): (1) Abnormal acetylation/deacetylation of transcription factors resulting in anomalous gene expression (2) Mutation of transcription factors leading to aberrant gene expression (c) Atypical expression of transcription factors themselves resulting in unnatural gene expression.

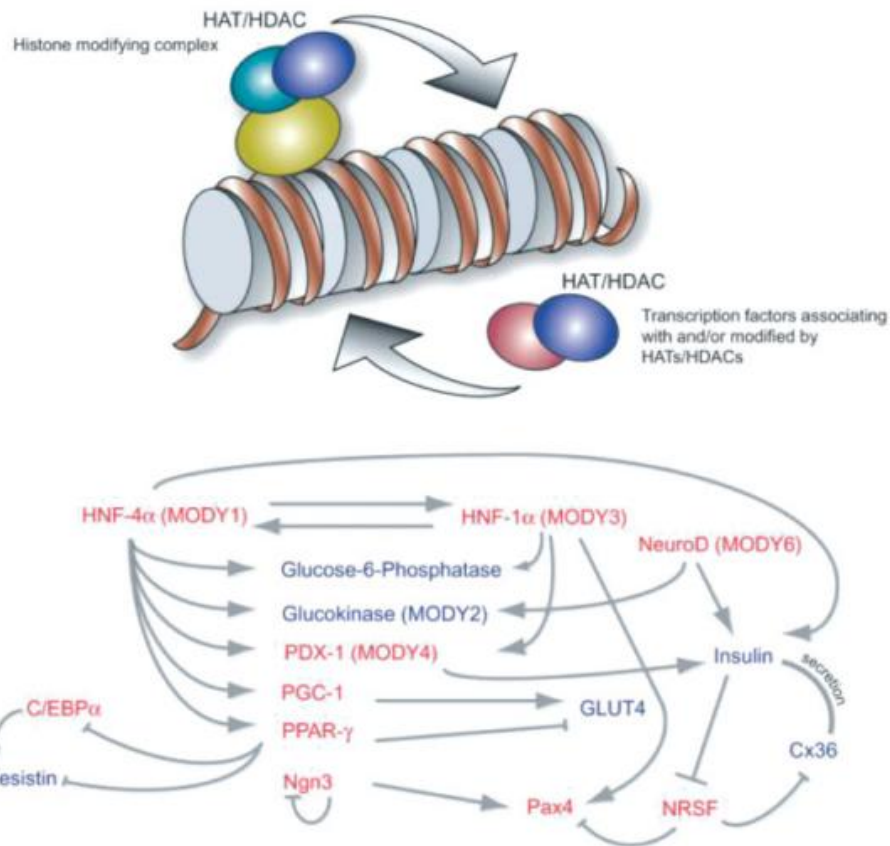


Figure 8. Schematic of how histone acetyltransferases and histone deacetylases may modulate the chromatin surrounding important diabetes genes either through direct interactions with specific transcription factors, or via specific complexes¹⁰⁴.

1.4.4. EPIGENETICS AND THE MATURE BETA-CELL

Pdx1 does not appear to have the intrinsic ability to either modify histones or directly alter chromatin structure, but once its transcriptional co-activators are recruited, they serve as a physical or functional bridge that allows Pdx1 to communicate with components of the basal transcriptional machinery, leading to either activation or repression of downstream target genes. For example, Pdx1 associates with HDAC1 and -2 under low glucose conditions (1-3mM) to repress *Insulin* gene expression, and recruits the transcriptional co-activator and HAT p300 to the *Insulin* promoter only in high glucose conditions (10-30mM)¹⁶¹. The HMT Set7/9 is recruited by Pdx1 to the *Insulin* and *Glut2* genes, leading to H3K4me2 and recruitment of RNA polymerase II¹⁶². Pdx1 modulates histone H4 acetylation to directly activate *Insulin* gene expression in β -cells¹⁶³; exogenous *Pdx1* expression in α -cells also leads to *Insulin* expression via H4 acetylation¹⁶⁴.

MODY is a monogenic autosomal form of T2DM, and 6 genes (HNF4 α , GK, HNF1 α , PDX1, HNF1 α , and NEUROD1) that associate with HATs and HDACs have each been found to cause this disease. Mutations in PDX1 lead to MODY4, and as mentioned above, Pdx1 has a functional interaction with p300 that is required for *Insulin* gene transcription. Pdx1 also regulates its own transcription through histone H3 and H4 acetylation¹⁶⁵. A mutant form of PDX1 in humans has an increased affinity for p300, but a lower DNA binding capability, suggesting that Pdx1 sequestration of HAT activity and its resultant chromatin remodeling patterns may be important in the development of diabetes in these MODY4 patients¹⁶⁶.

In IUGR rodents, mSin3A/HDAC is first recruited to the *Pdx1* promoter¹⁶⁷; histone tails are deacetylated and *Pdx1* transcription repressed (Figure 9). At the neonatal stage, this epigenetic process is reversible and might define an important developmental window for therapeutic approaches. As dimethylated H3K9 accumulates, DNMT3A is recruited to the *Pdx1* promoter and initiates *de novo* DNA methylation, which locks in the *Pdx1*-silenced state in the IUGR

adult pancreas, resulting in diabetes¹⁶⁷. *Pdx1* and *MafA* expression and activity are decreased in diet-induced obese (DIO) animals¹⁶⁸ and in cell culture conditions mimicking diabetes¹⁶⁹, leading to a decrease in insulin biosynthesis and secretion. A mutation in p300 abolishes binding to NeuroD1 and destroys the ability of p300 to activate *Insulin* E-box directed transcription in β -cells, leading to MODY6, thus showing the importance of p300 interactions with E-box activators in *Insulin* gene transcription¹⁶⁶. Co-immunoprecipitation studies show that insulinoma-associated (IA)-1, cyclin D1, and HDACs functionally interact to regulate NeuroD1¹⁷⁰. Small heterodimer partner (SHP) is one of the unique members of the orphan nuclear receptor superfamily that lacks a conventional DNA-binding domain¹⁷¹. SHP directly regulates the transcriptional activity of Hnf4 α ¹⁷² and acts as a co-regulator of NeuroD1 via physical interaction, repressing it by competing with p300 for binding¹⁷³.

Therefore, the association of many β -cell transcriptional regulators with HATs, HMTs and HDACs provide correlative evidence for histone modification in regulating β -cell function or growth.

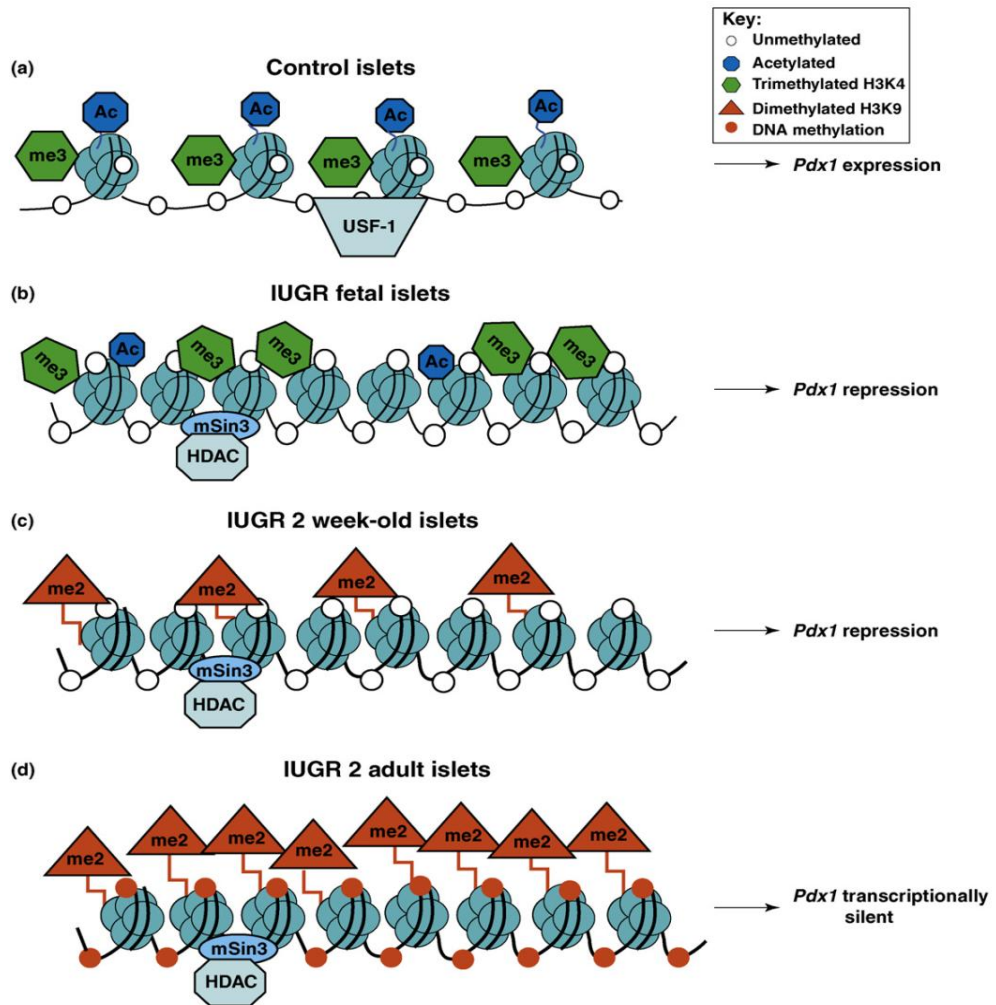


Figure 9. Epigenetic changes at *Pdx1* in IUGR rats during the development of T2DM¹⁶⁷. (A) In pancreatic β -cells, the *Pdx1* proximal promoter is normally found in an unmethylated (white circles) open chromatin state allowing access to transcription factors such as Usf1 and is associated with nucleosomes characterized by acetylated (Ac, blue octagons) histones H3 and H4 and with trimethylated H3K4 (Me, green hexagons). (B) In IUGR fetal and (C) 2 week-old islets, histone acetylation is progressively lost through association with a mSin3A-HDAC1-DNMT1 repressor complex, with trimethylated H3K4 disappearing and dimethylated H3K9 (Me, red triangles) appearing after birth. (D) IUGR adult islets are characterized by inactive chromatin with dimethylated H3K9 and extensive DNA methylation (red circles) locking in the transcriptionally silent state of *Pdx1*.

1.4.5. GLOBAL EPIGENETIC PROFILING OF THE PANCREAS

Genes that have similar and/or co-ordinated expression patterns in specific tissues or at specific developmental stages are often clustered, like the *Hox* and *β -globin* loci¹⁷⁴. The regulation of such gene clusters is often co-ordinated by shared common cis-regulatory elements, which activate expression through mechanisms that typically result in histone modifications associated with transcriptionally active chromatin. For example, genes in the *β -globin* cluster are activated by a shared locus control region, which, through chromatin loop formation, makes physical contact with individual promoters of the cluster in a developmental stage-specific manner¹⁷⁵. The human INSULIN gene has recently been found to be part of a large open chromatin domain specific in islets which is marked by histone acetylation and H3K4 di-methylation marks distributed over the entire coding region and an 80-kb region around it¹⁷⁶. This region also contains the {tyrosine hydroxylase (TH)-(INS)-insulin-like growth factor 2 antisense (IGF2AS)-insulin-like growth factor 2 (IGF2)} gene cluster¹⁷⁶ and their islet specific co-ordinate gene expression, suggesting their possible function in the maintenance of this unusually large region of open chromatin.

In another recent study that looked at open regions of chromatin in human pancreatic islets¹⁷⁷, the authors identified islet-specific clusters of open chromatin sites (termed COREs (clusters of open regulatory elements)), of which many genes encoding proteins with known function in islets (such as PDX1, PAX6, GLP1R, SLC30A8 and CPE), belong. They overlapped these CORE regions with 20 loci that have previously been associated with either T2DM or fasting glycemia, and found that 38 single nucleotide polymorphisms (SNPs) at 10 loci overlapped with islet-specific regions of open chromatin. This included the T2DM-associated SNP rs7903146 in the transcription factor 7-like 2 (TCF7L2) gene, which encodes a transcription factor involved in Wnt signaling and is a well-established risk locus for T2DM¹⁷⁸. They detected an allelic imbalance in open chromatin signal in nine islet samples obtained from individuals who were heterozygous for the T-risk allele of rs7903146, indicating that the T allele is located in more open chromatin than is the non-risk C allele (Figure 10). This

suggests that the T allele may exert its effect on T2DM risk by altering the accessibility of the TCF7L2 DNA, and they showed in luciferase assays that the T allele had greater enhancer activity than the C allele¹⁷⁷.

In another new study, open chromatin regions, CCCTC-binding factor (CTCF)-binding sites, H3K4me3, H3K4me1, and H3K79me2 were profiled across the entire genome in human islets¹⁷⁹. Integrated analysis of these large-scale data sets identified 18 000 putative TSSs, 30% of which were previously unannotated by RefSeq and at least several hundred of these are islet-active TSSs, including those for major islet miRNAs previously implicated in the control of glucose homeostasis¹⁸⁰. Interestingly, active chromatin marks (H3K4me3 and H3K79me2) were absent from a subset of highly islet-expressed genes, including those encoding islet-specific hormones (INS, GCG, SST, IAPP, PPY, and Transthyretin (TTR). This observation suggests that some genes critical for islet function could have an unconventional promoter chromatin signature, indicative of a unique transcriptional control mechanism, and a similar proposal was also put forth by the group that found that the Insulin gene was part of a large open chromatin domain¹⁷⁶. Fifty SNPs associated with islet-related diseases and traits were also found to map to within 500bp of a candidate non-promoter regulatory element, and 4 of the 12 elements that function as enhancers in vitro: FTO, Potassium voltage-gated channel, KQT-like subfamily, member (KCNQ)-1, TCF7L2, and Wolfram syndrome (WFS)-1 harbor T2D-associated SNPs, including two (TCF7L2 and WFS1) that exhibit significant allele-specific differences in activity¹⁷⁹. These results suggest that altered enhancer activity plays a role in the molecular mechanism underlying at least a subset of T2D genetic association signals.

In summary, there is a growing body of current literature suggesting a role for epigenetic interactions in the complex interplay between gene regulation and the environment. Nevertheless, our knowledge about the molecular mechanisms linking environmental factors and T2DM still remains limited.

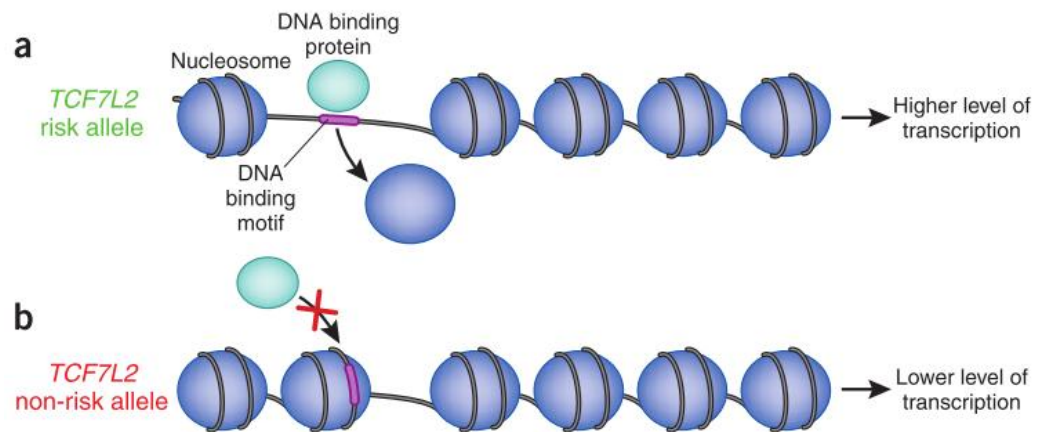


Figure 10. Model for the chromatin state and mechanism for the TCF7L2 association in Type 2 Diabetes¹⁸¹. (A) The T risk allele of the T2D-associated variant in the TCF7L2 gene (SNP rs7903146) is associated with open chromatin, which may facilitate protein-DNA binding and associate with increased levels of transcription relative to the non-risk allele. (B) The non-risk C allele is associated with closed chromatin, which may reduce access for protein binding.

1.5. EXPERIMENTAL HYPOTHESES AND APPROACH

Type 2 Diabetes arises from the inability of pancreatic β -cells to compensate for insulin resistance induced by environmental factors in genetically predisposed individuals⁴⁸. Chronic hyperglycemia¹⁸², hyperlipidemia¹⁸³, or a combination of both¹⁸⁴, have been proposed to contribute to β -cell failure. Major goals in diabetic research are to restore the functionality of damaged β -cells or to replace them. Although insulin replacement remains the mainstay of treatment in T2DM, considerable effort has been devoted to developing approaches for cell-based therapy. Through these efforts, it may become possible to introduce cells into diabetic patients that not only produce insulin, but also respond appropriately to metabolic signals that regulate insulin production, processing, and secretion. Accomplishing this goal requires a better understanding of the essential determinants of the β -cell phenotype at the physiological and molecular level. Pdx1, NeuroD1 and MafA are transcription factors necessary for maintaining mature β -cell function and critical for pancreas development⁸⁵. Epigenetic changes to the chromosome architecture in β -cells have been associated with the loss of both glucose sensitivity and insulin production¹³⁰. The use of genome-wide technologies to study gene expression and regulation in patients or animal models with T2DM has increased rapidly over recent years, generating long lists of new T2DM candidate genes. However, the use of global techniques to study epigenetic modifications in these systems has been limited, and epigenetic changes associated with T2DM are therefore still poorly understood. Therefore, understanding how these transcription factors regulate mature β -cell function, and the role of epigenetic changes associated with these transcription factors may provide useful knowledge in deriving β -cells from ESCs, in differentiating reprogrammed ESCs from diabetic patients, and in directing or blocking specific epigenetic changes in β -cells to restore functionality.

I have taken a two-pronged approach in my PhD dissertation, where my main hypotheses are:

1. The molecular mechanisms governing the dynamic regulation and/or co-regulation of Pdx1, NeuroD1 and MafA are key determinants of β -cell function.
2. As β -cell dysfunction develops, modulation of the chromatin environment adversely affects expression and activity of Pdx1, MafA, NeuroD1, and possibly other key β -cell transcriptional regulators.

To test these hypotheses, the aims are to:

1. Define the Pdx1, NeuroD1, and MafA transcriptional regulatory network operative in β -cells.
2. Establish the epigenetic profile of β -cells in order to investigate the role of chromatin remodeling in β -cell dysfunction.

For these purposes, I have used a combination of genome-wide sequencing technologies combined with gene expression analyses to profile the global transcriptional occupancy of Pdx1, NeuroD1 and MafA, thus correlating transcriptional occupancy with gene regulation. I have also functionalized some of these target genes in order to gain deeper insight into the Pdx1, NeuroD1 and MafA-regulated processes. I have profiled global epigenomic changes in pancreatic β -cells with an impaired GSIS response. By investigating the molecular mechanisms of β -cell regulation and dysregulation, it will provide new insights on (1) How these important transcription factors work to regulate mature β -cell function, (2) How the epigenome is linked to pancreatic transcription factor-mediated activity in GSIS and the epigenetic mechanisms associated with β -cell dysfunction, and (3) Provide clues as to how the chromatin environment may be modified as a potential therapeutic avenue in treatment of diabetes. In addition, this information will be useful in developing *in vitro* ESC differentiation protocols to produce functional glucose-responsive β -cells.

1.6. SIGNIFICANCE OF WORK

Some other pertinent questions are whether the epigenetic changes induced by today's sedentary lifestyle can be inherited by coming generations, and whether these changes are reversible. Clinical trials with HDAC inhibitors have repeatedly demonstrated low toxicity despite the expectation that they may cause global gene dysregulation, and preliminary studies indicate that they may prove useful in treating diabetes¹⁸⁵. It is desirable that the balance of genes whose regulation would be altered with by epigenetic modifiers would tip the balance from unfavorable diabetogenes to those with enhanced benefits. With the insights gained from these experiments, it is hoped that eventually, genome-wide transcriptional and epigenetic characterization will lead to patient-specific therapies that also allow monitoring of genome-wide epigenetic consequences of these therapies.

CHAPTER 2:

METHODS & MATERIALS

2.1. CELL CULTURE

2.1.1. NIT-1 CELLS

NIT-1 mouse insulinoma cells (ATCC) were grown in Kaighn's modification of Ham's F12 media (F12K) (Life Technologies), with 1.5g/l sodium bicarbonate, supplemented with 10% dialyzed fetal bovine serum (Life Technologies). They were grown in a monolayer with a change of media every 2-3 days, and passaged at a 1:2-3 ratio when the dish was ~70% confluent, with the following procedure: Each dish was rinsed twice with 1xPBS solution (Gibco) and incubated in 3ml 0.05% Trypsin (Gibco) for 3 minutes at 37°C to allow detachment of cells from the culture surface. The trypsin-treated cells were diluted with 7ml NIT-1 culture media, pelleted in a centrifuge for 5 min/500rpm, and re-suspended in 5ml fresh NIT-1 media. The cells were titrated to achieve a single cell suspension and seeded.

2.1.2. MOUSE EMBRYONIC STEM CELLS (ESCs)

Feeder-free E14 mouse ES cells (ESCs) were maintained on 0.1% gelatin coated dishes in E14 proliferative medium containing DMEM/15% ES FBS (Gibco), 0.1mM MEM non-essential amino acids (Gibco), 2mM L-glutamine (Gibco), 0.1mM β -mercaptoethanol (Gibco), and CHO- Leukemia inhibitory factor (LIF) (1,000 U/ml). The cells were passaged every 2 days in a similar fashion as the NIT-1 cells, and seeded on gelatin-coated plates at a density of 4×10^6 cells per 10cm² dish. Mouse ES cells cultured on mouse embryonic fibroblast (MEF) feeder layers were maintained in the proliferative medium described above, with the exception of CHO-LIF.

2.1.3. DIRECTED ESC DIFFERENTIATION TOWARDS THE PANCREATIC LINEAGE

In stage 1, ESC differentiation was initiated by generating embryoid bodies, to allow cells to form a three-dimensional structure that allows intra-cellular signaling. LIF was withdrawn to promote spontaneous differentiation. In Stage 2, serum was withdrawn and Nodal signaling

was promoted with the addition of Activin A (R&D Biosystems) added to potentiate endoderm formation, FGF4 (R&D Biosystems) was added to induce anterior gut fate. In stage 3, Activin A and FGF4 were maintained in the culture medium and bone morphogenic protein (BMP) 4 (R&D Biosystems) 4 and FGF10 (R&D Biosystems) were added to expand the population of putative pancreatic progenitors. Pancreas specification depends on addition of RA and suppression of SHH by cyclopamine (Sigma), which represses the mesodermal markers Gsc, Bra. Low glucose was used in stages 4 and 5 because glucose restriction may initiate generation of insulin producing cells. Nicotinamide (Sigma), a SIRT-specific inhibitor, is commonly used as part of the differentiation cocktail to drive ESCs towards the β -cell lineage¹⁸⁶. β -cellulin (R&D Biosystems), a glycoprotein highly expressed in the pancreas, was added to promote the differentiation, regeneration and proliferation of pancreatic β -cells.

2.1.4. CRYOPRESERVATION OF CELL LINES

Confluent cell cultures were trypsinised as described above and centrifuged for 5 minutes at 500rpm. The cells were re-suspended in freezing media (70% DMEM with 20% FBS and 10% dimethyl sulphoxide) and transferred into Nunc cryotubes at 1ml per vial. The cryotubes were placed at -80°C overnight in Mr Frosty containers buffered with isopropyl alcohol and then transferred to a liquid nitrogen tank the following day for long-term storage.

2.1.5. THAWING OF CELL LINES

Frozen cryotubes were retrieved from liquid nitrogen tanks and placed immediately into a 37°C water bath. The cells were rapidly thawed and then transferred into 10ml of pre-warmed culture media. The cell suspension was pelleted for 5 minutes at 500rpm, then gently resuspended in culture media and plated in 10 cm² tissue culture dishes to allow for overnight adhesion of cells to the vessel surface.

2.2. CELL-BASED ASSAYS

2.2.1. RNA INTERFERENCE (RNAi) ON NIT-1 CELLS

RNA interference (RNAi) experiments were performed with Dharmacon siGENOME SMARTpool reagents or Ambion Silencer siRNAs against mouse genes (Appendix 1). The Dharmacon siCONTROL nontargeting siRNA pool or the Ambion siNTC was used as a negative control. NIT-1 cells were transfected according to manufacturer's instructions in 12-well plates at a density of 2.5×10^5 cells/well or 6-well plates at a density of 4×10^5 cells/well.

2.2.2. GSIS

NIT-1 cells were seeded in 12-well plates at a density of 4×10^5 cells and left to grow till 70% confluency before the experiment. The cells were rinsed 2X with PBS and starved for 2 hours at 37°C with RPMI (Life Technologies) before washing 3x with 1xKRH (10xKRH formulation: 15.194g NaCl, 700.8mg KCl, 326.6mg KH₂PO₄, 288.96mg MgSO₄, to a volume of 200ml H₂O. 100ml 1xKRH: 10ml 10x KRH, 2ml 1M HEPES, 1% BSA, 256μl CaCl₂, pH 7.38-7.42). The cells were incubated in 500μl 1xKRH for 1 hour and the media removed and stored on ice (basal secretion). 500ul 1xKRH with 20mM glucose was then added and incubated for 1 hour and the media removed and stored on ice (stimulated secretion). The media from the basal and stimulated cells were spun at 500rcf for 5 minutes and the supernatant used for subsequent ELISAs.

2.2.3. GLUCOLIPOTOXICITY TREATMENT OF NIT-1 CELLS

150,000 cells/well were seeded in triplicate wells/ condition in a 12-well plate and grown to 60-70% confluence. Varying concentrations of 150mM palmitic acid (Sigma) and glucose (Sigma) was added to RPMI for 2 days.

2.2.4. ESTABLISHMENT OF THE *PDX1*-CLONAL MOUSE ESC LINE

The Ainv18 cell line (gift of George Daley, Harvard Medical School, Boston, MA) is an E14 mouse ES line modified for targeted gene insertion downstream of a doxycycline-responsive promoter 183. The *Pdx1* transgene was PCR-amplified from a mouse cDNA library and subcloned into the KpnI/XbaI sites of the pLox-N-tag-HA vector (George Daley, Harvard Medical School, Boston, MA) with the following primers, restriction sites indicated in uppercase: Forward 5'-ATTACTCTCGAGTAACAGTGAGGAGCAGTA -3' and Reverse 5'-CGTACGGTCGACTCA CCG GGG TTC CTG CGG -3'. An additional nucleotide was inserted in the forward primer to allow in-frame processing of the *Pdx1* insert with the N-terminal HA tags. For targeted insertion at the HPRT locus, 20µg each of pLox-N-tag-HA-*Pdx1* and pSALK-Cre were transfected with Lipofectamine 2000 (Life Technologies) into 6x10⁵ AINV18 cells seeded in 10cm² dishes. For derivation of Ainv18-*Pdx1* clonal lines, mouse ESC medium was supplemented with 350µg/ml G418 solution (Life Technologies) 24 hours after transfection and maintained for 14 days. Colonies arising from G418 selection were individually picked and expanded on neomycin-resistant MEFs. Site-specific integration was confirmed by PCR analysis with the following primers: LoxinF 5'-cta-gat-ctc-gaa-gga-tct-gga-g-3' and LoxinR 5'-ata-ctt-tct-cgg-cag-gag-ca-3'. To induce over-expression, AINV18-*Pdx1* cells were treated with 1µg/mL doxycycline in mouse ESC medium. Protein was harvested to test and confirm the efficacy of regulation by doxycycline.

2.3. MOLECULAR BIOLOGY TECHNIQUES

2.3.1. CLONING

The sub-cloning of DNA fragments into vectors was achieved by restriction enzyme digestion, gel purification of digested DNA, and T4 ligase treatment to yield the final construct. Restriction digests were performed overnight at 37°C according to manufacturers' instructions (New England Biolabs). The following day, digested DNA was resolved on 1-1.5% agarose gels in TAE buffer, and the desired fragments were visualized under UV

lighting and excised from the gel. The DNA fragments were released from agarose matrix using the Qiagen gel extraction kit according to manufacturer's instructions. The concentration of the recovered DNA was quantified by UV absorbance using the nanodrop instrument, and ligations were performed at 5:1 (insert:vector) molar ratio in 20µl reactions containing 1U of T4 DNA ligase in 1xT4 ligase buffer (Roche) at 16°C overnight.

2.3.2. TRANSFORMATION OF CHEMICALLY COMPETENT CELLS

For transformation of ligated plasmids, a 50µl aliquot of One-Shot Top10 chemically competent *E.coli* cells (Invitrogen) was thawed on ice. Approximately 10ng of ligation reaction was added to the thawed cells and gently mixed followed by incubation on ice for 30 minutes. Transformation was induced by heat-shock treatment at 42°C for 1 minute. The cells were cooled on ice for 2 minutes, and 200µl of nutrient-rich LB-SOC was then added to the tube for incubation at 37°C for 1 hour in a bacterial shaker. Following incubation, 50-300ul of the culture was plated on LB-agar plates containing the appropriate antibiotic selection, and the plates were placed in an incubator at 37°C overnight to allow growth of bacterial colonies.

2.3.3. ISOLATION OF PLASMID DNA FROM BACTERIA

Bacterial colonies containing positive ligation events were expanded as follows: 5ml LB medium with appropriate antibiotic selection was inoculated for overnight culture at 37°C. The overnight cell suspensions were centrifuged at max speed for 15 minutes to pellet bacteria. The bacterial cells were then lysed and plasmid DNA purified using the Qiagen miniprep kit according to manufacturer's instructions. The DNA was eluted in 50µl dH₂O and quantified by Nanodrop to ensure a final concentration in the range of 200 – 1000 µg/ul.

2.3.4. PREPARATION OF BACTERIAL STOCKS

Bacterial stocks of successful transformation events were prepared in 33.3% sterile glycerol. The LB-glycerol suspension was vortexed to ensure thorough mixing, cooled on ice for 1 hour, and then placed at -80°C for long term storage.

2.4. GENE EXPRESSION ANALYSIS

2.4.1. RNA EXTRACTION

RNA was extracted from mammalian cells with TriZol reagent (Invitrogen) and then further purified with the RNeasy minikit (Qiagen) according to manufacturer's instructions. RNA samples were treated with DNase for removal of genomic DNA contamination. This was performed in 100 µl reactions containing 5 µg RNA, 0.2 U/µl RNase inhibitor, and 0.15 U/µl RNase-free DNase (ProMega). Samples were incubated at 37°C for 30 minutes, followed by heat-inactivation of enzymes at 65°C for 15 minutes. The RNA samples were then purified using two phenol extractions and one chloroform extraction, and back extractions were performed with each step using equal volumes of sterile dH₂O to minimize loss of RNA. Total RNA was precipitated, washed with 70% ethanol and finally re-suspended in 30µl of sterile nuclease-free dH₂O.

2.4.2. cDNA SYNTHESIS

cDNA was synthesized with 100ng - 1 µg total RNA using the High Capacity cDNA Archive kit (Applied Biosystems) as per manufacturer's instructions. Briefly, cDNA synthesis was performed in 20µl reactions consisting of RNA diluted in 10 µl nuclease-free dH₂O, and cDNA Archive kit components: 1xReverse Transcriptase buffer, 5.5mM MgCl₂, 500µM dNTP mix, 2.5µM random primers, 0.25U/µl MultiScribe Reverse Transcriptase. Synthesis reactions were incubated in a PCR thermocycler at 25°C for 10 minutes followed by 37°C for 2 hours. The cDNA samples were stored at -20°C following synthesis.

2.4.3. *QUANTITATIVE REAL-TIME PCR*

Quantitative PCR assays were performed as follows: Reversed transcribed cDNA samples were diluted 10x in nuclease-free water, and added to 5µl TaqMan® Universal PCR Master Mix reagent (Applied Biosystems) containing 0.5µl of a single TaqMan probe (20xTaqMan® Gene Expression Assay reagents; Applied Biosystems). The list of TaqMan probes are provided in Appendix 2. Reactions were conducted in duplicate within 384-well reaction plates (ABI) at a final volume of 10µl on the ABI Prism 7900 machine. For SYBR Green reactions, primers against the gene of interest were designed with the following criteria: spanning at least one intron, 15-25 bp in length with a 40-60% GC content, and a melting temperatureTM of 57-63°C.

2.4.4. *ILLUMINA MOUSE ARRAYS*

The whole-genome Illumina Mouse Ref-8 v2.1 beadchips were used for microarray analysis of RNAi-treated samples. These Illumina beadchips allow interrogation of approximately 25,600 well annotated mouse Refseq transcripts. For the microarray analyses, mRNA was harvested from 3 or 4 biological replicates per experiment. These samples were reverse-transcribed, Cy3-labeled, and hybridized to Illumina MouseRef-8 v2.1 Expression Beadchips according to the manufacturer's protocol (Illumina Inc.). Following the wash of Illumina chips, microarray signals were scanned with an Illumina BeadStation array reader, and the data were background-normalized and assessed for quality with cluster dendrograms and DirectHyb control plots (Beadstudio v1.5, Illumina).

2.4.5. STATISTICAL ANALYSIS OF MICROARRAY DATA

The microarray data were processed with Genespring GX v10.2 (Agilent Technologies). The unpaired Student's *t* test was used to determine statistical significance with Benjamini and Hochberg multiple-testing correction (FDR<0.05), and genes demonstrating ≥ 1.5 -fold change were reported as statistically significant. For statistical analysis of overlapping genes between RNAi samples, computer simulations were conducted as follows: a number of genes corresponding to the actual number of genes within each list were randomly sampled from the Illumina mouse Ref-8 v2.1 Beadchip. The random gene lists were overlapped to derive a percentage, and this process was repeated 100 times to yield an average percentage overlap by chance. Finally, *p*-values were computed by comparing the 100 simulated overlaps to the actual overlap percentage using one-sample *t*-tests.

2.4.6. FUNCTIONAL ANNOTATIONS USING THE PANTHER DATABASE

The microarray gene lists were uploaded to the Panther database for functional annotations (<http://www.pantherdb.org>). In this analysis, the Panther Gene Expression tool set was used to classify differentially-regulated genes under biological process groups using the “Compare Gene List” function, relative to the 25,600 Illumina mouse Ref-8 v2.1 transcripts, and the binomial test was used to identify statistically significant over- or under-represented functional categories within the RNAi or over-expression gene lists.

2.4.7. FUNCTIONAL ANNOTATIONS USING INGENUITY PATHWAY ANALYSIS

The RefSeq list of genes was uploaded into IPA (Ingenuity® Systems)¹⁸⁷ and identified the top biological networks and pathways associated with the transcription factor binding sites for Pdx1, NeuroD1 and MafA. The same procedure was performed with the peaks from the H3K4me3, H3K27me3 and FAIRE libraries. Each identifier was mapped to its corresponding object in the Ingenuity® Knowledge Base and termed network eligible molecules. These were

then overlaid onto a global molecular network developed from information contained in the Ingenuity Knowledge Base, and networks were then algorithmically generated based on their connectivity. The functional analysis identified the biological functions and/or diseases that were most significantly enriched to the data set.

2.5. PROTEIN EXPRESSION ANALYSIS

2.5.1. CELL LYSIS AND PROTEIN QUANTITATION

Confluent cell cultures were harvested by scraping and washing with 1xPBS solution. The cells were centrifuged for 5 minutes at 500rpm, and then re-suspended in cell lysis buffer comprising 50mM Tris pH 7.4, 150mM NaCl, 2mM EDTA, 1% NP-40, 0.1% SDS, and 1xEDTA-free Protease inhibitor (Roche). The cell lysate was incubated with rotation for 10 minutes at 4°C and was cleared by centrifugation at 12,000 rpm for 30 minutes at 4°C. The supernatant was transferred to a fresh tube and protein was quantitated using the Bradford assay (Bio-Rad Laboratories). Six bovine serum albumin (BSA) protein standards were used at 0µg, 50µg, 100µg, 200µg, 300µg and 400µg for the Bradford assay. Protein samples and standards were diluted in 0.15M NaCl prior to triplicate loadings onto a 96-well ELISA plate. Absorbance values were measured on a Sunrise Tecan Microplate Reader at A595 nm.

2.5.2. SDS-PAGE

Denaturing polyacrylamide gel electrophoresis was conducted to resolve proteins by size. Thirty micrograms of protein was added to 6x SDS loading buffer (250mM Tris/HCl pH6.8, 30% glycerol, 10% SDS, 5% β-mercaptoethanol, and 0.02% bromophenol blue), followed by incubation at 95°C for 5 minutes. Protein samples were loaded onto a 10% or 12% acrylamide gel for electrophoresis at 100V for 1.5 hours. The resolved protein samples were then electroblotted onto Hybond C extra nitrocellulose membrane (Amersham) for 1 hour in Western Transfer Buffer (20% Ethanol, 70% dH₂O, and 1xWestern Transfer Buffer stock

containing 14.5g Glycine and 3.0g Tris base). Consistency of protein loading and quality of Western blot transfer was assessed by Ponceau S staining (0.5% Ponceau S, 1% glacial acetic acid). In this protocol, the electro-blotted membrane was rinsed once in Tris-buffered saline containing Tween-20 (TBS-T; 10mM Tris/HCl pH 8.0, 150mM NaCl, 0.5% Tween-20; pH 8.). Ponceau S was then applied for 30 seconds to enable visualization of proteins on the membrane, following which the membrane was rinsed twice in dH₂O and then thrice in TBS-T. The nitrocellulose membranes were immediately probed for protein or stored at 4°C in air-tight boxes containing TBS-T.

2.5.3. PROTEIN DETECTION AND CHEMILUMINESCENCE DETECTION

Immunodetection of proteins was carried out as follows: Nitrocellulose membranes were blocked for 1 hour at room temperature in 5% (w/v) skimmed milk powder and 1% BSA. Protein detection was performed with rabbit-anti-Pdx1 antibody (1:500; Upstate) or rabbit-anti-MafA (1:500, Abcam), or goat-anti-NeuroD1, sc:590, Santa Cruz Biotechnology), followed by HRP-conjugated donkey-anti-mouse or donkey-anti-rabbit secondary antibodies (Santa Cruz Biotechnology) at a dilution of 1:5000. Loading consistency was determined with mouse-anti- β -actin or donkey anti-GAPDH (1:1000; Invitrogen) and goat-anti-donkey HRP secondary antibodies (1:5000; Santa Cruz Biotechnology). The primary antibodies were incubated overnight at 4°C and the secondary antibodies were incubated for 1 hour at room temperature, with 3xTBS-T rinses for 15 minutes performed in between incubations. Chemiluminescence detection was carried out with the Enhanced-Chemiluminescence (ECL) Western blotting kit (Amersham) according to manufacturer's instructions.

2.5.4. ENZYME-LINKED IMMUNOSORBENT ASSAY (ELISA)

The amount of insulin was measured quantitatively using the Mouse Insulin ELISA (Mercodia) per manufacturer's instructions. Briefly, the samples were diluted 20x and 10 μ l of samples/standard loaded in each well, with 100 μ l of enzyme conjugate media. The plate was

shaken at 21°C, 900rpm for 2 hours, then washed 6x with wash buffer. 200µl of TMB was added to the wells and incubated for 15 min and the reaction was stopped with 50µl stop solution. Insulin in the sample binds with (HRP)-conjugated anti-insulin antibody as well as an anti-insulin antibody is bound to the wells of a 96-well plate, and the bound HRP complex is detected by a reaction with TMB and the output measured with the Sunrise Tecan Microplate Reader at wavelength 450nm. The standards were averaged and a scatter plot point to point graph was plotted. The OD of the samples was averaged. Depending on the OD of the samples, the appropriate formula was used to calculate the insulin concentration. The secreted insulin concentration (S) is divided by the basal insulin concentration (B), to obtain the percentage increase of secreted insulin; % increase==S/B*100%. The triplicate % increase was averaged. The standard deviation and error bars were calculated with the triplicate % increases.

2.5.5. CHROMATIN IMMUNOPRECIPITATION (CHIP)

NIT-1 cells were cultured to a density of 1×10^8 cells for each IP. Two biological ChIP replicates were performed per experiment. Cells were cross-linked for 10 minutes at room temperature with 1% (w/v) formaldehyde and the reaction was subsequently quenched with 125mM glycine. Nuclear fractions were isolated with a 3-step protocol that involved washing with increasing concentrations of SDS and high-speed centrifugation, and the cross-linked DNA was sheared to lengths of 200-500 bp with a Branson water sonicator. Chromatin was pre-cleared with thrice-washed Dynabeads for an hour at 4°C, and 6µg of ChIP antibody (Pdx1 (Upstate), NeuroD1 (Santa Cruz), MafA (Abcam), H3K4me3, H3K27me3) was incubated with the pre-cleared chromatin overnight. Dynabeads (Life Technologies) were added to the antibody-chromatin complexes the next day and incubated for 3 hours at 4°C. Following incubation, the antibody-bead-chromatin complexes were rinsed and pelleted, and re-suspended in fresh 0.1% ChIP buffer (50mM HEPES, 150mM NaCl, 2mM EDTA, 1% Triton x-100, 0.1% NaDOC, 0.1% SDS), and washed 2 times. The antibody-bead-chromatin complexes were then washed with a series of increasingly stringent buffers and TE before

eluting at 68°C, 1400rpm for 40 minutes. Cross-links were reversed and protein removed by incubating the chromatin at 42°C for 2 hours with Pronase (0.2mg/ml) and an overnight incubation at 68°C. Finally, the samples were treated twice with phenol/chloroform/Isoamyl alcohol (25:24:1), then precipitated and rinsed once in 70% ethanol before re-suspension in 10-50µl of nuclease-free water.

2.5.6. QUANTITATIVE PCR FOR CHIP ENRICHMENT

Quantitative PCR (qPCR) for ChIP enrichment was performed on the ABI PRISM 7900 machine with 1xSYBR Green PCR mastermix (Applied Biosystems), under the following conditions: 50°C for 2 minutes, 95°C for 10 minutes, and 40 cycles of 95°C for 15s and 60°C for 1 minute. Fluorescence from the amplified products was measured by laser spectral analyses on the ABI Prism 7900 machine, and the data were processed and displayed in the form of real-time amplification plots generated by the SDS software (v2.2; Applied Biosystems). ChIP fold-enrichment was determined by normalizing Threshold cycle (Ct) values of ChIP samples against sonicated whole cell DNA extract, and then subsequently to a non-enriched ChIP control region set at a value of 1. Details of primers are provided in Appendix 3. All PCR primers gave a single product as confirmed by heat dissociation analysis on the ABI Prism 7900 (Applied Biosystems), under the following conditions: 95°C for 15s, 60°C for 20s, 20 minute ramp to 95°C and 95°C for 15s. The data from this analysis were compiled by the SDS software (v2.2; Applied Biosystems) and displayed as melting curve graphs. The graphs were checked for specificity of PCR amplified product as indicated by a single, well-defined melting curve peak.

2.5.7. FORMALDEHYDE-ASSOCIATED ISOLATION OF REGULATORY ELEMENTS (FAIRE)

NIT-1 cells were harvested for Formaldehyde-Assisted Isolation of Regulatory Elements (FAIRE)¹⁸⁸. Briefly, the cells were washed 2x with PBS and 1% formaldehyde was added to

~70% confluent 10-cm dishes of NIT-1 cells for 10 minutes - this was the FAIRE sample. The cross-linked chromatin was sheared to a range of 100-500bp and cross-links were reversed by incubating an overnight incubation at 65°C. The DNA was extracted in a double phenol/chloroform/Isoamyl alcohol (25:24:1) step, then precipitated and rinsed once in 70% ethanol before resuspension in 10-50µl of nuclease-free water. The FAIRE reference library was prepared in a similar fashion, except the cells were not fixed with formaldehyde.

2.6. BIOINFORMATICS ANALYSIS OF CHIP AND FAIRE LIBRARIES

2.6.1. CHIP- AND FAIRE-SEQUENCING LIBRARY GENERATION AND IDENTIFICATION OF ENRICHED REGIONS

10ng of purified ChIP or FAIRE sample (determined by Picogreen) was prepared for deep sequencing according to manufacturer's protocols (Illumina, Inc). Briefly, the DNA was end-repaired and blunt ended fragments generated. "A" bases were added to the 3' end of the DNA fragments, leaving a 3'-dA overhang. Adapters were ligated to these overhangs and PCR enrichment of adapter-modified DNA fragments was performed. The samples were run on an agarose gel and 200-300bp fragments excised and purified. The amplified library was assayed for quantity and quality with the Agilent Bioanalyzer 2000, and 5nM submitted for sequencing.

ChIP and FAIRE libraries were prepared in biological replicates and the raw reads from each biological replicate was pooled together and combined unique reads were filtered and used for subsequent analyses. HOMER¹⁸⁹ and MACS algorithms were used to perform peak calling, binding peaks were defined as those above the FDR (False Discovery rate) cutoff of 0.001 and poisson p-value $\sim 2.7^{-07}$. Transcription factor MACS or HOMER peaks were overlapped to the University of California, Santa Cruz (UCSC) genome data browser, using the February 2006 (NCBI36/mm8) *Mus musculus* reference assembly.

In the epigenetic analysis, the raw mapped reads (in BED format) for H3K4me3 and H3K27me3 were used for peak calling by HOMER¹⁸⁹. Control samples (genome sequencing without antibodies for H3K4me and H3K27me) were used as the background input. Two-fold enrichment relative to the background and an FDR of 0.001 were used as the thresholds. For the FAIRE experiments, F-Seq¹⁹⁰ was used for peak identification based on the raw mapped reads. The sequencing output of DNA without formaldehyde fixation was used for control. The identified peaks from the control sequencing were subtracted from those from the FAIRE sequencing. The standard deviation of 6.0 was used for the threshold. The gene-wise distribution of the peaks was examined by means of the ‘annotatePeaks’ command of HOMER. The closest transcription start site from each peak was identified for gene annotation. For motif finding, the motif lengths of 8, 10, and 12bp were searched against the repeat-masked mouse genome (mm8). Position-specific weight matrices were based on the HOMER’s database.

2.6.2. ASSOCIATION OF TRANSCRIPTION FACTOR ENRICHED REGIONS IN GENES

Enriched regions were associated with genes by identifying the closest annotated RefSeq gene within 10kb. Enriched regions >10 kb from any annotated RefSeq gene were not associated with any gene. Enriched regions were associated with only the closest gene. While some binding sites may regulate several neighboring genes, this is likely not the general case, and, while the approach described would miss such interactions, it eliminates a large number of incorrect associations. Sites were considered to be in promoter regions if they fell within 3 kb of a RefSeq TSS, within an enhancer if they fell between 2 kb and 50 kb from a RefSeq TSS, and distal if they were >50 kb from a RefSeq TSS. To identify overlapping and co-occupied sites, locations of sites of maximal enrichment were compared for Pdx1, NeuroD1 and MafA and resized to ± 65 bp from the peak center and overlapped by a single base pair.

2.6.3. *DE NOVO MOTIF ANALYSIS*

To identify motifs associated with the ChIP-Seq libraries, a *de novo* motif discovery strategy was employed. ChIP-Seq peaks of Pdx1, NeuroD1 and MafA were input into HOMER, which extracted peak sequences with less than 70% repeats and accounted for GC biases by using randomly selected background sequences matching GC characteristics of input sequences

2.6.4. *OVERLAPPING OF HISTONE MARKS WITH TRANSCRIPTION FACTOR BINDING SITES (TFBS)*

Transcription-factor binding sites (TFBSs) were defined as the above-identified peaks for each TF. The surrounding regions (5kb upstream and downstream) of each TFBS were examined for the tag distribution of H3K4me3 and H3K27me3. As for the co-occupancy of the TFs, the TFBSs that overlapped within 50bp were merged into a single peak. The numbers of H3K4me3 and H3K27me3 tags were counted according to the distance from the center of the TFBS and then log10 transformed for modification level. The minimum modification level for H3K4me3 and H3K27me3 among the three TFBSs and co-occupied sites was taken and used for the basal level. Each modification level was normalized based on the basal level of H3K4me3 and H3K27me3 respectively. Associated genes were identified based on the location of the TFBS. The expression level of the genes that contain a TFBS with the H3K27me3 level increased by 1.5-fold in the dysfunctional cells was compared between the normal and dysfunctional cells.

CHAPTER 3:

**TRANSCRIPTIONAL REGULATION
IN PANCREATIC BETA-CELLS**

3.1. INTRODUCTION

The highly specialized function of pancreatic β -cells is dependent upon sustained expression of important transcriptional regulators. To expand our knowledge of the β -cell transcriptional regulatory network and to explore what other genes are important in pancreatic β -cell function, I have chosen to work on Pdx1, NeuroD1 and MafA and their possible co-regulatory roles in modulating pancreatic β -cell function. These core transcription factors contribute to the hallmark characteristics of pancreatic β -cells by: (1) Activation of target genes that encode Insulin and other important β -cell transcriptional regulators, and (2) Recruiting co-activators that are necessary to mediate the above-mentioned regulation. In pancreatic β -cells, Pdx1, NeuroD1 and MafA have been shown to respectively occupy the A3, E1 and C1 elements within a 340-bp region upstream of the transcriptional start site of the *Ins* gene¹⁹¹. The *Ins* promoter is organized in a complex arrangement of discrete *cis*-acting sequence motifs, which serve as binding sites for ubiquitous and β -cell-specific transcription factors¹⁹². The coordinated interaction between these *cis*-sequence elements and *trans*-acting transcription factors at the promoter contributes to the β -cell-specific expression of the *Insulin* gene, and the exquisitely-controlled regulation of its expression in response to nutrients (e.g. glucose, hormone signalling, calcium levels and nutrient availability)^{192,193}.

Pdx1, a member of the large family of HD-containing proteins, is expressed in precursors of the endocrine and exocrine compartments of the pancreas and is essential for pancreas development, β -cell differentiation and maintenance of the mature β -cell⁸⁵. In mature β -cells, Pdx1 transactivates the gene encoding *Insulin* and other genes involved in glucose sensing and metabolism such as *Glut2* and *Gk*⁹². *Pdx1*^{+/-} mice are glucose intolerant, with increased islet apoptosis, decreased islet mass, and abnormal islet architecture, indicating that proper gene dosage of *Pdx1* is crucial for normal glucose homeostasis¹⁹⁴. These findings are consistent with the report that humans heterozygous for an inactivating mutation of Pdx1 suffer from MODY4¹⁹⁵. The 283 amino acid long Pdx1 protein is very homologous among different species. The N-terminus contains the transactivation domain. The middle region contains a

homeodomain, which is responsible for DNA binding and protein-protein interactions as a transcriptional activation mechanism. The role of the C-terminus is poorly understood¹⁹⁶.

Over-expression and targeted disruption studies have established a crucial role for NeuroD1 in regulating brain and pancreatic islet development¹⁹⁷. NeuroD1 is expressed in pancreatic and intestinal endocrine cells and neural tissues and the *NeuroD1*-null mouse exhibits a mild reduction of δ -cells, a moderate loss of α -cells, and a severe reduction of β -cells⁷¹. This profound effect on β -cell number signifies a critical role for NeuroD1 in addition to *Insulin* gene transactivation in the β -cell, because insulin is not required for the β -cell formation or maintenance. NeuroD1 does not bind directly to DNA but binds as a heterodimer with Class A bHLH proteins, such as E12, E47, or HEB, to E-boxes within the *Insulin* promoter¹⁹⁸.

The bLZ transcription factor MafA binds to the C1 element of the *Insulin* promoter in β -cells¹⁹⁹. During pancreas development, MafA is first detected at the beginning of the principal phase of insulin-producing cell production, comparatively later than Pdx1 and NeuroD, which are expressed from the early stage of pancreas development. In addition, while both Pdx1 and NeuroD1 are expressed in various cell types in the pancreas, MafA is expressed only in β -cells. Therefore, it is likely that MafA is the principal factor required for β -cell formation and function. *MafA*^{-/-} mice display glucose intolerance and developed T2DM, with age-dependent pancreatic islet abnormalities⁶⁹. Expression of *Insulin1*, *Insulin2*, *Pdx1*, *NeuroD1*, *Glut2* is decreased, and glucose-, arginine-, and KCl-stimulated insulin secretion was severely impaired in these animals.

An earlier chromatin immunoprecipitation-chip (ChIP-chip) study has shown that Pdx1 and NeuroD1 co-occupy 440 genomic loci⁸⁶, suggesting that a significant fraction of Pdx1 and NeuroD1 binding sites exist within regulatory modules, where they may control gene expression in a synergistic manner. However, it remains unclear whether MafA interacts at similar loci to co-regulate genes important for β -cell function, as no genome-wide binding

studies have been performed for MafA. It is also unclear what the downstream effectors of these transcription factors are, and how they contribute to maintaining the glucose-responsive state of β -cells. It is therefore important to elucidate the transcriptional networks regulated by Pdx1, NeuroD1 and MafA, where detailed knowledge of these pathways remain key to understanding mature β -cell function.

Hypothesis: The molecular mechanisms governing the dynamic and/or co-regulation of Pdx1, NeuroD1 and MafA are key determinants of β -cell function.

Questions I will address in this chapter are:

- 1) Where on the genome do Pdx1, NeuroD1 and MafA bind in β -cells? Is there evidence for co-regulation of these transcription factors at other genomic loci, apart from the *Insulin* gene?
- 2) Which genes are affected upon depletion of these transcription factors, and what biological network are they significantly involved in regulating?
- 3) How does transcription factor occupancy correlate with gene regulation in a genome-wide manner?

Currently, there are no suitable human β -cell lines available, as most of the β -cell lines derived are difficult to be propagated *in vitro*, and such lines gradually lose their differentiated function over the time *in vitro*²⁰⁰. Among all of the engineered human β -cell lines, only two cell lines β -lox5²⁰¹ and NAKT-15²⁰² continue to possess the normal β -cell characteristics and function to at least some degree, and only a few articles have been published using them. It is exceedingly difficult to immortalize human β -cells because of their short half-life (50 days). Their tendency to undergo apoptosis after islet isolation, combined with the loss of cell-to-matrix interaction and the stress induced by tissue culturing procedures renders the β -cells to become un-differentiated and undergo further apoptosis²⁰³. Due to the lack of availability of a

human β -cell line, despite the differences in the physiological and metabolic regulation of rodents and humans, I elected a rodent model for the basis for my experiments, because they still remain a good tool for studying known physiological mechanisms and discovering novel pathways of regulation²⁰⁴.

There are several commonly studied mouse and rat β -cell lines, such as MIN-6 and NIT-1 (mouse), and INS-1 (rat). Although INS-1 cells are responsive to glucose within the physiological range, they require β -mercaptoethanol in the culture medium, which is toxic to the cells and irreversibly denatures their proteins²⁰⁵. Moreover, the genomic (databases, annotations and other scientists experimental data) and molecular biological tools and reagents (antibodies, siRNAs, etcetera) available for mouse are more readily available, so I elected to use a mouse β -cell line. MIN-6 cells express Glut2 and Gk and respond to glucose within the physiological range of glucose in the presence of nicotinamide²⁰⁶, but oftentimes a sudden loss of GSIS from MIN-6 cells during the course of the passages is noticed, possibly due to an outgrowth of cells with a poor response to glucose or a reduced expression of the genes responsible for GSIS²⁰⁷. NIT-1 cells have high levels of *Insulin* mRNA with less than 5% containing glucagon, and none contain PP or Sst²⁰⁸. They robustly secrete insulin in response to glucose stimulation, though not at physiological levels of glucose. Since the aims of my thesis focus mainly on understanding the transcriptional and epigenetic regulatory network in pancreatic β -cells and do not include studying the effect of anti-diabetic drugs on the cells or involve β -cell transplantation into diabetic animals, I elected to use NIT-1 cells in my experiments.

I addressed my experimental questions using ChIP coupled with high-throughput sequencing (ChIP-Seq) technologies to map the Pdx1, NeuroD1 and MafA binding sites in a mouse insulinoma β -cell line NIT-1, and siRNA-depleted these transcription factors in order to look at how binding of these transcription factors correlate with the genes they regulate.

3.2. RESULTS

3.2.1. CHIP OF PDX1, NEUROD1 AND MAF A IN NIT-1 CELLS

To test my hypothesis that Pdx1, NeuroD1 and MafA were bound at similar and dissimilar sites, I performed ChIP with chromatin isolated from the β -cell line NIT-1, with Pdx1, NeuroD1 and MafA antibodies, with rabbit and goat IgG antibodies as a control for non-specific protein-DNA interactions. Input DNA (sheared chromatin not used in any antibody pull-down) served as a control to measure genomic background, cell line variation and PCR-amplification bias. Chromatin was purified and sheared by sonication to obtain DNA fragments within a 100-500bp range (Figure 11A). To test the quality of the ChIP for Pdx1, NeuroD1 and MafA, I measured the signal obtained on the best characterized co-regulated gene, *Insulin*. Figure 11B shows the specificity of the Pdx1 antibody, as there was a 17-fold enrichment for the *Insulin* promoter using the antibody, versus a 1.2-fold enrichment with the non-specific rabbit IgG antiserum. Fold enrichment represents the abundance of enriched DNA fragments over a control region not bound by the antibody of interest, and many factors can affect it, including binding affinity of antibody, accessibility of target region, quality of the antibody-antigen interaction, the concentration of antibody, and the fold enrichment depends on both the absolute IP efficiency and on the background²⁰⁹. Pdx1 also bound to another region on the *Insulin* gene promoter (27-fold enrichment), and *Mtmr7* and *Pde43*. NeuroD1 and MafA were also bound to the same regions as Pdx1 (Figure 11C, D) with slightly different binding affinities (50-70 fold enrichment for NeuroD1 for the *Insulin* gene vs. 20-50 fold enrichment for MafA).

As mentioned earlier, a ChIP-chip paper had identified 440 sites in which Pdx1, NeuroD1 and MafA were found to co-occupy. I asked whether these sites were similarly occupied in my cells, and whether MafA was also occupying those sites. I selected 19 sites positively identified to be bound by Pdx1 and NeuroD1 and verified that they were bound in my cells, and also interrogated the same sites to see if they were occupied by MafA (Figure 12), with *Insulin* as a positive control. MafA bound to almost all the same sites as Pdx1 and NeuroD1,

with a lesser fold enrichment for all of them, save one. This showed support for the hypothesis that these three transcription factors work together to co-regulate multiple genes, not just at the Insulin promoter. Pdx1, NeuroD1 and MafA all bound strongly to the *Il1-R1* gene, which is the signal transducing receptor for IL-1 (a principal proinflammatory cytokine), and it has been identified in genetic studies to be highly associated with T1DM²¹⁰. 10 of 19 genes are unannotated transcripts but they showed strong binding of all three transcription factors. A few of them (e.g. *MI2C1*, chr4:5499) were highly conserved across vertebrates, perhaps indicative of the presence of enhancers or previously uncharacterized regulatory regions (Figure 13).

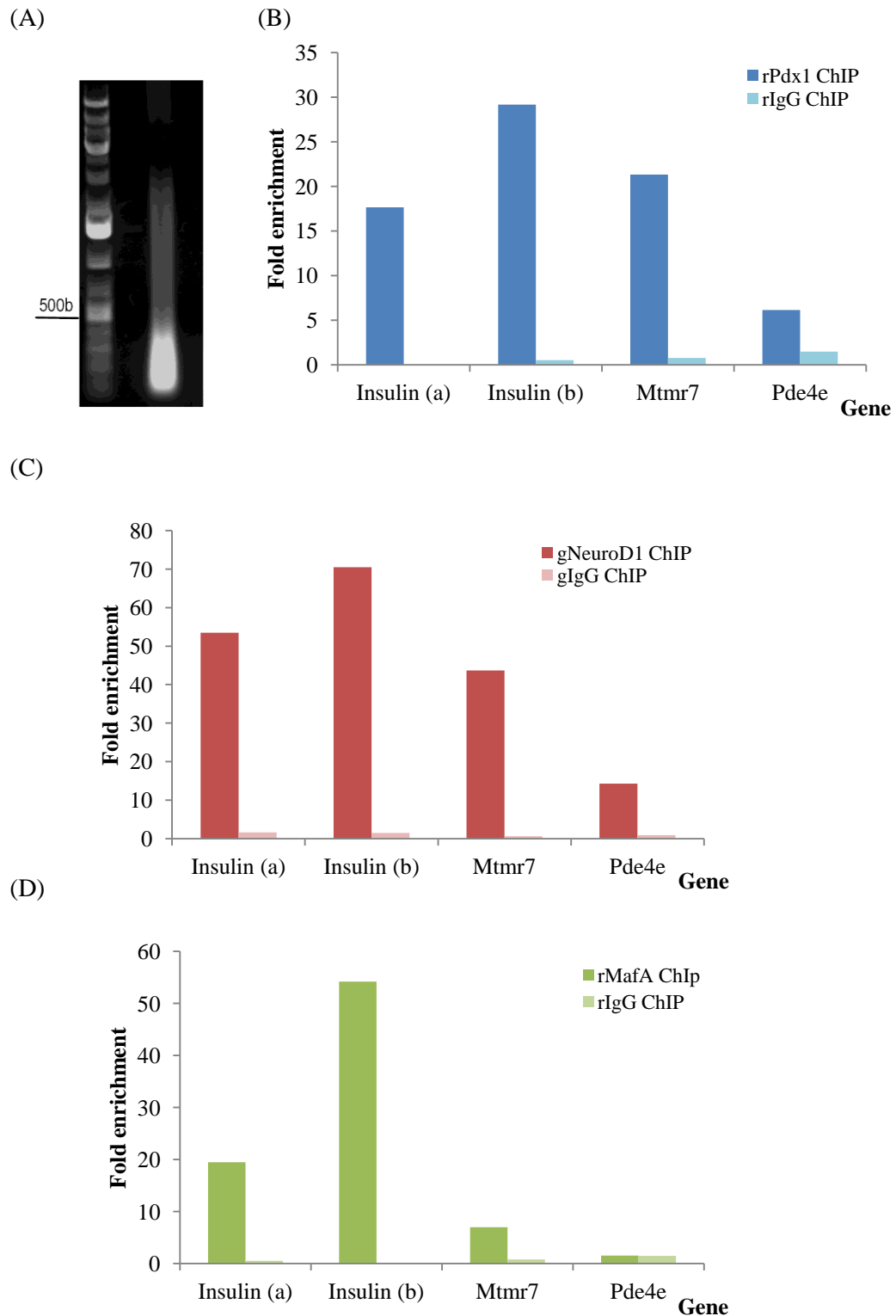


Figure 11. Specific ChIP of Pdx-1, NeuroD1 and MafA anti-serum. (A) NIT-1 chromatin sheared to a 100-500bp range of DNA fragments. ChIP from NIT-1 cells was performed using antibodies against (B) Pdx1, (C) NeuroD1 and (D) MafA, with rabbit or goat IgG antibodies as a non-specific antibody control. Fold enrichment represents the abundance of enriched DNA fragments over a control region (*Utf1*) shown to not be bound by Pdx1 and NeuroD1. Each ChIP experiment was performed with three technical replicates for each RT-PCR, and the average of the normalized ratio to the target gene/*Utf1* was calculated and presented. This data is representative of ChIP experiments performed in three biological replicates.

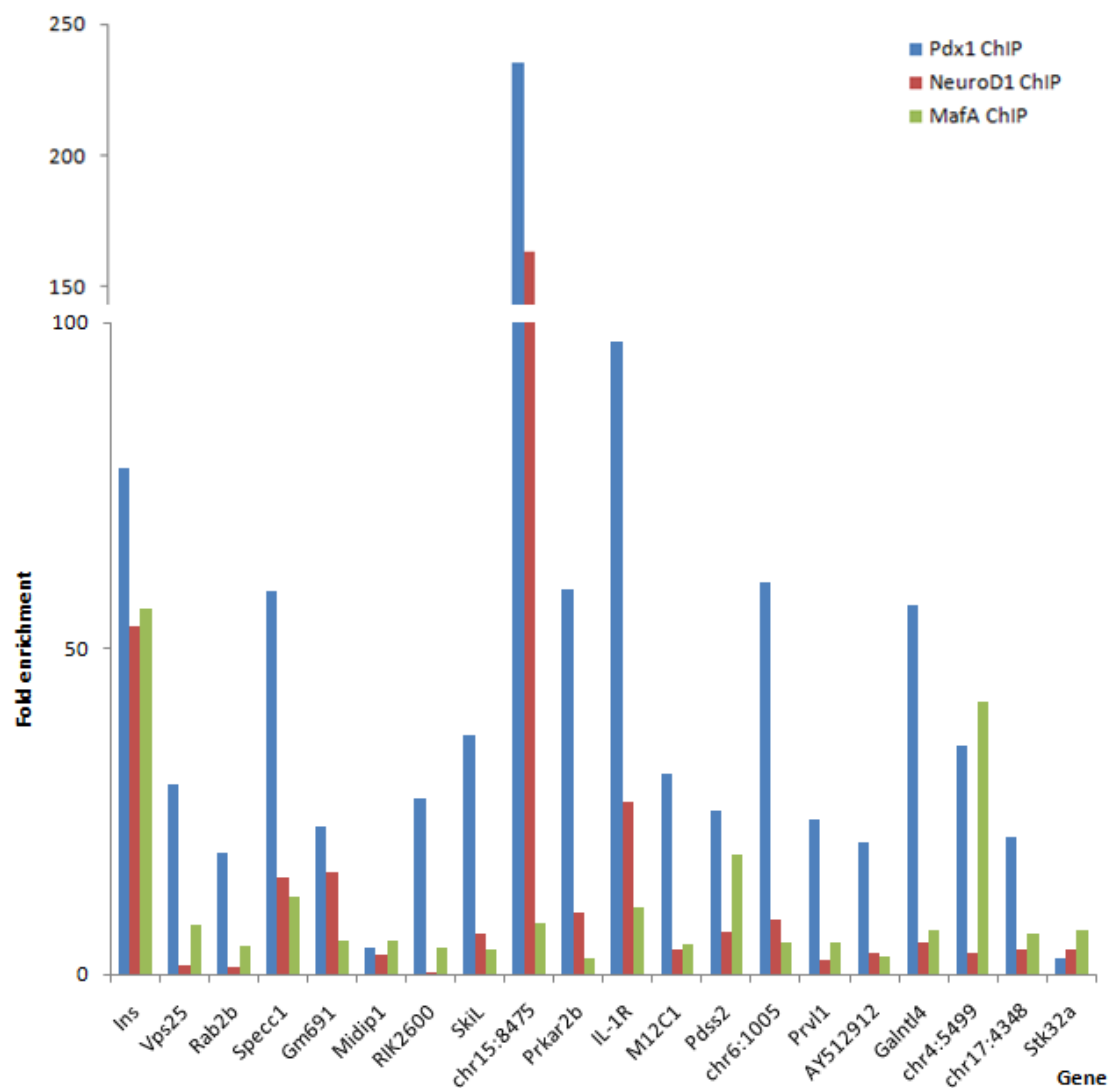
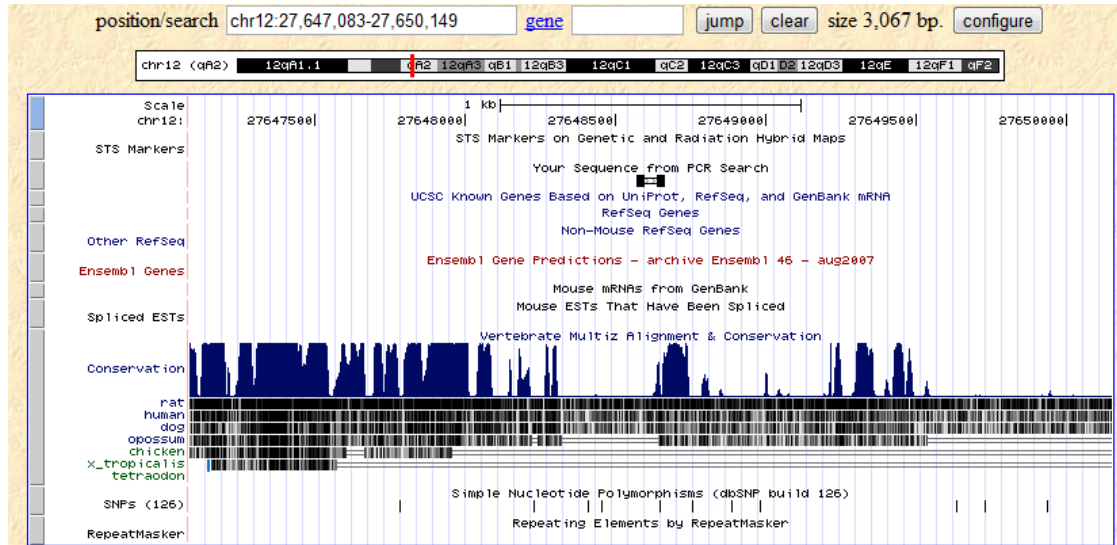


Figure 12. Pdx1, NeuroD1 and MafA binds to sites previously identified as Pdx1 and NeuroD1 targets⁸⁶. ChIP from NIT-1 cells was performed using antibodies against Pdx1, NeuroD1 and MafA, in the same manner as Figure 11. Each ChIP experiment was performed with three technical replicates for each RT-PCR, and the average of the normalized ratio to the target gene/*Utf1* was calculated and presented.

(A) M12C1



(B) chr4:55,767,774-55,774,703

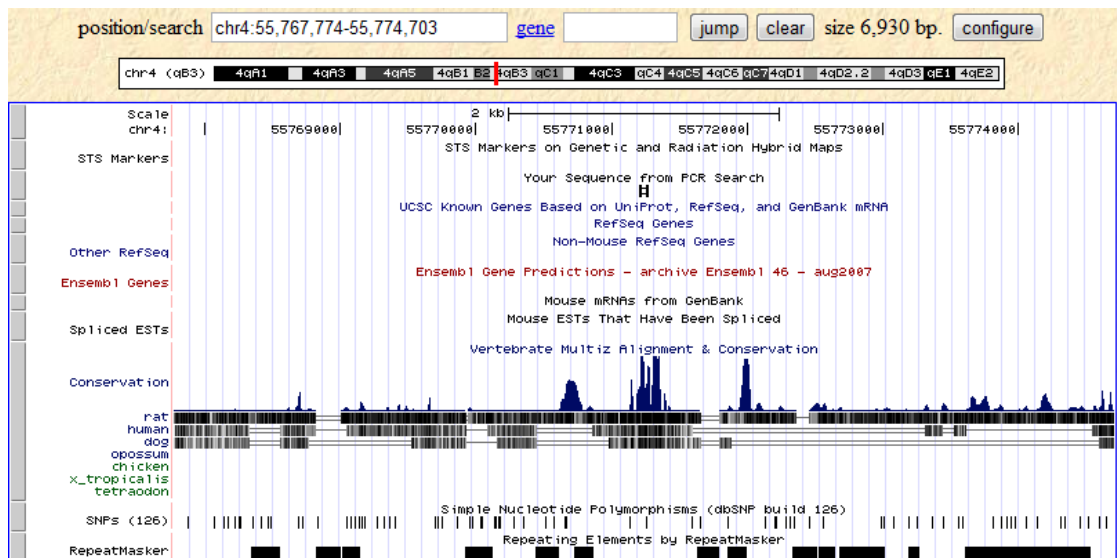


Figure 13. Regions of the mouse genome identified to be bound by Pdx1, NeuroD1 and MafA are highly conserved across species at the (A) *M12C1* and (B) chr4:55,767,774-55,774,703 locus.

3.2.2. GLOBAL TRANSCRIPTIONAL BINDING LANDSCAPE OF *PDX1*, *NEUROD1* AND *MAFA*

I extended the search for Pdx1, NeuroD1 and MafA target genes to a genome-wide level by performing ChIP-Seq on NIT-1 cells with specific antibodies. I performed the ChIPs in biological duplicates (i.e. chromatin was harvested from two separate batches of cells and ChIPs performed on different days) and validated the quality of the ChIPs in the same fashion as Figure 11 before preparing the sample for sequencing. Input DNA was sequenced as a control for background noise, and subsequent reads mapped against that. The number of mapped reads per 10bp window (genome-wide) of each biological replicate was counted, and the correlation between each transcription factor ChIP-Seq library was calculated. Pdx1, NeuroD1 and MafA ChIP-Seq biological replicates show 0.99, 0.97 and 0.97 correlation with one another respectively (Figure 14).

As the biological replicates were highly correlated with one another, the raw reads from each biological replicate were pooled together and these combined reads were used for subsequent analyses (Table 2). HOMER was used to perform peak calling, binding peaks were defined as those above the FDR (False Discovery rate) cutoff of 0.001 and Poisson p-value $\sim 2.7^{-07}$. 23132 peak regions were identified to be Pdx1-bound, 31031 peak regions NeuroD1-bound and 24108 peak regions MafA-bound. The unique reads were also put through MACS and similar numbers of peaks were identified (Pdx1:26153, NeuroD1:34507, MafA:26234). Pdx1, NeuroD1 and MafA were shown to bind to one another's promoters, and the *Insulin* promoter was also bound by all three transcription factors (Figure 15). To validate some of the binding sites, 10 peaks with a significant p-value were selected from all the binding sites identified to be bound by each of the three transcription factors, and another 10 binding sites were randomly selected to be bound by each of the three transcription factors. I designed primers against these regions (20 for each transcription factor) and new ChIPs were prepared and ChIP-qPCRs were run. The positive enrichments overall (Figure 16) shows that the ChIP-Seq libraries generated were generally reliable and had identified *bona fide* binding sites.

Transcription factor MACS peaks were overlapped to the University of California, Santa Cruz (UCSC) genome data browser, using the February 2006 (NCBI36/mm8) *Mus musculus* reference assembly. The peaks regions were visualized (Figure 17) and are found to be evenly distributed across the genome, with no preference for particular chromosomes. The peaks were next annotated based on the genomic region that they overlapped to: Promoter, intron, exon, intergenic, 5'UTR and 3'UTR. The relative enrichments of ChIP regions of Pdx1, NeuroD1 and MafA (Figure 18) are displayed in important genomic features, such as promoters, immediate downstream of genes, and gene bodies, with respect to the genome background. Pdx1 shows very high relative enrichment in promoters, with 15% of ChIP regions enriched at the promoter compared to 2.7% of the genome background but very low enrichment in bidirectional ones, with only 1.7% of ChIP regions found within 3 kb upstream of TSS (Figure 18A). NeuroD1 and MafA had 6.4% and 5.7% of their peaks in the promoters (Figure 18B). A different representation of the genome-wide peak annotation is displayed in Figure 19, where transcription factor peak calling with the HOMER algorithm was used. A similar result was obtained, with 17% of peaks for Pdx1 found in the promoter, compared to 6% of peaks in NeuroD1 and 6% of peaks in MafA.

The average binding sites of Pdx1, NeuroD1 and MafA were mapped around the promoter regions (± 6 kb from the TSS), and a peak of enrichment was observed around the promoter for all the transcription factors, indicating they bound together at the promoter (Figure 20). Pdx1, NeuroD1 and MafA peaks were over-lapped with Pdx1, NeuroD1 and MafA peak centers. There was enrichment around all the three peak centers, suggesting that they associate strongly with each other (Figure 21).

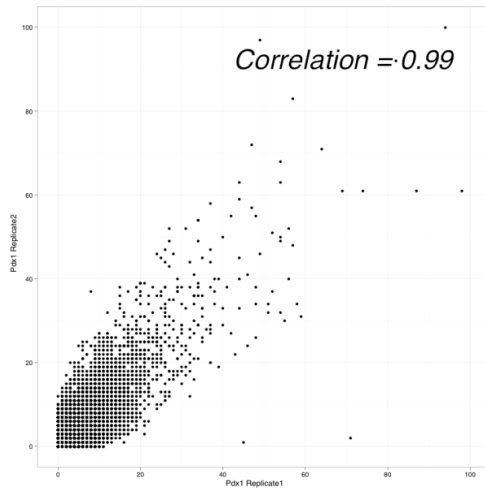
| | Pdx1 | NeuroD1 | MafA |
|--------------------|-------------|----------------|-------------|
| Replicate 1 | 9062661 | 12537461 | 27396468 |
| Replicate 2 | 12260471 | 17092581 | 18295806 |
| Total | 21323132 | 29630042 | 27396468 |
| HOMER | 23132 | 31031 | 24108 |
| MACS | 26153 | 34507 | 26234 |

| | Total peaks | 3' UTR | Promoter | TSS | Exon | Intron | Intergenic | 5' UTR |
|----------------|--------------------|---------------|-----------------|------------|-------------|---------------|-------------------|---------------|
| Pdx1 | 26153 | 87 | 4013 | 239 | 533 | 8598 | 9561 | 101 |
| NeuroD1 | 34507 | 137 | 2009 | 287 | 676 | 13759 | 14106 | 57 |
| MafA | 26234 | 110 | 1378 | 228 | 567 | 10783 | 10991 | 51 |

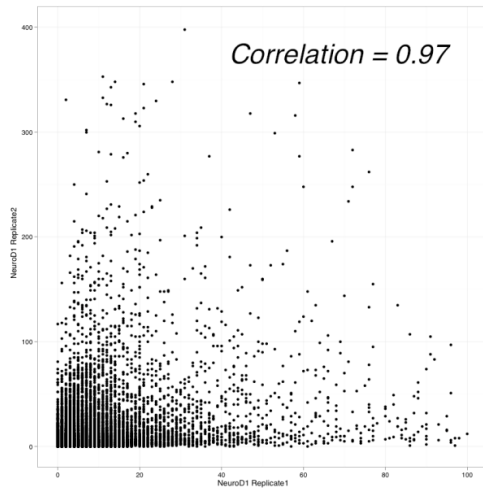
Table 2. Mapping and peak calling of Pdx1, NeuroD1 and MafA ChIP-Seq libraries.

Pdx1, NeuroD1 and MafA ChIP-Seq was performed in NIT-1 cells and the reads were mapped to the mm8 genome with ELAND. Using HOMER, there were 23132 Pdx1 peaks, 34507 NeuroD1 peaks and 26234 MafA peaks. (Gireesh Bogu performed the analysis.)

(A) Pdx1



(B) NeuroD1



(C) MafA

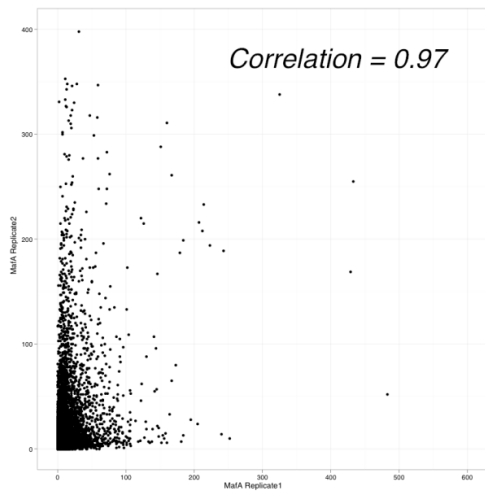
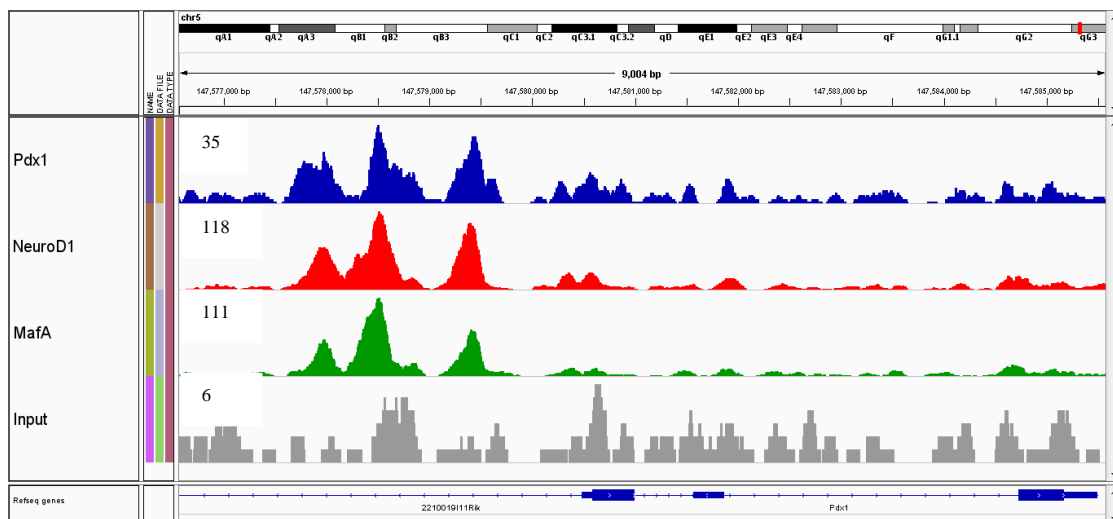
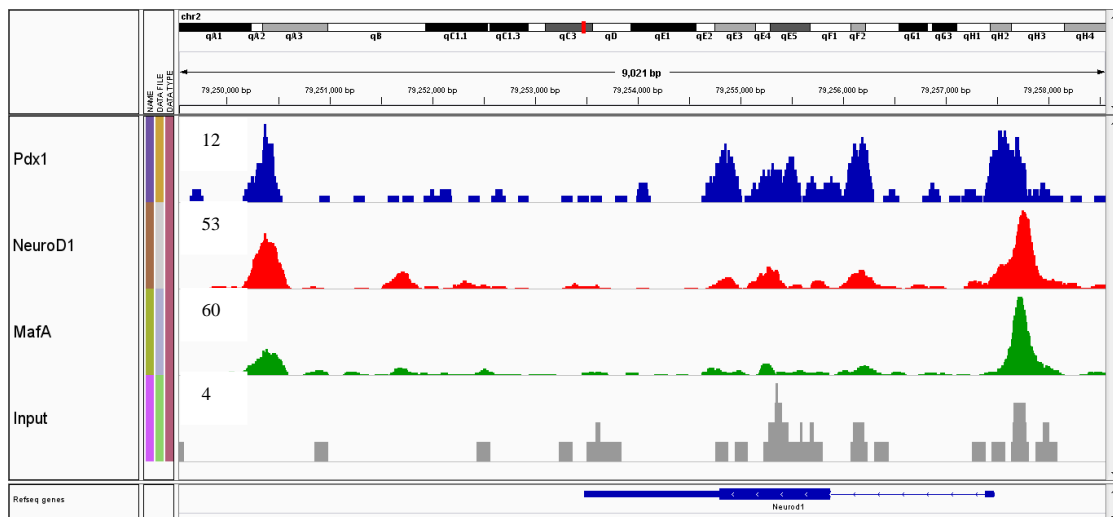


Figure 14. Biological replicates of Pdx1, NeuroD1 and MafA ChIP-Seq libraries are highly correlated with one another. The number of mapped reads per 10bp window (genome-wide) were counted, and the correlation between replicates was calculated. (A) Pdx1, (B) NeuroD1 and (C) MafA ChIP-Seq biological replicates show 0.99, 0.97 and 0.97 correlation with one another respectively. (Gireesh Bogu performed the analysis.)

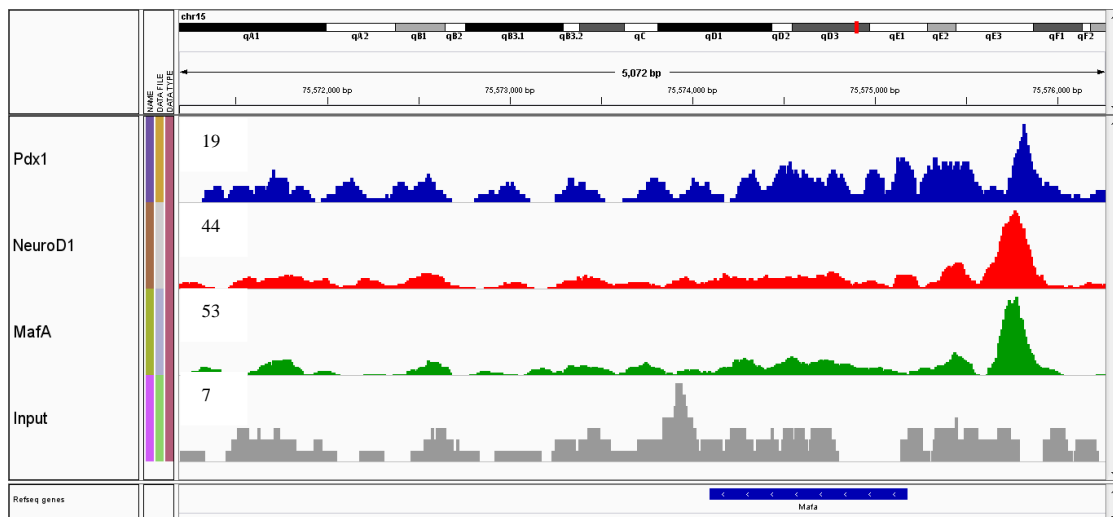
(A) Pdx1



(B) NeruoD1



(C) MafA



(D) *Ins1*

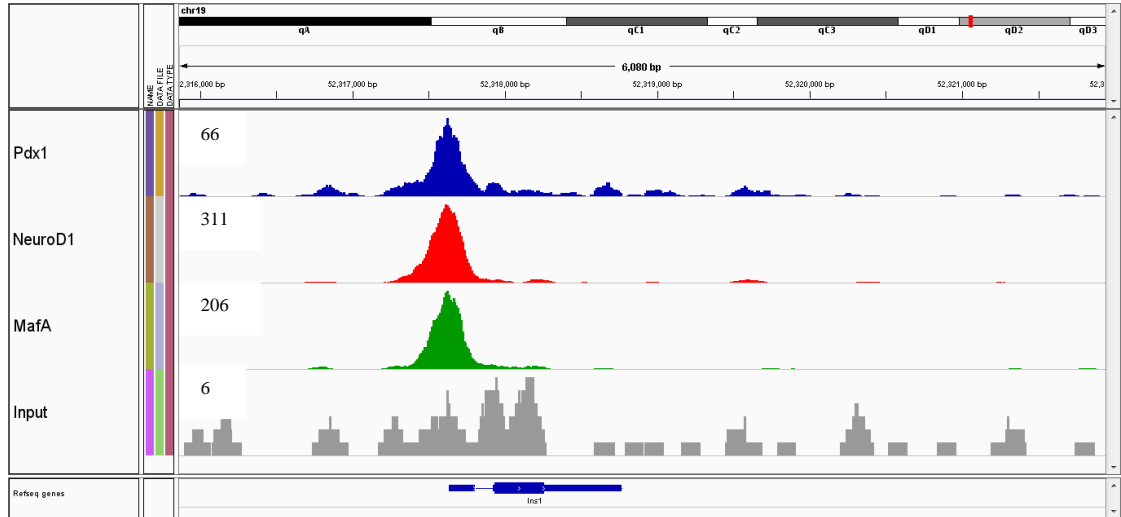
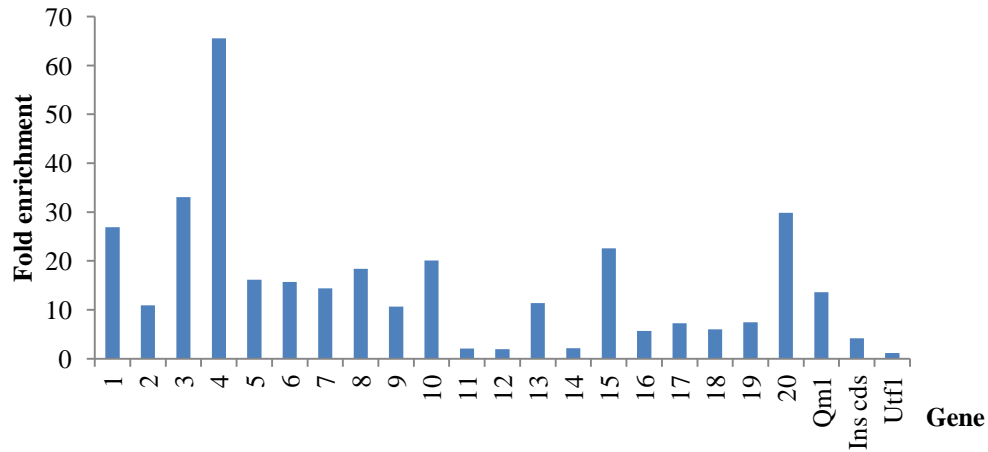
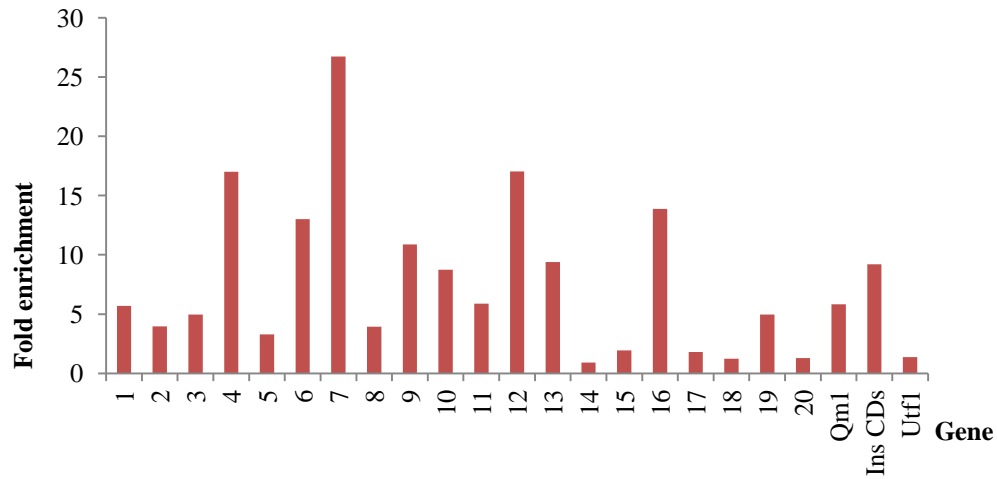


Figure 15. Pdx1, NeuroD1 and MafA binding at the *Pdx1*, *NeuroD1*, *MafA* and *Ins1* gene. Pdx1, NeuroD1 and MafA ChIP-Seq was performed in NIT-1 cells and the binding of all three transcription factors at the (A) *Pdx1*, (B) *NeuroD1*, (C) *MafA* and (D) *Insulin1* promoter was visualized with the Integrated Genomics Viewer (IGV)²¹¹ software. The input library was included as a control for background signal. Numbers indicate the peak height.

(A) Pdx1



(B) NeuroD1



(C) MafA

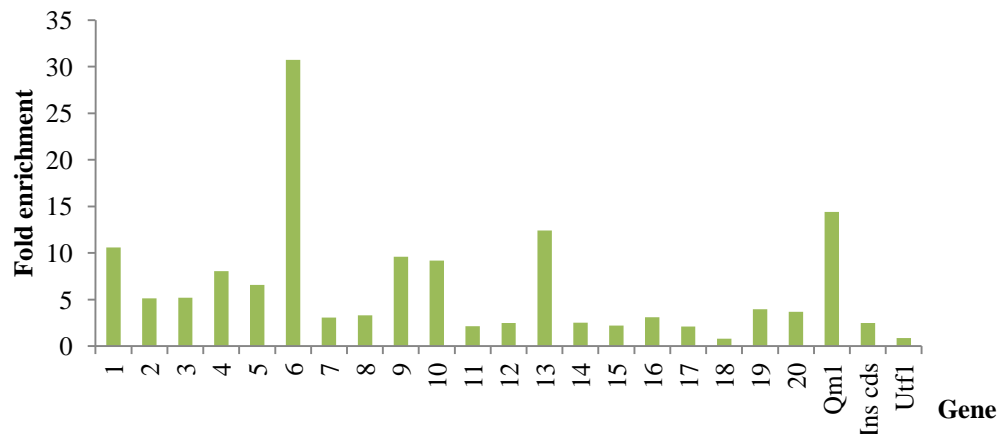
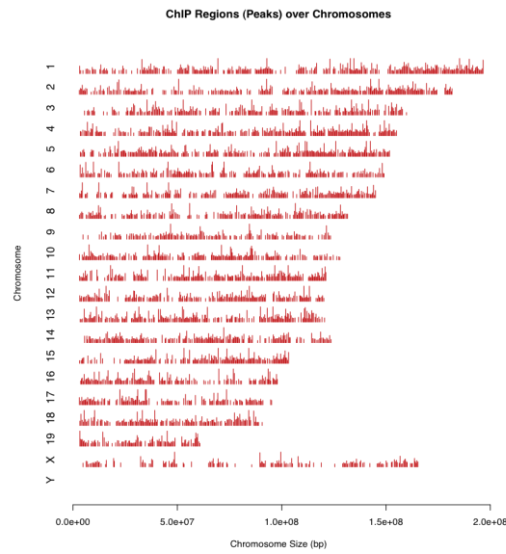
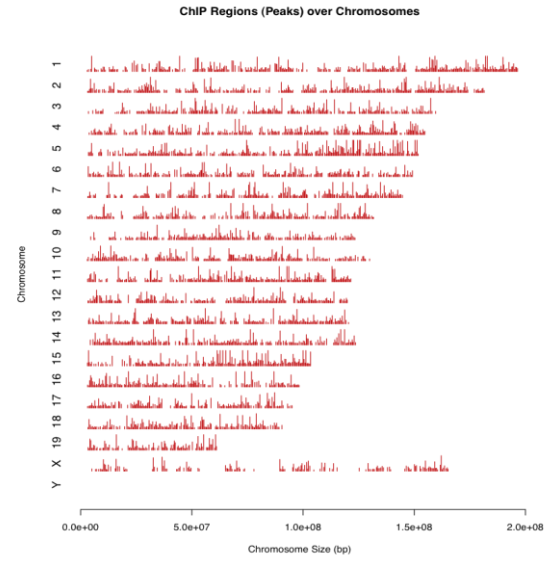


Figure 16. Confirmation of Pdx1, NeuroD1 and MafA ChIP-Seq bound genes by ChIP-qPCR. ChIP from NIT-1 cells was performed using antibodies against (A) Pdx1, (B) NeuroD1 and (C) MafA, in the same manner as Figure 11. Genes 1-10 have a highly significant p-value and genes 11-20 were randomly picked from all the regions identified to be bound by each transcription factor. Each ChIP experiment was performed with three technical replicates for each RT-PCR, and the average of the normalized ratio to the target gene/*Utf1* was calculated and presented.

(A) Pdx1



(B) NeuroD1



(C) MafA

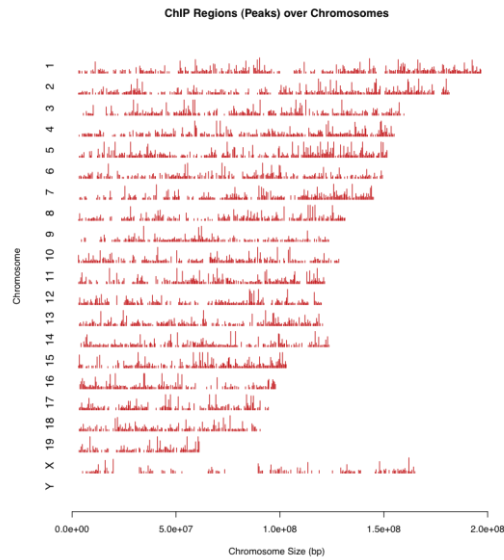
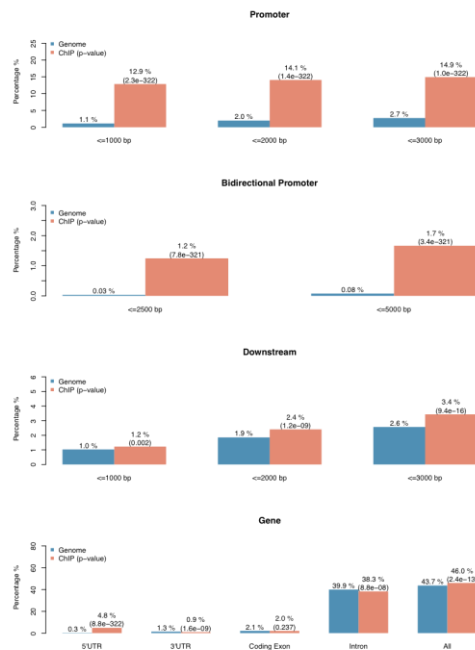
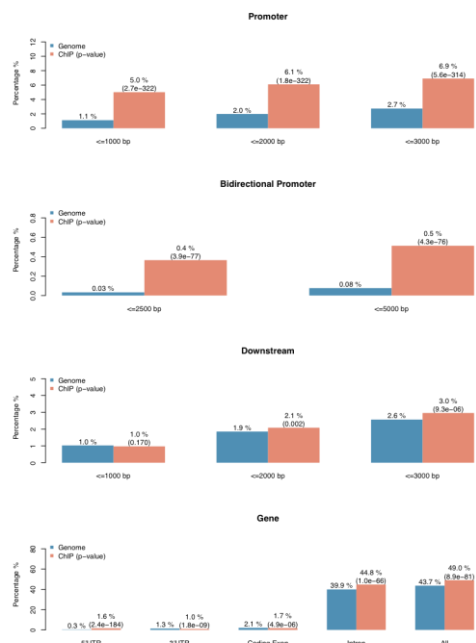


Figure 17. Distribution of ChIP regions of Pdx1, NeuroD1 and MafA over the genome along with their scores or peak heights. The line graph illustrates the distribution of (A) Pdx1, (B) NeuroD1 and (C) MafA peak heights (or scores). The red bars in the main plot represent ChIP regions. The x-axis of the main plot represents the actual chromosome sizes (in base pairs) and the y-axis represents chromosome names. (Gireesh Bogu performed the analysis.)

(A) Pdx1



(B) NeuroD1



(C) MafA

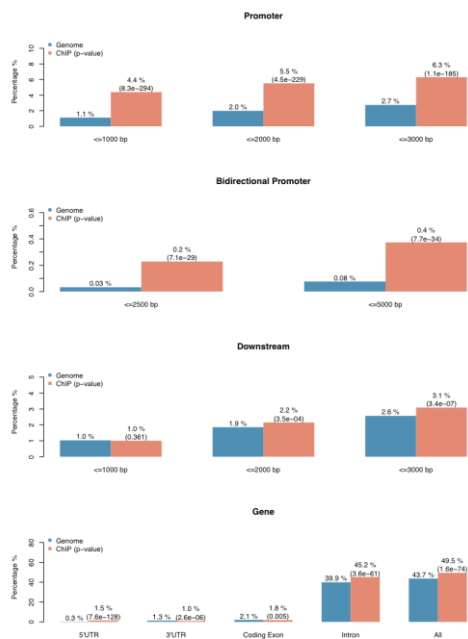


Figure 18. Relative enrichments of ChIP regions of Pdx1, NeuroD1 and MafA in important genomic features, such as promoters, immediate downstream of genes, and gene bodies, with respect to the genome background. The blue bars represent the percentages of the tiled or mappable regions that are located in such genomic regions (genome background) and the red bars the percentages of ChIP regions. (A) Pdx1 shows very high relative enrichment in promoters (15% of ChIP regions compared to 2.7 % of the genome background) but very low enrichment in bidirectional ones (only 1.7 % of ChIP regions within 3 kb up stream of TSS). (B) NeuroD1 shows 6.1% enrichment in promoters. (C) MafA has 5.5% of its peaks enriched in promoters. (Gireesh Bogu performed the analysis.)

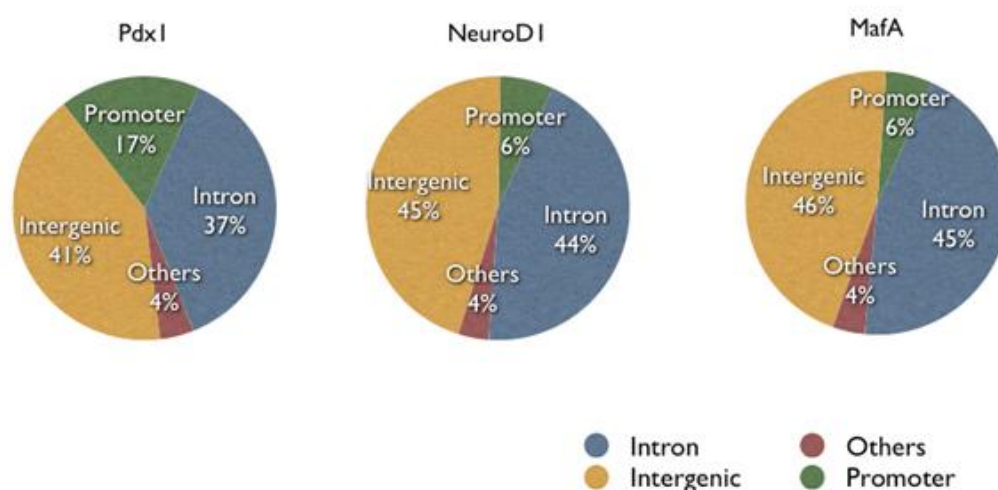


Figure 19. Relative enrichments of ChIP regions of Pdx1, NeuroD1 and MafA in important genomic features. ChIP-Seq peaks were uploaded to UCSC mm8 refGene and annotated based on the genomic location (promoter, intron, exon, intergenic, 5'UTR and 3'UTR) they overlapped to. 17% of peaks in Pdx1 are localized to the promoter in contrast to 6% in NeuroD1 and MafA. (Gireesh Bogu performed the analysis.)

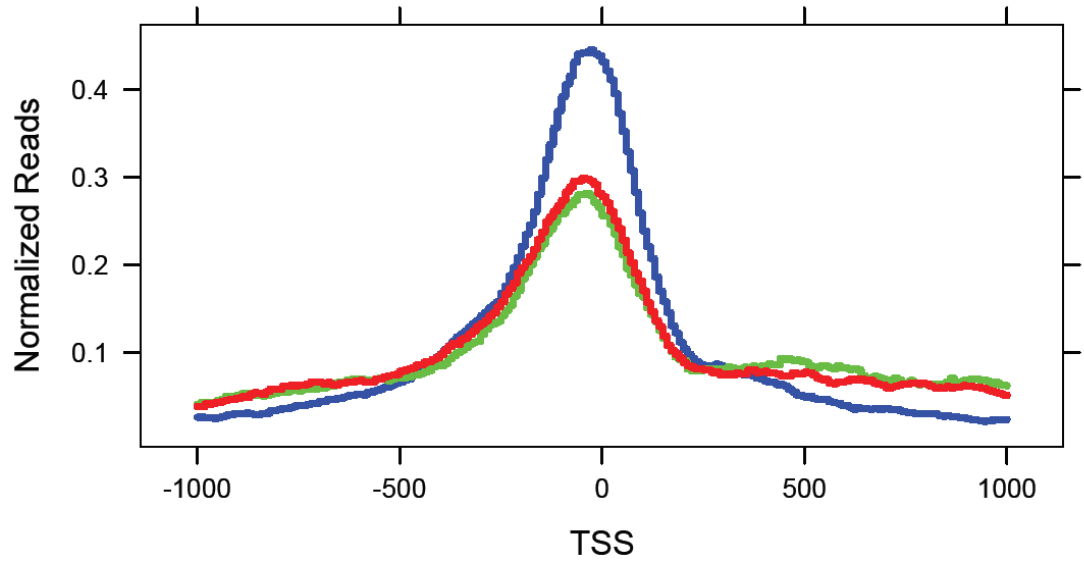
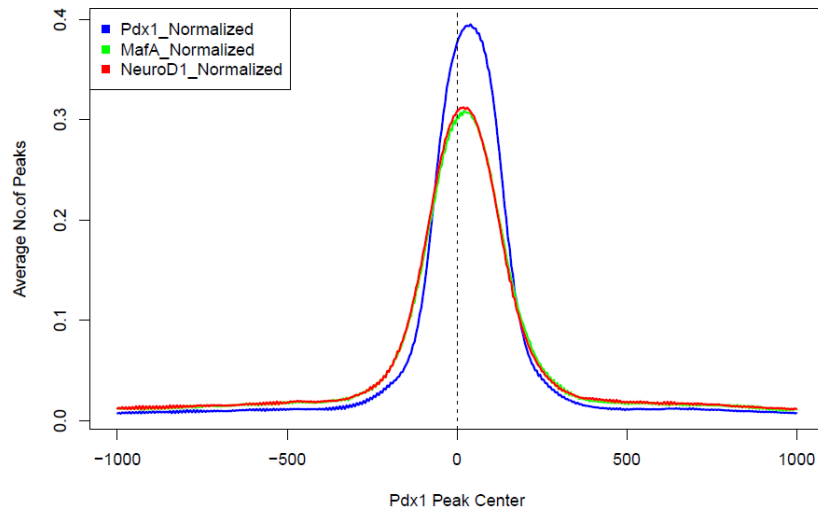
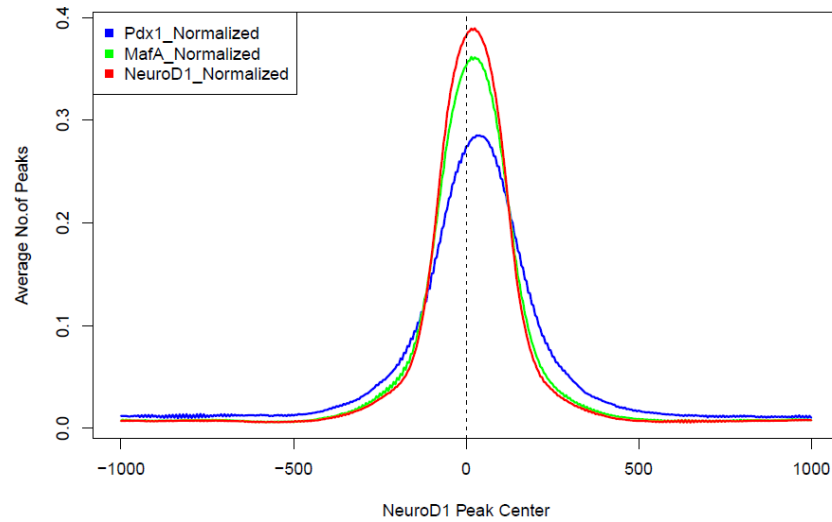


Figure 20. Pdx1, NeuroD1 and MafA are enriched around the TSS. Average binding sites of Pdx1 (blue), NeuroD1 (red) and MafA (green) were mapped around the promoters (± 6 kb) and a peak for all three transcription factors was observed at the promoter, indicating they are bound there. (Gireesh Bogu performed the analysis.)

(A) Pdx1



(B) NeuroD1



(C) MafA

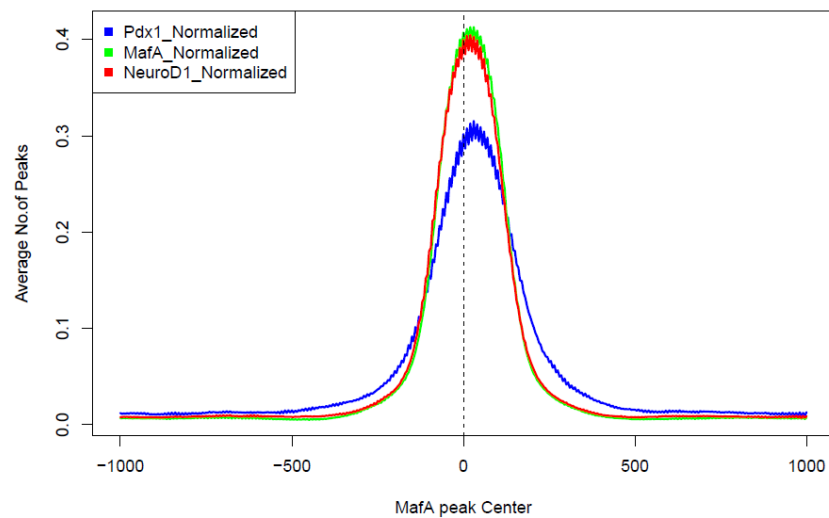


Figure 21. Spatial distribution of the distance (in base pairs) of Pdx1, NeuroD1 and MafA. Pdx1 peaks, NeuroD1 and MafA peaks are overlapped with (A) Pdx1, (B) NeuroD1 and (C) MafA peak centers. The Pdx1, NeuroD1, MafA enrichment around all 3 peak centers suggest they associate with strongly with each other. (Gireesh Bogu performed the analysis.)

To identify the DNA binding sequences associated with each transcription factor, a *de novo* motif discovery strategy was employed. ChIP-Seq peaks of Pdx1, NeuroD1 and MafA were input into HOMER, which extracted peak sequences with less than 70% repeats and accounted for GC biases by using randomly selected background sequences matching GC characteristics of input sequences. *De novo* motifs for Pdx1, NeuroD1 and MafA were thus identified (Figure 22). The top motif for Pdx1 had a p value of 1E-523, and the motifs for NeuroD1 and MafA were almost identical, with p values of 1E-3395 and 1E-3104 respectively. The motifs were also checked against the TRANSFEC database to see if they matched known motifs. The previously identified Pdx1 motif was among the top three motifs, with a p value of 1E-260. The motifs for NeuroD1 and MafA have not been described, and the motif for the transcription factor Atoh1 came up on top (p value 1E-3395). Interestingly, the motif for the general transcription factor E2A was among the top five motifs for both NeuroD1 and MafA, with p values of 1E-554 and 1E-547 respectively. A full list of identified motifs is available in Supplementary Table 1.

I next wanted to ask if these transcription factors bound alone or together across the genome. To this end, Pdx1, NeuroD1 and MafA ChIP-Seq peaks were resized to ± 65 bp from the peak center and overlapped by a single base pair. There were 12780 Pdx1-only peaks, 8828 NeuroD1-only and 3473 MafA-only peaks (Figure 23A). There were 657 peaks common to both Pdx1 and MafA, 2225 to Pdx1 and NeuroD1, and very strikingly, 12508 peaks were bound by both MafA and NeuroD1. There were 7470 common peak regions bound by all three transcription factors. The same analysis was also performed at the promoters of genes (± 2 kb from transcription start site). Figure 23B shows that the same trend was seen, with a larger number of Pdx1 only peaks than NeuroD1 or MafA only (3094 vs 682 and 299 respectively). There was also the same striking number of peaks co-occupied by both NeuroD1 and MafA (798), though the number of peaks co-occupied by Pdx1 and NeuroD1 are now similar (843). There were 1306 peaks with all three transcription factors binding.

(A) Pdx1

GCTAATGA

(B) NeuroD1

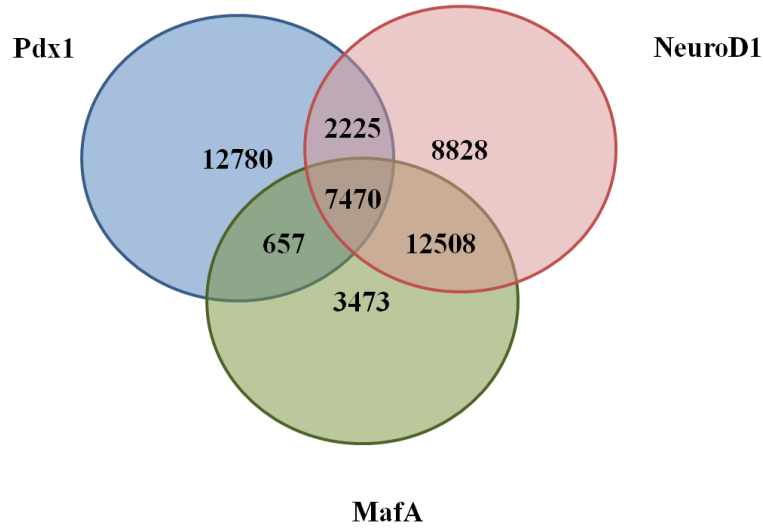
GGGCGCAGCTGGC

(C) MafA

TACCAAGATGG

Figure 22. DNA binding motifs discovered for Pdx1, NeuroD1 and MafA. Fixed-width peaks from (A) Pdx1, (B) NeuroD1 and (C) MafA ChIP-Seq peaks (± 50 bp from peak center) were input into HOMER for de novo motif discovery. The Pdx1 top motif had a p-value $1e^{-523}$, the top motif of NeuroD1 had a p-value $1e^{-3395}$, and the top motif for MafA had a p-value of $1e^{-3104}$. (Gireesh Bogu performed the analysis.)

(A)



(B)

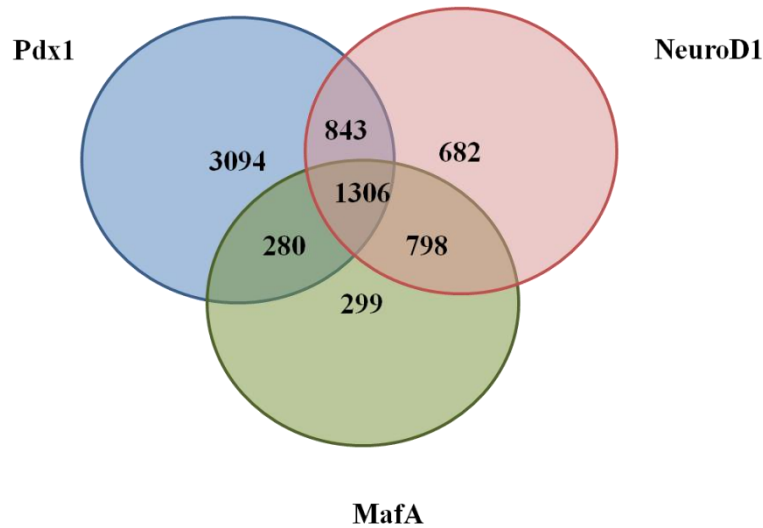


Figure 23. Co-occupancy of Pdx1, NeuroD1 and MafA. Genomic regions bound by Pdx1, NeuroD1 and MafA either individually or together were identified by resizing peaks to ± 65 bp from peak center, with an overlap by a single base pair. (A) Co-occupancy of Pdx1, NeuroD1 and MafA binding sites with all ChIP-Seq peaks, and (B) shows co-occupancy at promoters of genes (± 2 kb from transcription start site). Pdx1 has more independent sites, while there is a big overlap of NeuroD1 and MafA binding sites. (Gireesh Bogu performed the analysis.)

3.2.3. *PDX1, NEUROD1 & MAF A ARE BOUND TO GENES INVOLVED IN SIMILAR BIOLOGICAL PROCESSES*

To shed light onto biological relevance of the network of genes bound by Pdx1, NeuroD1 and MafA, I uploaded the RefSeq list of nearest bound genes by each transcription factor into Ingenuity Pathway Analysis (IPA, Ingenuity® Systems)¹⁸⁷ and identified the top biological networks and pathways associated with the transcription factor binding sites for Pdx1 (Table 3), NeuroD1 (Table 4) and MafA (Table 5). Each identifier was mapped to its corresponding object in the Ingenuity® Knowledge Base and termed network eligible molecules. These were then overlaid onto a global molecular network developed from information contained in the Ingenuity Knowledge Base, and networks were then algorithmically generated based on their connectivity. The functional analysis identified the biological functions and/or diseases that were most significantly enriched in the data set.

Top disease networks associated with Pdx1 binding sites include those of genetic disorders ($p < 4.04^{-75}$), neurological ($p < 1.85^{-57}$), metabolic ($p < 6.39^{-46}$), gastrointestinal ($p < 2.39^{-43}$) and endocrine diseases ($p < 1.75^{-39}$) (Table 3). Pdx1 binding sites are also highly enriched in cellular regulatory activities, e.g. cell death ($p < 2.65^{-32}$), cell cycle ($p < 4.31^{-29}$), cellular development ($p < 9.39^{-18}$), and it is involved in embryonic ($p < 9.2^{-12}$) and organ development ($p < 2.05^{-13}$), nervous system development and function ($p < 1.45^{-12}$). A full list of genes involved in those pathways is listed in Supplementary Table 2A.

NeuroD1-bound genes are associated with lipid and amino acid metabolism, endocrine system development and function, and general cellular functions (Table 4). Disease networks associated with NeuroD1 binding sites include genetic disorders ($p < 3.87^{-104}$), neurological diseases ($p < 2.81^{-77}$), gastrointestinal disease ($p < 3.5^{-64}$), and metabolic disease ($p < 7.06^{-56}$). Like Pdx1, NeuroD1-bound genes appear to be involved in general cellular regulatory activities, e.g. cell death ($p < 5.32^{-31}$), cellular growth and proliferation ($p < 1.45^{-26}$) and cellular development ($p < 5.17^{-16}$). Genes bound by NeuroD1 also appear to be involved in organ

development ($p < 1.66^{-16}$), nervous system and development ($p < 9.08^{-16}$) and tissue development ($p < 4.01^{-15}$). A full list of genes involved in those pathways is listed in Supplementary Table 2B.

Genes bound by MafA are associated with infectious diseases, lipid metabolism, and general cellular processes and maintenance (Table 5). MafA disease-related networks are similar to that of Pdx1 and NeuroD1, comprising of genetic disorders ($p < 2.22^{-107}$), neurological diseases ($p < 7.43^{-83}$), gastrointestinal disease ($p < 8.19^{-67}$), and metabolic disease ($p < 4.96^{-62}$). Similarly, MafA-bound genes also appeared to be involved in general cellular regulatory activities, e.g. cell death ($p < 4.18^{-33}$), cellular growth and proliferation ($p < 2.47^{-25}$) and cellular development ($p < 7.43^{-21}$). Genes bound by MafA also are linked to in organ development ($p < 5.63^{-19}$), nervous system and development ($p < 4.39^{-17}$) and organismal survival ($p < 4.51^{-16}$). A full list of genes involved in those pathways is listed in Supplementary Table 2C.

The similarities in the biological networks and pathways identified suggests that Pdx1, NeuroD1 and MafA share common regulatory roles in maintaining the β -cell phenotype, by means of organ and nervous system development and cell cycle activities.

| Associated Network Functions | Network Score |
|--|---------------|
| Gene Expression, Cellular Assembly and Organization, Cellular Compromise | 20 |
| RNA Post-Transcriptional Modification, Protein Synthesis, Cellular Assembly and Organization | 20 |
| Dermatological Diseases and Conditions, Genetic Disorder, Hair and Skin Development and Function | 20 |
| RNA Post-Transcriptional Modification, Gene Expression, Protein Synthesis | 20 |
| Developmental Disorder, Genetic Disorder, Neurological Disease | 20 |

| Diseases and Disorders | p-value | # Molecules |
|----------------------------|----------|-------------|
| Genetic Disorder | 4.04E-75 | 4095 |
| Neurological Disease | 1.85E-57 | 2466 |
| Metabolic Disease | 6.39E-46 | 1766 |
| Gastrointestinal Disease | 2.39E-43 | 2450 |
| Endocrine System Disorders | 1.75E-39 | 1559 |

| Molecular and Cellular Functions | p-value | # Molecules |
|-----------------------------------|----------|-------------|
| Cell Death | 2.65E-32 | 1812 |
| Gene Expression | 5.76E-30 | 1313 |
| Cell Cycle | 4.31E-29 | 897 |
| Cellular Growth and Proliferation | 2.65E-20 | 1826 |
| Cellular Development | 9.39E-18 | 1576 |

| Physiological System Development and Function | p-value | # Molecules |
|---|----------|-------------|
| Organismal Survival | 1.17E-16 | 596 |
| Organismal Development | 3.80E-15 | 746 |
| Organ Development | 2.05E-13 | 617 |
| Nervous System Development and Function | 1.45E-12 | 1028 |
| Embryonic Development | 9.20E-12 | 473 |

Table 3. Top biological networks and pathways associated with Pdx1 target genes.

Pdx1 ChIP-Seq peaks were identified with MACS and IPA was used to generate this list of networks associated with its biological, molecular and cellular function, physiological system development and function. The score is a numerical value used to rank networks according to their degree of relevance to the network eligible molecules in the dataset.

| Associated Network Functions | Network Score | |
|---|---------------|--|
| Lipid Metabolism, Small Molecule Biochemistry, Vitamin and Mineral Metabolism | 20 | |
| Amino Acid Metabolism, Post-Translational Modification, Small Molecule Biochemistry | 20 | |
| Endocrine System Development and Function, Tissue Morphology, Cellular Growth and Proliferation | 20 | |
| Cellular Assembly and Organization, Cell Cycle, DNA Replication, Recombination, and Repair | 20 | |
| Gene Expression, Cardiovascular System Development and Function, Organ Development | 20 | |

| Diseases and Disorders | p-value | # Molecules |
|--------------------------|-----------|-------------|
| Genetic Disorder | 3.87E-104 | 4267 |
| Neurological Disease | 2.81E-77 | 2580 |
| Gastrointestinal Disease | 3.50E-64 | 2455 |
| Cardiovascular Disease | 1.59E-60 | 1656 |
| Metabolic Disease | 7.06E-56 | 1842 |

| Molecular and Cellular Functions | p-value | # Molecules |
|-----------------------------------|----------|-------------|
| Cell Death | 5.32E-31 | 1845 |
| Cellular Growth and Proliferation | 1.45E-26 | 1901 |
| Gene Expression | 8.58E-26 | 1264 |
| Cell Cycle | 1.16E-18 | 866 |
| Cellular Development | 5.17E-16 | 1638 |

| Physiological System Development and Function | p-value | # Molecules |
|---|----------|-------------|
| Organ Development | 1.66E-16 | 653 |
| Nervous System Development and Function | 9.08E-16 | 1116 |
| Tissue Development | 4.02E-15 | 1025 |
| Organismal Development | 1.95E-14 | 969 |
| Organismal Survival | 7.18E-14 | 594 |

Table 4. Top biological networks and pathways associated with NeuroD1 target genes.

NeuroD1 ChIP-Seq peaks were identified with MACS and IPA was used to generate this list of networks associated with its biological, molecular and cellular function, physiological system development and function. The score is a numerical value used to rank networks according to their degree of relevance to the network eligible molecules in the dataset.

| Associated Network Function | Network Score | |
|--|---------------|--|
| Infection Mechanism, Infectious Disease, Antigen Presentation | 22 | |
| RNA Post-Transcriptional Modification, Skeletal and Muscular System Development and Function, Tissue Development | 22 | |
| Cell-To-Cell Signaling and Interaction, Cellular Assembly and Organization, Cellular Function and Maintenance | 22 | |
| Lipid Metabolism, Small Molecule Biochemistry, Cellular Development | 22 | |
| Cell Morphology, Cellular Function and Maintenance, DNA Replication, Recombination, and Repair | 22 | |

| Diseases and Disorders | p-value | # Molecules |
|--------------------------|-----------|-------------|
| Genetic Disorder | 2.22E-107 | 3841 |
| Neurological Disease | 7.43E-83 | 2350 |
| Gastrointestinal Disease | 8.19E-67 | 2224 |
| Cardiovascular Disease | 2.24E-65 | 1522 |
| Metabolic Disease | 4.96E-62 | 1689 |

| Molecular and Cellular Functions | p-value | # Molecules |
|-----------------------------------|----------|-------------|
| Cell Death | 4.18E-33 | 1662 |
| Cellular Growth and Proliferation | 2.47E-25 | 1727 |
| Gene Expression | 2.12E-24 | 1129 |
| Cell Cycle | 5.60E-21 | 792 |
| Cellular Development | 7.43E-21 | 1498 |

| Physiological System Development and Function | p-value | # Molecules |
|---|----------|-------------|
| Tissue Development | 2.17E-20 | 900 |
| Organ Development | 5.63E-19 | 615 |
| Organismal Development | 2.30E-18 | 806 |
| Nervous System Development and Function | 4.39E-17 | 1035 |
| Organismal Survival | 4.51E-16 | 549 |

Table 5. Top biological networks and pathways associated with MafA target genes.

MafA ChIP-Seq peaks were identified with MACS and IPA was used to generate this list of networks associated with its biological, molecular and cellular function, physiological system development and function. The score is a numerical value used to rank networks according to their degree of relevance to the network eligible molecules in the dataset.

3.2.4. *PDX1*, *NEUROD1* AND *MAFA* REGULATE A COMMON SET OF GENES

I hypothesized that, as these transcription factors had commonalities in the function of the genes they bound to, similarities would also exist in the genes regulated by them. To test this hypothesis, RNA interference (RNAi) was performed for *Pdx1*, *NeuroD1* and *MafA* in biological quadruplicate to identify genes regulated upon each transcription factor knockdown. After 48 hours of RNAi, the expression of *Pdx1*, *NeuroD1* and *MafA* was decreased to 30%, 25%, and 5% respectively (Figure 24A). Corresponding decreases in the protein levels were also observed (Figure 24B).

In order to assess global gene expression changes in the RNAi samples, Illumina bead chip arrays were used. In response to the depletion of endogenous *Pdx1*, 570 genes were significantly regulated, of which 403 were up- and 167 down-regulated (± 1.5 fold, $p < 0.05$). In response to the depletion of *NeuroD1*, 1550 genes were significantly regulated, of which 946 were up- and 604 down-regulated (± 1.5 fold, $p < 0.05$). When *MafA* protein levels were reduced, 552 genes were significantly regulated, of which 341 were up- and 212 down-regulated (± 1.5 fold, $p < 0.05$). A complete list of genes in each of the microarray datasets is available in Supplementary Table 3.

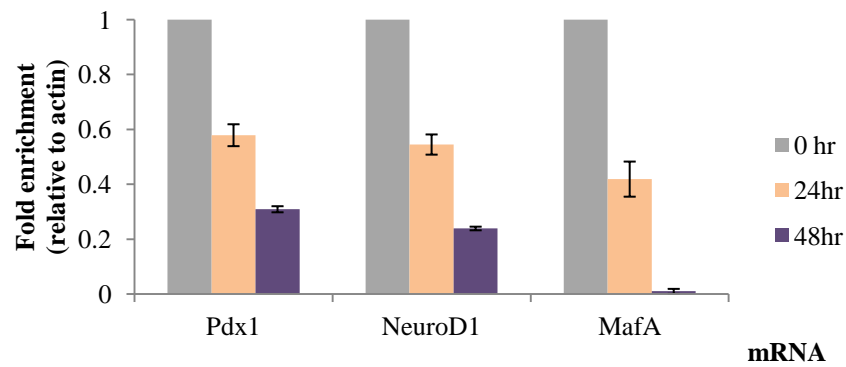
To look at how *Pdx1*, *NeuroD1* and *MafA* genes were co-regulated, genes that changed upon each transcription factor knockdown were overlapped (Figure 25) and compared. Strikingly, 834 genes were regulated by *NeuroD1* only, in comparison to the 175 and 151 regulated by *Pdx1* and *MafA* respectively. There was also a lesser number of genes found to be regulated by both *Pdx1* and *MafA* (39), when compared to *Pdx1* and *NeuroD1* (84) and *MafA* and *NeuroD1* (86).

The comparatively large number of *NeuroD1*-only genes suggested that *NeuroD1* had more indirect targets, which led me to ask whether the target genes of *NeuroD1* consisted of more

transcription factors, when compared to Pdx1 and MafA regulated genes. To address this, the genes identified to be regulated by Pdx1, NeuroD1 and MafA in the RNAi-depleted genes were overlapped with a list of 1700 known transcription factors (courtesy of Dr Shaym Pyrakar, Genome Institute of Singapore). 12.5% of NeuroD1 target genes were identified as transcription factors, compared to 8.5% in Pdx1 and MafA target genes (Table 6).

To gain insight into the biological processes regulated by Pdx1, NeuroD1 and MafA, the list of genes identified in the microarrays was uploaded into the PANTHER database²¹². In this analysis, the genes were clustered into functional themes and compared to the *Mus musculus* reference list to look for statistically over (+) and under (-) represented pathways. Out of all the pathways enriched, there were three broad categories: metabolic processes, developmental processes and cellular processes. Supplementary Table 4 provides the full lists of genes that are involved in each pathway. These annotations suggest that Pdx1, NeuroD1 and MafA interact in a similar fashion to co-regulate pathways involved in metabolic processes (e.g. protein metabolism, nucleoside metabolism, lipid metabolism), developmental processes (e.g. response to pheromones, system development), and cellular processes (e.g. signal transduction, vesicle-mediated transport, and cell cycle).

(A)



(B)

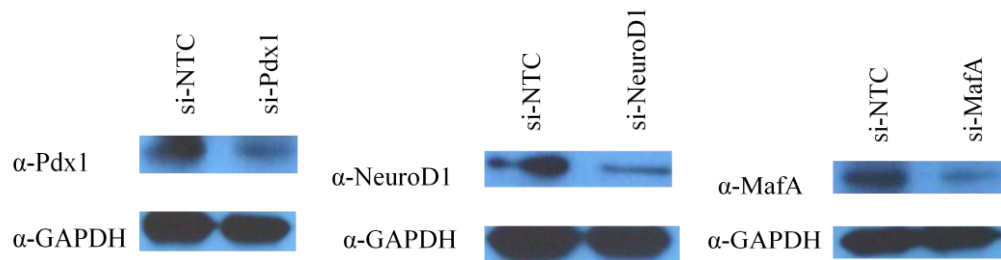


Figure 24. siRNA depletion of endogenous *Pdx1*, *NeuroD1* and *MafA* mRNA and protein levels. (A) *Pdx1*, *NeuroD1* and *MafA* levels were depleted by RNA interference using siRNA against each transcription factor in NIT-1 cells. RNA was harvested between 24hrs and 48hrs post-transfection and transcript levels assayed by RT-PCR. Mean values \pm S.E. are plotted as percentages relative to the non-targeting control (NTC) (100%). The siRNA experiments were performed in quadruplicate and normalized to endogenous β -actin. (B) Corresponding decrease in protein levels following *Pdx1*, *NeuroD1* and *MafA* RNAi treatment. Gapdh protein was used as a loading control.

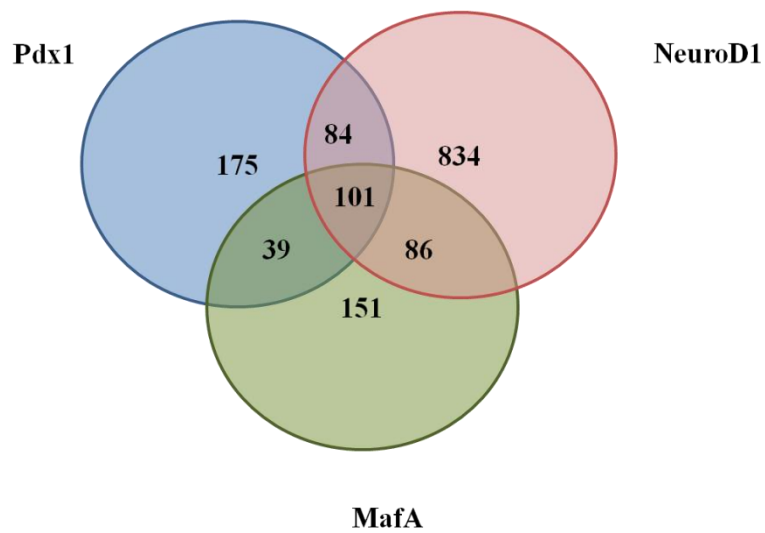


Figure 25. Significant overlap of Pdx1, NeuroD1 and MafA regulated genes. Pdx1, NeuroD1 and MafA RNAi genes regulated ± 1.5 fold show statistically significant overlap. NeuroD1-only regulated genes were much more than Pdx1-only and MafA-only regulated genes. (Gireesh Bogu performed the analysis.)

| Transcription factor | % of overlap with known transcription factors |
|-----------------------------|--|
| Pdx1 | 8.5% |
| NeuroD1 | 12.5% |
| MafA | 8.5% |

Table 6. NeuroD1 targets more transcription factors than Pdx1 and MafA.

The genes identified to be regulated by Pdx1, NeuroD1 and MafA in the RNAi-depleted genes were overlapped with a list containing 1700 known transcription factors (Dr Shaym Pyrakar). 12.5% of NeuroD1 target genes were identified as transcription factors. (Gireesh Bogu performed the analysis.)

| | Biological Process | <i>Mus musculus</i> REFLIST (26185) | Pdx1 | | NeuroD1 | | MafA | |
|-------------------------|---|--|----------|-------------------|----------|-------------------|----------|------------------|
| | | | Expected | +/- P value | Expected | +/- P value | Expected | +/- P value |
| Metabolic processes | Primary metabolic process | 9122 | 289 | 192.3 + 2.82E-17 | 393 | 252.91 + 1.93E-26 | 59 | 38.67 + 5.84E-05 |
| | Metabolic process | 9603 | 296 | 202.44 + 4.19E-16 | 406 | 266.25 + 5.03E-26 | 59 | 40.71 + 2.93E-04 |
| | Protein metabolic process | 3979 | 133 | 83.88 + 3.13E-08 | 178 | 110.32 + 4.08E-11 | 29 | 16.87 + 2.00E-03 |
| | Nucleobase, nucleoside, nucleotide and nucleic acid metabolic process | 4156 | 136 | 87.61 + 7.32E-08 | 187 | 115.23 + 6.35E-12 | 27 | 17.62 + 1.37E-02 |
| | Lipid metabolic process | 1266 | 50 | 26.69 + 2.13E-05 | 57 | 35.1 + 2.92E-04 | 5 | 5.37 + 5.50E-01 |
| Developmental processes | Developmental process | 3296 | 107 | 69.48 + 3.92E-06 | 126 | 91.38 + 1.29E-04 | 19 | 13.97 + 1.01E-01 |
| | Mitosis | 662 | 33 | 13.96 + 7.18E-06 | 38 | 18.35 + 3.04E-05 | 7 | 2.81 + 2.30E-02 |
| | System development | 2222 | 76 | 46.84 + 2.34E-05 | 88 | 61.61 + 5.21E-04 | 9 | 9.42 + 5.30E-01 |
| | Response to pheromone | 440 | 0 | 9.28 + 8.66E-05 | 0 | 12.2 + 4.54E-06 | 0 | 1.87 + 1.52E-01 |
| | Cellular process | 7133 | 228 | 150.37 + 7.37E-13 | 303 | 197.77 + 2.92E-17 | 46 | 30.24 + 8.59E-04 |
| Cellular processes | Intracellular signaling cascade | 1720 | 79 | 36.26 + 9.28E-11 | 86 | 47.69 + 1.28E-07 | 9 | 7.29 + 3.06E-01 |
| | Transport | 3009 | 111 | 63.43 + 3.77E-09 | 145 | 83.43 + 3.07E-11 | 20 | 12.76 + 2.77E-02 |
| | Cell communication | 5033 | 162 | 106.1 + 6.96E-09 | 207 | 139.54 + 9.83E-10 | 27 | 21.34 + 1.09E-01 |
| | Signal transduction | 4858 | 155 | 102.41 + 3.14E-08 | 198 | 134.69 + 5.68E-09 | 26 | 20.59 + 1.17E-01 |
| | Cell cycle | 2018 | 80 | 42.54 + 4.78E-08 | 104 | 55.95 + 1.04E-09 | 17 | 8.55 + 4.98E-03 |
| | Protein transport | 1687 | 70 | 35.56 + 6.84E-08 | 81 | 46.77 + 1.48E-06 | 13 | 7.15 + 2.66E-02 |
| | Intracellular protein transport | 1687 | 70 | 35.56 + 6.84E-08 | 81 | 46.77 + 1.48E-06 | 13 | 7.15 + 2.66E-02 |
| | Vesicle-mediated transport | 1202 | 46 | 25.34 + 9.48E-05 | 55 | 33.33 + 2.54E-04 | 9 | 5.1 + 6.98E-02 |
| | | | | | | | | |
| | | | | | | | | |

Table 7. PANTHER Biological process of significantly up/down-regulated genes upon knockdown of Pdx1, NeuroD1 and MafA.

Reflist - No. of genes from Reference list that clustered under specific Panther category.

Observed - No. of transcription factor target genes that clustered under specific category

Expected - No. of transcription factor target genes that were expected under specific category

Over/Under - No. of observed genes vs. expected (indication of over or underrepresentation)

P-value - Probability that the number of genes observed in this category occurred by chance

3.2.5. COMBINATORIAL REGULATION OF *PDX1*, *NEUROD1* AND *MAFA*

As the binding sites of the three transcription factors and their downstream target genes could be categorized into similar regulatory networks, and Pdx1, NeuroD1 and MafA are found to synergistically bind to and regulate the *Insulin* promoter¹²⁴, I hypothesized that these three transcriptional factors would combinatorially regulate other genes in the genome. As shown in Figure 23, Pdx1 and MafA had 657 peaks common only to them, Pdx1 and NeuroD1 had 2225 common only to them, and strikingly, there were 12508 peaks commonly bound by only NeuroD1 and MafA. There were 7470 peaks with all three transcription factors bound. Again, this suggests NeuroD1 and MafA have very similar binding patterns, as evidenced by their similarities in their identified motifs (Figure 22).

To look at genes that were dually or triply regulated by the transcription factors, I performed RNAi of combinations of transcription factors, i.e. Pdx1 and NeuroD1, Pdx1 and MafA, NeuroD1 and MafA, and Pdx1 NeuroD1 and MafA in biological quadruplicates. After 48 hours of RNAi, the expression of Pdx1 and NeuroD1 decreased to 30 and 43% respectively, the expression of *Pdx1* and *MafA* decreased to 40% and 20% respectively, and *NeuroD1* and *MafA* levels decreased to 40% and 15% respectively (Figure 26). The knockdown efficiency was reduced in the triple transfection efficiency despite optimization (data not shown), with *Pdx1*, *NeuroD1* and *MafA* mRNA levels remaining at 40-55% after 48 hours of RNAi. In order to assess global gene expression changes in the RNAi samples, Illumina bead chip arrays were used. In response to the depletion of endogenous *Pdx1* and *NeuroD1*, 1167 genes were significantly regulated ± 1.5 fold, $p < 0.05$. In response to the depletion of *Pdx1* and *MafA*, 2339 genes were significantly regulated ± 1.5 fold, $p < 0.05$. When *NeuroD1* and *MafA* mRNA levels were reduced, 1424 genes were significantly regulated ± 1.5 fold, $p < 0.05$. A complete list of genes in each of the microarray datasets is available in Supplementary Table 5 and 6.

To look at how Pdx1, NeuroD1 and MafA genes were co-regulated, genes that were changing upon each combination of transcription factor knockdown were overlapped (Figure 27) and compared. Strikingly, 1427 genes were regulated by the Pdx1-MafA only combination, in comparison to the 242 genes and 499 genes regulated by the Pdx1-NeuroD1 and NeuroD1-MafA combination respectively.

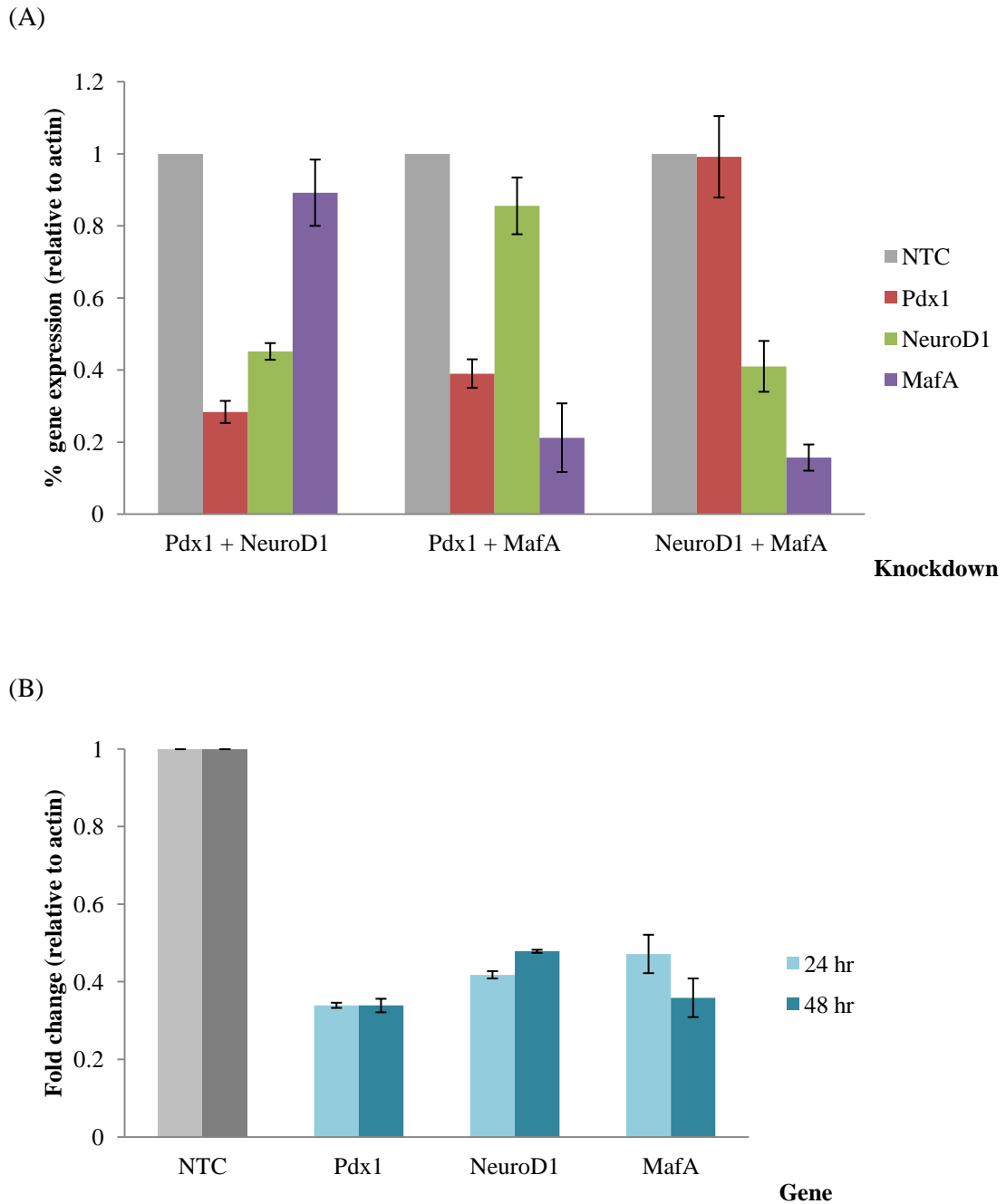


Figure 26. siRNA depletion of endogenous *Pdx1*, *NeuroD1* and *MafA* mRNA in combination with one another. (A) *Pdx1*, *NeuroD1* and *MafA* levels were depleted by RNA interference using siRNA against equimolar concentrations of *Pdx1* and *NeuroD1* siRNA, *Pdx1* and *MafA* siRNA, and *NeuroD1* and *MafA* siRNA in NIT-1 cells. RNA was harvested 48hrs post-transfection and transcript levels assayed by RT-PCR. Mean values \pm S.E. are plotted as percentages relative to NTC (100%). The siRNA experiments were performed in quadruplicate and normalized to endogenous β -actin. (B) *Pdx1*, *NeuroD1* and *MafA* were simultaneously depleted in equimolar concentrations by RNA interference. RNA was harvested 24 and 48hrs post-transfection and transcript levels assayed by RT-PCR. Mean values \pm S.E. are plotted as percentages relative to NTC (100%). The siRNA experiments were performed in quadruplicate and normalized to endogenous β -actin.

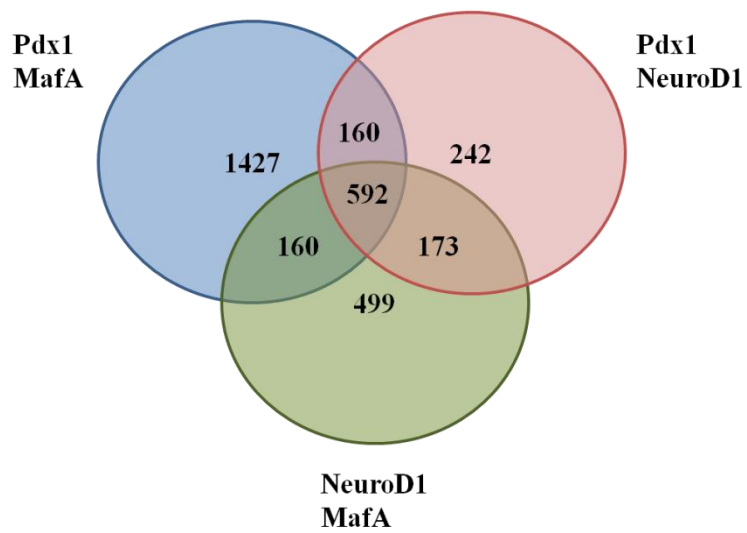


Figure 27. Overlap of Pdx1-MafA, Pdx1-NeuroD1 and NeuroD1-MafA regulated genes. Pdx1, NeuroD1 and MafA RNAi genes regulated ± 1.5 fold show significant overlap. (Gireesh Bogu performed the analysis.)

For ease of explanation in this manuscript, I use the term “regulated” for genes that changed expression (up- or down-regulated) in response to a transcription factor knockdown, while genes that show the binding of a transcription factor are termed as “bound”. To explore how combinatorial transcription factor binding correlated with changes in gene expression upon combinatorial transcription factor knockdown, the number of regulated genes (i.e. genes that change in response to single or double or triple knockdown of the transcription factors) were overlapped with genes that show transcription factor binding (i.e. the gene may be bound by one, two or all three transcription factors).

To achieve that, transcription factor ChIP-Seq peaks were resized to 65bp from peak center and peaks that were within ± 2 kb distance from a TSS were selected for this analysis. Genes with a Pdx1 binding site (00P) show the most change in expression in the single transcription factor knockdown experiments, be it Pdx1-depleted cells or NeuroD1-depleted cells or MafA-depleted cells (Figure 28A). There are also more genes going up upon each transcription factor knockdown, regardless of the transcription factor that is depleted. This suggests that in general, the three transcription factors are acting as repressors, rather than activators. A similar trend is seen with genes that have a NeuroD1 binding site (00N), but the number of genes changing expression in this group is less than those with a Pdx1 binding site. When there are NeuroD1 and MafA binding sites present (0MN), there are more genes changing in the NeuroD1-knockdown experiment. The presence of MafA alone (00M) appears to affect the regulation of genes to a smaller extent.

The same gene sets showing combinations of transcription factor binding sites as in Figure 28A were overlapped with genes found to be regulated by the double transcription factor knockdowns (Figure 28B). Similar to what was seen in Figure 28A, there are the most number of genes changing in all the double transcription factor knockdown experiments, be it Pdx1-NeuroD1-depletion or Pdx1-MafA-depletion or NeuroD1-MafA-depletion, as long as there is a Pdx1-binding site present (00P). Again, there are more genes are up-regulated instead of

down-regulated. There are also more number of genes changing in the double transcription factor knockdown that have a Pdx1 binding site (100 - 250) as compared to 50 – 170 in the single transcription factor knockdown. Genes with both NeuroD1 and MafA binding sites (0MN) and those with just NeuroD1 binding sites (00N) also showed an increase in the number of genes that they were regulating (50-100), when compared to 0MN and 00N in the single transcription factor knockdown (10-50 genes). The similarities in behavior of 00N and 0MN could be partly due to the similarities in the binding sites of NeuroD1 and MafA, as previously identified (Figure 22).

When genes bound by transcription factor binding sites were overlapped with genes regulated by the triple transcription factor knockdown (Figure 28C), genes with a Pdx1 binding site (00P) showed the most number of genes changing, as observed previously. The number of genes that changed were fewer than that observed in the double knockdown (130 up- and down-regulated, compared to 100 – 250 up- and down-regulated), perhaps due to the lesser degree of efficiency in the knockdown levels of Pdx1, NeuroD1 and MafA in the triple knockdown experiment (Figure 28B).

Taken together, Figure 28 shows that genes containing Pdx1 binding sites in their promoters display maximal differential expression in the single, double or triple knockdown experiments. There are also more genes going up upon each transcription factor knockdown, regardless of the transcription factor that is depleted, suggesting that these transcription factors act more as repressors than activators.

To tease apart the relationship between genes that are bound and regulated by the transcription factor combinations, the fraction of bound genes [termed B, i.e. genes that show transcription factor binding in the gene promoter (\pm 2kb from TSS)] that are regulated [i.e. genes that are bound by a transcription factor and show differential expression upon transcription factor knockdown (termed BR)] was expressed as a percentage (i.e. $BR \times 100/B$), and plotted as a

heatmap (Figure 29). This was to gain insight into the genes that are most responsive to transcription factor binding. The x-axis indicates the number of genes regulated, as identified in the microarray data from siRNA-depleted transcription factors. The y-axis indicates transcription factor binding sites (TFBS) in various combinations. The colors indicate percentage of genes that are bound and regulated (BR), as a fraction of the total number of bound genes (BR/B), with red being the most (10%), yellow being in the middle (6-8%) and blue being the least (<4%). There were three distinct clusters of genes: the Pdx1-MafA, Pdx1-NeuroD1, and NeuroD1-MafA cluster (red), the NeuroD1 and Pdx1-NeuroD1-MafA regulated gene cluster (yellow), and the Pdx1 and MafA alone regulated gene cluster (blue). Genes that are triply and doubly bound have the highest percentage of genes that are regulated by the double transcription factor knockdown (red cluster), while a lesser percentage of genes are regulated by NeuroD1 or all three transcription factors (yellow cluster). The Pdx1 and MafA single transcription factor knockdowns have the lowest percentage of BR genes (blue cluster). This indicates that the triply bound genes have the highest effect on regulated genes, compared to the doubly and singly bound genes.

The highest percentage of genes regulated is those in the double knockdown, irrespective of whether the gene is bound by single, double or all three transcription factors. The fact that the doubly and triply bound genes show a high BR/B value is not merely an artifact of the lesser number of doubly and triply bound genes (i.e. lesser number of genes in the denominator (B) would inflate the value of BR/B). If that were the case, only the triply bound genes would show the highest percentage of BR/B, because the number of genes triply bound is the fewest of all the bound combinations of genes. However, the data shows that a high percentage of BR is also observed in double knockdown genes that are doubly and singly bound.

Of the single transcription factor regulated genes, NeuroD1-regulated genes had a higher percentage of bound genes (6-8%) compared to Pdx1 and MafA (<4%). This could be due to the fact that 12.5% of NeuroD1-regulated genes were transcription factors (Table 6), as

compared to 8.5% of Pdx1 and MafA target genes. This higher proportion of transcription factors in NeuroD1-regulated genes suggests that NeuroD1 mediates downstream gene expression changes via other transcription factors. The effect of the genes regulated by the triple knockdown was less than those regulated by the double knockdown (Figure 29). This is perhaps due to the lesser degree of efficiency in the knockdown levels of *Pdx1*, *NeuroD1* and *MafA* in the triple knockdown experiment.

Taken together, this figure shows that triply bound genes have the most effect on gene regulation, followed by genes that are doubly bound by transcription factors. Genes bound by a single transcription factor have a fewer percentage of regulated genes.

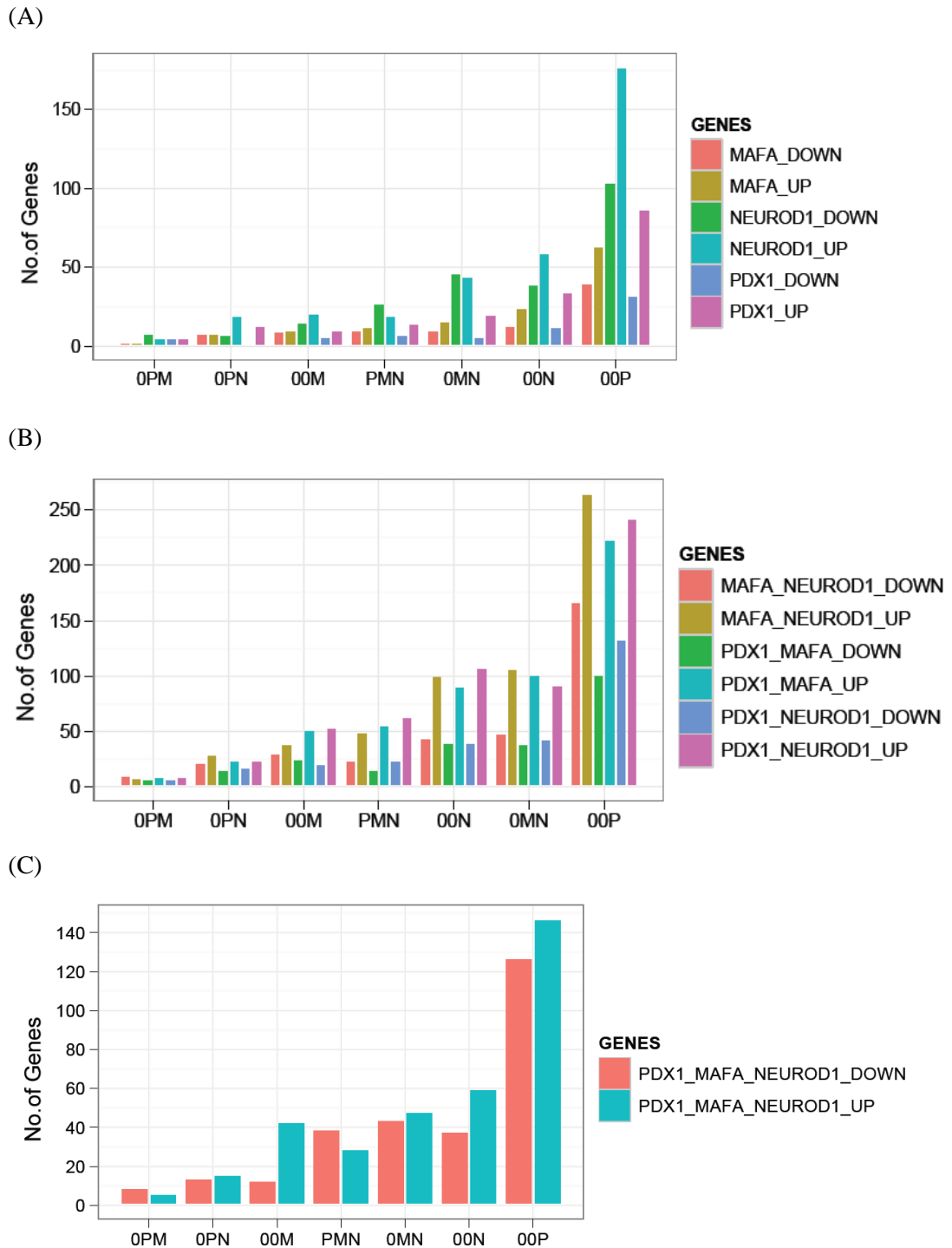


Figure 28. Genes containing Pdx1 binding sites have the most effect on regulated genes. Transcription factor peaks at the nearest gene promoter (± 2 kb from TSS) were resized to 65bp peaks (± 65 bp from peak center) and overlapped with genes identified to be regulated in single (A), double (B) and triple (C) transcription factor knockdowns. 00P: Pdx1 binding sites, 00M: MafA binding sites, 00N: NeuroD1 binding sites; 0PM: Pdx1 and MafA binding sites, 0PN: Pdx1 and NeuroD1 binding sites, 0MN: MafA and NeuroD1 binding sites; PMN: Pdx1, MafA and NeuroD1 binding sites. y axis = number of genes regulated, as identified in the microarray of siRNA-depleted transcription factor, x axis = transcription factor binding sites. Genes containing Pdx1 binding sites in their promoters display maximal differential expression in the single, double or triple knockdown experiments. There are also more genes going up upon each transcription factor knockdown, regardless of the transcription factor that is depleted, suggesting that these transcription factors act more as repressors than activators. (Gireesh Bogu performed the analysis.)

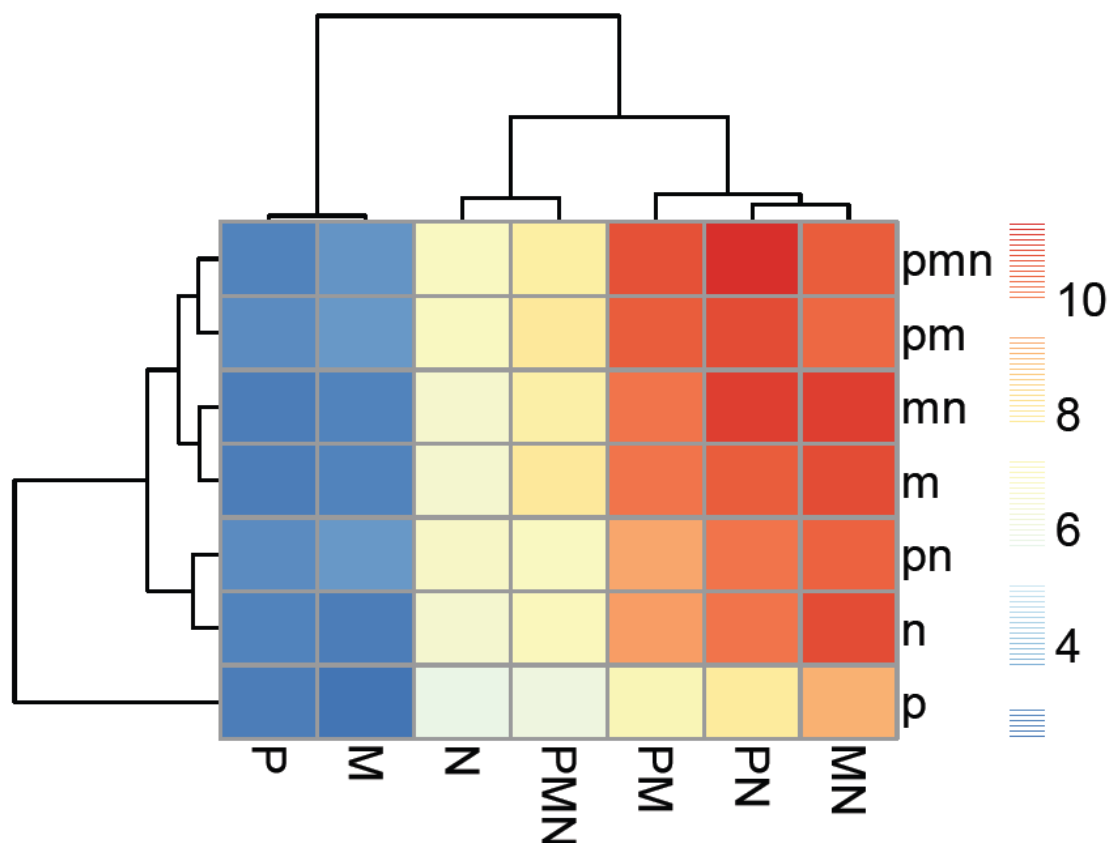


Figure 29. Triply bound genes have the highest effect on regulated genes, compared to the doubly and singly bound genes. The fraction of bound genes [termed B, i.e. genes that show transcription factor binding in the gene promoter (± 2 kb from TSS)] that are regulated [i.e. genes that are bound by a transcription factor and show differential expression upon transcription factor knockdown (termed BR)] was expressed as a percentage (i.e. $BR \times 100/B$), and plotted as a heatmap. The x-axis indicates the number of genes regulated, as identified in the microarray of siRNA-depleted transcription factor. The y-axis indicates transcription factor binding sites in various combinations. The colors indicate percentage of genes that are bound and regulated (BR), as a fraction of the total number of bound genes (BR/B), with red being the most (10%), yellow being in the middle (6-8%) and blue being the least (<4%). Triply bound genes have the most effect on gene regulation, followed by genes that are doubly bound by transcription factors. Genes bound by a single transcription factor have a fewer percentage of regulated genes. (Dr Akshay Bhinge suggested this analysis and Gireesh Bogu performed it.)

3.3. DISCUSSION

3.3.1. THE *PDX1*, *NEUROD1* AND *MAFA* GENOMIC BINDING LANDSCAPE

Pdx1 and NeuroD1 co-occupy 440 genomic loci⁸⁶, suggesting that a significant fraction of Pdx-1 and NeuroD1 binding sites exist within regulatory modules, where they may control gene expression in a synergistic manner. However, it was unknown whether MafA interacts at similar loci to co-regulate genes important for β -cell function, as no genome-wide binding studies have been performed for MafA. Besides, the Pdx1 and NeuroD1 experiments were carried out on custom-made promoter arrays which contained promoter elements, enhancers and highly conserved regions, genomic elements that represent miRNAs, and putative regulatory elements identified through serial analysis of chromatin occupancy (SACO). Therefore, there is bias in the data due to the pre-selection of putative binding sites, repeat masking of the arrays, and less sensitivity due to a lack in base-pair resolution of binding sites. With new generation ChIP-Seq technology, these shortcomings are overcome as sensitivity and statistical certainty can be adjusted to detect rare DNA-protein interaction sites. The accuracy is also not limited by the spacing of pre-determined probes, and binding affinities of a protein to different regions of DNA can be compared²¹³. As such, to address my hypothesis that Pdx1, NeuroD1 and MafA were bound at similar and dissimilar sites across the genome, I performed ChIP-Seq with chromatin isolated from the β -cell line NIT-1, with Pdx1, NeuroD1 and MafA antibodies.

23132 peak regions were identified to be Pdx1-bound, 31031 peak regions NeuroD1-bound and 24108 peak regions MafA-bound (Table 2). Pdx1 shows very high relative enrichment in promoters, with 17.3% of ChIP regions enriched at the promoter compared 6.4% in NeuroD1 and 5.7% in MafA (Figure 19). MafA regulates the Pdx1 promoter in β -cells¹²², and it was not previously known if other co-regulatory process occur. I have shown that Pdx1, NeuroD1 and MafA bound to one another's promoters, along with the *Insulin* promoter (Figure 15). The

Pdx1, NeuroD1 and MafA peaks are enriched around all three peak centers, suggesting they associated strongly with one another (Figure 21).

The transcription factor motifs found to be enriched by HOMER (Figure 22) demonstrated that the ChIPs were robust and of good quality. HOMER is a *de novo* motif discovery algorithm that scores motifs by looking for motifs with differential enrichment between two sets of sequences, the first being the target sequences of interest (i.e. the ChIP-Seq dataset) and the second being a set of background sequences (i.e. whole genome background)¹⁸⁹. *De novo* motif discovery is a more unbiased method of motif discovery than known motif scanning, which involves finding all the known motifs in a sequence. The distinction between our *de novo* motif discovery and traditional *de novo* motif discovery is that in the former, all the ChIP-Seq peaks are input into HOMER, and in the latter, the top several hundred ChIP-Seq peaks with highest p values are used. Therefore, our method of *de novo* motif discovery is a more stringent and robust method of identifying motifs enriched in the dataset. Enrichment values reported by HOMER should be extremely significant, $\ll 10^{-50}$, and the p values of these motifs I identified were far more significant.

The known Pdx1 motif was identified in my Pdx1 ChIP-Seq dataset, with a p value of 10^{-260} . The motifs for NeuroD1 and MafA were almost identical, with highly significant p values of 10^{-3395} and 10^{-3104} respectively. It is noteworthy that they had such similarities, probably due to the large overlaps in the number of binding sites (Figure 23). Interestingly, the motif for the transcription factor Atoh1 came up on top (p value 10^{-3395}). Like NeuroD1, Atoh1 is a bHLH transcription factor that activates E-box dependent transcription. Apart from its role in endodermal development and pancreatic function, Neurod1 is also crucial for mediating the differentiation of cerebellar granule cells downstream of Atoh1-mediated proliferation of the precursors²¹⁴ and has recently been shown to be a direct target of Atoh1 in the developing brain²¹⁵. Another motif that was highly enriched in the NeuroD1 and MafA ChIP-Seq datasets is E2A, with p values of 10^{-554} and 10^{-547} respectively. The E2A gene encodes transcription

factors of the bHLH family which are implicated in cell-specific transcriptional control in several cell lineages. The second domain (located between amino acids 369 and 485) functions preferentially in pancreatic β -cell lines, showing a pattern of heptad repeats of leucine residues characteristic of bLZ transcription factors²¹⁶. Therefore, the selective properties of this activation domain may contribute to cell-specific transcription directed by the E2A gene. NeuroD1 itself is unable to bind DNA and functions in a complex with the more generally distributed E2A (i.e. E47, E12, E2-5)-encoded proteins²¹⁷, and the presence of a tissue-enriched and a ubiquitously distributed bHLH factor in the activator complex is characteristic of other tissue-specific members of this family, the best characterized of which are involved in myogenic²¹⁸ and neuronal differentiation²¹⁹. These activators bind to the consensus sequence CANNTG (E-box), with hetero-dimerization increasing DNA binding and activation capacity. NeuroD1-directed transcription of *Insulin* has been shown to occur via the E-box within the *Insulin* promoter^{97,107}. Taken together, these results confirm that majority of the binding sequences are relevant for Pdx1, NeuroD1 and MafA.

3.3.2. *PDX1, NEUROD1 AND MAF A REGULATE BIOLOGICALLY SIMILAR NETWORKS*

There were many more Pdx1-only peaks (12780) when compared to NeuroD1 and MafA (8828 and 3743) (Figure 23). Strikingly, 12508 peaks were bound by both MafA and NeuroD1, compared to 657 peaks common to both Pdx1 and MafA and 2225 to Pdx1 and NeuroD1. This suggests that Pdx1 is acting more independently, with MafA and NeuroD1 having very similar and possibly redundant roles. A more independent role of Pdx1 would also concur with the fact that 17% of Pdx1 peaks were found in promoter regions, compared to NeuroD1 and MafA. When Pdx1, NeuroD1 and MafA were depleted, most genes were changing upon NeuroD1 depletion (1550), in comparison to Pdx1 (570) and MafA (522). To look at how Pdx1, NeuroD1 and MafA genes were co-regulated, genes that were changing upon each transcription factor knockdown were overlapped and compared (Figure 25). In line with the fact that depletion of NeuroD1 had more effect on target genes, 834 genes were

regulated by NeuroD1 only, in comparison to the 175 and 151 regulated by Pdx1 and MafA respectively. This suggests that NeuroD1 is acting in an indirect manner. In all three cases, there was a greater number of genes being up-regulated upon knock-down, indicating that these transcription factors had a generally more repressive role on their target genes, rather than activating.

To shed biological insight into the network of genes bound and regulated by Pdx1, NeuroD1 and MafA, the ChIP-Seq peaks and siRNA-microarray genes were uploaded into IPA and PANTHER. Genes targeted by Pdx1, NeuroD1 and MafA were over-represented in highly significant pathways including those involved in metabolic processes (e.g. protein metabolism, nucleoside metabolism, lipid metabolism), developmental processes (e.g. response to pheromones, organ and nervous system development), and cellular processes (e.g. signal transduction, vesicle-mediated transport, cell cycle, cell death, cellular growth and proliferation) (Tables 3-5). These annotations suggest that Pdx1, NeuroD1 and MafA all interact in a similar fashion to common regulatory roles in maintaining the β -cell phenotype, by means of regulating metabolic activities, organ development and cell cycle activities.

3.3.3. COMBINATORIAL BINDING OF PDX1, NEUROD1 AND MAFA

As the binding sites of Pdx1, NeuroD1 and MafA and the genes they regulated categorized into similar regulatory networks, and these three transcription factors synergistically bind to and regulate the *Insulin* promoter¹²⁴, I hypothesized that these three transcriptional factors would combinatorially regulate other genes in the genome. To explore how combinatorial transcription factor binding correlated with changes in gene expression upon combinatorial transcription factor knockdown, the number of regulated genes that had any combination of a transcription factor was overlapped with the genes identified to be changing upon each combination of transcription factor knockdown. Genes containing Pdx1 binding sites in their promoters display maximal differential expression in the single, double or triple knockdown

experiments (Figure 28). There are also more genes going up upon each transcription factor knockdown, regardless of the transcription factor that is depleted, suggesting that these transcription factors act more as repressors than activators. The highest percentage of genes regulated is those in the double knockdown, irrespective of whether the gene is bound by single, double or all three transcription factors (Figure 29). Of the single transcription factor regulated genes, NeuroD1-regulated genes had a higher percentage of bound genes (6-8%) compared to Pdx1 and MafA (<4%). This could be due to the fact that 12.5% of NeuroD1-regulated genes were transcription factors (Table 6), as compared to 8.5% of Pdx1 and MafA target genes. This higher proportion of transcription factors in NeuroD1 regulated genes suggests that NeuroD1 mediates downstream gene expression changes via other transcription factors. Taken together, these figures show that while Pdx1 on its own had the most effect on gene regulation, triply and doubly bound genes have more effect on gene regulation.

3.4. SUMMARY

There is increasing evidence that transcription factors act synergistically to achieve normal pancreatic development and function. Rapid progress has been made to elucidate regulatory mechanisms controlled by key β -cell genes. In this chapter, I have looked at the transcription network regulated by Pdx1, NeuroD1 and MafA. I have shown that they are involved in regulating metabolic processes, developmental processes and cellular processes. Of the three transcription factors, Pdx1 appears to be the dominant one, while NeuroD1 has more of an indirect role in regulating β -cell genes. When the three transcription factors are bound at the same gene, there is most effect on gene regulation. Improving our knowledge of these important transcription factors, establishing their hierarchy, identifying and characterizing novel transcription factors, and ultimately regulating their expression to ensure glucose homeostasis may be the key to prevent or correct β -cell dysfunction.

CHAPTER 4:

**PDX1, NEUROD1 & MAFA
TARGET GENES HAVE
FUNCTIONAL EFFECTS ON THE
BETA-CELL PHENOTYPE**

4.1. INTRODUCTION

Transcription factors play an important role in pancreatic β -cell development and function. This is manifested clinically by the MODY syndromes, in which heterozygous mutations in HNF4 α , HNF1 α , PDX1, HNF1 β and NEUROD1 cause progressive impairments in insulin secretion and the eventual development of diabetes mellitus⁹⁰. To understand how β -cell transcription factors might regulate β -cell function, it is often useful to think of these factors as forming a network that ultimately activates a set of unique β -cell genes (e.g. *Ins*, *Glut2*, *Iapp* or *Gck*). The main function of the mature β -cell is to respond appropriately with the secretion of insulin, to the fluctuating levels of blood glucose. This is mediated and controlled by many factors, of which Pdx1, NeuroD1 and MafA are a few.

Pdx1 mediates the adaptive responsiveness of β -cells to changes in extra-cellular glucose concentrations by regulating expression levels of glucose sensors, such as the aforementioned *Glut2*⁹¹ and *Gk*⁹², and through the activation of glucose responsive enhancers within the Insulin promoter, in conjunction with other transcriptional functions. It also controls the expression of *Syt1*, *Nkx6.1*⁹⁴, itself⁸⁶, and also functions downstream of the insulin signaling pathway in the regulation of β -cell mass⁸⁵. However, the number of target genes is certainly much greater, as *Pdx1*^{-/-} mice display pleiotropic phenotypes⁹⁵. NeuroD1 is implicated in the regulation of insulin secretion via modulation of the expression of ion channel transporters and channels⁸⁶ e.g. *Nna*¹¹³ and *Sur1*, which forms potassium channels with Kir6.2¹¹¹. The mis-expression of NeuroD1 in a human fetal epithelial cell line induced the expression of several genes required for vesicular trafficking and exocytosis, including *Sec24D*, *Snap25*, *Stx1* and *Munc18*¹¹⁴. This finding suggests that NeuroD1 may regulate insulin exocytosis in pancreatic β -cells by directly inducing the expression of genes involved in exocytosis. In contrast to Pdx1 and NeuroD1, β -cell development does not appear to be affected in MafA deficient mice, although adult mutant animals are glucose intolerant due to diminished *Insulin* transcription and impaired GSIS, decreased β -cell number and altered islet architecture⁴³.

MafA appears to also play a role in mediating the expression of *grauphilin*, *adiponectin*, *Glut2*, *Nkx6.1*, *Pdx1*¹²², *pyruvate carboxylase*, and *prohormone convertase 1/3*³².

As Pdx1, NeuroD1 and MafA have been shown to co-regulate many genes of similar biological functions (Chapter 3), **I hypothesized that the genes bound to and regulated by all three transcription factors would play an important role in the main function of the mature β -cell, which is to secrete insulin in response to glucose.** To address this question, I decided to study in greater detail 16 genes that were: (1) Bound by all three transcription factors and (2) had a change in gene expression upon depletion of each transcription factor. I hypothesized that, if these Pdx1 NeuroD1 and MafA target genes were important in maintaining the insulin secretory response, depletion of their expression in β -cells would result in impaired ability to respond to glucose, as determined by a GSIS assay. I also looked at changes in expression of critical genes involved in the GSIS response to better understand the molecular mechanisms behind the effects of these genes.

4.2. RESULTS

4.2.1. PDX1, NEUROD1 AND MAF A REGULATE THEIR TARGET GENES

In order to test my hypothesis that downstream target genes of Pdx1, NeuroD1 and MafA are of functional importance to the mature β -cell, I sought to test the effects of their depletion on NIT-1 cells. I selected 16 genes (Table 8) from an overlap of genes commonly bound by Pdx1, NeuroD1 and MafA, that also had expression changes upon each transcription factor knockdown in the microarray. Most of these genes had no previous known function or role in the pancreatic β -cell, and have not been well characterized in other cell types. They are: *Extracellular leucine-rich repeat and fibronectin type III domain containing (Elfn)-2*, *Exocyst complex component (Exoc)-4*, *Integrin β 1 binding protein (melusin) (Itgb1bp)-2*, *Glucosaminyl (N-acetyl) transferase 2 I-branching enzyme (I blood group) (Gcnt)-2*, *Salt-inducible kinase (Sik)-2*, *Protein phosphatase 1 regulatory (inhibitor) subunit (Ppp1r)-3a*, *Septin7*, *Aldolase B fructose-bisphosphate (Aldob)*, *Histone cluster 1 (Hist1)-H1c*, *ATPase Na⁺/K⁺ transporting β 1 polypeptide (Atp1b1)*, *Solute carrier family 1 (glial high affinity glutamate transporter) member 2 (Slc1a2)*, *Complexin (Cplx)-2*, *Coagulation factor XIII A1 polypeptide (F13a1)*, *Src homology 2 domain containing transforming protein (Shc)-3*, *TSPY-like (Tspyl)-4*, and *BEN domain containing (Bend)-7*.

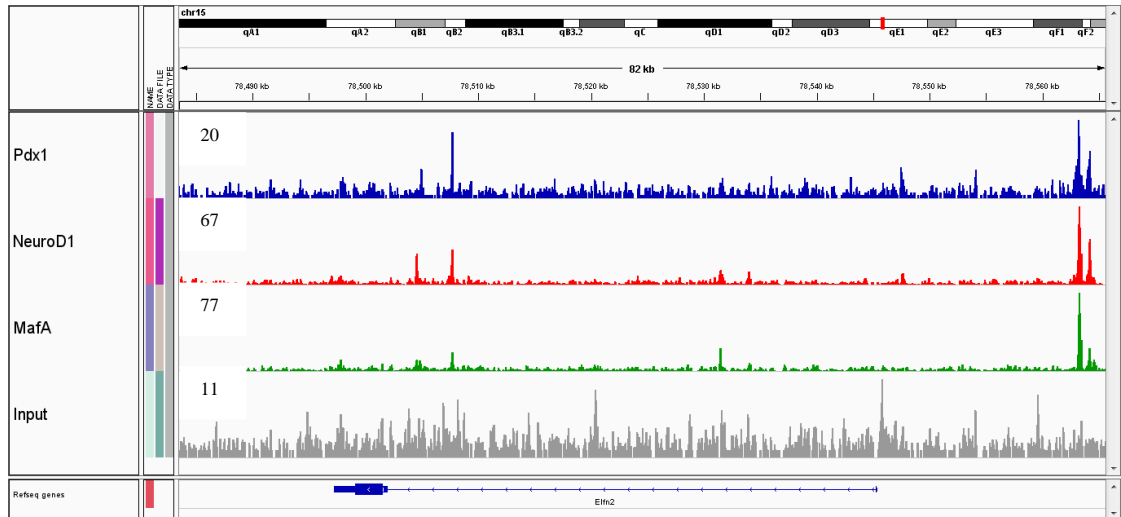
I verified they were bound by the transcription factors and had changes in gene expression in response to each transcription factor knockdown. Figure 30 and the heatmap in Figure 31, shows they were all bound by Pdx1, NeuroD1 and MafA relative to the control input library, and all had either increases or decreases in gene expression both on the microarray and by qPCR validation. E.g. in Figure 30A, Pdx1, NeuroD1 and MafA have peaks approximately 1kb upstream of the *Elfn2* TSS, with peak heights of 20, 67 and 77 respective to the input control library which has non-specific peaks of 11 in that same region. These results together confirm that the target regions selected for functional characterization are indeed occupied and regulated individually by Pdx1, NeuroD1 and MafA in the mouse NIT-1 β -cell line.

| Gene | Bound by Pdx1 NeuroD1 and MafA, with ↑/↓ in each TF siRNA (log2) | Function |
|-----------------|--|--|
| <i>Elfn2</i> | ↑ 1.55 | Expressed in pancreas. Nothing known about it. |
| <i>Exoc4</i> | ↑ 1.73 | A multiple protein complex essential for targeting exocytic vesicles to specific docking sites on the plasma membrane ²²⁰ . Polymorphisms identified in T2DM patients ²²¹ . |
| <i>Itgb1bp2</i> | ↑ 2.13 | Lowly expressed in pancreas. May play a role during maturation and/or organization of muscle cells ²²² . |
| <i>Gcnt2</i> | ↑ 2.03 | Closely associated with the development and maturation of erythroid cells ²²³ . Identified as a down-regulated target of miRs expressed highly in pancreatic islet-like cell clusters differentiated from human embryonic stem cells ²²⁴ . |
| <i>Sik2</i> | ↑ 1.53 | Phosphorylates Ser-794 of IRS1 in insulin-stimulated adipocytes, potentially modulating the efficiency of insulin signal transduction ²²⁵ . |
| <i>Ppp1r3a</i> | ↑ 1.53 | Plays an important role in glycogen synthesis but is not essential for insulin activation of glycogen synthase ²²⁶ . A common variant is associated with insulin resistance and T2DM ²²⁷ . |
| <i>Septin7</i> | ↓ 1.53 | E2F1/2 responsive genes in the pancreas, including Septin 2 and 7, are typically regulated at G2/M in the cell cycle ²²⁸ . Filament-forming cytoskeletal GTPase and required for normal organization of the actin cytoskeleton ²²⁹ . Involved in cytokinesis ²³⁰ . |
| <i>Aldob</i> | ↑ 1.31 | Glycolytic enzyme that catalyzes the reversible conversion of fructose-1,6-bisphosphate to glyceraldehyde 3-phosphate and dihydroxyacetone phosphate ²³¹ . Highly expressed in liver. Regulated by HNF4α in the pancreas ²³² . |
| <i>Hist1H1c</i> | ↓ 1.15 | Histones H1 are necessary for the condensation of nucleosome chains into higher order structures ²³³ . |
| <i>Atp1b1</i> | ↑ 1.53 | This is the non-catalytic component of Na ⁺ /K ⁺ -ATPase, which catalyzes the hydrolysis of ATP coupled with the exchange of Na(+) and K(+) ions across the plasma membrane. The β subunit regulates, through assembly of α/β heterodimers, the number of sodium pumps transported to the plasma membrane ²³⁴ . |

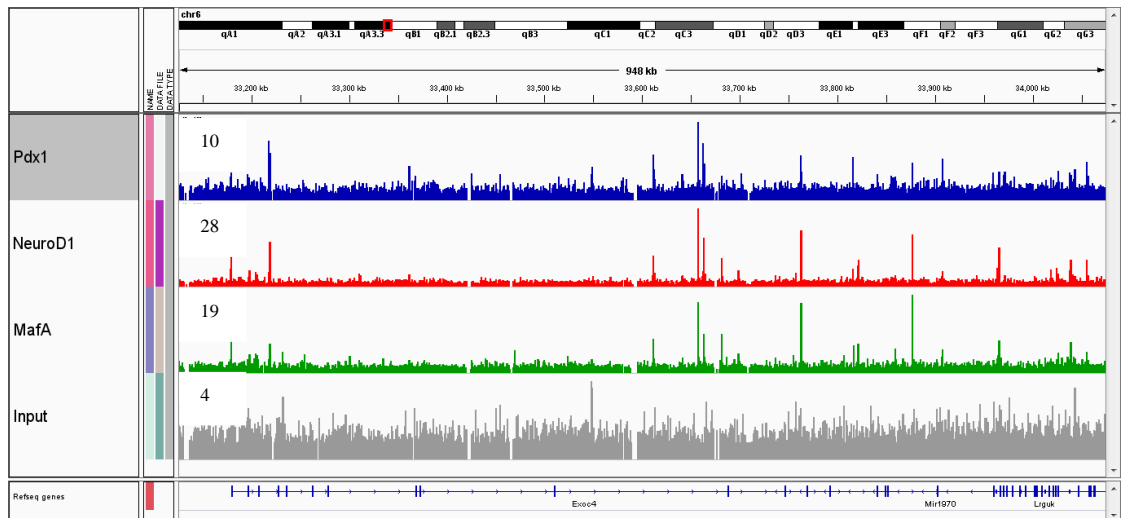
| Gene | Bound by Pdx1 NeuroD1 and MafA, with ↑/↓ in each TF siRNA (log2) | Function |
|---------------|--|---|
| <i>Slc1a2</i> | ↓ 1.44 | Transports L-glutamate, L- and D-aspartate, essential for terminating the postsynaptic action of glutamate by rapidly removing released glutamate from the synaptic cleft ²³⁵ . Expressed in pancreatic β-cells and prevents glutamate-induced β-cell death ²³⁶ . |
| <i>Cplx2</i> | ↑ 1.73 | Positively regulates a late step in synaptic vesicle exocytosis ²³⁷ . |
| <i>F13a1</i> | ↓ 1.68 | Encodes the coagulation factor XIII A subunit, which is the last zymogen to become activated in the blood coagulation cascade ²³⁸ . |
| <i>Shc3</i> | ↓ 1.84 | Expressed in brain and pancreas. Signaling adapter that couples activated growth factor receptors to signaling pathway in neurons ²³⁹ . |
| <i>Tspy14</i> | ↓ 1.9 | Nothing known about it. |
| <i>Bend7</i> | ↓ 1.37 | Nothing known about it. |

Table 8. Genes bound and regulated by Pdx1, NeuroD1 and MafA.

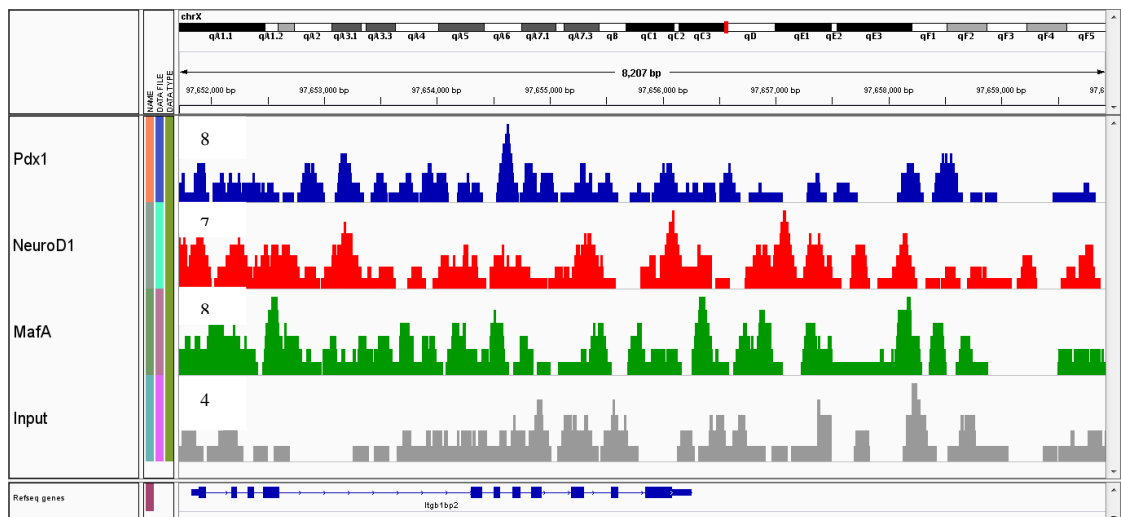
(A) Elfn2



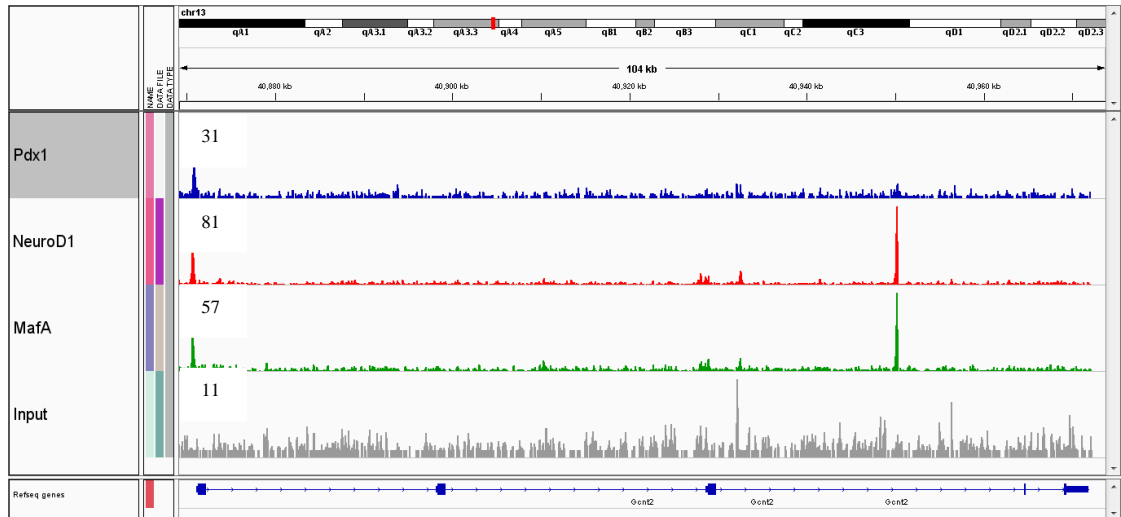
(B) Exoc4



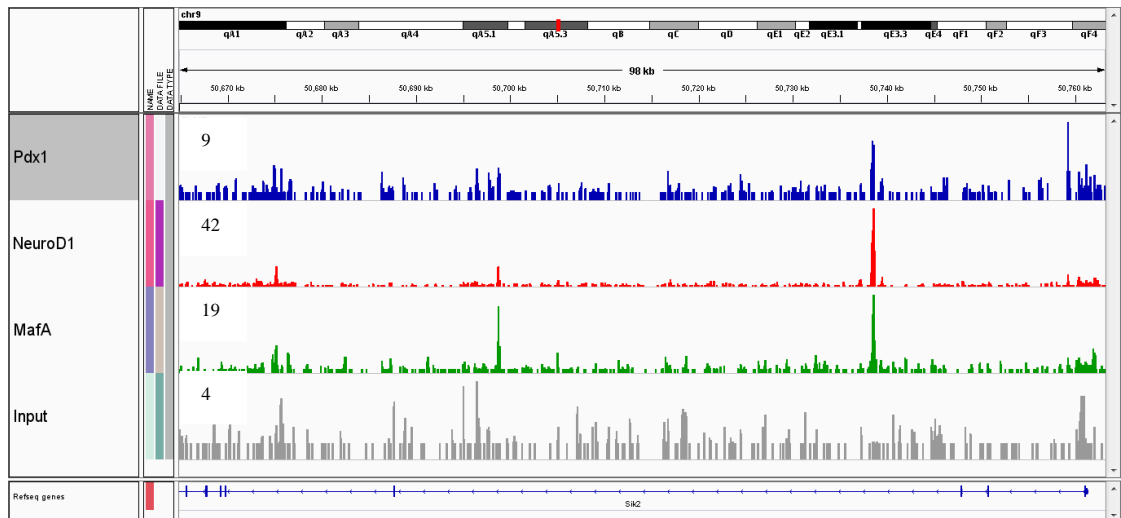
(C) Itgb1bp2



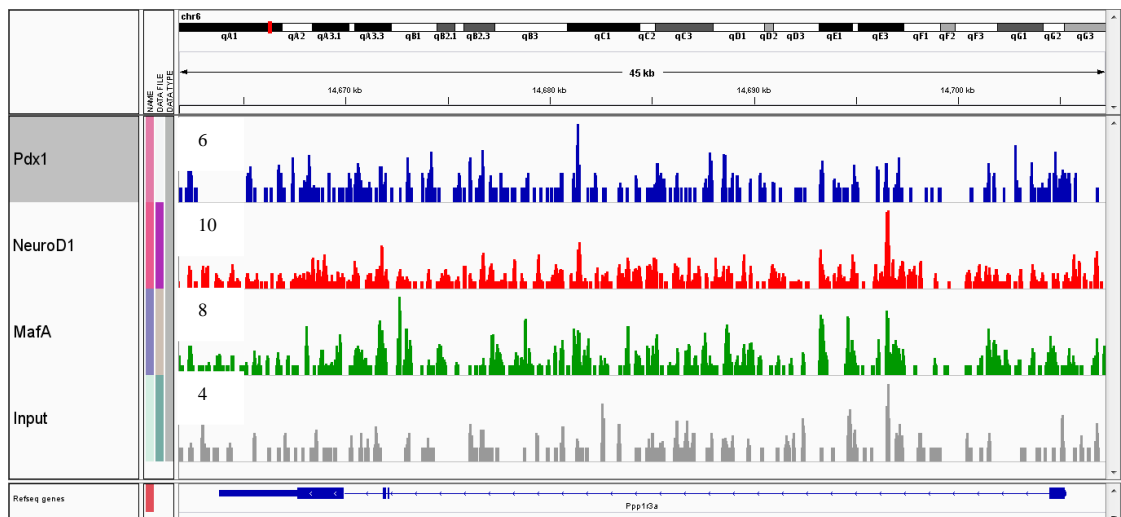
(D) *Gcnt2*



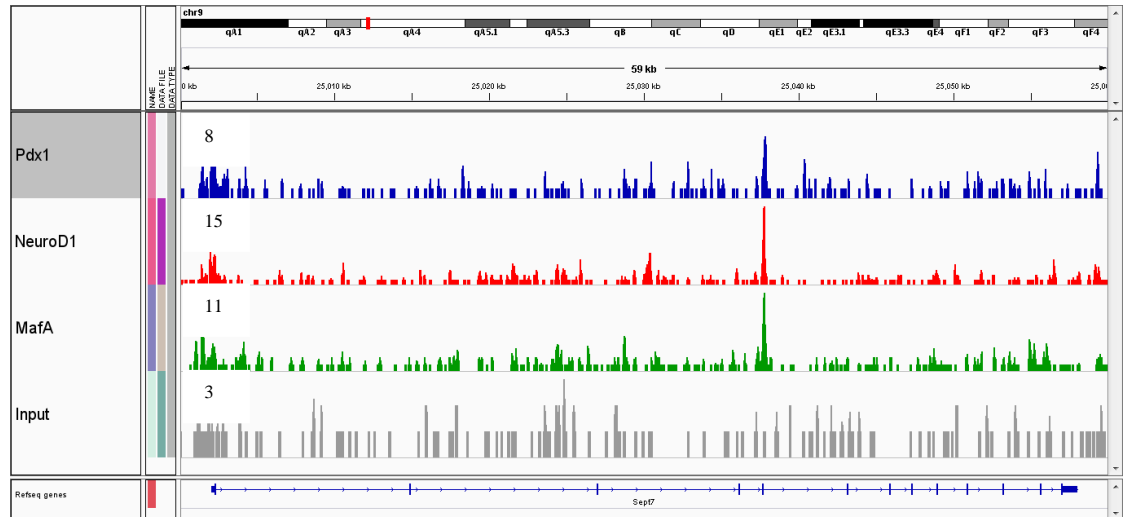
(E) *Sik2*



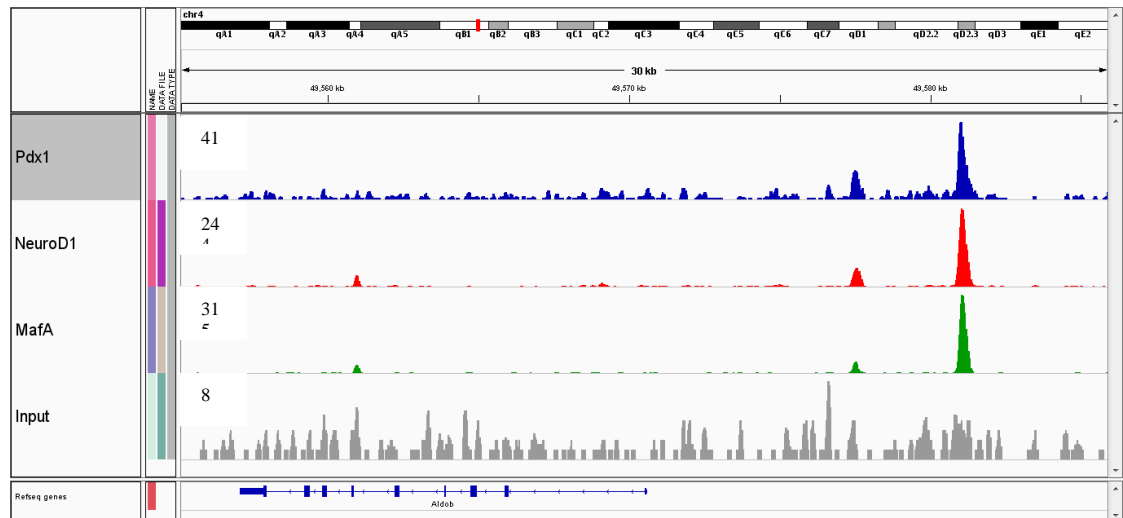
(F) *Ppp1r3a*



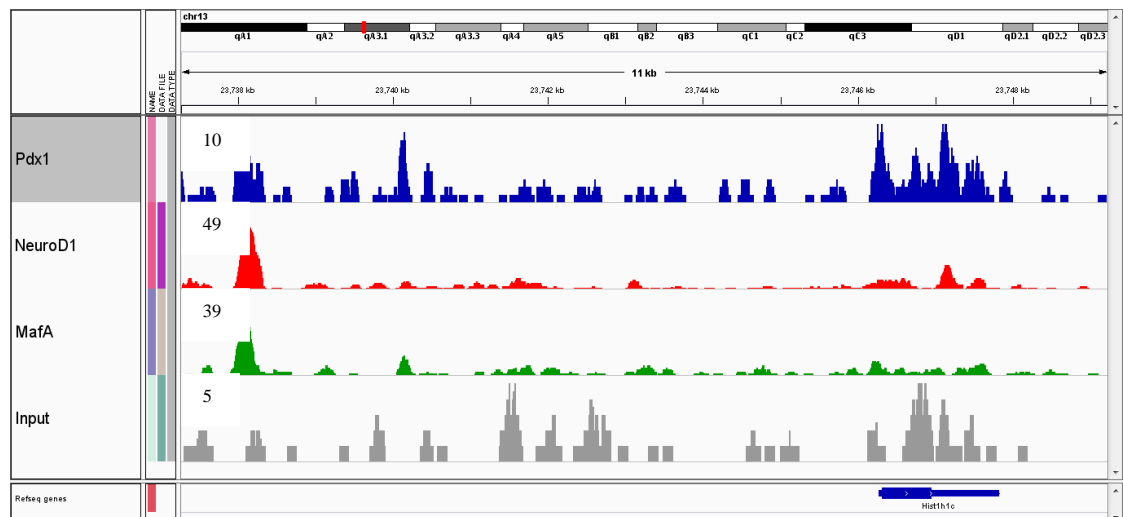
(G) Septin7



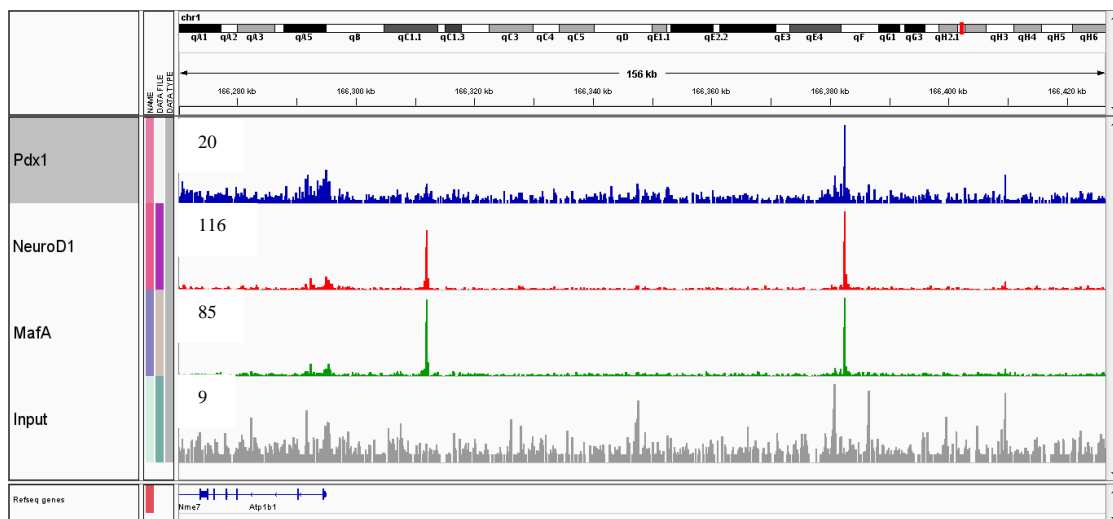
(H) Aldob



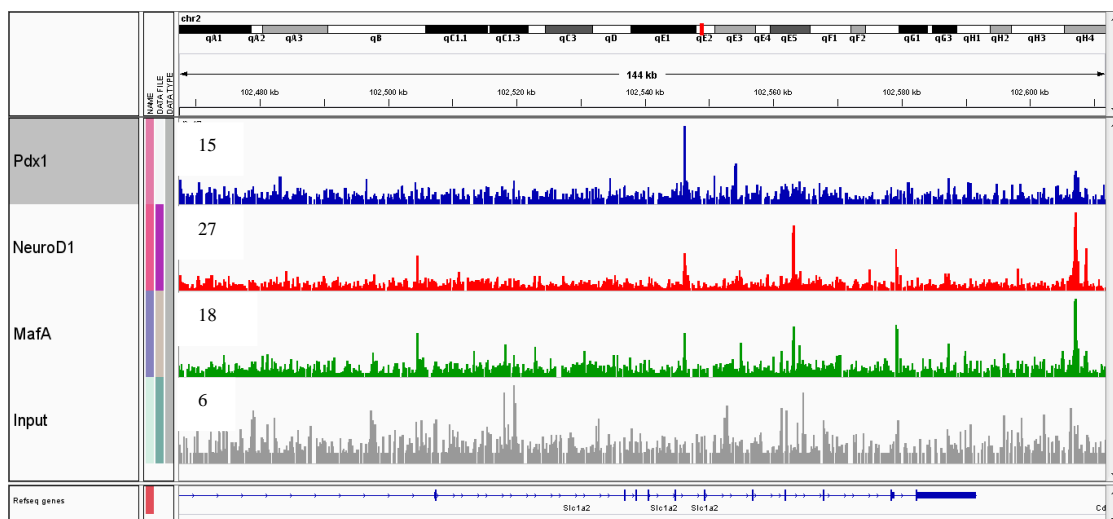
(I) HistH1c



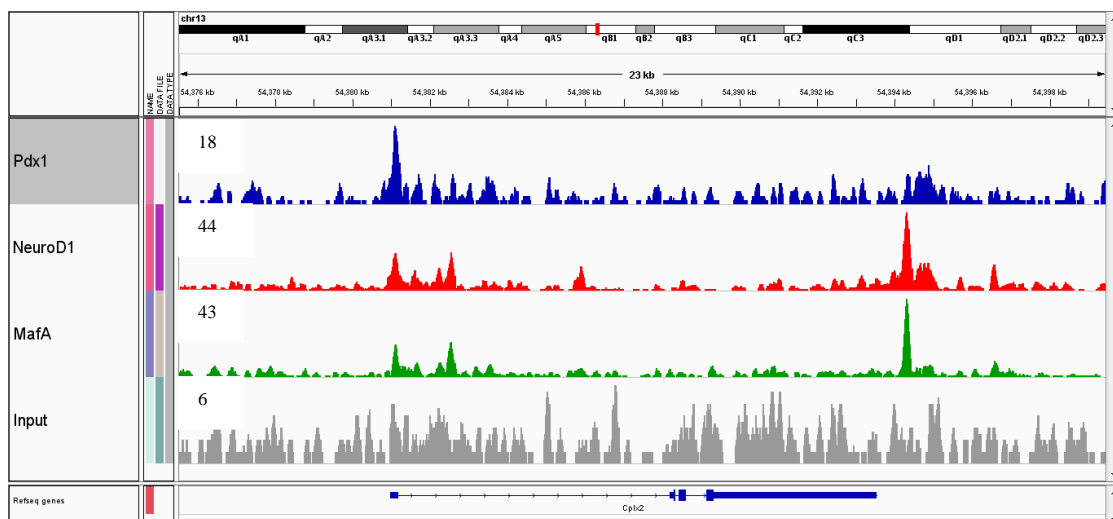
(J) Atp1b1



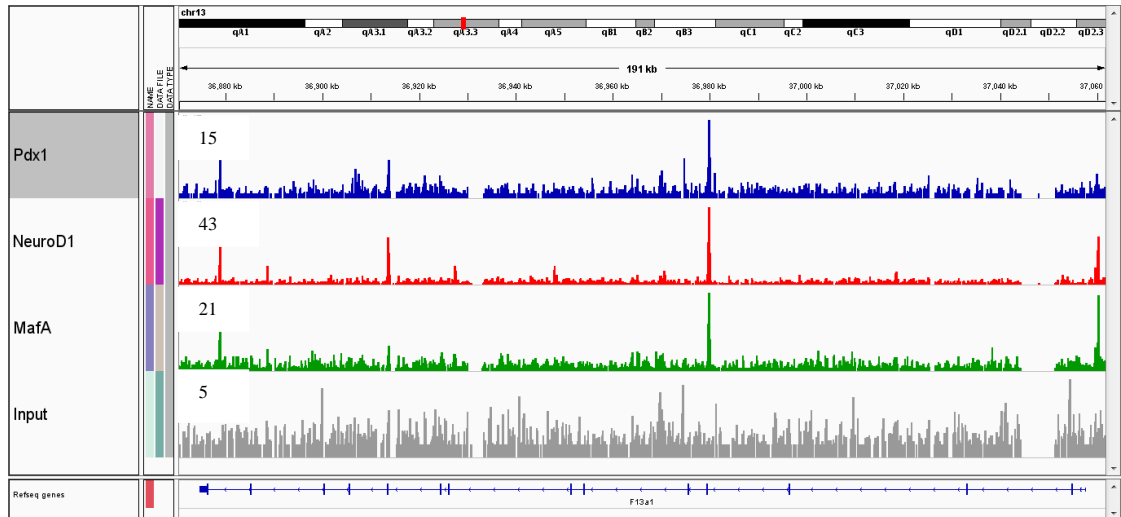
(K) Slc1a2



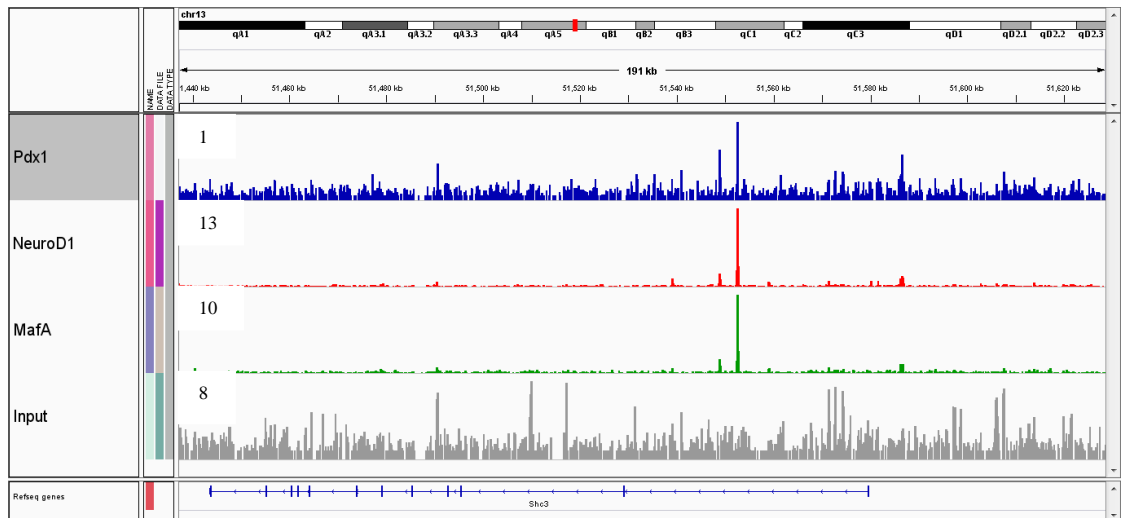
(L) Cplx2



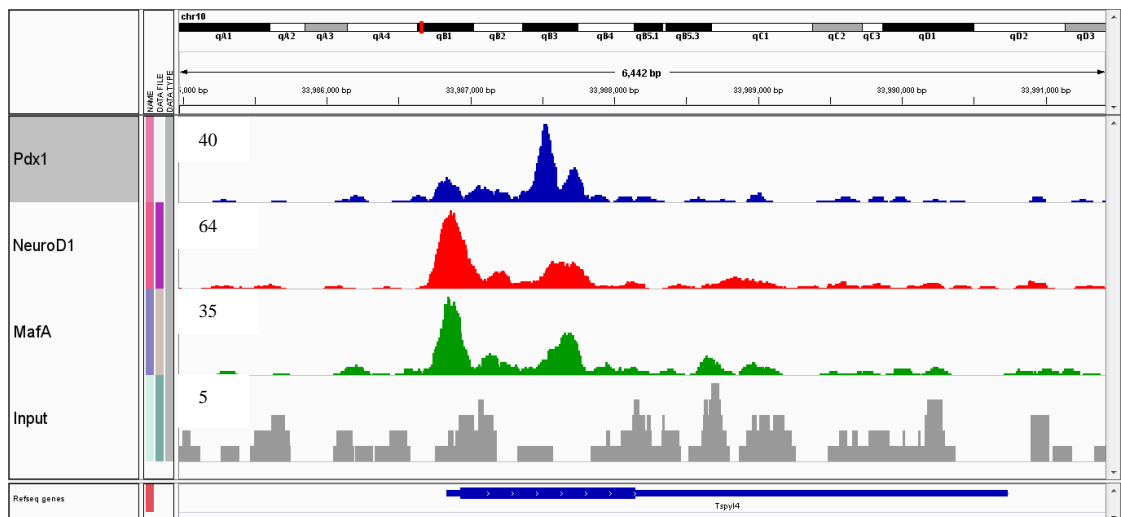
(M) F13a1



(N) Shc3



(O) Tspyl4



(P) *Bend7*

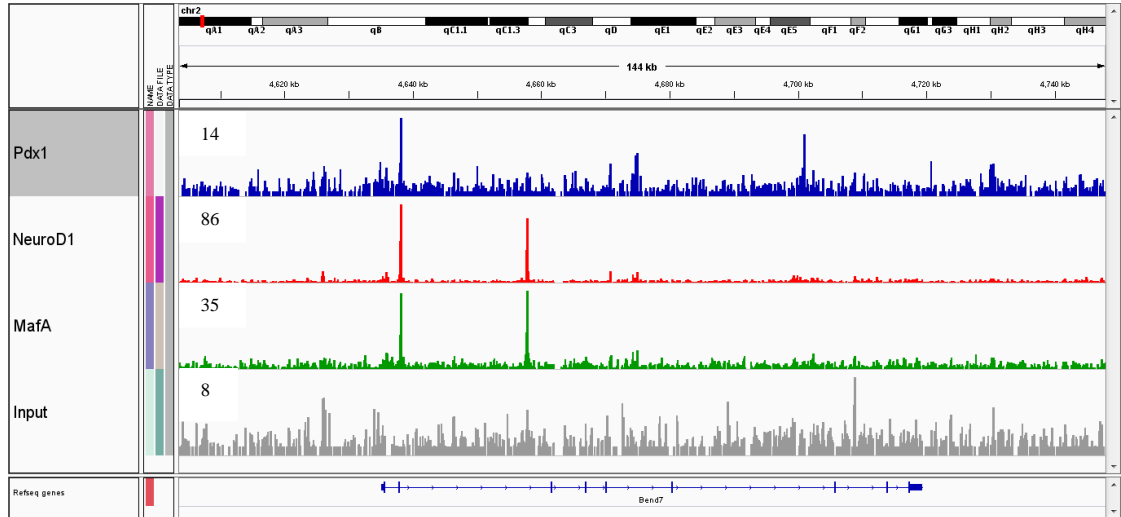


Figure 30. Pdx1, NeuroD1 and MafA binding at 16 of its target genes. Pdx1, NeuroD1 and MafA ChIP-Seq was performed in NIT-1 cells and the binding of all three transcription factors at the (A) *Elfn2* (B) *Exoc4* (C) *Itgb1bp2* (D) *Gcnt2* (E) *Sik2* (F) *Ppp1r3a* (G) *Septin7* (H) *Aldob* (I) *Hist1H1c* (J) *Atp1b1* (K) *Slc1a2* (L) *Cplx2* (M) *F13a1* (N) *Shc3* (O) *Tspyl4* (P) *Bend7* gene promoters is visualized with the IVG²¹¹ software. The input library was included as a control for background signal. Numbers indicate the peak height.



Figure 31. mRNA heatmap of qRT-PCR validation of 16 genes identified to be bound and regulated by Pdx1, NeuroD1 and MafA. NIT-1 cells were transfected with siRNAs against *Pdx1*, *NeuroD1* and *MafA* and RNA was harvested 48hrs post-transfection and transcript levels assayed by RT-PCR. Mean values were plotted relative to NTC (100%) and normalized to β -actin. The results are graphically displayed, with the expression levels ranging from 0.1 (white) to 6.7 (gray) and a value of 1 being that of NTC.

4.2.2. TARGET GENES OF PDX1, NEUROD1 AND MAFK REGULATE GSIS IN PANCREATIC BETA-CELLS

As the primary function of the mature β -cell is to secrete insulin in response to glucose, I hypothesized that target genes of Pdx1, NeuroD1 and MafA would be involved in this regulatory process. To address this question, NIT-1 cells were transfected in biological duplicate with siRNAs against the aforementioned 16 genes (Section 4.4.1.). RNA was harvested 48 hours post-transfection and tested for the efficacy of knockdown. As shown in Figure 32, all the target genes showed 50-90% depletion of its gene relative to NTC siRNA. I next went on to see if the ability of the cells to secrete insulin when challenged with glucose was hampered by the introduction of these 16 siRNAs. To that end, GSIS assays were performed on NIT-1 cells transfected with each of the 16 siRNAs in biological triplicates. The amount of insulin secreted when the cells were challenged with glucose vs. basal insulin secretion was quantified with ELISA. siRNAs against *Septin-7*, *Tspy1*, *Cplx2* ($p \leq 0.05$), *Itgb1bp2* and *F13al* ($p \leq 0.1$) resulted in a 20-40% increase in GSIS compared with the NTC siRNA (Figure 33).

The question that subsequently arose was how these 5 genes were mediating their increase in GSIS. To address that, I looked at a panel of β -cell genes involved in various aspects of β -cell function (Table 9) to see if the changes in GSIS were due to changes in expression of some of these genes. Briefly, these genes are all expressed in the pancreatic β -cell and play a role in regulating GSIS. They are *Nkx6.1*, *Aryl-hydrocarbon receptor nuclear translocator (Arnt)-2*, *Proprotein convertase subtilisin/kexin type (Pcsk)-1*, *Ins2*, *Glut2*, *Transmembrane (Tmem)-27*, *Snap25*, *Vamp2*, *Stx1a*, *Calcium channel voltage-dependent P/Q type alpha (Cacna)-1a to c*, *Styl4*, *Potassium inwardly-rectifying channel subfamily J member 11 (Kirrel6.2)*, *Syt7*, *Stxbp1*, *Uncoupling protein (Ucp)-2*, *ATPase Ca^{2+} transporting cardiac muscle fast twitch 1 (Serca)*, and *Chromogranin (Chg)-b*. I also looked at genes involved in cell signaling processes: *Protein tyrosine phosphatase receptor type N (Ptpn)*, *Kin of IRRE like (Kirrel)-2*, *Glutamate decarboxylase (Gad)-1*, and *Iapp*. I also looked at genes that were involved in

protection against apoptosis: *Hnf1a*, *Igf2*, *Chloride intracellular channel (Clic)-1* and genes modulating its response to nutrients: *NDRG family member (Ndgr)-2*, and *Gk*.

When Pdx1, NeuroD1 and MafA are depleted from NIT-1 cells, there is an increase in mRNA levels of *Itgb1bp2* and *Cplx2* (Figure 31). Upon knockdown of *Itgb1bp2* (Figure 34) and *Cplx2* (Figure 35), there is a 20% increase ($p \leq 0.1$) and 30% increase in GSIS ($p \leq 0.05$) respectively, with a simultaneous ≥ 1.5 fold increase in levels of *Nkx6.1* and *Glut2* relative to NTC siRNA. There was also a ≥ 1.5 fold increase in mRNA levels of genes involved in the insulin secretory process upon *Itgb1bp2* knockdown, e.g. *Snap25*, *Cacna1b*, *Kirrel6.2*, *Syt7*, *Stxbp1*, *Serca* ($p \leq 0.05$). On top of those genes that increased in mRNA expression, in samples treated with siRNAs against *Cplx2*, there were more insulin secretory genes that showed a ≥ 1.5 fold increase in expression, e.g. *Vamp2*, *Syt1a*, *Cacna1a* and *Ic*, and *Chgb* ($p \leq 0.05$). This suggests that Pdx1, NeuroD1 and MafA bind directly to and repress *Itgb1bp2* and *Cplx2* to stimulate the GSIS response in β -cells via increasing the transcription of important β -cell genes, including those involved in the GSIS secretory response. There also appears to be a slight anti-apoptotic effect mediated by *Itgb1bp2* and *Cplx2*, in that decreasing both of them led to a decrease in *Clic1*. *Clic1* is a target gene of NeuroD1 and the increase in *Clic1* leads to hyperglycemia-induced apoptosis¹¹³.

When Pdx1, NeuroD1 and MafA were depleted from cells, there was a decrease in mRNA levels of *Tspyl1*, *F13a1* and *Septin7* (Figure 31). Upon knockdown of *Tspyl1*, *F13a1* and *Sept7*, there was a 30-40% increase in GSIS (*Tspyl1* and *Septin7*: $p \leq 0.05$, *F13a1*: $p \leq 0.1$), with a concomitant ≥ 1.5 fold increase in mRNA levels of *IAPP*, *Ndrg2*, *Glut2* and *Gad1* ($p \leq 0.05$) (Figures 36–38). There was also a ≥ 1.5 fold increase in expression of genes involved in the insulin secretory response, e.g. *Snap25*, *Vamp2*, *Cacna1b*, *Kirrel6.2*, *Stxbp1*, *Serca* and *Chgb* ($p \leq 0.05$). This suggests that Pdx1, NeuroD1 and MafA bind to and increase the expression of *Tspyl1*, *F13a1*, and *Sept7*, possibly resulting in an indirect reduction of GSIS as depletion of these genes have an increase in GSIS.

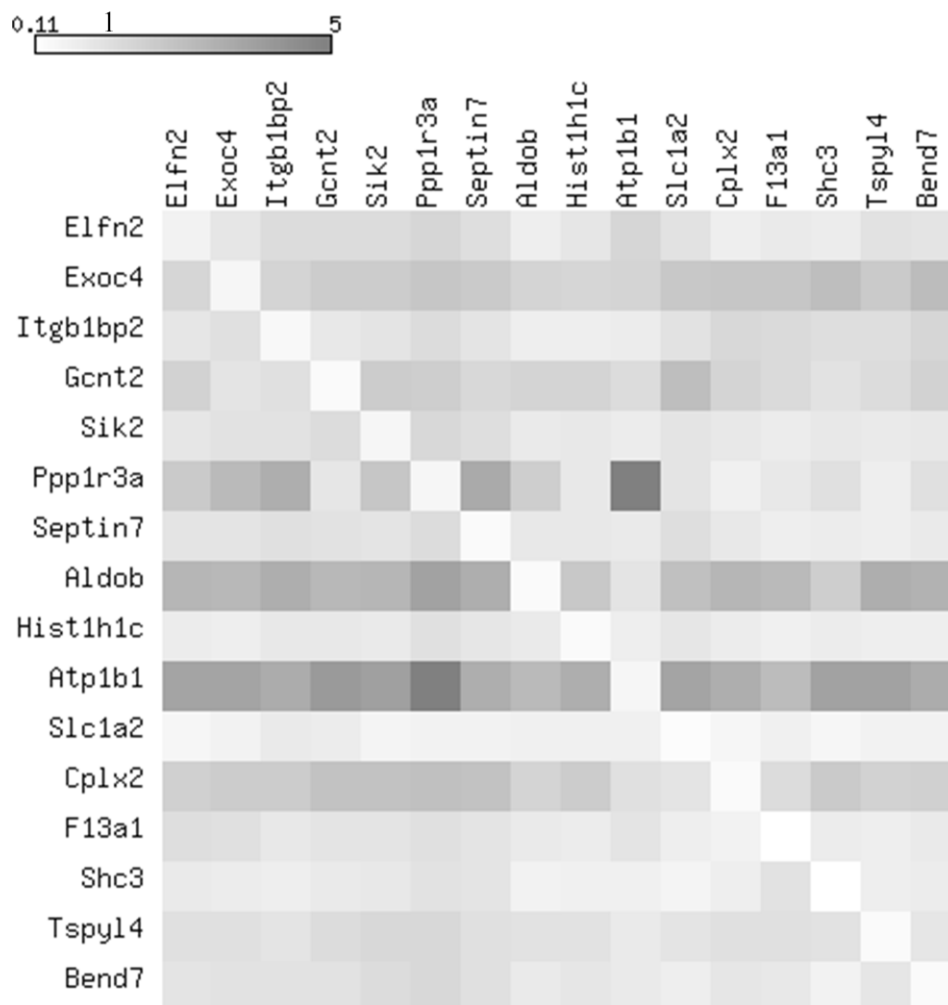


Figure 32. mRNA heatmap of NIT-1 cells transfected with 16 siRNAs. NIT-1 cells were transfected in duplicate with 16 siRNAs against genes I identified to be Pdx1, NeuroD1 and MafA targets. RNA was harvested 48hrs post-transfection and transcript levels assayed by RT-PCR. Mean values were plotted relative to NTC (100%) and normalized to *β-actin*. The results are graphically displayed, with the expression levels ranging from 0.11 (white) to 5 (gray) and a value of 1 being that of NTC.

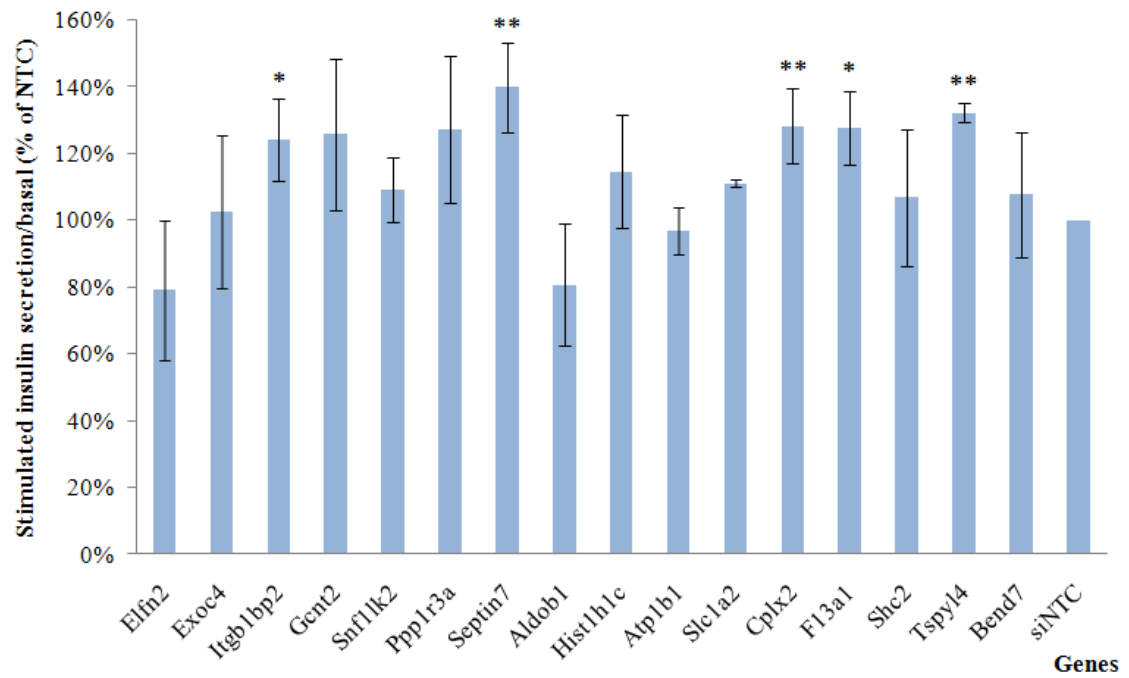


Figure 33. GSIS of NIT-1 cells transfected with siRNAs against 16 genes triply bound and regulated by Pdx1, NeuroD1 and MafA. NIT-1 cells were transfected in triplicate with siRNAs against 16 genes identified to be Pdx1, NeuroD1 and MafA targets, and GSIS assays were performed. The cells were starved for 2 hours at 37°C before incubation with 1xKRH for 1 hour (basal secretion) before incubation with 1XKRH with 20mM glucose for 1 hour (stimulated secretion). Released insulin in the supernatant was quantified with ELISA in technical triplicates and the values are means \pm SE (n=3). **p \leq 0.05, *p \leq 0.1. siRNAs against Septin7, Cplx2, Tspyl4, Itgb1bp2 and F13a1 resulted in significant decreases in GSIS.

| Gene | Function |
|--------------------------------|---|
| <i>Nkx6.1</i> | Expressed in developing and mature pancreas and brain. Functions downstream of Nkx2.2 in pancreas formation ⁷³ . Endodermal expression of genes depend on Pdx1 ²⁴⁰ . Suppresses Gcg expression and regulates GSIS in β -cells. ⁷⁵ |
| <i>HNF1α</i> | Plays an important role in pancreatic β -cell differentiation and survival ²⁴¹ . Heterozygous Hnf1 α mutations cause pancreatic islet β -cell dysfunction and MODY3 ²⁴² . The expression of Glut2 is decreased in pancreatic islets upon introduction of a dominant negative form of Hnf1 α ²⁴³ . |
| <i>Arnt2</i> | Modulation of Arnt2 in pancreatic β -cells affects GSIS ²⁴⁴ |
| <i>Igf2</i> | Increased pancreatic Igf2 in undernourished rats may contribute to the partial suppression of the developmental wave of β -cell apoptosis. |
| <i>Iapp</i> | 37-residue peptide hormone secreted by pancreatic β -cells at the same time as insulin, in a roughly 1:100 amylin:insulin ratio. Major component of the amyloid fibrils found in islets of T2DM patients ²⁴⁵ . |
| <i>Ptpn</i> | Member of the protein tyrosine phosphatase family, which are signaling molecules that regulate a variety of cellular processes including cell growth, differentiation, mitotic cycle, and oncogenic transformation ²⁴⁶ . Auto-antigen in T1DM, intrinsic membrane protein of neurosecretory vesicles ²⁴⁷ . |
| <i>Ndrg2</i> | Highly expressed in pancreatic β -cells and is involved in the Akt-mediated protection of β -cells against lipotoxicity ²⁴⁸ . |
| <i>Pcsk1</i> | Pcsk1 and 2 differentially cleave pro-opiomelanocortin and they act together to process proinsulin and proglucagon in pancreatic islets. ²⁴⁹ |
| <i>Kirrel2</i> | A novel immunoglobulin superfamily gene expressed primarily in β -cells of the pancreas ²⁵⁰ . |
| <i>Insulin2</i> | Profound glucose intolerance resulted from reduced insulin secretion accompanied by abnormal distension of the ER lumen, defective trafficking of proinsulin and a reduced number of insulin granules in β -cells ²⁵¹ . |
| <i>Clic1</i> | A target gene of NeuroD1 in the pancreas, it is expressed in the developing and adult islet and is involved in GSIS. When glucose is elevated, the expression of Clic1 sensitizes β -cells to high glucose stress, which in turn, causes ER stress. As a result, expression of Clic1 increased hyperglycemia-induced apoptosis. In addition, the expression of Clic1 under high glucose conditions decreased the expression of genes important for β -cell function, such as Gk, Pdx1, and Insulin ¹¹³ . |

| Gene | Function |
|--------------------|--|
| <i>Glut2</i> | A glucose transporter essential for GSIS, thereby controlling blood glucose homeostasis response to dietary intake. Its expression is strongly reduced in glucose-unresponsive islets from different animal models of diabetes ²⁵² . |
| <i>Tmem27</i> | A target of Hnf1, it controls insulin secretion by SNARE formation. Expression of Tmem27 is reduced in Hnf1 $\alpha^{-/-}$ mice and is increased in islets of mouse models with hypertrophy of the endocrine pancreas ²⁵³ . |
| <i>Gad1</i> | This gene encodes one of several forms of glutamic acid decarboxylase and is identified as an autoantigen and an autoreactive T cell target in IDDM ²⁵⁴ . |
| <i>Gk</i> | Catalyzes the initial step in utilization of glucose by the β -cell and liver at physiological glucose concentrations. Gk has a high K_m for glucose, and so it is effective only when glucose is abundant. The role of Gk is to provide glucose-6-phosphate for the synthesis of glycogen. Pancreatic Gk plays an important role in modulating insulin secretion ²⁵⁵ . |
| <i>Snap25</i> | Component of the SNARE complex, which is proposed to account for the specificity of membrane fusion and to directly execute fusion by forming a tight complex that brings synaptic vesicles and plasma membranes together ²⁵⁶ . |
| <i>Vamp2</i> | Synaptobrevins/Vamps, syntaxins, and Snap25 are the main components of a protein complex involved in the docking and/or fusion of synaptic vesicles with the presynaptic membrane. Vamp2 is thought to participate in neurotransmitter release at a step between docking and fusion ²⁵⁶ . |
| <i>Stx1a</i> | Syntaxins are nervous system-specific proteins implicated in the docking of synaptic vesicles with the presynaptic plasma membrane. Syntaxins bind synaptogamin in a calcium-dependent fashion and interact with voltage dependent calcium and potassium channels. Syntaxin-1A is a key protein in ion channel regulation and synaptic exocytosis. ²⁵⁷ |
| <i>Cacna1a,b,c</i> | Voltage-gated calcium channels (CaV) are present in the membrane of most excitable cells and mediate calcium influx in response to depolarisation. They regulate intracellular processes such as contraction, secretion, neuro-transmission and gene expression ²⁵⁸ . |
| <i>Syt4</i> | This gene encodes a member of the synaptotagmin-like protein family. The encoded protein binds specific small Rab GTPases and is involved in intracellular membrane trafficking. This protein binds Rab27 and is involved in inhibiting insulin dense core vesicle exocytosis ²⁵⁹ . |

| Gene | Function |
|------------------|---|
| <i>Kirrel6.2</i> | K _{ir} 6.2 is a major subunit of the ATP-sensitive K ⁺ channel, an inward-rectifier potassium ion channel. The gene encoding the channel is KCNJ11 and mutations in this gene are associated with congenital hyperinsulinism ²⁶⁰ . |
| <i>Syt7</i> | Synaptotagmins, such as SYT7, are brain-specific calcium-dependent phospholipid-binding proteins that play a role in synaptic exocytosis and neurotransmitter release. It is required for the maintenance of systemic glucose tolerance and GSIS ²⁶¹ . |
| <i>Stxbp1</i> | Regulation of synaptic vesicle docking and fusion, possibly through interaction with GTP-binding proteins. Essential for neurotransmission and binds syntaxin, a component of the synaptic vesicle fusion machinery probably in a 1:1 ratio ²⁵⁶ . |
| <i>Ucp2</i> | Hyperglycemia-induced mitochondrial superoxide production activates Ucp2, which decreases the ATP/ADP ratio and thus reduces the insulin secretory response ²⁶² . |
| <i>Serca</i> | SERCA, or sarco/endoplasmic reticulum Ca ²⁺ -ATPase, is a calcium ATPase-type P-ATPase. Insulin regulation of β -Cell function involves a feedback loop on Serca gene expression, Ca ²⁺ homeostasis, and Insulin expression and secretion. ²⁶³ |
| <i>Chgb</i> | This gene encodes a tyrosine-sulfated secretory protein abundant in peptidergic endocrine cells and neurons. This protein may serve as a precursor for regulatory peptides. It is not required for normal insulin granule biogenesis or maintenance in vivo, but is essential for adequate secretion of islet hormones ²⁶⁴ . |

Table 9. β -cell genes involved in various aspects of β -cell function.

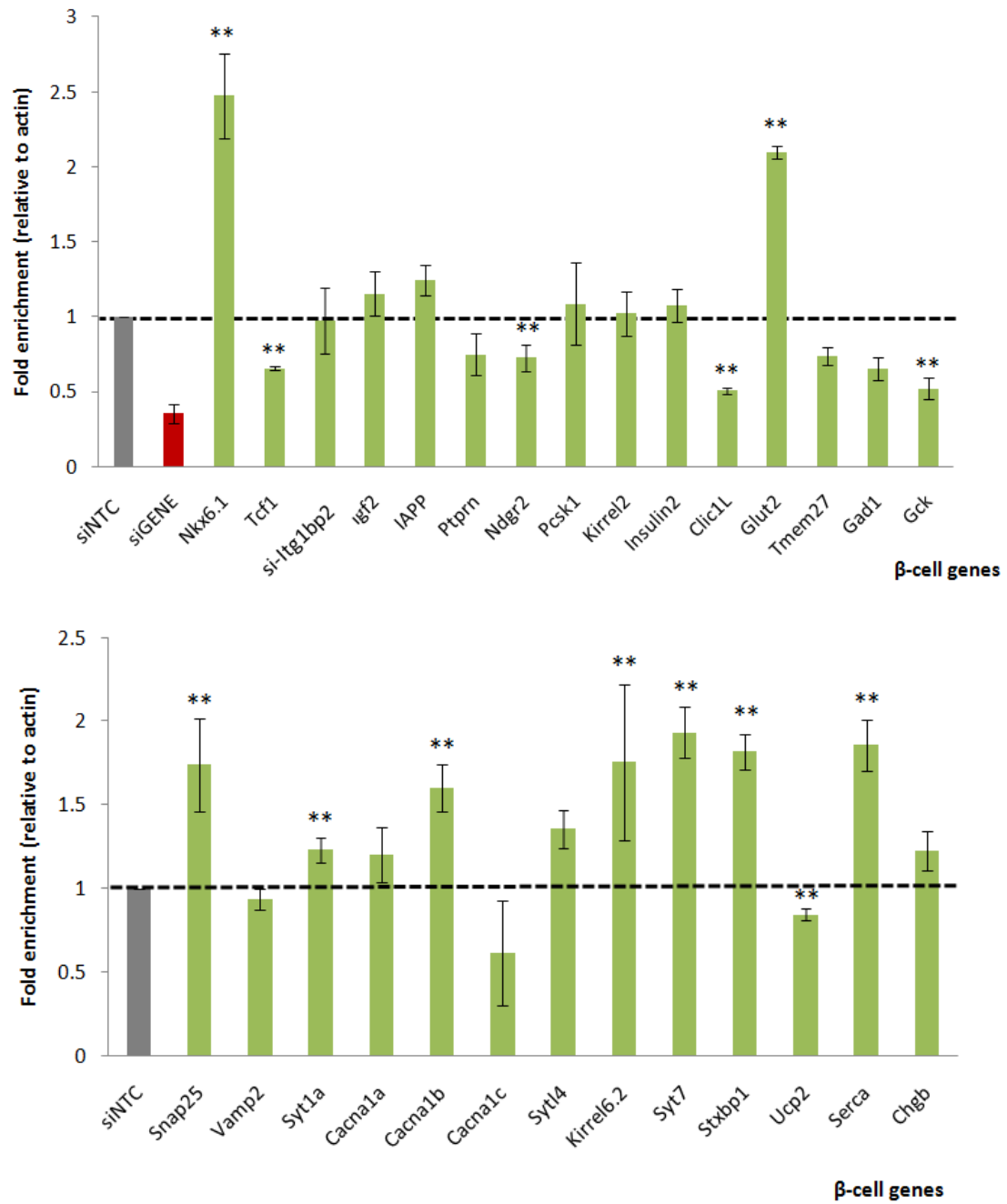


Figure 34. *Itgb1bp2*-depletion in NIT-1 cells leads to an increase in expression of key β -cell genes. NIT-1 cells were transfected with siRNAs against *Itgb1bp2* and RNA was harvested 48hr post-transfection. Transcript levels of important β -cell genes were analyzed with qRT-PCR and normalized against β -actin. The transfections were performed in biological duplicates and the RT-PCRs in technical duplicates, and the average of the normalized ratio of target gene/ β -actin was calculated and presented with standard deviation. ** $p \leq 0.05$.

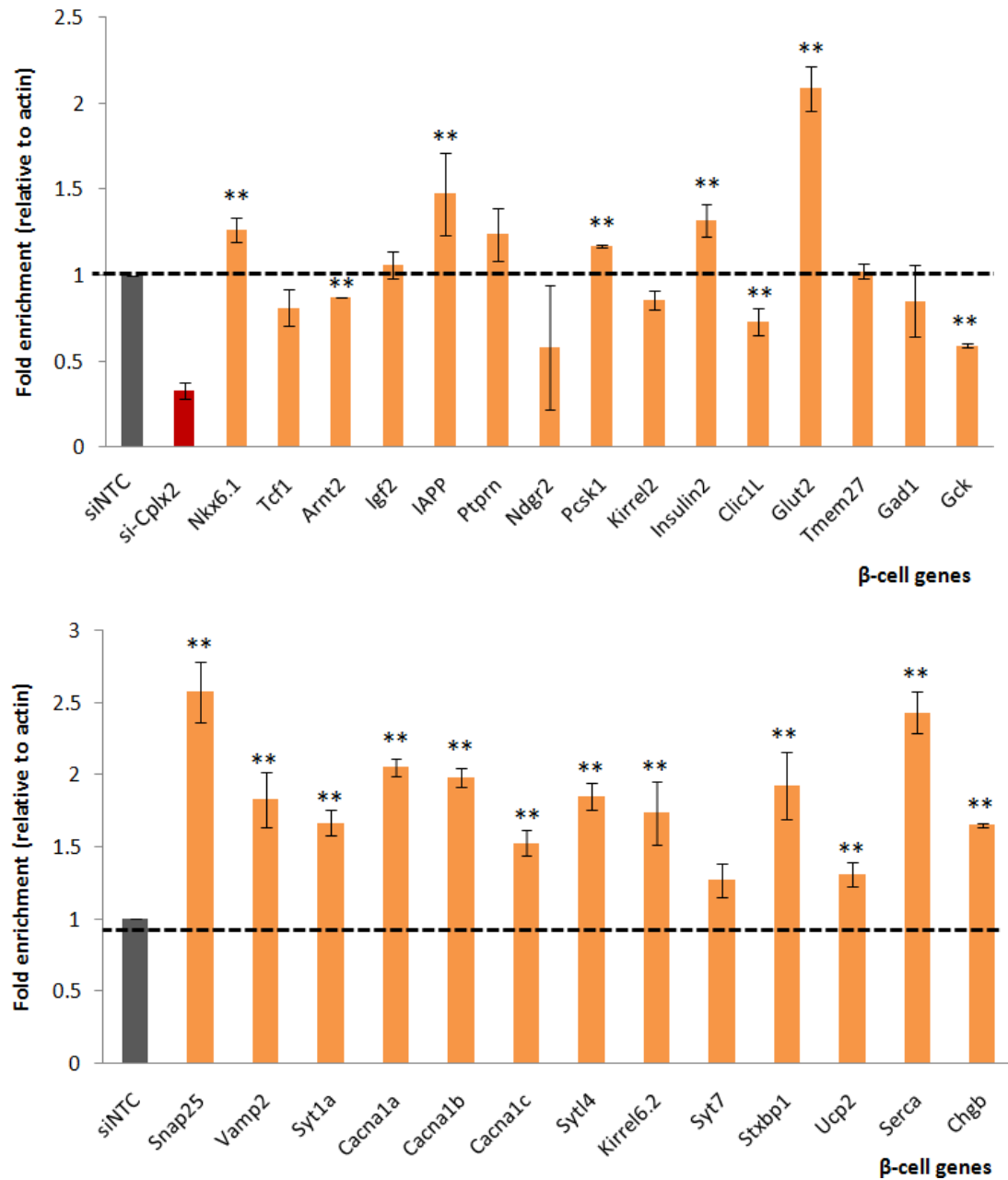


Figure 35. *Cplx2*-depletion in NIT-1 cells leads to an increase in expression of key β -cell genes. NIT-1 cells were transfected with siRNAs against *Cplx2* and RNA was harvested 48hr post-transfection. Transcript levels of important β -cell genes were analyzed with qRT-PCR and normalized against *β -actin*. The transfections were performed in biological duplicates and the RT-PCRs in technical duplicates, and the average of the normalized ratio of target gene/ *β -actin* was calculated and presented with standard deviation. ** $p \leq 0.05$.

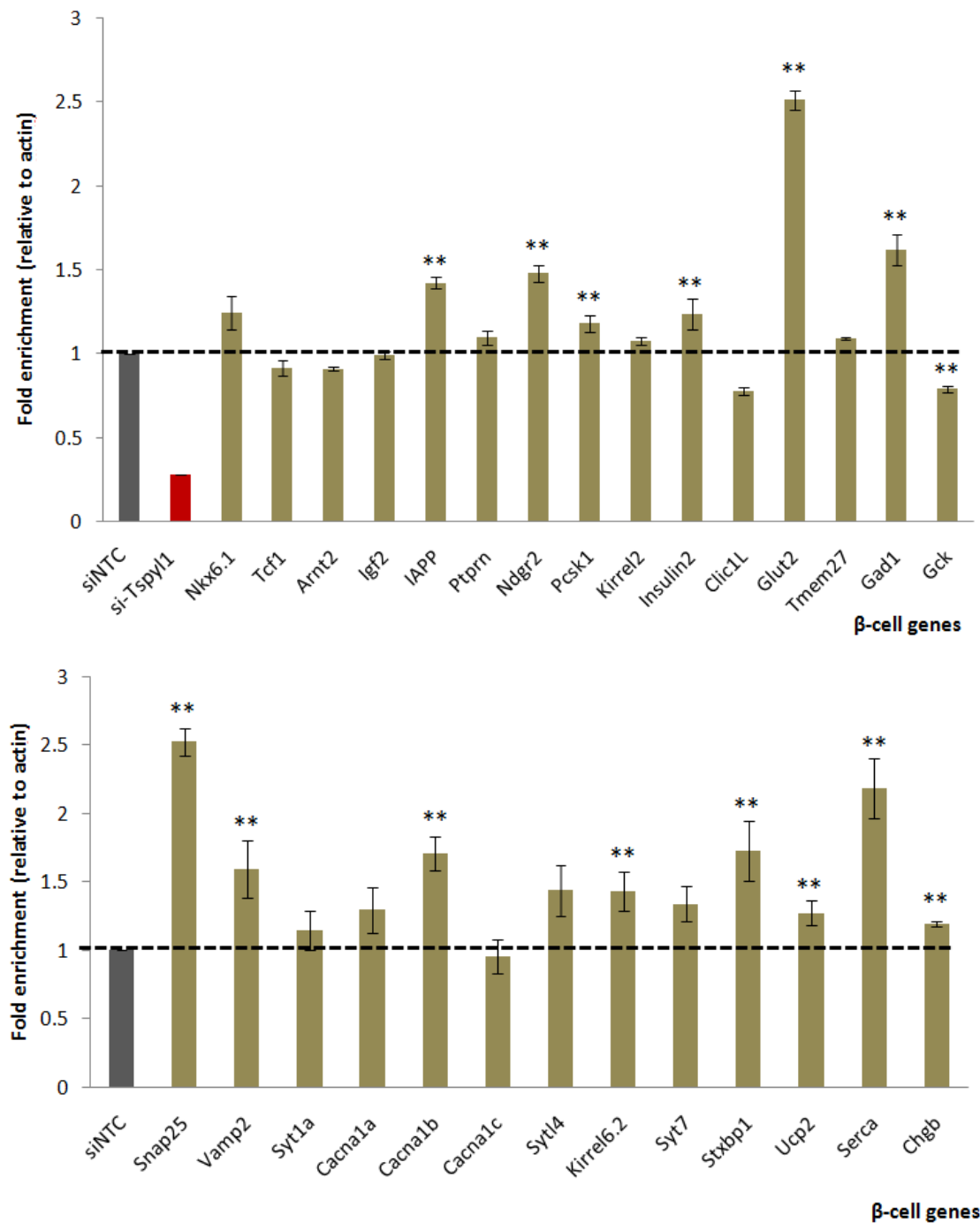


Figure 36. *Tspyl1*-depletion in NIT-1 cells leads to an increase in expression of key β -cell genes. NIT-1 cells were transfected with siRNAs against *Tspyl1* and RNA was harvested 48hr post-transfection. Transcript levels of important β -cell genes were analyzed with qRT-PCR and normalized against β -actin. The transfections were performed in biological duplicates and the RT-PCRs in technical duplicates, and the average of the normalized ratio of target gene/ β -actin was calculated and presented with standard deviation. ** $p \leq 0.05$.

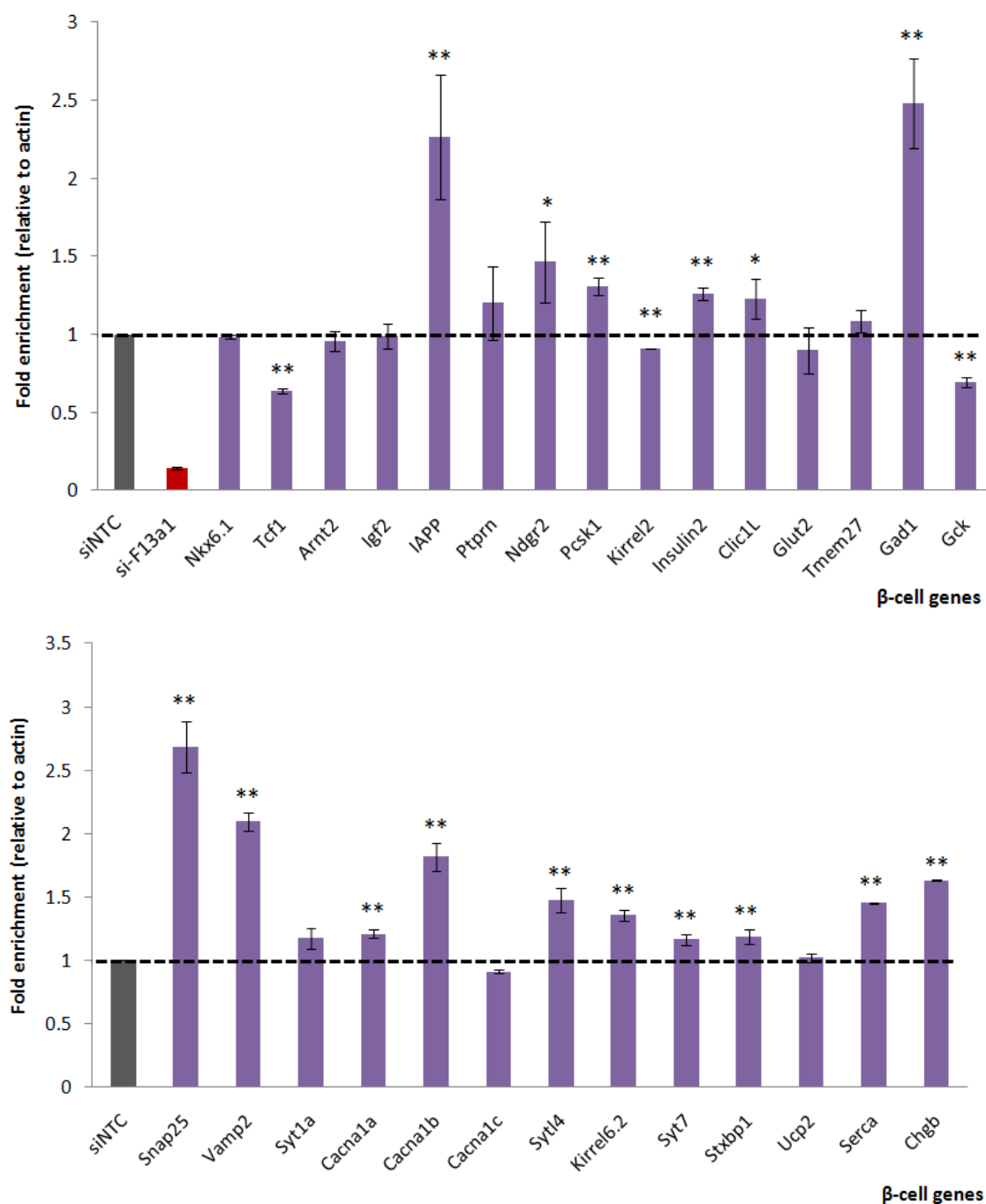


Figure 37. *F13a1*-depletion in NIT-1 cells leads to an increase in expression of key β -cell genes. NIT-1 cells were transfected with siRNAs against *F13a1* and RNA was harvested 48hr post-transfection. Transcript levels of important β -cell genes were analyzed with qRT-PCR and normalized against β -actin. The transfections were performed in biological duplicates and the RT-PCRs in technical duplicates, and the average of the normalized ratio of target gene/ β -actin was calculated and presented with standard deviation. ** $p \leq 0.05$, * $p \leq 0.1$.

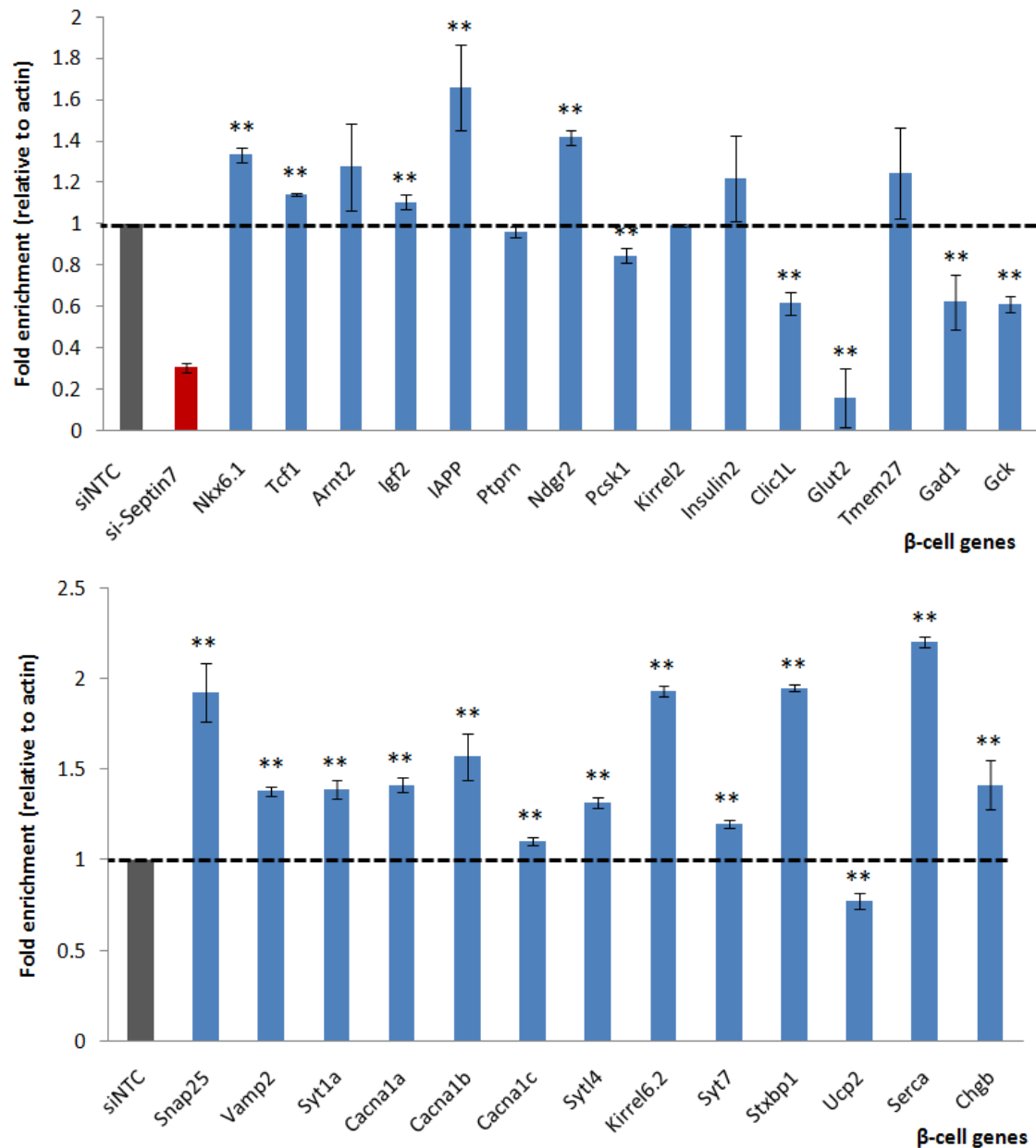


Figure 38. *Septin7*-depletion in NIT-1 cells leads to an increase in expression of key β -cell genes. NIT-1 cells were transfected with siRNAs against *Septin7* and RNA was harvested 48hr post-transfection. Transcript levels of important β -cell genes were analyzed with qRT-PCR and normalized against β -actin. The transfections were performed in biological duplicates and the RT-PCRs in technical duplicates, and the average of the normalized ratio of target gene/ β -actin was calculated and presented with standard deviation. ** $p \leq 0.05$.

4.3. DISCUSSION

Pancreatic β -cells are able to sense glucose and other nutrient secretagogues to regulate insulin exocytosis, thereby maintaining glucose homeostasis. This systems biology of insulin secretion controls translation of metabolic signals into intracellular messengers recognized by the exocytotic machinery. Pdx1, NeuroD1 and MafA are key transcriptional regulators of the mature β -cell phenotype, with their target genes having a range of regulatory effects in many aspects, such as cellular metabolism, developmental processes, and cellular activities such as regulation of cell cycle, cell death and proliferation (Section 3). These genes bound by these three transcription factors are also associated with genetic diseases, neurological and metabolic disorders and gastrointestinal disease. Because of their importance in regulating the mature β -cell phenotype, I hypothesized that the genes bound to and regulated by all three transcription factors would play an important role in the main function of the mature β -cell, which is to secrete insulin in response to glucose.

4.3.1. *ITGB1BP2 AND CPLX2 POSITIVELY REGULATE GSIS*

When Pdx1, NeuroD1 and MafA were depleted from NIT-1 cells, there was an increase in mRNA levels of *Itgb1bp2* (Figure 31). Upon knockdown of *Itgb1bp2*, there was a 20% increase ($p \leq 0.1$) in GSIS, with a ≥ 1.5 fold increase in expression of many key β -cell genes (Figure 34). This suggests that Pdx1, NeuroD1 and MafA bind to and repress *Itgb1bp2* to increase the GSIS response in β -cells via increasing the transcription of important β -cell genes, including those involved in the GSIS secretory response. There was also a slight anti-apoptotic effect mediated by *Itgb1bp2*, in that its depletion led to a decrease in expression of *Clic1*. *Clic1* is a target gene of NeuroD1 and the increase in *Clic1* in hyperglycaemic conditions sensitizes mouse β -cells to high glucose stress, which causes ER stress and apoptosis¹¹³. The expression of *Clic1* under high glucose conditions also decreased the expression of *Pdx1*, *Gk* and *Insulin*¹¹³. Therefore, perhaps Pdx1, NeuroD1 and MafA indirectly reduces the expression of *Clic1* in normal β -cells via *Itgb1bp2*, to protect the cells from stress and apoptosis.

The only known role of *Itgb1bp2* is its involvement during maturation and/or organization of muscles cells²²². It interacts with the β -integrin cytoplasmic domain and appears to be regulated by intracellular signals affecting Ca^{2+} concentration. The ability of pancreatic β -cells to respond to glucose has long been known to depend on extracellular Ca^{2+} levels²⁶⁵, and release of intracellular Ca^{2+} stores (by the influx of extracellular Ca^{2+} or by other external signals) is also thought to be involved in regulating insulin secretion in order to enhance or prolong insulin secretion instead of directly triggering it²⁶⁶. It is not inconceivable that similar mechanisms could be similarly involved here, with Pdx1, NeuroD1 and MafA responding to extracellular Ca^{2+} signals via *Itgb1bp2*, in order to indirectly influence the β -cell's GSIS response.

A 30% increase in the GSIS response ($p \leq 0.05$) was seen when *Cplx2*, another target of Pdx1, NeuroD1 and MafA, was depleted from β -cells (Figure 35). This increase in GSIS also involved the ≥ 1.5 fold up-regulation of important β -cell genes, especially those involved in mediating the GSIS response. Similar to the effects of *Itgb1bp2*-depletion, there was also a decrease in the anti-apoptotic gene *Clic1*, suggesting a minor role in Pdx1, NeuroD1 and MafA indirectly reducing the expression of *Clic1* in normal β -cells via *Cplx2* to protect against apoptosis.

Cplx is a small protein that binds rapidly with high affinity to the SNARE complex, which is a multistage process central to synaptic transmission and hormone release; therefore Cplx has a regulatory role in fast exocytosis²⁶⁷. There are 4 *Cplx* isoforms in vertebrates, all of them highly enriched in the nervous system, with some present in other tissues. The function of Cplx in regulated exocytosis is controversial, with several early studies suggesting a negative role in the release of neurotransmitters²⁶⁸ such as acetylcholine²⁶⁹, and spontaneous neurotransmitter release upon knockout of *Cplx* was observed²⁷⁰. Other studies indicate that Cplx plays a positive role in exocytosis, with adrenal chromaffin cells from *Cplx2* knockout mice exhibiting markedly diminished releasable vesicle pools²³⁷, and insulin secretion was

diminished in pancreatic β -cells both over- and under-expressing *Cplx1*²⁷¹. *Cplx2* is expressed at low levels in different tissues, and in neuronal cells has a function similar to *Cplx1* in the control of SNARE-mediated exocytosis²⁷². The mouse MIN6 and rat INS1 β -cell line do not express *Cplx2*, but the mouse β -TC6 cell line expresses low levels of *Cplx2*, unlike all the pancreatic β -cell lines which express *Cplx1* at high levels²⁷¹, suggesting that the expression of this gene is regulated in a β -cell line-dependent manner (possibly due to clonal selection during generation of cell lines). *Cplx1* and *Cplx2* are encoded by two different genes and are probably differentially regulated in β -cells, as demonstrated by the differential expression levels and cellular localizations of *Cplx1* and *Cplx2* in the rat forebrain and hippocampus²⁷³.

I have shown that *Cplx2* is repressed by *Pdx1*, *NeuroD1* and *MafA*, and upon *Cplx2* knockdown in the NIT-1 β -cell line, there is a 30% increase in GSIS, together with the increase in expression of key β -cell genes, including those involved in the insulin secretory response (Figure 35). This indicates *Cplx2* plays a repressive role in the GSIS response in pancreatic β -cells, unlike *Cplx1*. It also appears it is necessary for *Pdx1*, *NeuroD1* and *MafA* to repress *Cplx2* in β -cells in order to maintain a robust GSIS response.

4.3.2. *TSPYL1*, *F13A1* AND *SEPTIN7* NEGATIVELY REGULATE GSIS

F13a1 has a well-established role in blood clotting, it encodes the coagulation factor XIII A subunit, which is the last zymogen to become activated in the blood coagulation cascade²³⁸. It is expressed in the pancreas but has no known function there. *Tspyl1* is expressed in the pancreas and has no known function at all. *Septin7* is an E2F1/2 responsive gene and is typically regulated at G2/M in the cell cycle²⁷⁴. It is a filament-forming cytoskeletal GTPase and is required for normal organization of the actin cytoskeleton²²⁹ and cytokinesis²³⁰.

When *Pdx1*, *NeuroD1* and *MafA* were depleted from cells, there was a decrease in mRNA levels of *Tspyl1*, *F13a1* and *Septin7* (Figure 31). Upon knockdown of *Tspyl1*, *F13a1* and

Sept7, there was a 30-40% increase in GSIS (*Tspyl1* and *Septin7*: $p \leq 0.05$, *F13a1*: $p \leq 0.1$), with a concomitant ≥ 1.5 fold increase in key β -cell genes (Figure 36-38). This suggests that Pdx1, NeuroD1 and MafA bind to and increase the expression of *Tspyl1*, *F13a1*, and *Sept7*, possibly resulting in an indirect reduction of GSIS as depletion of these genes lead to an increase in GSIS.

This is perhaps counter-intuitive to the positive effect on GSIS of Pdx1, NeuroD1 and MafA via *Itgb1bp2* and *Cplx2*, as mentioned in Section 4.3.1. However, it is not surprising that there are genes negatively involved in regulating GSIS. Activation of the α subunit of the heterotrimeric G protein $G\alpha_z$ inhibits GSIS *in vitro* and *in vivo*, with increased insulin secretion observed in $G\alpha_z^{-/-}$ islets due to the relief of a tonic inhibition of adenylyl cyclase (cAMP production was significantly increased in $G\alpha_z^{-/-}$ islets in the absence of exogenous stimulation)²⁷⁵. Activation of β -cell M_3 muscarinic receptors (M3R) enhances GSIS via stimulation of G proteins of the G_q family, which are under the inhibitory control of regulators of G protein signaling (RGS) proteins. RGS4 was identified as a potent negative regulator of M3R function in pancreatic β -cells. The pancreatic β -cell needs to respond in the appropriate temporal manner to external signals, it should not be secreting insulin indiscriminately in an excessive manner, nor should it be inhibited in its ability to respond, given the proper stimulus. Taken together, these results clearly demonstrates the complexity of regulation in GSIS, and highlights the dual roles of Pdx1, NeuroD1 and MafA in maintaining the β -cell phenotype.

4.4. SUMMARY

A fundamental property of pancreatic β -cells is their capacity to regulate the release of insulin and other hormones in direct response to changes in extracellular glucose concentration. In large part, this ability defines β -cell function since insulin is produced and released in the body only from these specialized cells. Insulin is crucial to regulating blood glucose, and reduced insulin secretion is a key feature of both T1DM and T2DM, and therefore, GSIS is a well-accepted measure of β -cell function.

I have shown that Pdx1, NeuroD1 and MafA repress *Itgb1bp2* and *Cplx2* in order to achieve an enhanced GSIS response. Pdx1, NeuroD1 and MafA activate *Tspyl1*, *F13a1* and *Septin7* to reduce GSIS (Figure 39). This additional knowledge emphasizes the exquisite level of regulation required for the appropriate response of β -cells to a glucose stimulus.

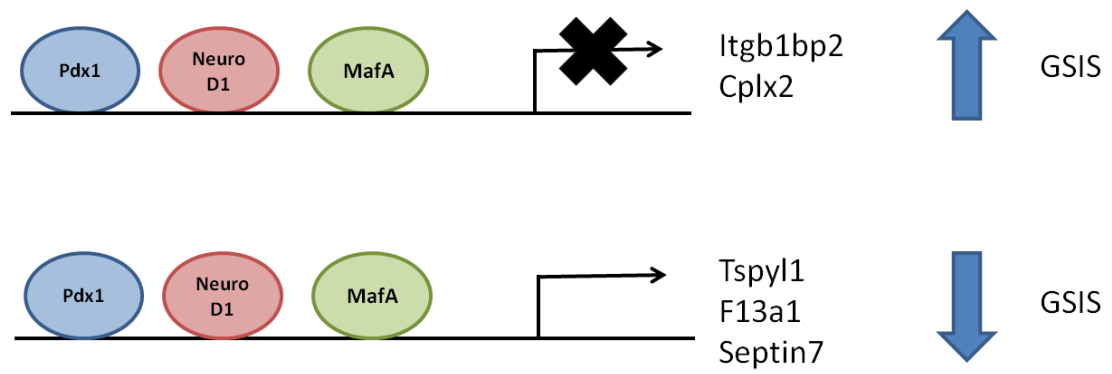


Figure 39. Schematic diagram of how Pdx1, NeuroD1 and MafA interact with their target genes to modulate the insulin secretory response of β -cells to a glucose stimulus.

CHAPTER 5:

**EPIGENETICS & THE
DYSFUNCTIONAL BETA-CELL**

5.1. INTRODUCTION

T2DM develops as a result of insulin resistance coupled with impaired β -cell function, and is closely associated with increased plasma FFA concentrations and elevated glucose concentrations¹⁶⁹. Continuous over-stimulation of the β -cell by glucose leads to depletion of insulin stores, excessively high levels of ROS, worsening of hyperglycemia, and finally deterioration of the β -cell (glucotoxicity)²⁷⁶. FFAs enhance the β -cell response on acute application but long-term exposure exerts lipotoxic effects and leads to blunted GSIS and decreased cell viability²⁷⁷. The combination of FFAs and high glucose has been suggested to be particularly deleterious, and the term “glucolipotoxicity” has been coined to describe this phenomenon¹⁶⁹.

Pdx1 associates with HDAC1 and -2 in low glucose conditions (1-3mM) to repress *INS* gene expression, and recruits the co-activator HAT p300 to the *Insulin* promoter only in high glucose conditions (10-30mM)¹⁶¹. The HMT Set7/9 is recruited by Pdx1 to the *Insulin* and *Glut2* genes, leading to H3K4me2 and recruitment of RNA polymerase II¹⁶². Pdx1 modulates histone H4 acetylation to directly activate *Insulin* gene expression in β -cells; exogenous *Pdx1* expression in α -cells also leads to *Insulin* expression via H4 acetylation¹⁶⁴. Expression of *Pdx1* is permanently reduced in IUGR rats when the *Pdx1* gene undergoes epigenetic modifications throughout development leading to its silencing¹⁶⁷. *Pdx1* and *MafA* expression and activity are decreased in DIO animals and in cell culture conditions mimicking diabetes, leading to a decrease in insulin biosynthesis and secretion¹⁶⁹. A mutation in p300 removes binding to *NeuroD1* and destroyed the ability of p300 to activate *Insulin* E-box directed transcription in β -cells, leading to MODY6¹⁶⁶. Therefore, the association of many β -cell transcriptional regulators with HATs, HMTs and HDACs provide correlative evidence for histone modification in regulating β -cell function or growth.

The mono-methylations of H3K27, H3K9, H4K20, H3K79, and H2BK5 are linked to gene activation, while tri-methylations of H3K27, H3K9, and H3K79 are linked to repression¹³⁶. The apparently opposite modifications H3K4me3 and H3K27me3 co-localize in “bivalent domains” in embryonic stem cells¹³⁷, and these have been suggested to function in the differentiation of these cells, as these “bivalent domains” have been found in developmental regulators. Recent evidence has confirmed the presence of these domains in mouse embryonic fibroblasts, neural progenitors¹³⁸ and human T cells¹³⁹, proving that these “bivalent domains” are not an ESC-specific phenomenon.

The human INS gene has recently been found to be part of a large open chromatin domain specific in islets which is marked by histone acetylation and H3K4 di-methylation marks distributed over the entire coding region and an 80kb region around it¹⁷⁶. In another recent study that looked at open regions of chromatin in human pancreatic islets¹⁷⁷, the authors identified islet-specific COREs, of which many genes encoding proteins with known function in islets (such as PDX1, PAX6, GLP1R, SLC30A8 and CPE), belong¹⁷⁸. In another new study, open chromatin regions, CTCF-binding sites, H3K4me3, H3K4me1, and H3K79me2 were profiled across the entire genome in human islets¹⁷⁹. Integrated analysis of these large-scale data sets identified 18000 putative TSSs, of which 30% were previously unannotated by RefSeq and at least several hundred of these are islet-active TSSs, including those for major islet miRNAs previously implicated in the control of glucose homeostasis¹⁸⁰. In summary, there is a growing body of current literature suggesting a role for epigenetic interactions in the complex interplay between gene regulation and the environment.

Therefore, my hypothesis is that as β -cell dysfunction progressively develops, modulation of the chromatin environment adversely affects the expression and activity of Pdx1, MafA and NeuroD1 and other key β -cell transcriptional regulators.

Questions I will address in this chapter are:

- 1) Where are the regions of active and repressive chromatin in normal and dysfunctional β -cells?
- 2) Are there differences in open and closed regions of chromatin in normal and β -cells, and how do these change upon β -cell becoming dysfunction?
- 3) How does the global Pdx1, NeuroD1 and MafA occupancy correlate with histone marks in normal β -cells, and do these patterns change upon β -cell dysfunction?
- 4) Are there bivalent domains in normal β -cells? Do these domains change upon β -cell dysfunction?

To answer these questions, I have profiled H3K4me3 (an active mark of chromatin), H3K27me3 (a repressive mark of chromatin) in normal β -cells to identify regions of chromatin that are actively transcribed and those that are not, and compared that with the same histone marks identified in β -cells that have a decrease in GSIS after treatment with high glucose and fatty acids, i.e. dysfunctional β -cells. I have also used the FAIRE technique¹⁸⁸ to identify regions of open and closed chromatin in normal and dysfunctional β -cells. FAIRE performed in human cells strongly enriches DNA coincident with the location of DNaseI hypersensitive sites, TSS, active promoters, and also displays cell-type-specific patterns¹⁸⁸.

5.2. RESULTS

5.2.1. GENERATION OF DYSFUNCTIONAL BETA-CELLS

The main function of the β -cell is to secrete insulin in response to a glucose stimulus. Response to an environmental stimulus is not only a metabolic one, the physiological long term adaptation of pancreatic β -cells is driven by stimuli such as glucose and incretin hormones acting via cAMP (e.g. Glp-1) and involves regulated gene expression. Several rapidly inducible immediate-early genes (IEGs) have been identified in β -cells. Many of these IEGs code for transcription factors and have the potential to control the transcription of downstream target genes likely involved in long term cellular adaptation²⁷⁸.

Exposure of isolated islets and insulin-secreting cells to elevated levels of fatty acids *in vitro* impairs *Insulin* gene expression when glucose concentrations are concomitantly elevated⁵⁷. Palmitate and oleate inhibit insulin secretion, but only palmitate impairs *Insulin* gene expression, with palmitate impairment of the *Insulin* gene appearing to be mediated by direct inhibition of Insulin promoter activity²⁷⁹. Palmitate inhibits Pdx1 and MafA binding activities through different mechanisms: culture of isolated islets in the presence of palmitate prevents the nuclear translocation of Pdx1 that normally occurs upon glucose stimulation, while it blocks glucose induction of *MafA* mRNA expression²⁸⁰. The combined over-expression of Pdx1 and MafA prevents palmitate inhibition of *Insulin* gene expression in isolated rat islets, highlighting the essential role for these two transcription factors in the mechanisms of lipotoxicity²⁸⁰. Basal K_{ATP} channel activity was 40% lower in islets cultured at 4.5mM and palmitate, and 60% lower in islets cultured at 15mM glucose plus either palmitate or oleate²⁸¹. Insulin content decreased by 75% in islets exposed to FFAs in the presence of high (15mM) but not low (4.5mM) glucose concentrations, but the number of secretory granules was unchanged²⁸¹.

To induce β -cell dysfunction, I chose to treat cells with high glucose and palmitate. NIT-1 cells were treated in triplicate with 20 or 25mM glucose and 0.3 or 0.4mM palmitate, and GSIS assays were performed. The cells were starved for 2 hours at 37°C before incubation with 1xKRH for 1 hour (basal secretion) before incubation with 1XKRH with 20mM glucose for 1 hour (stimulated secretion). Released insulin in the supernatant was quantified with ELISA in technical triplicates. As Figure 40 shows, compared to cells grown under normal conditions, there is the most reduction in GSIS (60%) under conditions of 20mM glucose and 0.4mM palmitate. The increase in the GSIS response when the cells are treated with 20mM glucose compared to 15mM glucose has been observed before, and is probably due to the fact basal levels of insulin released is higher in cells treated with higher concentrations of glucose²⁸².

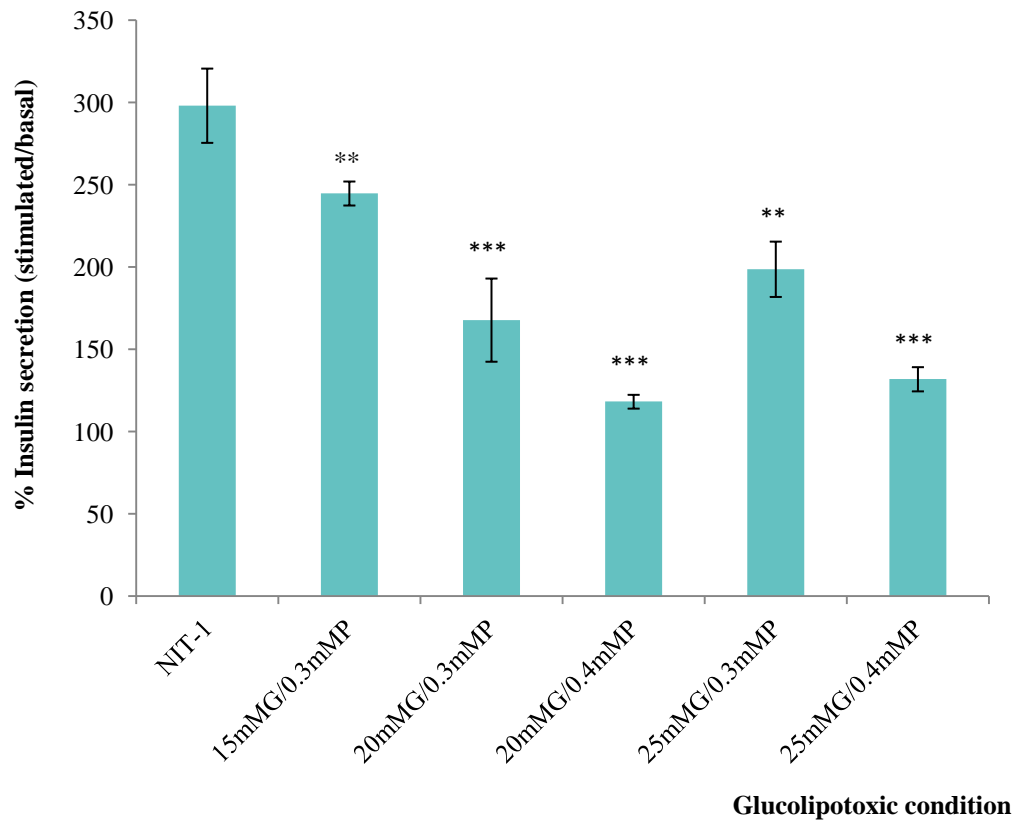


Figure 40. GSIS of NIT-1 cells treated with different concentrations of glucose and palmitate. NIT-1 cells were treated in triplicate with 20 or 25mM glucose (G) and 0.3 or 0.4mM palmitate (P), and GSIS assays were performed. The cells were starved for 2 hours at 37°C before incubation with 1xKRH for 1 hour (basal secretion) before incubation with 1XKRH with 20mM glucose for 1 hour (stimulated secretion). Released insulin in the supernatant was quantified with ELISA in technical triplicates and the values are means \pm SE (n=3). ***p \leq 0.01, **p \leq 0.02. NIT-1 cells treated with 20mM glucose and 0.4mM palmitate showed the most decrease (60%) in the GSIS response.

5.2.2. GLOBAL LANDSCAPE OF ACTIVATING AND REPRESSIVE REGIONS OF CHROMATIN IN NORMAL AND DYSFUNCTIONAL BETA-CELLS

To look at H3K4me3 and H3K27me3 marks in normal and dysfunctional β -cells, I performed ChIP in normal NIT-1 β -cells and dysfunctional β -cells (with two conditions: cells treated with 15mM glucose and 0.3mM palmitate, and 20mM glucose and 0.4mM palmitate) with the H3K4me3 and H3K27me3 antibodies. When I performed the experiments in early 2010, there was no prior knowledge of where active and repressive regions of chromatin in β -cells were located. I therefore hypothesized that the *Ins1* gene would be active (i.e. H3K4me3-enriched), and that *MyoD* and *Utf1* (identified to not be bound by Pdx1, NeuroD1 nor MafA, Chapter 3) would be more repressed (i.e. H3K27me3-enriched). The *RIK2600* gene is bound by Pdx1 and NeuroD1 in normal NIT-1 cells, so I included that as a potential positive control for the H3K4me3 ChIP. Fold enrichment represents the abundance of enriched DNA fragments over a negative control region not bound by the antibody of interest, and I also reasoned that the regions highly enriched for H3K4me3 would probably not be marked by H3K27me3 and vice versa, so the regions highly enriched for H3K4me3 could serve as the negative control region for the H3K27me3 ChIP, and vice versa.

H3K4me3 was enriched at the *Ins1* gene in both normal and dysfunctional β -cells relative to *MyoD*, and the *RIK2600* gene showed a decrease in the level of H3K4me3 enrichment as the concentration of glucose and palmitate increased (Figure 41A). The other negative control region for the H3K4me3 ChIP was *Utf1*, and it showed no enrichment for H3K4me3 relative to *MyoD*. The converse was seen for the H3K27me3 ChIP, with low levels of enrichment for *Ins1* relative to *RIK2600* (the other negative control region for the H3K27me3 ChIP), and high enrichments for *MyoD* and *Utf1* (Figure 41B).

I extended the search to a genome-wide level, and performed ChIP-Seq with H3K4me3 and H3K27me3 on normal NIT-1 β -cells and dysfunctional β -cells. I selected dysfunctional β -cells treated with 20mM glucose and 0.4mM palmitate for subsequent genome-wide

experiments because the enrichments for H3K4me3 and H3K27me3 were higher in those conditions than in 15mM glucose and 0.3mM palmitate. There was also more of a decrease in the GSIS response in cells treated with 20mM glucose and 0.4mM palmitate (Figure 40). The ChIPs were performed in biological duplicates (i.e. chromatin was harvested on cells treated on two separate occasions with high glucose and fatty acids and ChIPs performed on separate days) and validated the quality of the ChIPs in the same fashion as in Figure 41 before preparing the sample for sequencing. Input DNA was sequenced as a control for background noise in both normal and dysfunctional β -cells, and subsequent reads mapped against that.

I also performed FAIRE on normal and dysfunctional β -cells to identify regions of open and closed chromatin. DNA segments that actively regulate transcription *in vivo* are typically characterized by eviction of nucleosomes from chromatin and are experimentally identified by their hypersensitivity to nucleases. In FAIRE, chromatin is cross-linked with formaldehyde *in vivo*, sheared by sonication, and phenol-chloroform extracted. Cross-linking between histones and DNA (or between one histone and another) is likely to dominate the chromatin crosslinking profile^{283,284}. Therefore, covalently linked protein–DNA complexes are sequestered to the organic phase, leaving only protein-free DNA fragments in the aqueous phase, which is then recovered and prepared for sequencing. For the background reference, the same procedure is performed on a portion of the cells that had not been fixed with formaldehyde (identical to a traditional phenol-chloroform extraction), and sequenced.

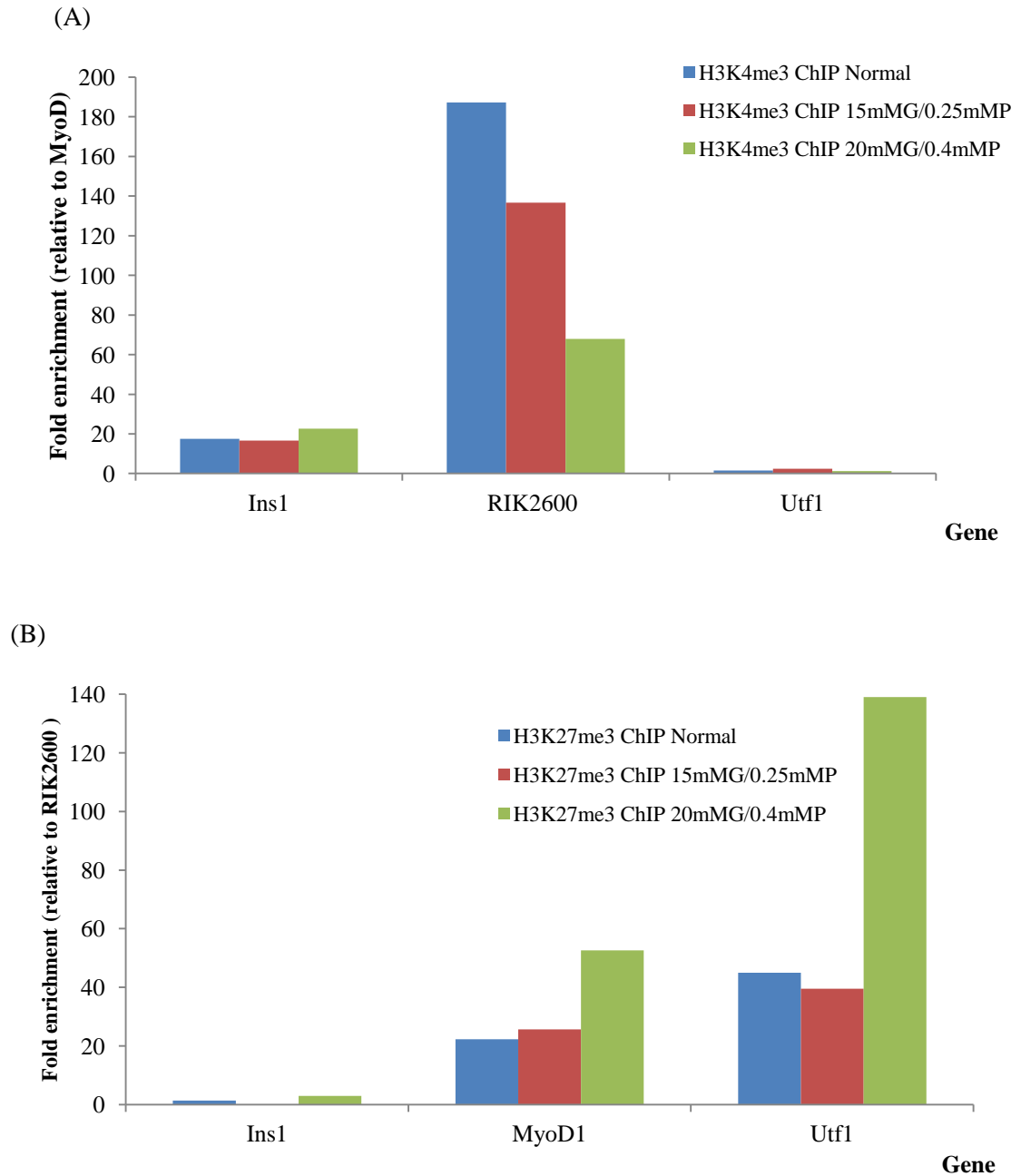


Figure 41. ChIP of H3K4me3 and H3K27me3 in normal NIT-1 β -cells and β -cells treated with varying concentrations of glucose and palmitate. Chromatin from NIT-1 cells in different treatment conditions: normal media (blue bars), 15mM glucose and 0.25mM palmitate (red bars) and 20mM glucose and 0.4mM palmitate (red bars) was sheared and ChIP was performed with antibodies against (A) H3K4me3 and (B) H3K27me3. Fold enrichment represents the abundance of enriched DNA fragments over a control region. Each ChIP experiment was performed with three technical replicates for each RT-PCR, and the average of the normalized ratio to the target gene/control region was calculated and presented. This data is representative of ChIP experiments performed in three biological replicates.

In analysis of the H3K4me3 and H3K27me3 ChIP-Seq libraries, raw mapped reads were compiled for each biological duplicate and HOMER¹⁸⁹ was used for peak calling. Control samples (genome sequencing without antibodies for H3K4me3 and H3K27me3) were used as the background input, with two-fold enrichment relative to the background and FDR 0.001 as the thresholds. For FAIRE analysis, F-Seq¹⁹⁰ was used for peak identification using the raw mapped reads. The sequencing output of DNA without formaldehyde fixation was used for the control, and the identified peaks from the control sequencing were subtracted from those in FAIRE sequencing. The standard deviation of 6.0 was used for the threshold. The closest TSS from each peak was identified for gene annotation.

There was a notably larger number of FAIRE peaks for dysfunctional β -cells than normal cells, 61962 in contrast to 46668 (Table 10). There was also an increase in the number of H3K4me3 ChIP-Seq peaks in dysfunctional β -cells when compared to normal β -cells, 15780 peaks vs. 14204. There was a decrease in H3K27me3 peaks in dysfunctional β -cells, 10739 compared to 12686 peaks in normal β -cells. At the promoter regions, there were also more FAIRE peaks (5720) and H3K4me3 (3117) peaks in dysfunctional β -cells than normal cells, which had 341 FAIRE peaks and 2892 H3K4me3 peaks. There was a decrease in the number of H3K27me3 peaks located at the promoter in dysfunctional β -cells (555) compared to normal β -cells (664). Taken together, it suggests that there is an increase in the global level of open chromatin at the promoters of dysfunctional β -cells when compared to normal β -cells.

The average profile of H3K4me3 was plotted across the TSS and there was a binomial distribution of peaks at the TSS (Figure 42). The peak downstream of the TSS was higher, compared to the peak before the TSS, this is consistent with the profile of H3K4me3 normally seen at promoters¹³⁶, and probably demarcates transcription factor binding. There was a dip in peaks at the end of the TSS, also consistent with previous reports¹³⁶. The average profile of H3K27me3 was plotted across the TSS and there was a single peak at the TSS (Figure 43).

| | Normal | | | Dysfunctional | | |
|--------------------|--------|---------|----------|---------------|---------|----------|
| | FAIRE | H3K4me3 | H3K27me3 | FAIRE | H3K4me3 | H3K27me3 |
| # total peaks | 46668 | 14204 | 12686 | 61962 | 15780 | 10739 |
| # promoter peaks | 341 | 2892 | 664 | 5270 | 3117 | 555 |
| # TSS peaks | 347 | 259 | 115 | 458 | 268 | 80 |
| # 5'UTR peaks | 6 | 566 | 76 | 92 | 612 | 47 |
| # intergenic peaks | 14306 | 1205 | 4972 | 7657 | 1820 | 4150 |

Table 10. Summary of mapped reads and peak calling of FAIRE, H3K4me3 and H3K27me3 ChIP-Seq libraries in normal and dysfunctional β -cells.

Raw mapped reads (in BED format) were compiled for each biological duplicate and were used for peak calling by HOMER¹⁸⁹. Control samples (genome sequencing without antibodies for H3K4me3 and H3K27me3) were used as the background input, with two-fold enrichment relative to the background and an FDR of 0.001 were used as the thresholds. For the FAIRE experiments, F-Seq¹⁹⁰ was used for peak identification based on the raw mapped reads. The sequencing output of DNA without formaldehyde fixation was used for control. The identified peaks from the control sequencing were subtracted from those in FAIRE sequencing. (Dr Choi performed this analysis.)

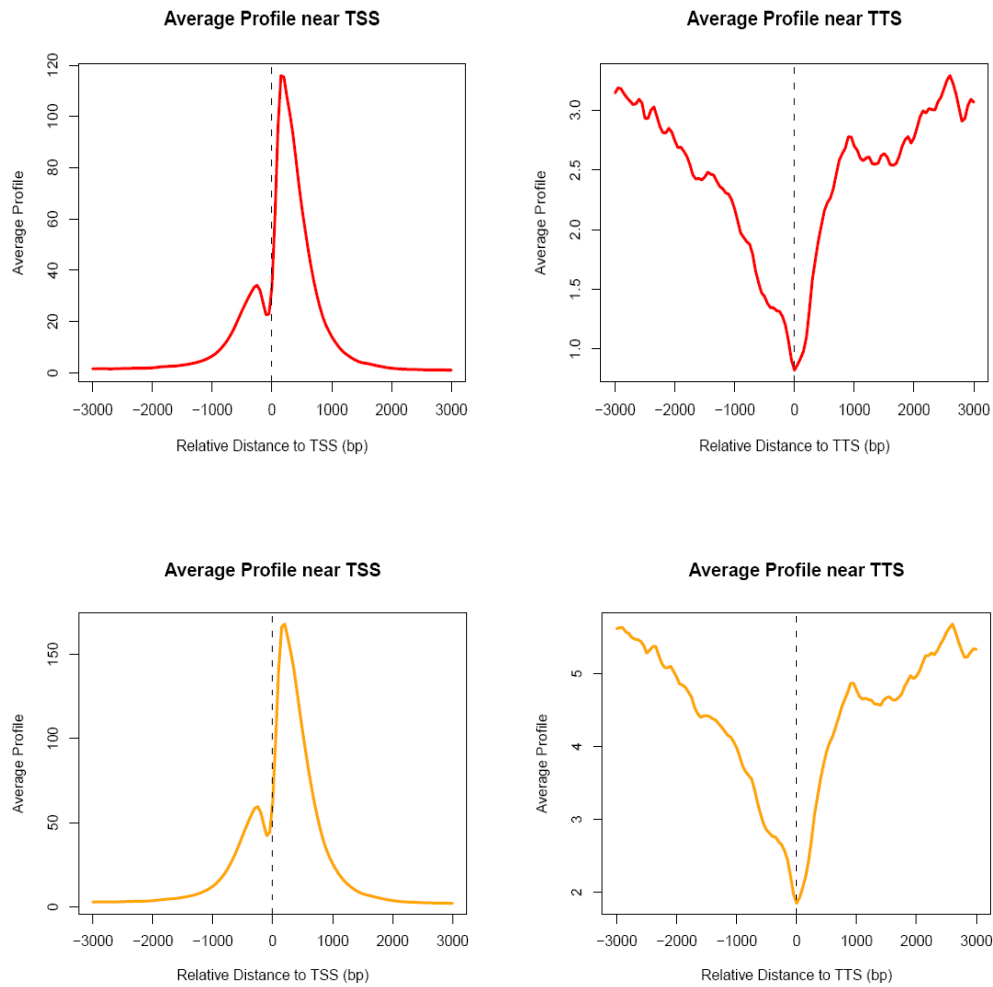


Figure 42. H3K4me3 methylation at TSS. The average profile of H3K4me3 was plotted across the TSS and there was a binomial distribution of peaks at the TSS. Y axis: modification level or DNA-binding level. (Dr Choi performed this analysis.)

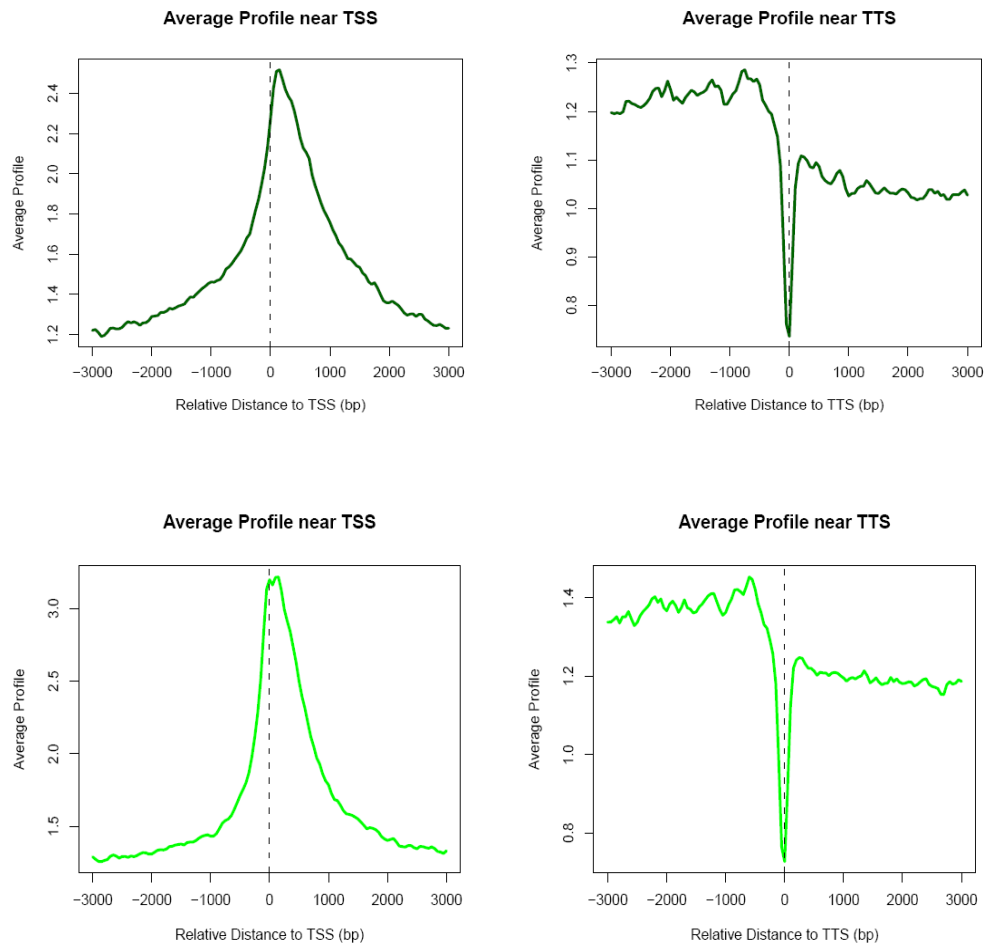


Figure 43. H3K27me3 methylation at TSS. The average profile of H3K27me3 was plotted across the TSS and there was a distribution of peaks at the TSS. (Dr Choi performed this analysis.)

It was interesting that there was more open chromatin in dysfunctional β -cells especially in the FAIRE libraries. I hypothesized there were differences in the *cis*-regulatory elements found at the open chromatin regions, so motif finding was performed with these libraries. The motif lengths of 8, 10, and 12bp were searched against the repeat-masked mm8 *Mus musculus* genome and position-specific weight matrices were calculated based on the HOMER database. Motif analysis of open chromatin in normal cells show top enrichments for the transcription factors FoxA1 (p value = 1.15E-42), FoxA2 (p value = 8.27E-42), POU class 5 homeobox 1 (Oct)-4 (p value = 7.06E-32), POU class 3 homeobox (Oct)-2 (p value = 1.59E-30), and Pdx1 (p value = 7.78E-29) (Table 11A). The transcription factor Upstream stimulating factor (Usf)-1 was also in the top 20 enriched motifs, with a p value of 2.24E-06. In contrast, open chromatin of dysfunctional β -cells show top enrichments for general regulators such as Sp transcription factor (Sp)-1 (p value = 1.09E-109), CTCF (p value = 1.42E-54) and Nfy(CCAT)-binding factor (p value = 4.73E-53) (Table 11B). A full list of motifs are listed in Supplementary Table 7.

All these indicate that in dysfunctional cells, open chromatin is biased to binding sites for general transcription factors, while in normal cells, tissue-specific TF binding sites tend to have a more open chromatin configuration.

(A)

| Motif Name | p-value |
|--|----------|
| FOXA1(Forkhead)/LNCAP-FOXA1-ChIP-Seq/Homer | 1.15E-42 |
| Foxa2(Forkhead)/Liver-Foxa2-ChIP-Seq/Homer | 8.27E-42 |
| Oct4(POU/Homeobox)/mES-Oct4-ChIP-Seq/Homer | 7.06E-32 |
| Oct2(POU/Homeobox)/Bcell-Oct2-ChIP-Seq/Homer | 1.59E-30 |
| Pdx1(Homeobox)/Islet-Pdx1-ChIP-Seq/Homer | 7.78E-29 |

(B)

| Motif Name | p-value |
|-----------------------------------|-----------|
| Sp1(Zf)/Promoter/Homer | 1.09E-199 |
| Klf4(Zf)/mES-Klf4-ChIP-Seq/Homer | 1.90E-98 |
| CTCF(Zf)/CD4+-CTCF-ChIP-Seq/Homer | 1.42E-54 |
| NFY(CCAAT)/Promoter/Homer | 4.73E-53 |
| NRF1/Promoter/Homer | 2.06E-36 |

Table 11. FAIRE peaks in (A) normal β -cells show tissue-specific transcription factor motifs, while (B) motifs in dysfunctional β -cells show enrichment for general transcription factors.

The motif lengths of 8, 10, and 12bp were searched against the repeat-masked mm8 *Mus musculus* genome and position-specific weight matrices were calculated based on the HOMER's database. (Dr Choi performed this analysis.)

5.2.3. GENES EPIGENETICALLY ALTERED IN DYSFUNCTIONAL BETA-CELLS

I next wanted to know if the genes associated with the respective epigenetic marks in normal and dysfunctional β -cells had similarities in their biological networks and/or molecular roles. To achieve this, I uploaded the RefSeq identity list of nearest associated genes of each chromatin mark in each cellular condition (H3K4me3, H3K27me3, FAIRE in normal and dysfunctional β -cells) into IPA¹⁸⁷ and identified the top biological networks and cellular processes and functions associated with them. I then utilized the comparison function in IPA to compare the matching datasets in the two conditions (genes marked by FAIRE in normal β -cells vs. genes marked by FAIRE in dysfunctional β -cells, and the same for H3K4me3 and H3K27me3).

There was more of an over-representation of genes identified by FAIRE-Seq that are involved in nervous system development in normal β -cells compared to dysfunctional β -cells, and an over-representation of genes involved in connective tissue development and embryonic development in dysfunctional β -cells (Figure 44). In the FAIRE-Seq dataset there are also genes more enriched for infectious mechanisms and infectious diseases in dysfunctional β -cells compared to normal β -cells. It is of interest that there was a higher enrichment for genes involved in cellular growth and proliferation, cell death, cell cycle, molecular transport, DNA replication, recombination and repair, protein synthesis and gene expression in dysfunctional β -cells when compared to normal β -cells. There were also genes involved in protein trafficking enriched only in the dysfunctional β -cells, while genes involved in endocrine system development and function were enriched only in the normal β -cells. This shows that genes identified to be in regions of open chromatin by FAIRE-Seq in dysfunctional β -cells are more enriched for in general cellular regulation and development of other developmental lineages, including embryonic development, when compared to normal β -cells, in agreement with the motifs identified in Section 5.2.2. A full list of genes involved in those pathways is listed in Supplementary Table 8A.

There was an over-representation of genes involved in cellular development, cardiovascular development and function, embryonic development, nervous system and development, organismal development, skeletal and muscular system development and function, tissue development, and respiratory development and function, in the genes enriched for H3K4me3 in dysfunctional β -cells when compared to normal β -cells (Figure 45). Similar to the FAIRE-Seq dataset, there was also an over-representation of genes involved in cellular growth and proliferation, cellular movement, and lipid metabolism in dysfunctional β -cells. Disease-related genes found to be more enriched in the dysfunctional β -cells were those involved in endocrine system disorders, gastrointestinal diseases, genetic disorders, metabolic disease, neurological disease, cardiovascular disease, and psychological disorders. In line with the comparison of genes identified by FAIRE-Seq, these results show that genes identified to be in regions of active chromatin by H3K4me3-Seq in dysfunctional β -cells are more involved in general cell regulatory activities and the development of other lineages, including embryonic development, when compared to normal β -cells. A full list of genes involved in those pathways is listed in Supplementary Table 8B.

Genes implicated in genetic disease, skeletal and muscular disorders, neurological disorders, connective tissue disorders, inflammatory disease, cardiovascular and haematological disease were more enriched for H3K27me3 genes in normal β -cells than dysfunctional β -cells. Genes involved in carbohydrate metabolism were slightly more enriched in the H3K27me3 genes in dysfunctional β -cells when compared to normal β -cells (Figure 46). Similarly, genes implicated in nutritional disease were only identified to be significantly enriched for H3K27me3 genes in dysfunctional β -cells and not in normal β -cells. There are more genes enriched for H3K27me3 in normal β -cells involved in system development and function, namely the nervous system development and function, renal and urological, skeletal and muscular, cardiovascular, embryonic development. There was an over-representation of genes with H3K27me3 involved in cell morphology, cell-to-cell signalling and interaction and cell death, in normal β -cells when compared to dysfunctional β -cells. Interestingly, there are more

genes associated with H3K27me3 involved in organismal injury and abnormalities in dysfunctional β -cells than normal cells. This shows that genes identified to be in repressive regions of chromatin by H3K27me3-Seq in normal β -cells are enriched for the development and function of different lineages, various diseases, and cell regulation. A full list of genes involved in those pathways is listed in Supplementary Table 8C.

Taken together, the comparison of the genes associated with the respective epigenetic marks in normal and dysfunctional β -cells demonstrates that there is a significant increase in genes involved in cellular regulatory activities and the specification of other developmental lineages in dysfunctional β -cells.

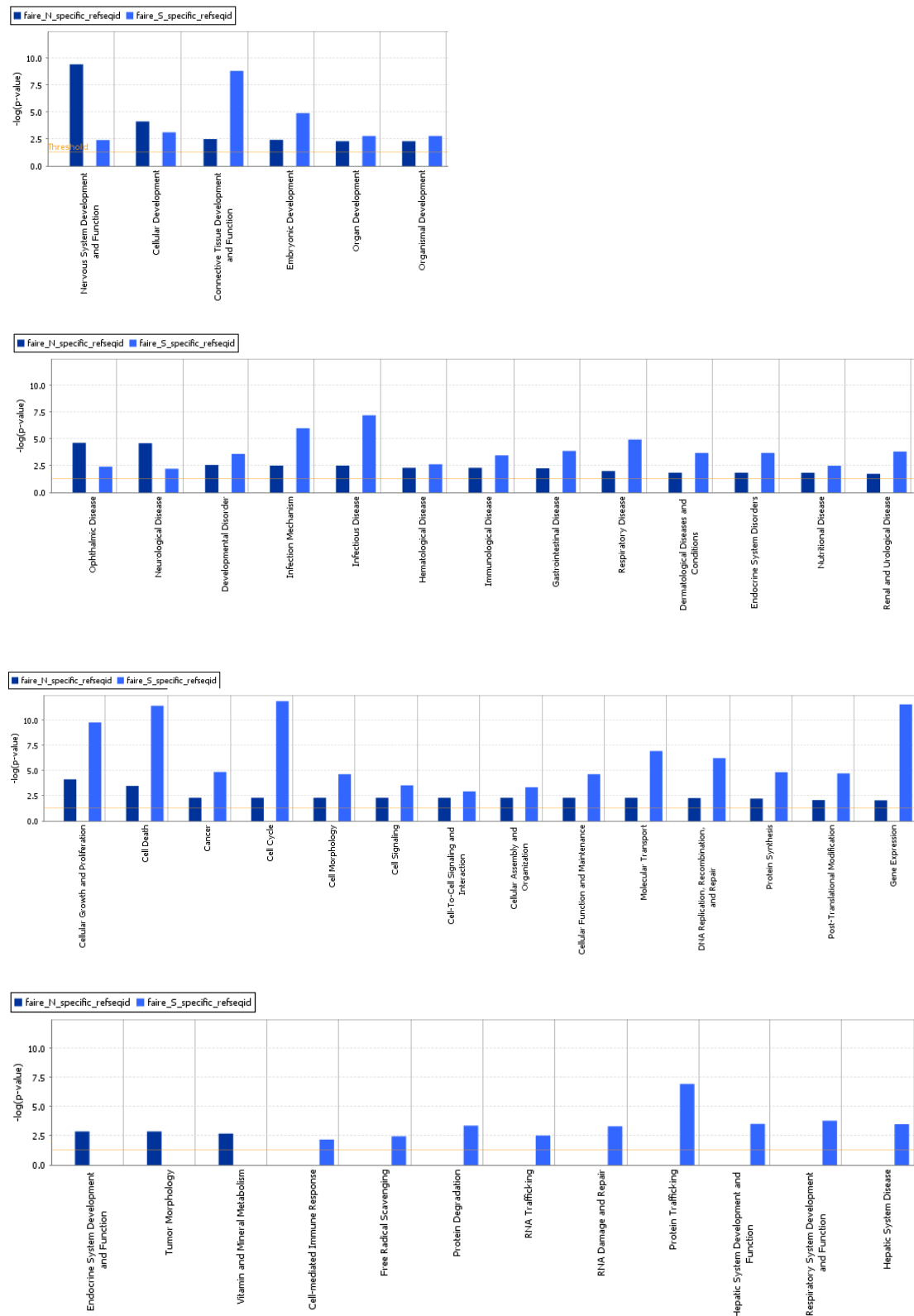


Figure 44. Comparison of FAIRE-peaks in normal and dysfunctional β -cells with IPA shows more enrichment of genes involved in general cellular regulation and development of other developmental lineages in dysfunctional β -cells. N= normal β -cells, S= dysfunctional β -cells.

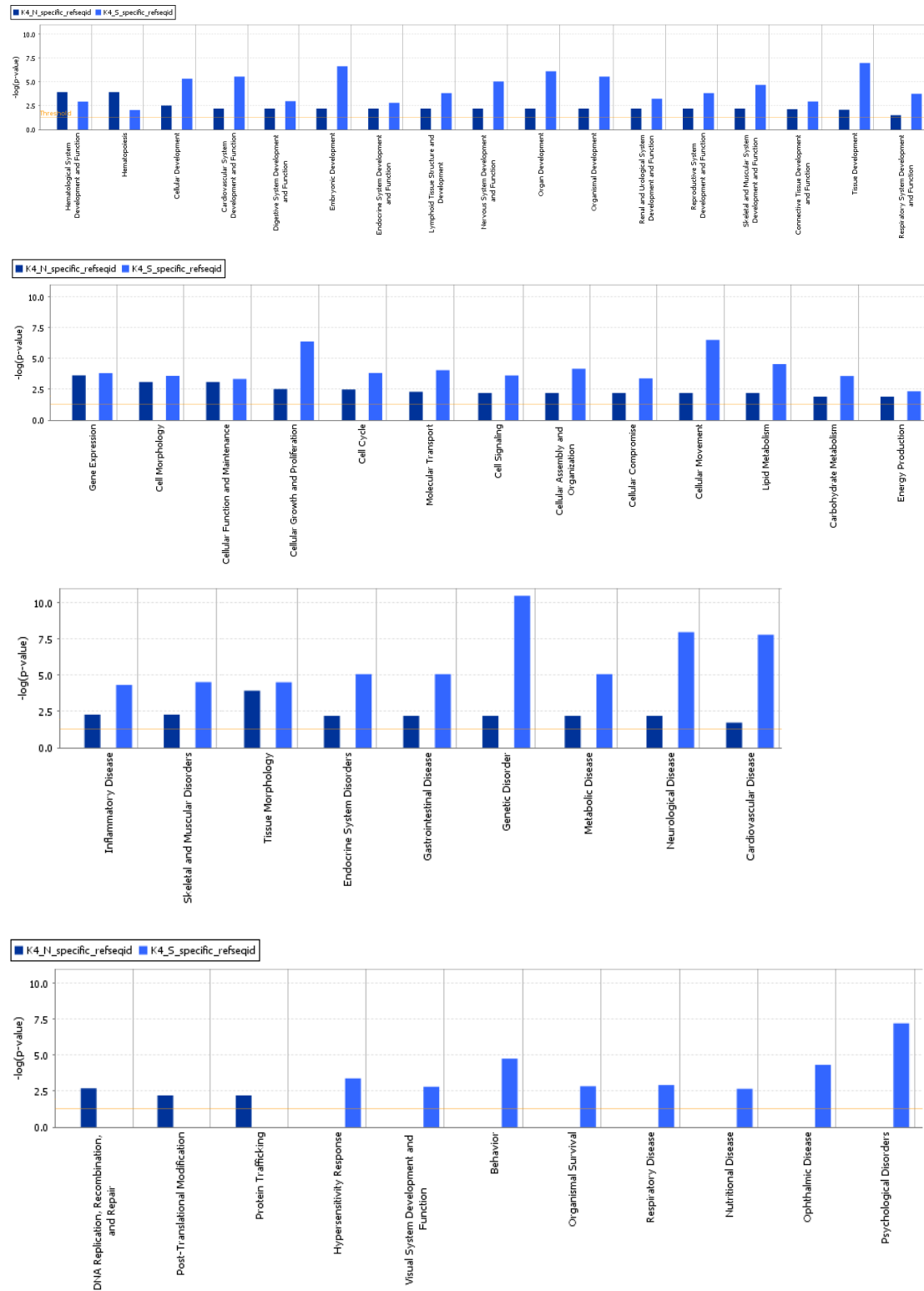
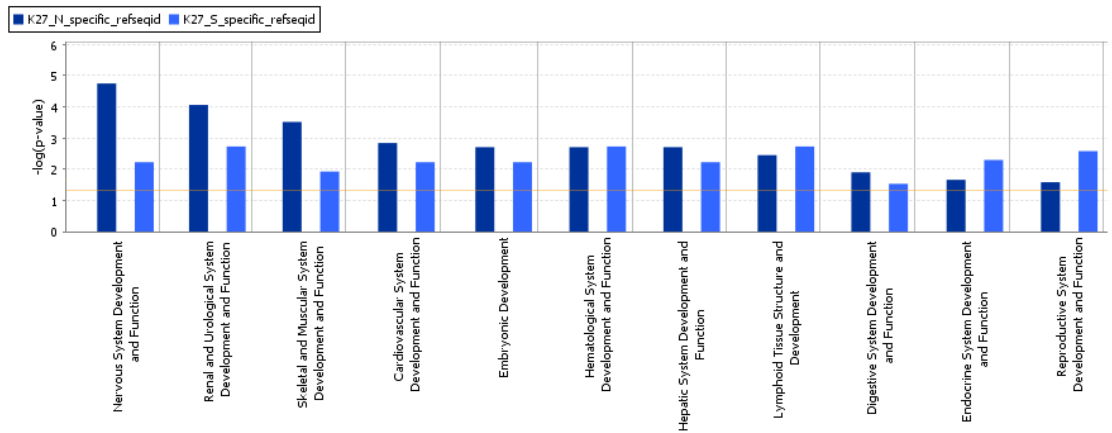
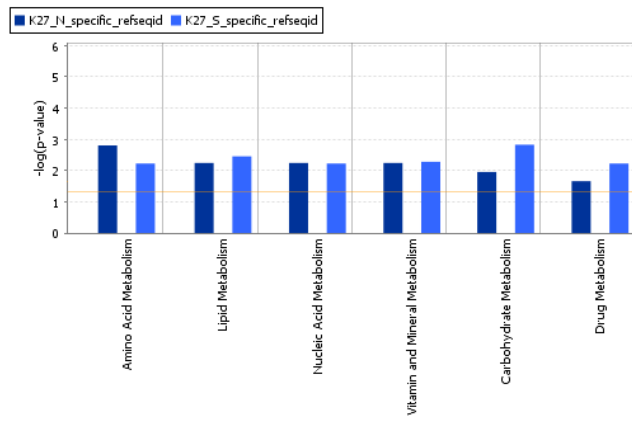
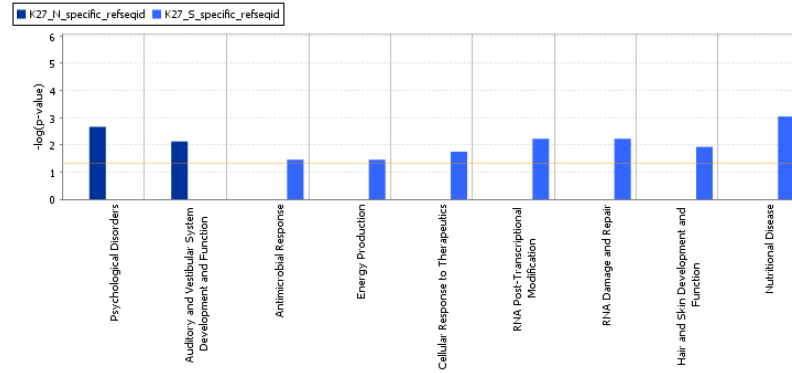
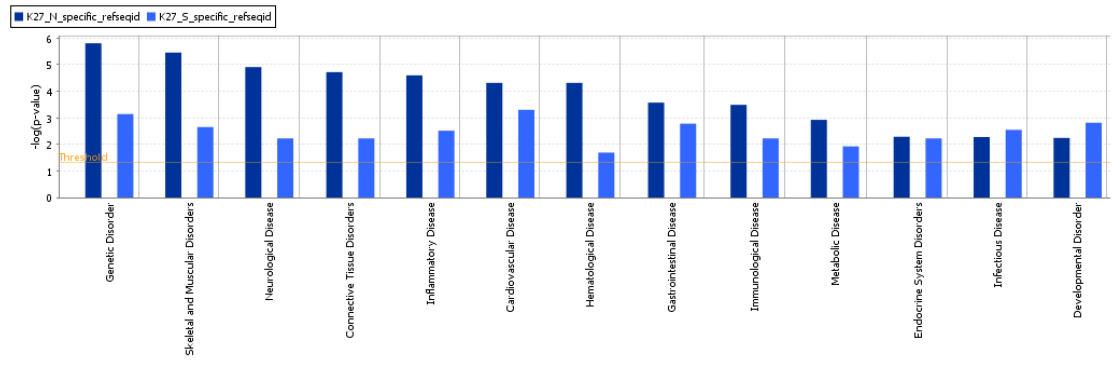


Figure 45. Comparison of H3K4me3-peaks in normal and dysfunctional β -cells with IPA shows more enrichment of genes involved in general cellular regulation and development of other developmental lineages in dysfunctional β -cells. N= normal β -cells, S= dysfunctional β -cells.



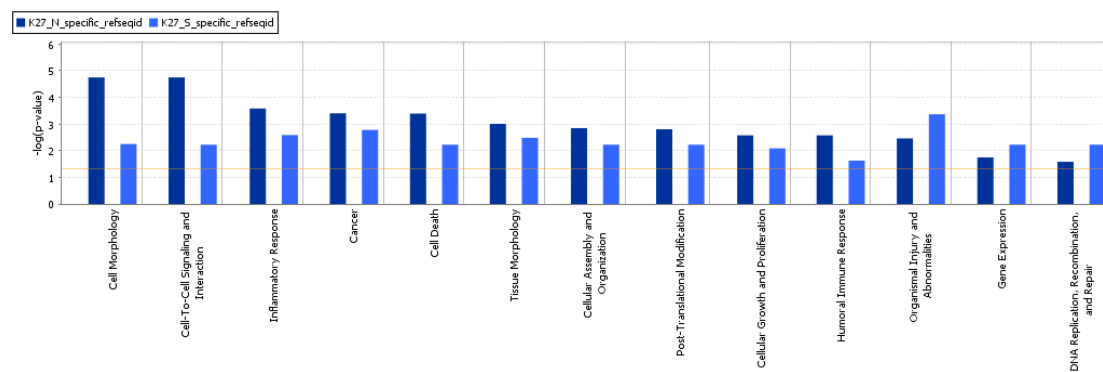
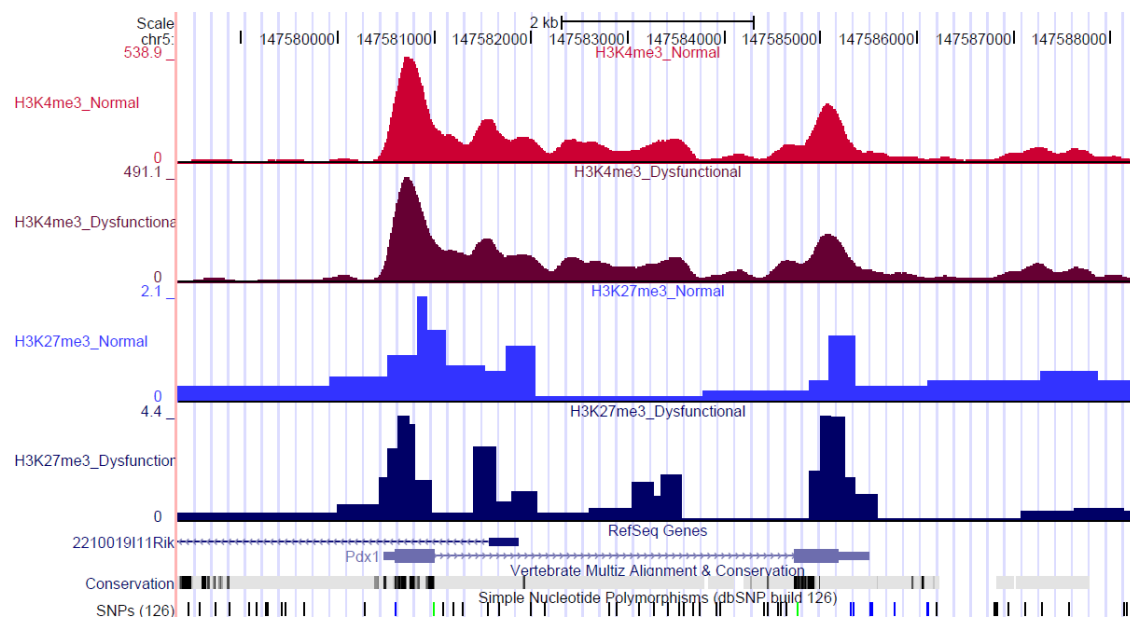


Figure 46. Comparison of H3K27me3-peaks in normal and dysfunctional β -cells with IPA shows more enrichment of genes involved in the development and function of different lineages, various diseases, and cell regulation in normal β -cells. N= normal β -cells, S= dysfunctional β -cells.

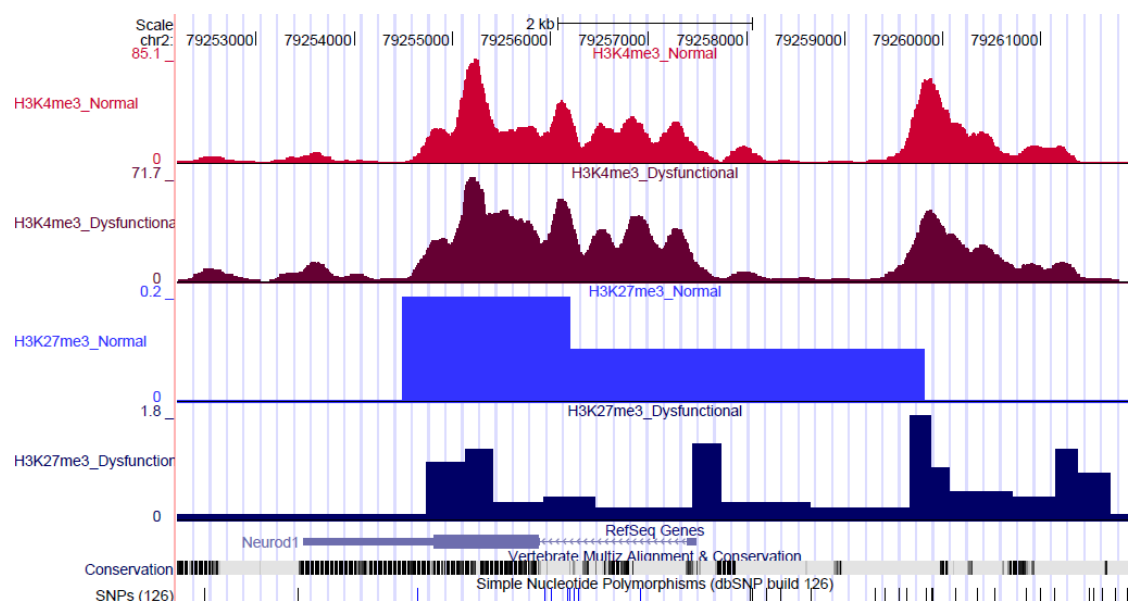
5.2.4. DYSFUNCTIONAL BETA-CELLS ARE REPRESSIVELY MARKED AT IMPORTANT B-CELL GENES

I next wanted to see if specific genes important for normal β -cell function had differential chromatin profiles in dysfunctional β -cells, so ChIP-Seq peaks were visualized in the UCSC genome browser with the NCBI36/mm8 *Mus musculus* reference assembly. As shown in Figure 47, (A) *Pdx1*, (B) *NeuroD1*, (C) *MafA* are marked by less H3K4me3 in dysfunctional β -cells than in normal cells, as evidenced by the decrease in number of tags in the y axis. This was coupled with an increase in the number of H3K27me3 tags at the same locations. Surprisingly, *Ins1* (Figure 47D) had a slight decrease in the number of H3K4me3 tags at the promoter. I next looked at some genes important for the response of β -cells to a glucose stimulus (highlighted in Chapter 3, Table 9). There was less H3K4me3 at *Glut2*, *Snap25*, *Vamp2*, *Cacna1a*, *Chgb*, *Kirrel6.2*, *Sytl4*, *Stxbp1*, and *Syt7*, coupled with an increase in H3K27me3 (Figure 47E-M). I also looked at genes involved in other β -cell functions, and *Ucp2* (Figure 47N), and *Usf1* (Figure 47O) had the same pattern of chromatin remodelling.

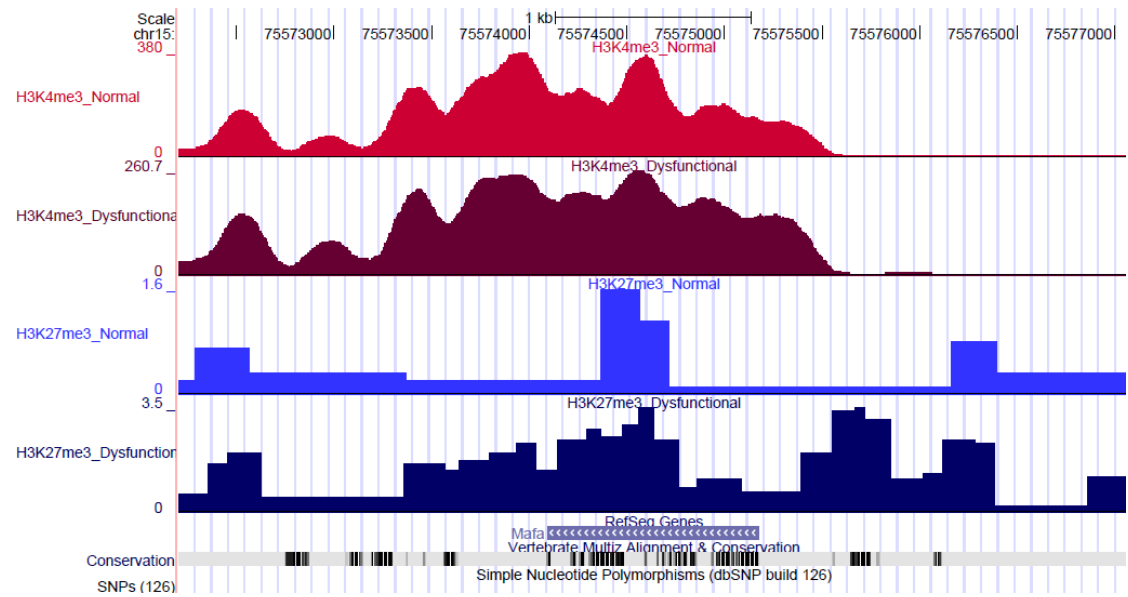
(A) Pdx1



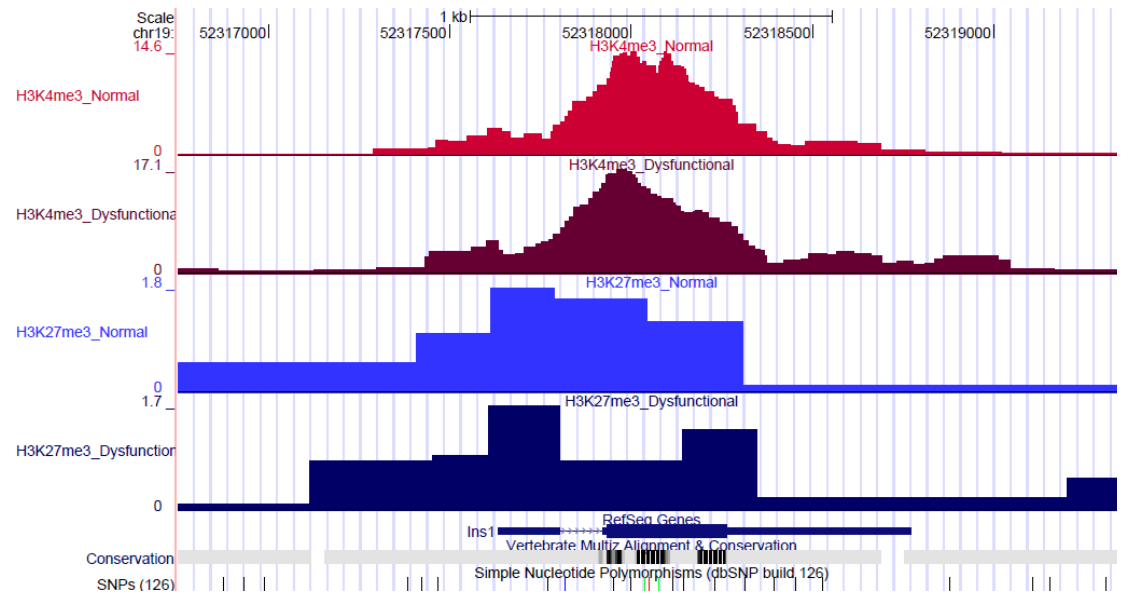
(B) NeuroD1



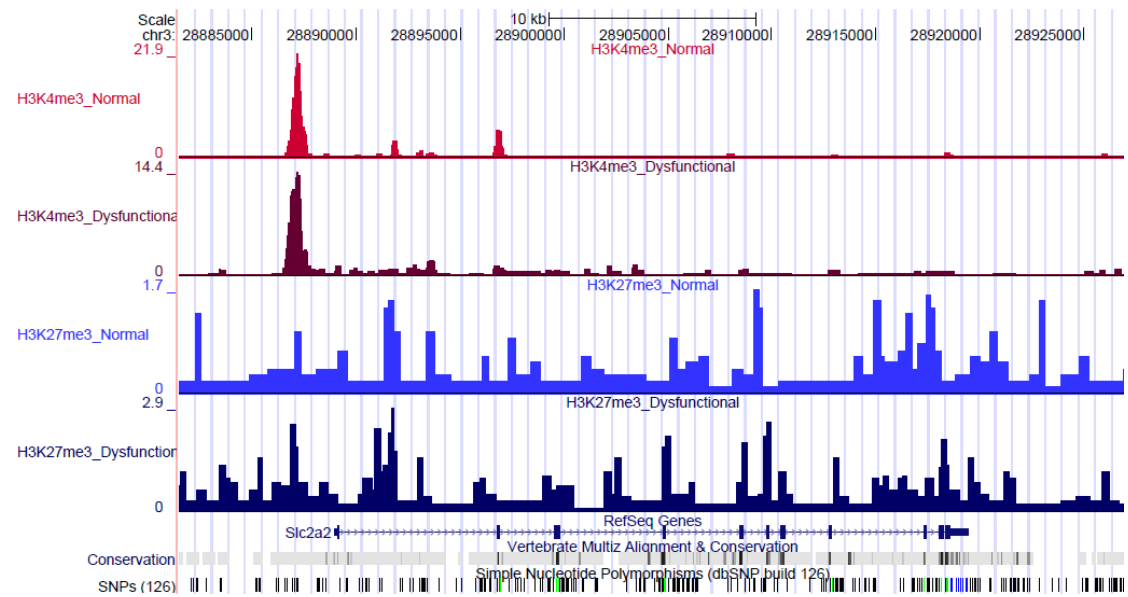
(C) MafA



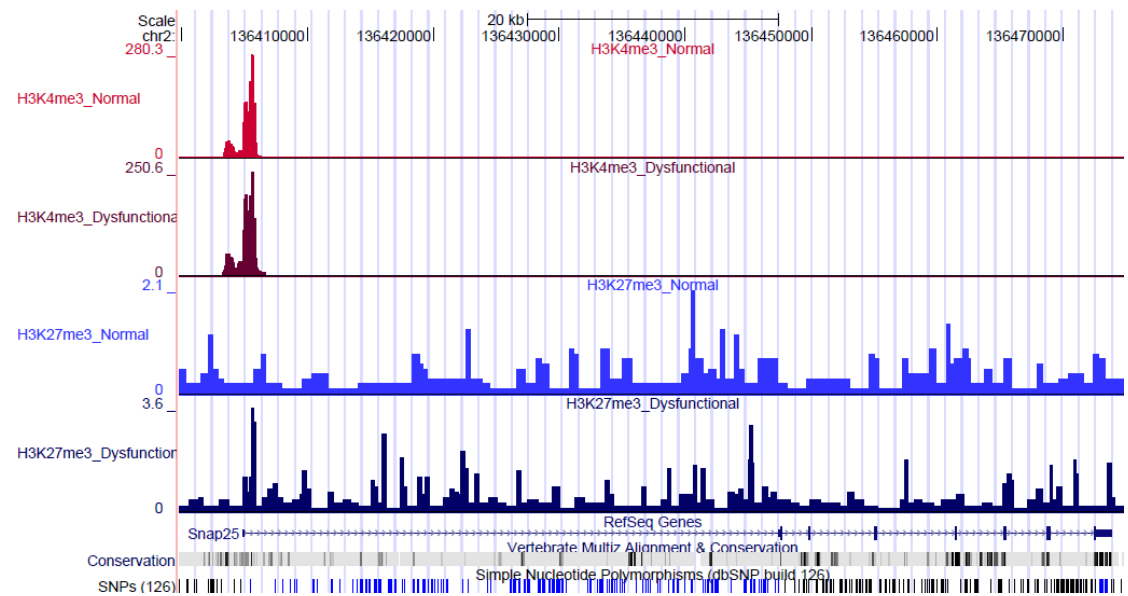
(D) Ins1



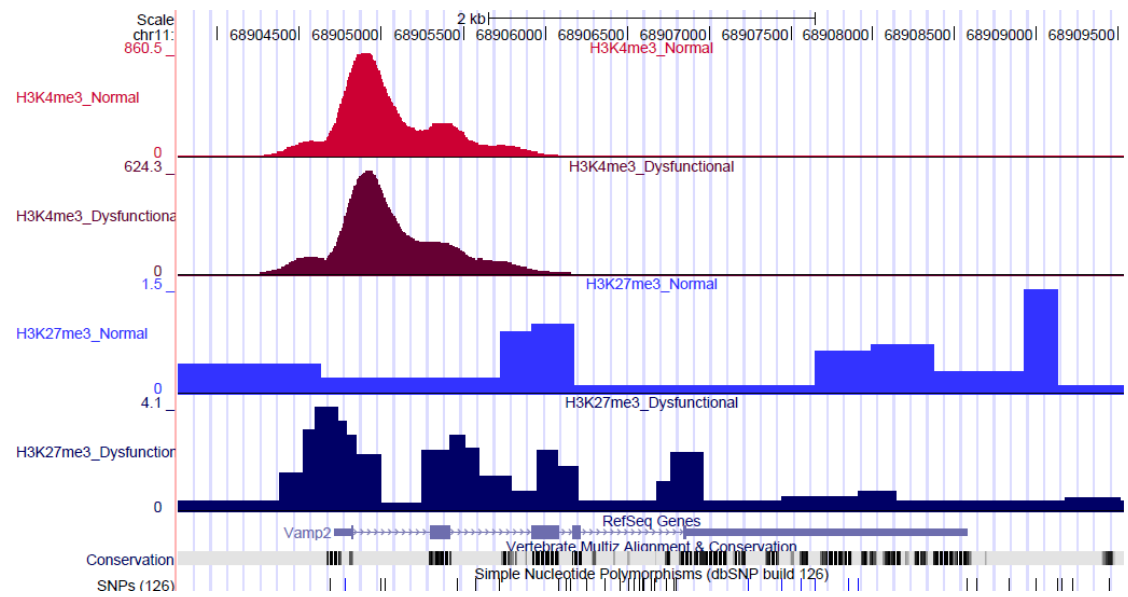
(E) Slc2a2



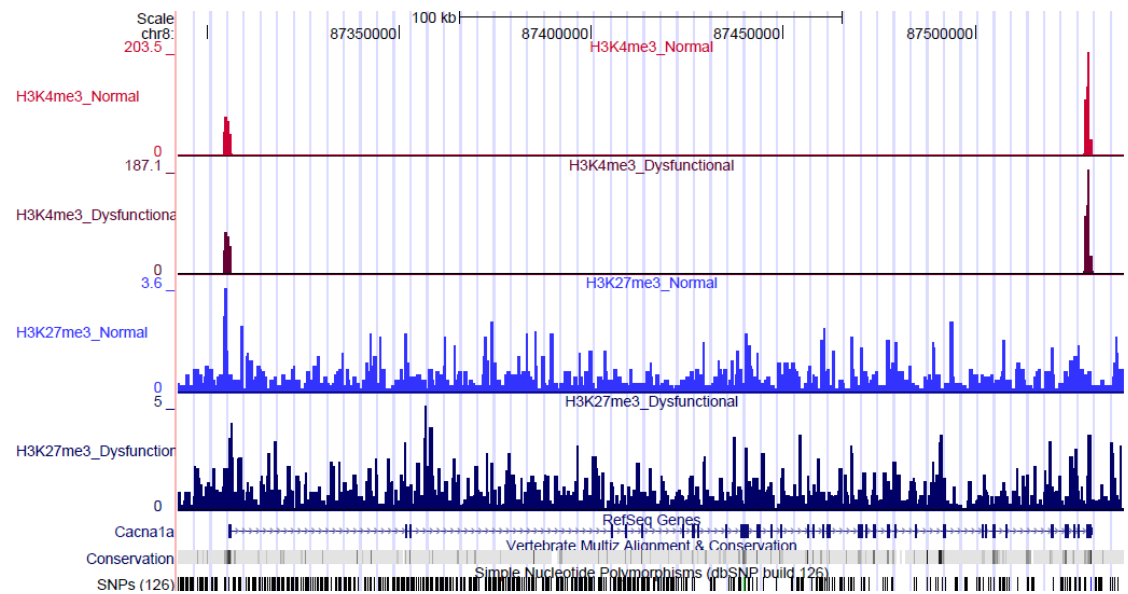
(F) Snap25



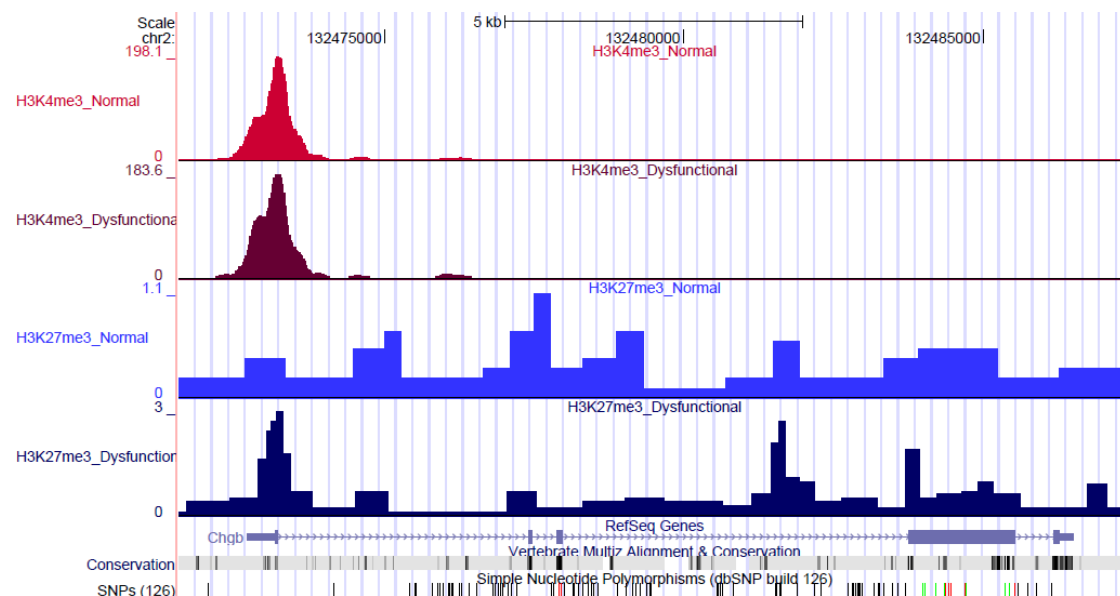
(G) *Vamp2*



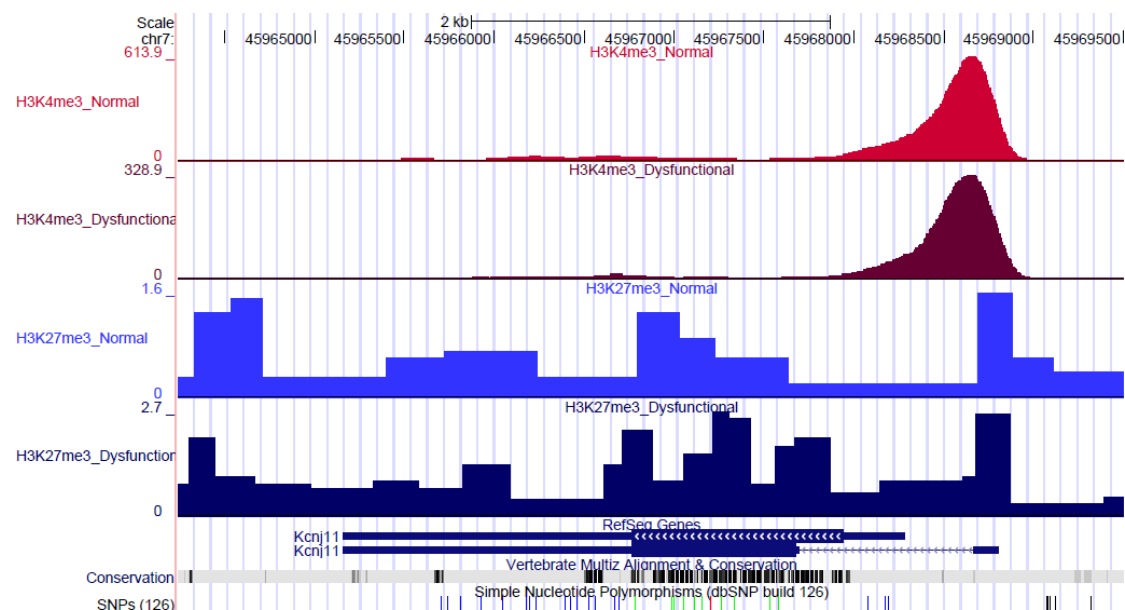
(H) *Cacna1a*



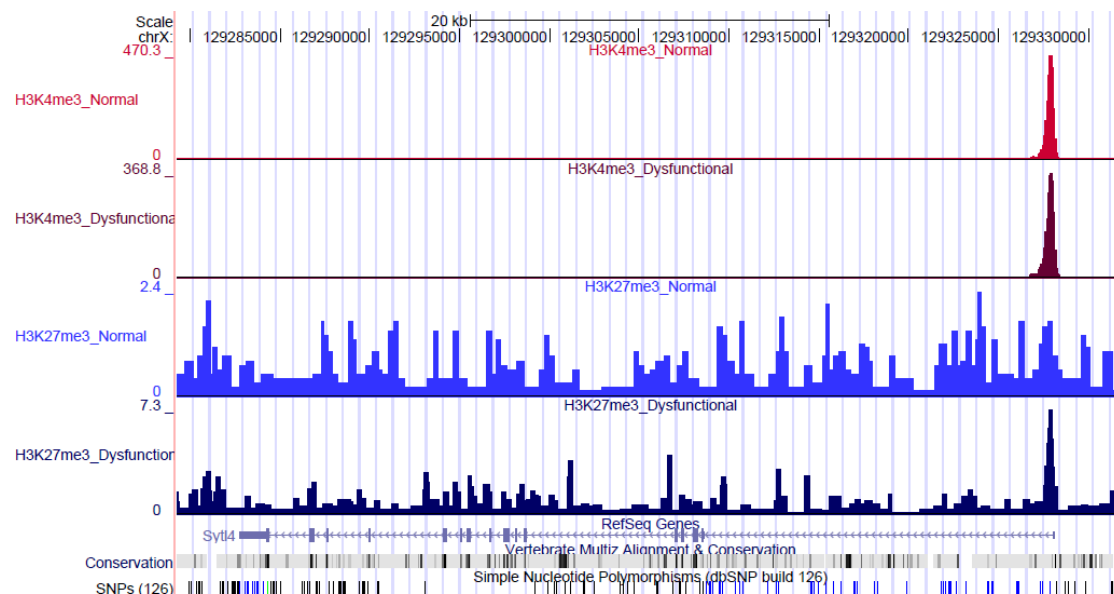
(I) Chgb



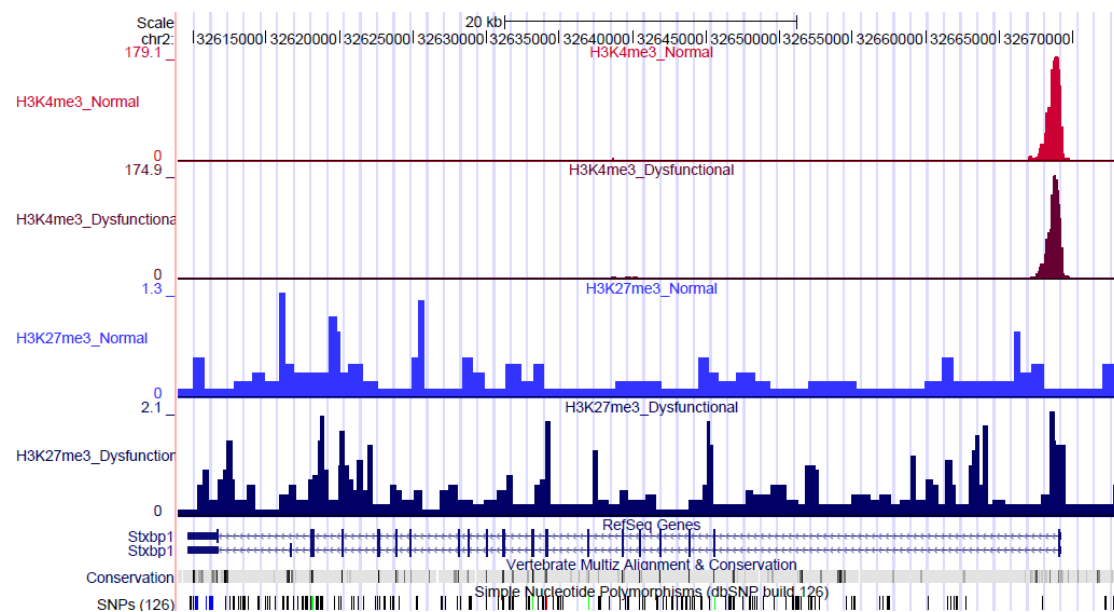
(J) Kirrel6.2



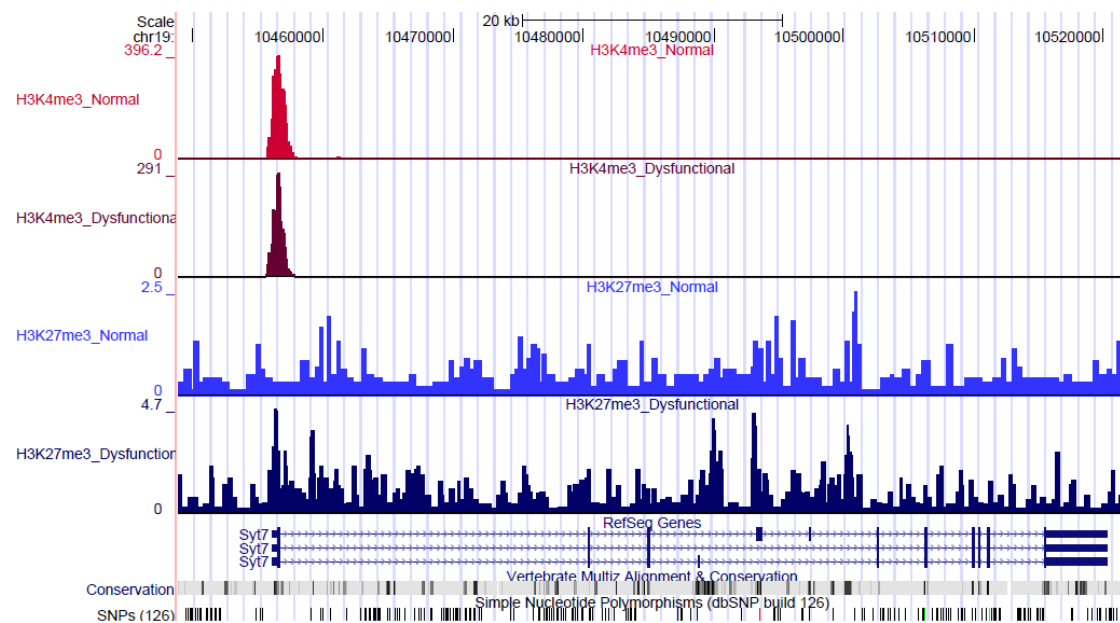
(K) Sytl4



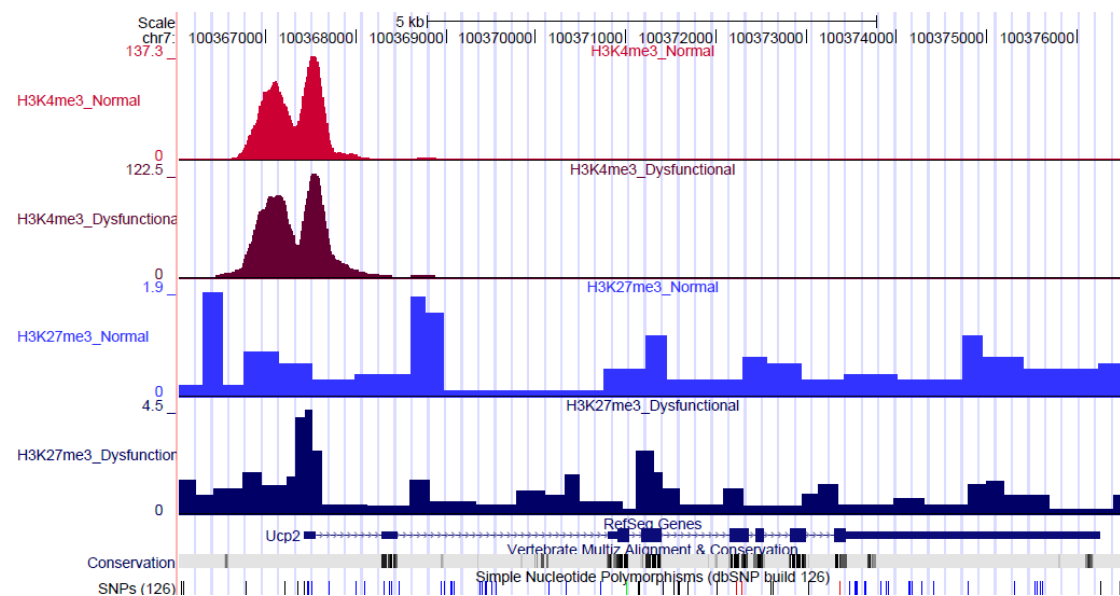
(L) Stxbp1



(M) Syt7



(N) Ucp2



(O) Usf1

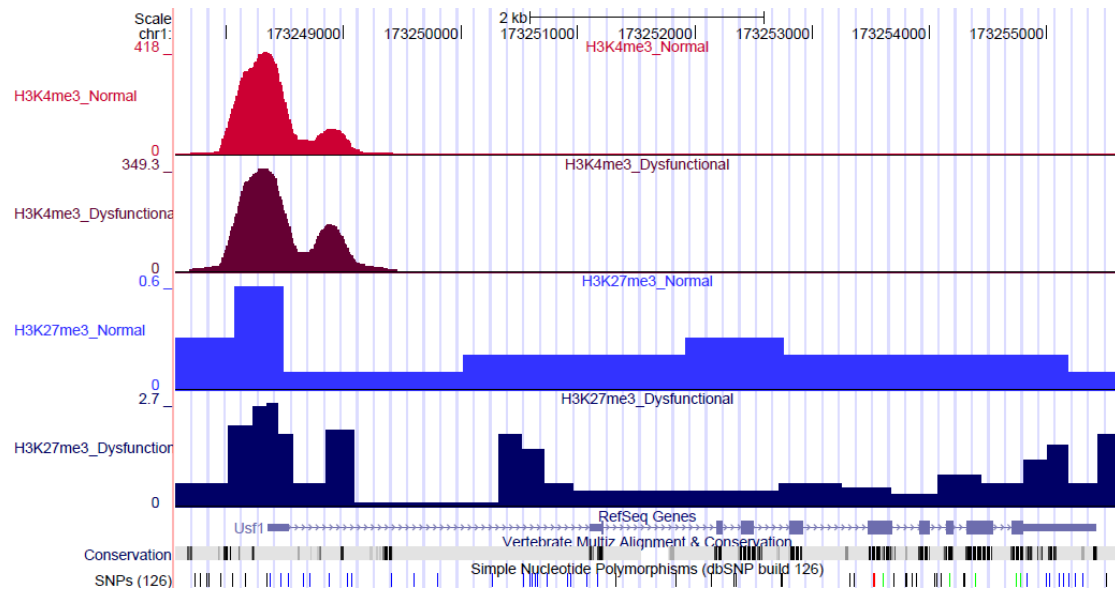


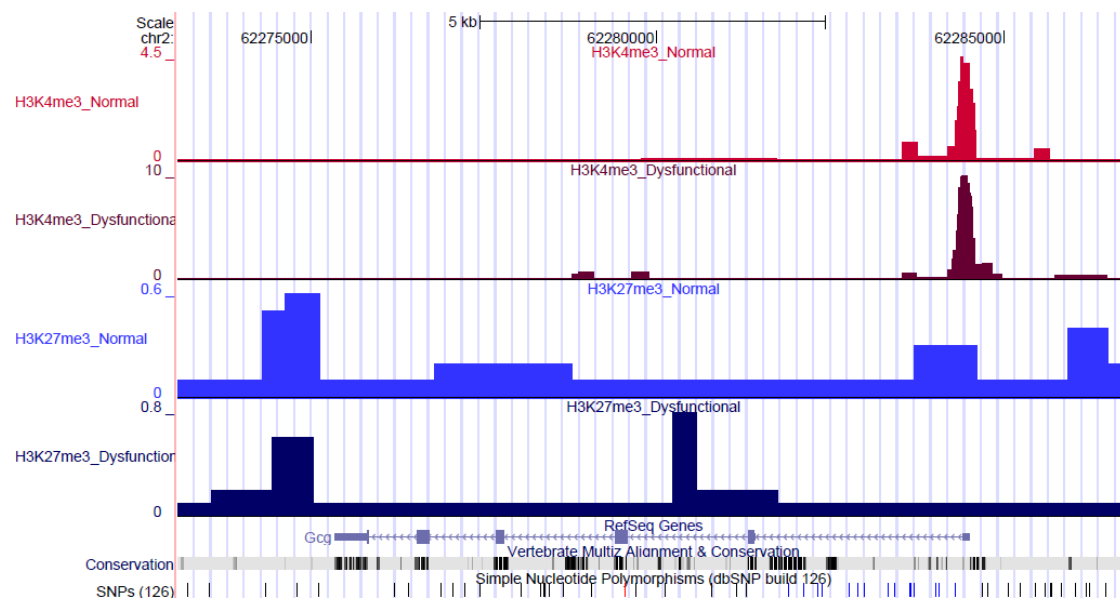
Figure 47. In dysfunctional β -cells, genes important for β -cell function are marked by decreased H3K4me3 levels and increased H3K27me3 levels at their promoter. H3K4me3 and H3K27me3 ChIP-Seq was performed in normal and dysfunctional NIT-1 cells and the presence or absence of these marks in important β -cell genes was visualized with the UCSC genome browser. (A) *Pdx1*, (B) *NeuroD1*, (C) *MafA*, (D) *Ins1*, (E) *Glut2*, (F) *Snap25*, (G) *Vamp2*, (H) *Cacna1a*, (I) *Chgb*, (J) *Kirrel6.2*, (K) *Sytl4*, (L) *Stxbp1*, and (M) *Syt7*, (N) *Ucp2* (O) *Usf1*.

Genes that are normally not expressed in β -cells include *Gcg* (an α -cell expressed gene) and *Sst* (secreted by δ -cells of the pancreas). There was increased H3K4me3 at those two loci in dysfunctional β -cells (Figure 48A, B). The T2D-associated genes *Kcnq1* (Figure 48C) and *Tcf7l2* (Figure 48D) showed an increase in K4me3 and a decrease in H3K27me3 in dysfunctional β -cells respectively. *Kcnq1*-over-expression impairs GSIS²⁸⁵, and the over-expression of *Tcf7l2* exerted minor inhibitory effects on glucose-regulated changes in intracellular calcium concentrations and insulin release²⁸⁶.

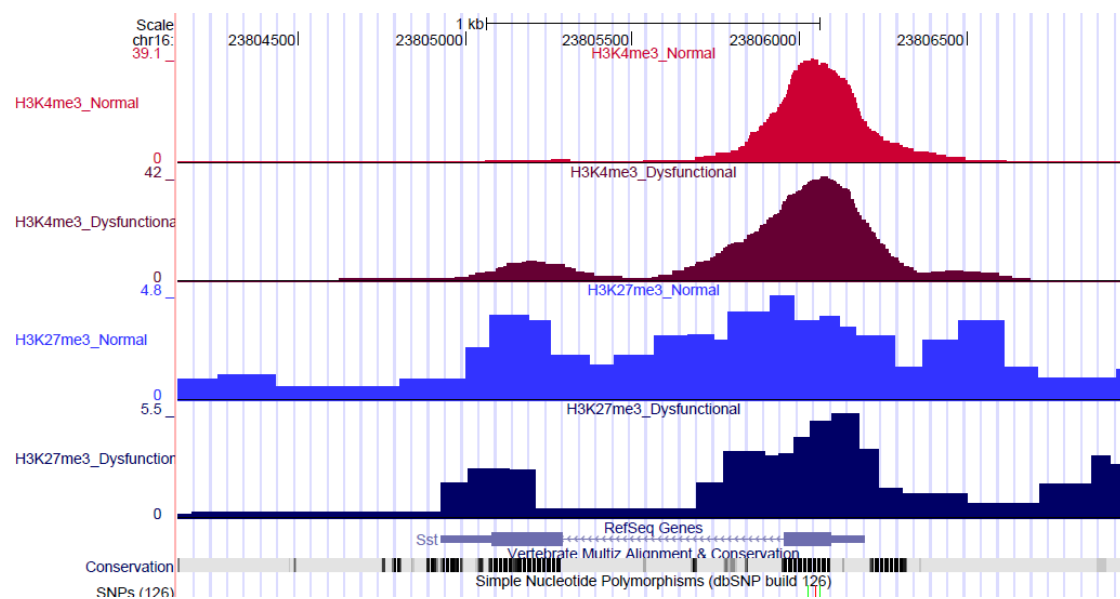
To see if a change in the chromatin state was associated with gene expression, I designed primers against these genes and looked at mRNA changes in normal and dysfunctional β -cells. There was a decrease in the expression for most of the genes which had lower H3K4me3 in β -cells, e.g. *Pdx1*, *NeuroD1*, *MafA*, *Ins1*, *Glut2*, *Snap25*, *Vamp2*, *Cacna1a*, *Chgb*, *Kirrel6.2*, *Syt14*, *Stxbp1*, *Syt7* (Figure 49). There was a 3.5-fold increase in *Ucp2* mRNA levels too, consistent with the fact that hyperglycemia-induced mitochondrial superoxide production activates *Ucp2*, which decreases the ATP/ADP ratio and thus reduces the insulin-secretory response²⁶². There was a 2-fold increase in the expression of *Gcg* and *Sst* (Figure 49) that were marked by increased H3K4me3 in dysfunctional β -cells. There was also a 2-fold increase in the T2DM-associated genes *Kcnq1* and *Tcf7l2* in dysfunctional β -cells (Figure 49).

To summarize, in dysfunctional β -cells, there was a decrease in H3K4me3 at important β -cell genes that correlated with a decrease in gene expression, and increase in H3K4me3 and the expression of genes not normally expressed in β -cells.

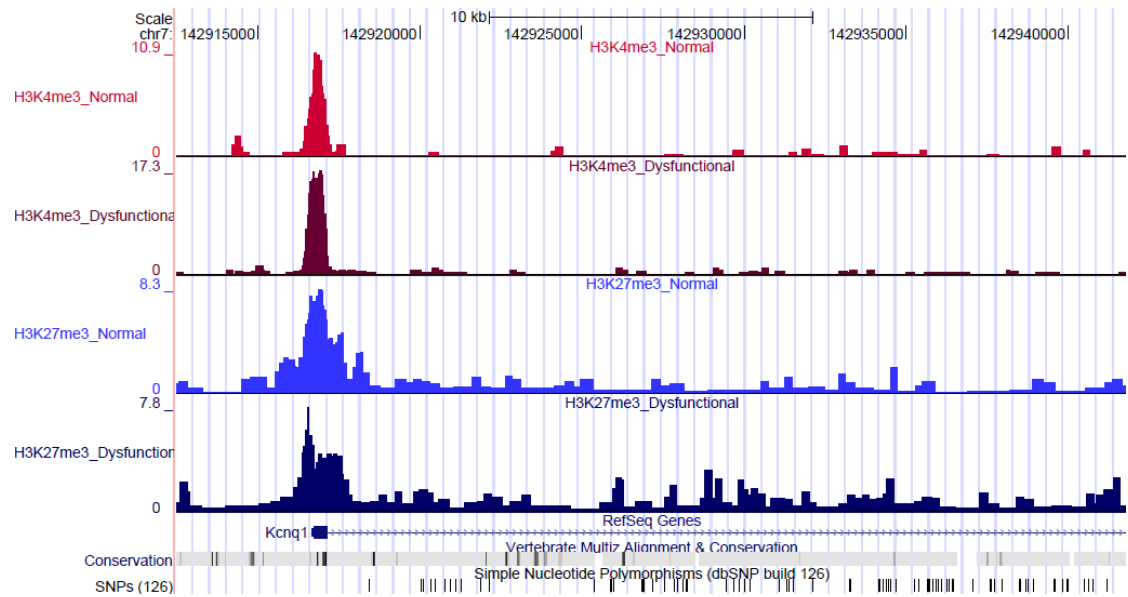
(A) Gcg



(B) Sst



(C) *Kcnq1*



(D) *Tcf7l2*

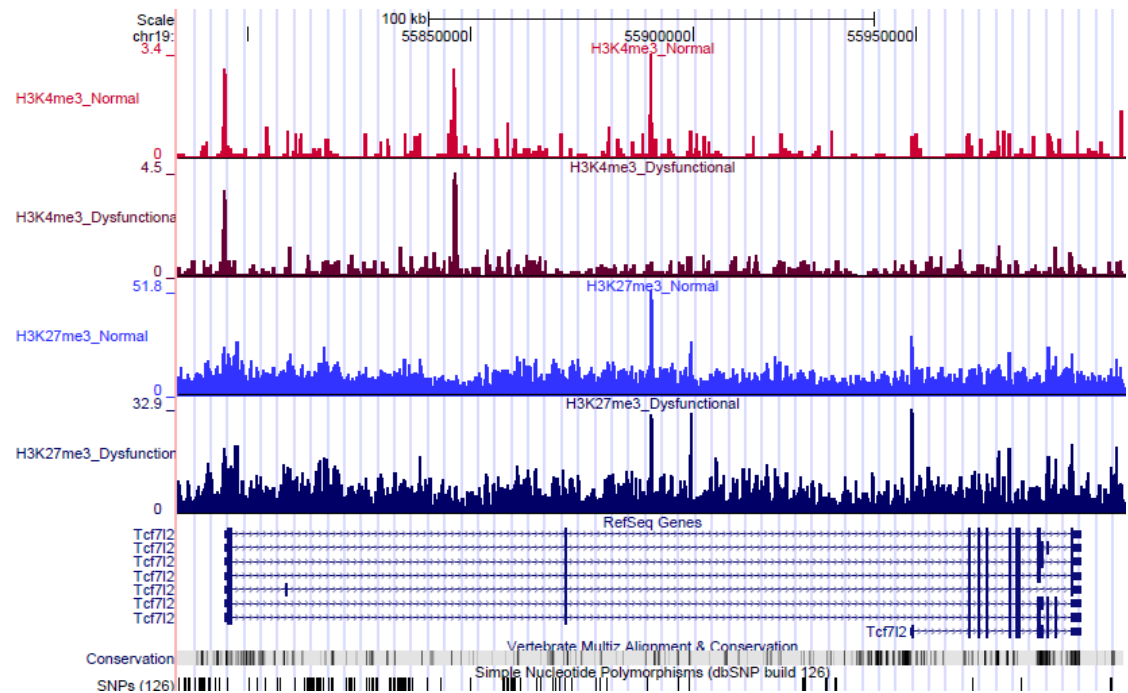


Figure 48. In dysfunctional β -cells, non- or lowly-expressed genes β -cell genes are marked by increased H3K4me3 levels and decreased H3K27me3 levels at their promoter. H3K4me3 and H3K27me3 ChIP-Seq was performed in normal and dysfunctional NIT-1 cells and the presence or absence of these marks in important β -cell genes was visualized with the UCSC genome browser. (A) *Gcg*, (B) *Sst*, (C) *Kcnq1*, (D) *Tcf7l2*.

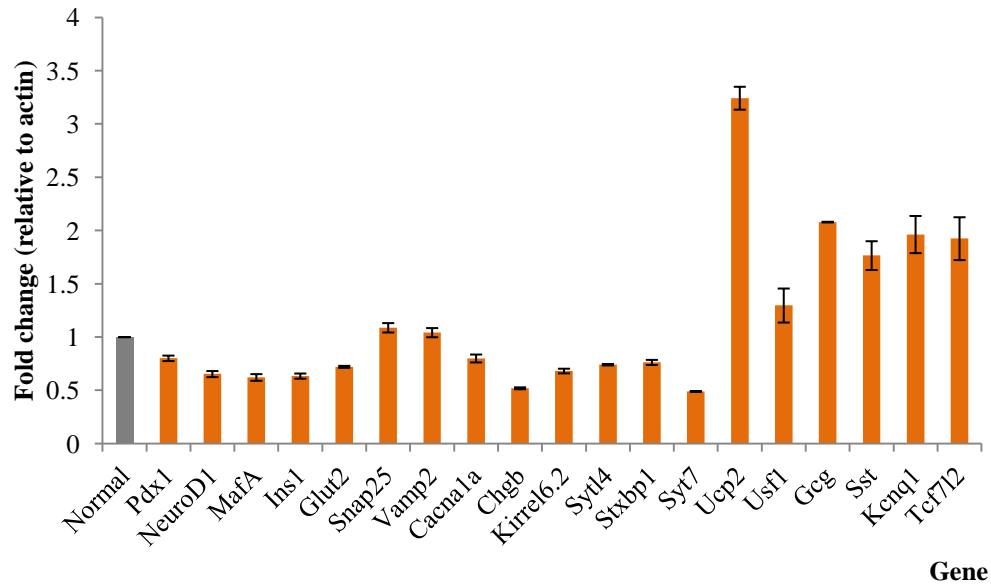


Figure 49. Genes important for normal β -cell function are expressed at lower levels in dysfunctional β -cells, while genes normally expressed at low levels in dysfunctional β -cells have increased gene expression. NIT-1 β -cells were treated with 20mM glucose and 0.4mM palmitate for 48hr and RNA harvested from untreated and treated cells (n=4 each). Transcript levels of these genes were assayed by RT-PCR, mean values \pm S.E. are plotted as fold change relative to the level of the corresponding gene expression in the untreated control, normalized to endogenous β -actin.

5.2.5. DYNAMIC ASSOCIATION OF *PDX1*, *NEUROD1* AND *MAFA* WITH CHROMATIN IN NORMAL AND DYSFUNCTIONAL BETA-CELLS

There is a more open chromatin configuration in dysfunctional β -cells (Chapter 5.2.2.) and dysfunctional β -cells are more highly enriched in genes involved in general cellular regulatory activities and the specification of other developmental lineages (Chapter 5.2.3.). Dysfunctional β -cells also have reduced levels of H3K4me3 at transcription factors and other genes required for proper β -cell function, and increased H3K4me3 levels in some genes not normally expressed in β -cells (Chapter 5.2.4.), which mostly correlated with corresponding gene expression changes. In glucolipotoxic conditions, *MafA* expression is inhibited, whereas *Pdx1* is affected at the post-translational level in its ability to translocate to the nucleus²⁸⁰. It is not known what effects high glucose and lipids have on the expression of *NeuroD1*, but Figure 51 shows that mRNA levels of *NeuroD1* are reduced in the dysfunctional β -cells I generated, along with that of *Pdx1* and *MafA*. I therefore hypothesized that chromatin remodelling in dysfunctional β -cells is in part brought about by the loss of key β -cell transcription factors, and that changes in that would affect chromatin states.

To look at transcription factor association with H3K4me3 and H3K27me3 on a genome-wide scale, the surrounding regions (± 5 kb) of each TFBS were examined for the tag distribution of H3K4me3 and H3K27me3. For the co-occupancy of the transcription factors, the TFBSs that overlapped within 50bp were merged into a single peak. The numbers of H3K4me3 and H3K27me3 tags were counted according to the distance from the center of the TFBS and log10 transformed for modification level. The minimum modification level for H3K4me3 and H3K27me3 among the three TFBSs and co-occupied sites was taken and used as the basal level. Each modification level was normalized based on the basal level of H3K4me3 and H3K27me3 respectively. As Figure 50 shows, the *Pdx1* (green), *NeuroD1* (blue), *MafA* (red) are all highly marked by H3K4me3 in normal β -cells when compared to the low level of *Pdx1* (light green), *NeuroD1* (light blue), *MafA* (yellow) TFBS marked with H3K27me3,

demonstrating that there is an open state of chromatin in normal β -cells when Pdx1, NeuroD1 and MafA are bound.

To explore this in greater detail, TFBS (± 65 bp from peak center) of either Pdx1, NeuroD1 and MafA were overlapped with promoters of genes (± 2 kb from TSS) that are switched on or off in NIT-1 cells. This was to look at all the genes that are expressed in normal β -cells and seeing whether they would be switched on when either Pdx1, NeuroD1 or MafA are bound. There are a lot fewer genes that are switched off (15%) when any of these three transcription factors are bound, compared to the 45% genes that are switched off when none of them are bound (Figure 51). This indicates that transcription factor binding has an activating effect on gene expression.

Interestingly, when the TFBS were overlapped with H3K4me3 and H3K27me3 in dysfunctional β -cells, there was a 2-fold increase in the levels of Pdx1 (light green), NeuroD1 (light blue), MafA (yellow) and triply occupied (grey) TFBS associated with H3K27me3 while levels of Pdx1 (green), NeuroD1 (blue), MafA (red) and triply occupied (black) TFBS associated with H3K4me3 remained at similar levels as those in normal β -cells, p values $< 1e-100$ (Figure 52). To look at this from a different angle, Figure 52C shows that TFBS overlapped with H3K4me3 in normal and dysfunctional β -cells have similar levels of H3K4me3 modification, and Figure 52D shows that TFBS overlapped with H3K27me3 in normal and dysfunctional β -cells has a 2-fold higher level of H3K27me3 modification in dysfunctional β -cells.

I hypothesized that the increase in the repressed chromatin state in dysfunctional β -cells that were associated with any of the three transcription factors would also have a decrease in gene expression, as H3K27me3 is an indicator of a repressive chromatin state. To this end, I ran a microarray on RNA extracted from normal and dysfunctional β -cells (n=4 each). Figure 53A shows that genes which had a TFBS and were marked by a increase in H3K27me3 in

dysfunctional β -cells also had a decrease in gene expression. This data is shown from another angle in Figure 53B, where dysfunctional β -cells show a higher H3K27me3 at the Pdx1 TFBS (p value = 3.7E-48), NeuroD1 TFBS (p value = 5.8E-85) and MafA TFBS (p value = 3.4E-85). A full list of genes from the microarray is listed in Supplementary Table 9.

This clearly indicates that the regions bound by these transcription factors in normal β -cells tend to have an increased level of H3K27me3 in dysfunctional β -cells, and this is associated with a decrease in gene expression. This is in contrast to the overall more open state of chromatin in dysfunctional β -cells, as shown by the increased levels of H3K4me3 and FAIRE at promoter regions and decreased levels of H3K27me3 at promoter regions (Chapter 5.2.2-4).

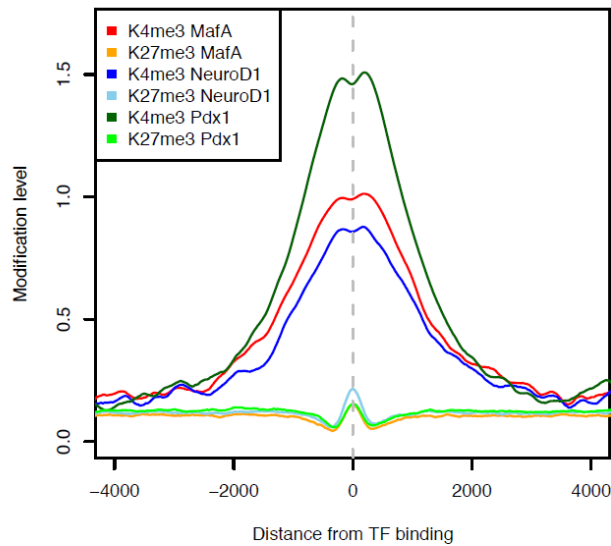


Figure 50. Pdx1, NeuroD1 and MafA TFBS are enriched for H3K4me3 in normal β -cells. The surrounding regions (± 5 kb) of each TFBS were examined for the tag distribution of H3K4me3 and H3K27me3. The numbers of H3K4me3 and H3K27me3 tags were counted according to the distance from the center of the TFBS and then log10 transformed for modification level. The minimum modification level for H3K4me3 and H3K27me3 among the three TFBSs was used as the basal level. Each modification level was normalized based on the basal level of H3K4me3 and H3K27me3 respectively. (Dr Choi performed this analysis.)

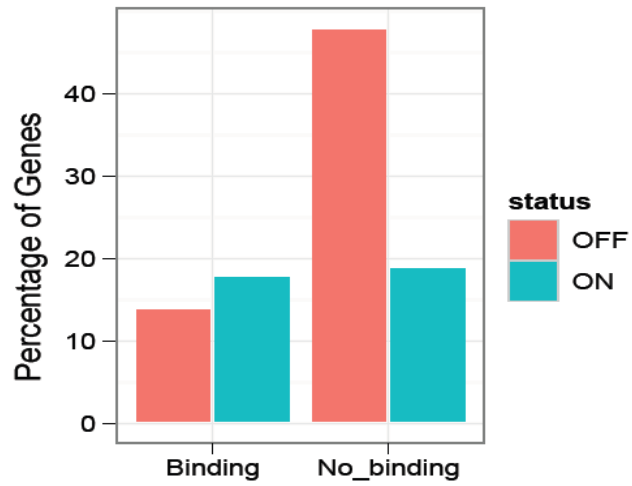


Figure 51. Transcription factor binding has an activating effect on gene expression in normal β -cells. TFBS (± 65 bp from peak center) of either Pdx1, NeuroD1 and MafA were overlapped with promoters of genes (± 2 kb from TSS) that are switched on or off in NIT-1 cells. (Gireesh Bogu performed this analysis.)

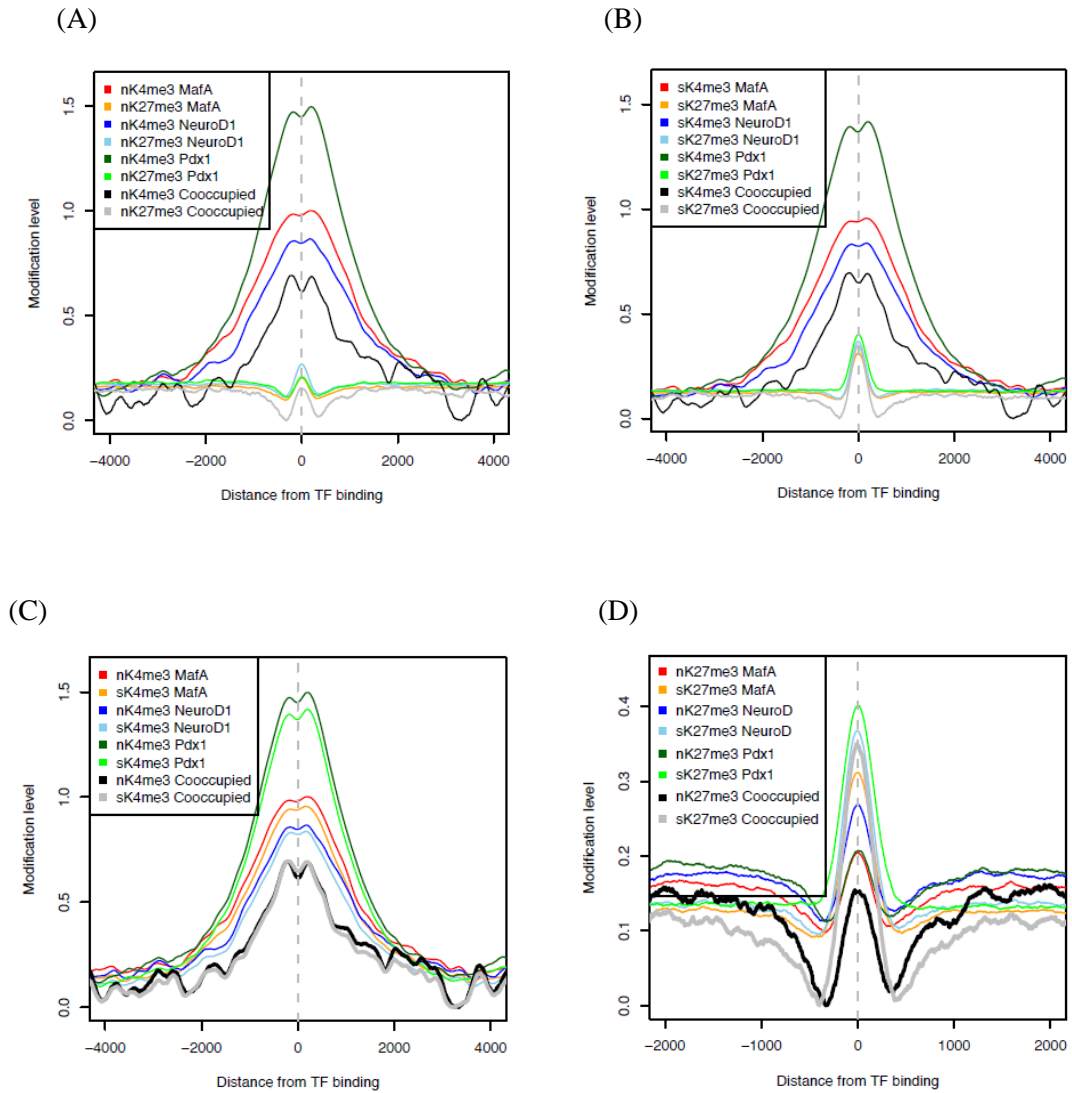
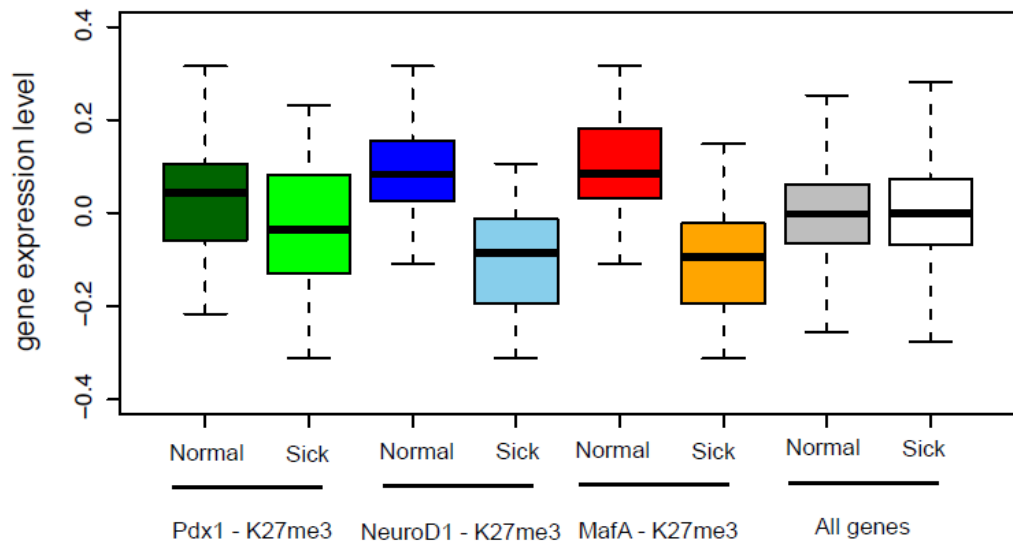


Figure 52. Pdx1, NeuroD1 and MafA TFBS are enriched for H3K4me3 in normal β -cells and display increased levels of H3K27me3 in dysfunctional β -cells. TFBS were overlapped with H3K4me3 and H3K27me3 in dysfunctional β -cells and there was a 2-fold increase in the levels of Pdx1 (light green), NeuroD1 (light blue), MafA (yellow) and triply occupied (grey) TFBS associated with H3K27me3 (B) while levels of Pdx1 (green), NeuroD1 (blue), MafA (red) and triply occupied (black) TFBS associated with H3K4me3 remained at similar levels as those in normal β -cells (A). To look at this from a different angle, (C) shows that TFBS overlapped with H3K4me3 in normal and dysfunctional β -cells have similar levels of H3K4me3 modification, and (D) shows that TFBS overlapped with H3K27me3 in normal and dysfunctional β -cells had a 2-fold higher level of H3K27me3 modification in dysfunctional β -cells (p values $< 1E-100$). N=normal β -cells, S=dysfunctional β -cells. (Dr Choi performed this analysis.)

(A)



(B)

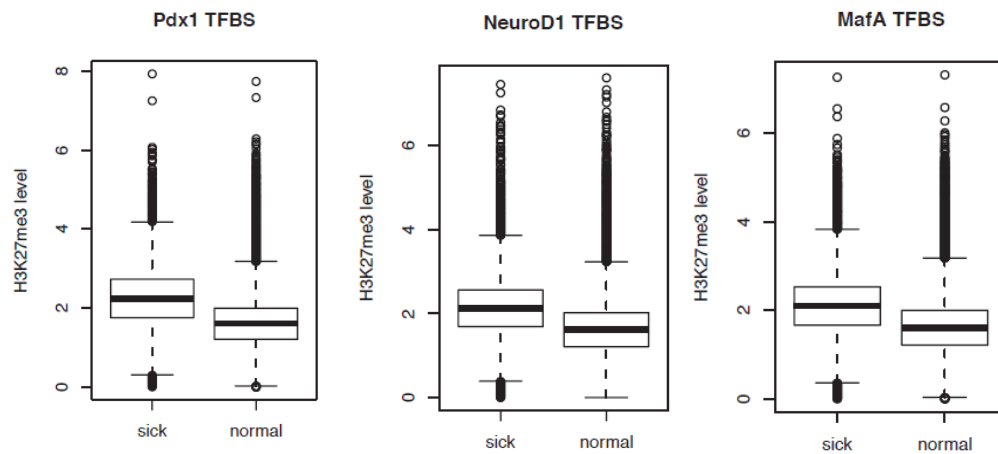


Figure 53. (A) Genes bound by either Pdx1, NeuroD1 or MafA that were marked by a increase in H3K27me3 in dysfunctional β -cells also had a decrease in gene expression. (B) H3K27me3 levels at the TFBS in the dysfunctional (sick) and normal β -cells. Dysfunctional β -cells show a higher H3K27me3 at the Pdx1 TFBS (p value 3.7E-48), NeuroD1 TFBS (p value p = 5.8E-85) and MafA TFBS (p value = 3.4E-85). Sick=dysfunctional β -cells. (Dr Choi performed this analysis.)

I wanted to look in greater detail at the network of genes bound by each transcription factor that was associated with H3K27me3 in dysfunctional β -cells. The transcription factor ChIP-Seq peaks that overlapped with H3K27me3-ChIP-Seq in dysfunctional β -cells were imported into IPA. Networks associated with its biological, molecular and cellular function, physiological system development and function were generated.

Genes bound by Pdx1 in normal β -cells and showing an increase in H3K27me3 in dysfunctional β -cells were enriched in amino acid and carbohydrate metabolism, cell cycle, digestive system development and cellular activities such as molecular transport, RNA trafficking, damage and repair (Table 12). Genes bound by NeuroD1 in normal β -cells and showed an increase in H3K27me3 in dysfunctional β -cells were enriched in general cellular activities, endocrine development and function, embryonic and hematological development, and amino acid metabolism (Table 13). Genes bound by MafA in normal β -cells and showed an increase in H3K27me3 in dysfunctional β -cells were enriched in molecular transport, DNA replication, RNA post-transcriptional modification, gastrointestinal disease, cellular and embryonic development, cell signaling, cell cycle and cell death (Table 14). A full list of genes involved in each of those networks, pathways and functions is listed in Supplementary Table 10.

Taking into account there was reduced expression of Pdx1, NeuroD1 and MafA in dysfunctional β -cells, I have shown that the H3K27me3-marked genes (that have a TFBS) in dysfunctional β -cells are enriched for genes involved in metabolic and general cellular regulatory processes.

| Associated Network Functions | Network Score |
|--|---------------|
| Amino Acid Metabolism, Drug Metabolism, Molecular Transport | 34 |
| Carbohydrate Metabolism, Small Molecule Biochemistry, Cell Cycle | 34 |
| Cell Cycle, Organismal Functions, Cellular Assembly and Organization | 31 |
| Behavior, Digestive System Development and Function, Cell Signaling | 31 |
| Molecular Transport, RNA Trafficking, RNA Damage and Repair | 31 |

| Diseases and Disorders | p-value | # Molecules |
|----------------------------|----------|-------------|
| Endocrine System Disorders | 1.88E-34 | 711 |
| Gastrointestinal Disease | 1.88E-34 | 953 |
| Genetic Disorder | 1.88E-34 | 1730 |
| Metabolic Disease | 1.88E-34 | 801 |
| Neurological Disease | 5.17E-23 | 1056 |

| Molecular and Cellular Functions | p-value | # Molecules |
|-----------------------------------|----------|-------------|
| Gene Expression | 1.07E-16 | 565 |
| Cell Cycle | 1.20E-15 | 407 |
| Cell Death | 2.28E-13 | 763 |
| Cellular Growth and Proliferation | 1.30E-10 | 809 |
| Cellular Development | 1.24E-08 | 671 |

| Physiological System Development and Function | p-value | # Molecules |
|---|----------|-------------|
| Organismal Development | 1.59E-12 | 340 |
| Organismal Survival | 4.33E-12 | 332 |
| Embryonic Development | 2.60E-10 | 249 |
| Nervous System Development and Function | 1.12E-07 | 497 |
| Organ Development | 8.47E-07 | 288 |

Table 12 Top biological networks and pathways associated with Pdx1 binding sites that are marked by H3K27me3 in dysfunctional β -cells.

Pdx1 ChIP-Seq peaks were identified with MACS and overlapped with H3K27me3-ChIP-Seq in dysfunctional β -cells, and IPA was used to generate this list of networks associated with its biological, molecular and cellular function, physiological system development and function. The score is a numerical value used to rank networks according to their degree of relevance to the network eligible molecules in the dataset.

| Associated Network Functions | Network Score |
|---|---------------|
| Cell Morphology, Cellular Growth and Proliferation, Hematological System Development and Function | 39 |
| Endocrine System Development and Function, Cell Morphology, Small Molecule Biochemistry | 36 |
| Cellular Development, Embryonic Development, Tissue Development | 34 |
| Hematological System Development and Function, Hematopoiesis, Tissue Morphology | 34 |
| Amino Acid Metabolism, Small Molecule Biochemistry, DNA Replication, Recombination, and Repair | 34 |

| Diseases and Disorders | p-value | # Molecules |
|----------------------------|----------|-------------|
| Genetic Disorder | 2.62E-54 | 1405 |
| Endocrine System Disorders | 1.49E-48 | 609 |
| Gastrointestinal Disease | 1.49E-48 | 850 |
| Metabolic Disease | 1.49E-48 | 667 |
| Neurological Disease | 6.50E-44 | 894 |

| Molecular and Cellular Functions | p-value | # Molecules |
|------------------------------------|----------|-------------|
| Cell Death | 9.60E-12 | 578 |
| Cellular Development | 2.36E-11 | 517 |
| Cellular Assembly and Organization | 2.41E-10 | 264 |
| Cell Morphology | 1.05E-09 | 293 |
| Cellular Growth and Proliferation | 2.30E-09 | 595 |

| Physiological System Development and Function | p-value | # Molecules |
|---|----------|-------------|
| Tissue Development | 1.87E-10 | 341 |
| Organismal Survival | 1.18E-09 | 209 |
| Nervous System Development and Function | 1.84E-09 | 403 |
| Behavior | 2.27E-08 | 168 |
| Organ Development | 2.35E-08 | 211 |

Table 13. Top biological networks and pathways associated with NeuroD1 binding sites that are marked by H3K27me3 in dysfunctional β -cells.

NeuroD1 ChIP-Seq peaks were identified with MACS and overlapped with H3K27me3-ChIP-Seq in dysfunctional β -cells, and IPA was used to generate this list of networks associated with its biological, molecular and cellular function, physiological system development and function. The score is a numerical value used to rank networks according to their degree of relevance to the network eligible molecules in the dataset.

| Associated Network Functions | Network Score |
|--|---------------|
| Molecular Transport, Protein Trafficking, DNA Replication, Recombination, and Repair | 34 |
| RNA Post-Transcriptional Modification, Gastrointestinal Disease, Genetic Disorder | 34 |
| Cellular Development, Embryonic Development, Tissue Development | 32 |
| Cell Signaling, Auditory Disease, Dermatological Diseases and Conditions | 32 |
| Cell Cycle, DNA Replication, Recombination, and Repair, Cell Death | 32 |

| Diseases and Disorders | p-value | # Molecules |
|----------------------------|----------|-------------|
| Genetic Disorder | 1.38E-59 | 1819 |
| Endocrine System Disorders | 3.22E-50 | 759 |
| Gastrointestinal Disease | 3.22E-50 | 1092 |
| Metabolic Disease | 3.22E-50 | 846 |
| Neurological Disease | 2.18E-46 | 1137 |

| Molecular and Cellular Functions | p-value | # Molecules |
|------------------------------------|----------|-------------|
| Cell Death | 3.58E-13 | 760 |
| Gene Expression | 6.65E-13 | 538 |
| Cellular Development | 1.02E-10 | 660 |
| Cellular Assembly and Organization | 5.24E-10 | 357 |
| Cellular Growth and Proliferation | 8.78E-10 | 777 |

| Physiological System Development and Function | p-value | # Molecules |
|---|----------|-------------|
| Cell-mediated Immune Response | 5.02E-07 | 161 |
| Hematological System Development and Function | 5.02E-07 | 248 |
| Hematopoiesis | 6.02E-07 | 217 |
| Nervous System Development and Function | 1.08E-06 | 485 |
| Behavior | 1.25E-06 | 202 |

Table 14. Top biological networks and pathways associated with MafA binding sites that are marked by H3K27me3 in dysfunctional β -cells.

MafA ChIP-Seq peaks were identified with MACS and overlapped with H3K27me3-ChIP-Seq in dysfunctional β -cells, and IPA was used to generate this list of networks associated with its biological, molecular and cellular function, physiological system development and function. The score is a numerical value used to rank networks according to their degree of relevance to the network eligible molecules in the dataset.

5.2.6. BIVALENCY IN THE NORMAL AND DYSFUNCTIONAL BETA-CELL

Bivalent chromatin contains both activating and repressive marks in the same area. Activating chromatin modifications increase the accessibility of the chromatin to RNA polymerase, where repressing modifications decrease the accessibility to RNA polymerase. Usually, these do not both occur at the same location, as it seems they would have opposing effects; however, they are both present in bivalent chromatin. The repressing modifications usually take precedence, causing the gene to become inactivated. Once the repressing modifications are removed however, the activating modifications attract transcription machinery, and the gene becomes activated. Bivalent chromatin was first identified in embryonic stem cells and they were proposed to serve a role in genetic imprinting and in development¹³⁷. Bivalent domains are also found in other cell types, e.g. mouse embryonic fibroblasts, neural progenitors¹³⁸ and human T cells¹³⁹. A recent comparison of H3K4me3 and H3K27me3 in islets show that these bivalent domains are usually mutually exclusive or absent, but there are few genes that had high levels of both marks, e.g. the *Hox* gene clusters and neuronal transcription factors, perhaps indicating a retention of “memory” of earlier transcription or the re-activation of these genes under certain metabolic conditions¹⁴⁰. Therefore I hypothesized that bivalent domains exist in β -cells and not only in islets that comprise of other endocrine cell types, and that some of these bivalent domains would change in dysfunctional β -cells, possibly affecting its impaired ability to secrete insulin in response to a glucose stimulus.

There were 5288 bivalent genes in normal β -cells, and of those, 693 genes lost the H3K27me3 mark in dysfunctional β -cells, while 38 genes lost the H3K4me3 mark in dysfunctional β -cells. A full list of bivalent genes thus marked is available in Supplementary Tables 11A-C. This is consistent with the fact that there was an increase in the numbers of H3K4me3 and FAIRE peaks, and decrease in the global numbers of H3K27me3 peaks in dysfunctional β -cells. As there was such a high number of bivalent genes in normal β -cells that lost the

H3K27me3 mark in dysfunctional β -cells compared to those that lost the H3K4me3 mark in dysfunctional β -cells, I wanted to know how similar or different these genes were in terms of their biological function, when compared to the bivalent genes identified in normal β -cells. The RefSeq identity list of nearest associated bivalent genes identified in normal β -cells, together with the nearest associated bivalent genes in normal β -cells that had lost H3K27me3 in dysfunctional β -cells, was uploaded into IPA¹⁸⁷. The top biological networks and cellular processes and functions associated with them were identified, and I utilized the comparison function in IPA to compare these two datasets.

Strikingly, there was a much higher over-enrichment for bivalent genes in normal β -cells that were involved in many aspects of developmental processes when compared to bivalent genes in normal cells that had lost the H3K27me3 in dysfunctional β -cells, e.g. organ, cellular, tissue, embryonic, nervous system, connective, skeletal development (Figure 54). There was also a higher enrichment for genes involved in disorders in the same list, e.g. genetic, neurological, skeletal and muscular, cardiovascular, connective tissue, developmental, inflammatory, gastrointestinal, immunological, physiological, and metabolic diseases. A full list of genes involved in these pathways is listed in Supplementary Table 12. I did not compare the 38 bivalent genes in normal β -cells that had lost the H3K4me3 mark in dysfunctional β -cells because there were too few genes in that list to yield a statistically significant result.

Taken together, this suggests that genes that are bivalently marked in normal β -cells are more involved in developmental processes and cell regulatory processes, compared to genes that are bivalently marked in normal β -cells and have lost the repressive H3K27me3 mark in dysfunctional β -cells.

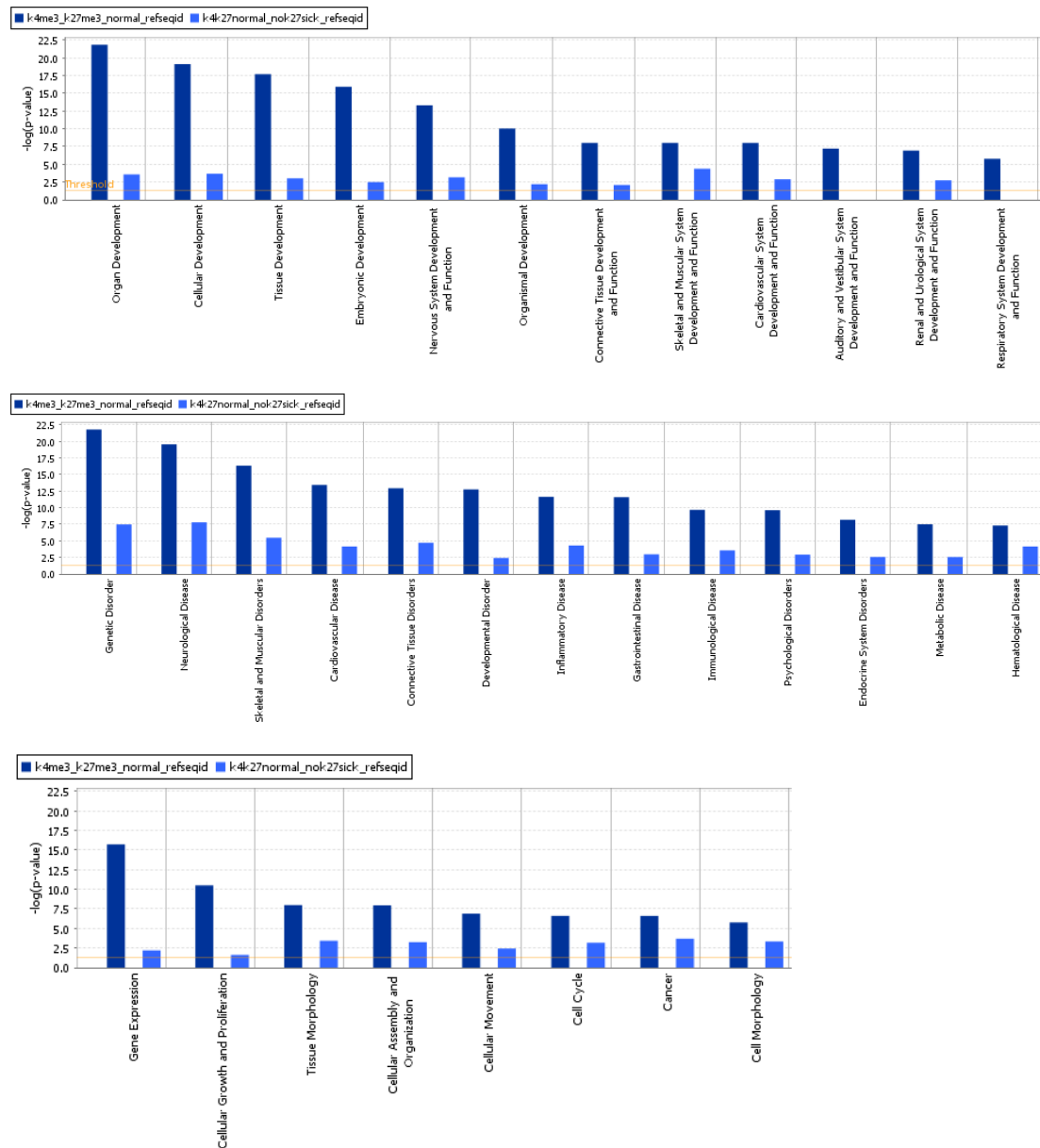


Figure 54. Genes that are bivalently marked in normal β -cells are more involved in developmental processes and cell regulatory processes, compared to genes that are bivalently marked in normal β -cells and have lost the repressive H3K27me3 mark in dysfunctional β -cells.

Normal=normal β -cells, S=dysfunctional β -cells.

For a more rigorous analysis of the H3K4me3 and H3K27me3 overlaps, the H3K4me3 and H3K27me3 peaks were overlapped and the genes containing those peaks were identified. This is in contrast to the above-mentioned overlaps of genes containing both H3K4me3 and H3K27me3, as that did not guarantee that the peaks were actually overlapping, just that the genes had to contain both H3K4me3 and H3K27me3 peaks. With the more stringent method of analysis, there were 113 bivalent genes in normal β -cells, with 16 genes losing the H3K4me3 mark (i.e. 16 genes with lower H3K4me3 mark in dysfunctional β -cells) and 98 genes losing the H3K27me3 mark in dysfunctional β -cells. A full list of bivalent genes with peak overlaps is available in Supplementary Table 11D. This trend is similar to what is observed when the less stringent H3K4me3 and H3K27me3 overlaps were used.

The developmental *Hox* gene cluster was bivalently marked (Figure 55), as identified by a group who profiled H3K4me3 and H3K27me3 in human pancreatic islets¹⁴⁰. H3K4me3 levels in the *Hox* gene cluster were slightly increased and H3K27me3 levels slightly decreased in dysfunctional β -cells when compared to normal β -cells. Bivalent genes in normal β -cells that lost H3K27me3 in dysfunctional β -cells include those involved in pancreatic development and/or function, e.g. *MafB*, *Oxidation resistance (Oxr)-1*, *Calcium/calmodulin-dependent protein kinase (Camk)-2b*, *miR-9*, *SRY (sex determining region Y)-box (Sox)-17* (Figure 56A-E); genes involved in neuronal development and function, e.g. *Semaphorin (Sema)-3d* and *Cadherin EGF LAG seven-pass G-type receptor (Celsr)-1* (Figure 56F, G); and members of the *Fox* family transcription factors e.g. *Foxq1* and *Foxf2* (Figure 56H, I). The potassium channel *Potassium voltage-gated channel Shaw-related subfamily member (Kcnc)-1* is also bivalently marked in β -cells (Figure 56J). Of great interest is the T2DM-identified potassium channel *Kcnq1* (Figure 58A).

There was an increase in the levels of H3K4me3 and decrease in H3K27me3 at the *MafB* gene in dysfunctional β -cells (Figure 56A), however this did not correlate with levels of gene expression, which remained the same as in normal β -cells (Figure 57). In embryos, *MafB* is

expressed before *MafA*, and the differentiation of β -cells proceeds through a *MafB*⁺ *MafA*⁻ *Ins*⁺ intermediate cell to *MafB*⁻ *MafA*⁺ *Ins*⁺ cells⁷⁰. Furthermore, the *MafB* to *MafA* transition follows induction of *Pdx-1* expression in *MafB*⁺ *Ins*⁺ cells, suggesting that *MafB* may have a dual role in regulating embryonic differentiation of both α - and β -cells while *MafA* regulates replication/survival and function of β -cells after birth⁷⁰. Within the adult pancreas, *MafB* is only expressed in islet α -cells and contributes to cell type-specific expression of the *Gcg* gene²⁸⁷. The fact that the chromatin environment around the *MafB* gene in normal β -cells was bivalently marked in normal β -cells, and that there was a shift towards a more permissive and open chromatin state in dysfunctional β -cells is extremely interesting. Perhaps this is the chromatin signature of a gene that was required for earlier embryonic development and not in the mature β -cell, but it still retained the epigenetic memory of its earlier expression, and is poised to “revert” back to its previous cellular state should an appropriate stimulus occur. However, it is important to note that this shift towards a more open chromatin state did not lead to an increase in *MafB* gene expression (despite there being a 2-fold increase in the glucagon gene expression in dysfunctional β -cells (Figure 49), suggesting that glucolipotoxicity is merely triggering a change in chromatin environment at the *MafB* gene, perhaps allowing for the possibility for transcriptional activators to bind and mediate changes in gene expression, should additional/ prolonged stimulus occur.

There was an increase in H3K4me3 and decrease in H3K27me3 at the *Oxr1* gene in dysfunctional β -cells (Figure 56B), and this was coupled with a 2.2-fold increase in gene expression (Figure 57). *Oxr1* is the receptor for Orexin A (Oxa), and Oxa plays a critical role in the regulation of sleep/wake states, feeding behaviour, reward processes and the regulation of food intake in a dose-dependent fashion²⁸⁸. Oxa increases food intake in rodents, and fasting activates Oxa neurons in both the lateral hypothalamic area and gut²⁸⁸. Oxa is also present in the pancreas, and depolarizing stimuli evoke the release of Oxa from rat pancreatic islets in a calcium-dependent manner, causing an increase in glucagon secretion and reducing insulin secretion²⁸⁹. *Oxr1* co-localizes with insulin β -cells and glucagon α -cells in normal rats,

and the incidence of *Oxr1*-expressing cells in diabetic rats treated with streptozotocin was significantly increased, along with an increased co-localization with glucagon-expressing cells²⁹⁰. In the context of *Oxr1* being bivalently marked in normal β -cells and *having* a more open chromatin state in dysfunctional β -cells that correlated with an increase in *Oxr1* mRNA levels, and taking into account *Gcg* gene expression increases 2-fold in dysfunctional β -cells while *Ins1* expression decreases 40% (Figure 49), this suggests that the mechanism of chromatin opening at the *Oxr1* gene could be in part responsible for the decrease in insulin secretion and the increase in *Gcg* expression in diabetic rats.

There was an increase in H3K4me3 in dysfunctional β -cells and concomitant decrease in H3K27me3 at the *Camk2b* gene (Figure 56C), and there was also a 2-fold increase in mRNA levels of *Camk2b* (Figure 57). *Camk2b* activity is required to induce *MafA* expression under high glucose conditions²⁹¹, and this is consistent with the fact that dysfunctional β -cells were exposed to a higher glucose concentration (20mM) than normal β -cells (7mM). *MafA* mRNA expression was reduced in dysfunctional β -cells (Figure 49), indicating that this modest increase in *Camk2b* expression was not sufficient to combat the overall effects that glucolipotoxicity had on *MafA* expression.

miR-9 displays higher H3K4me3 in dysfunctional β -cells (Figure 56D). This is consistent with the fact that miR-9 reduces exocytosis in GSIS via diminishing the expression of *Onecut-2*, which in turn increases the level of *Granuphilin*²⁹². *Granuphilin* is a Rab-GTPase effector associated with β -cell secretory granules and negatively affects insulin release. miR-9 also targets and reduces *Sirtuin (Sirt)-1* expression in insulin-secreting cells²⁹³. *Sirt1* positively regulates insulin secretion in pancreatic β -cells by repressing the *Ucp2* gene²⁹⁴. Therefore it is possible that mir-9 in dysfunctional β -cells acts to reduce exocytosis during GSIS via similar mechanisms.

Sox17 is also bivalently marked in normal β -cells (Figure 56E), with low levels of H3K4me3 and higher levels of H3K27me3. There is a very slight decrease in levels of H3K27me3 in dysfunctional β -cells, but that did not correlate with changes in gene expression (Figure 57). *Sox17* is a transcription factor required for the normal development of the definitive gut endoderm²⁹⁵ and physically interacts with β -catenin (a component of the Wnt-signalling pathway) in order to potentiate its transcriptional activation of its target endodermal genes²⁹⁶. It is uncertain whether it is expressed in the adult mouse pancreas^{297,298}, and is very lowly expressed in NIT-1 normal and dysfunctional β -cells. *Sox17* is bivalently marked in human ESCs and upon hESC differentiation, expression of *Sox17* in definitive endoderm cells appears to be activated by demethylation of histone H3K27, while suppression of *Sox17* in hepatocytes seems to be modulated by the methylation of H3K27²⁹⁹. Perhaps bivalency of *Sox17* in β -cells is a remnant of its earlier bivalent state in ESCs, and though there was no noticeable change in the chromatin environment around *Sox17* in dysfunctional β -cells, perhaps additional/ prolonged stimulus is needed for an appreciable change at the *Sox17* gene locus.

There is an increase in H3K4me3 at the *Sema3d* gene in dysfunctional β -cells and a decrease in H3K27me3 (Figure 56F), which was accompanied by a 2.4-fold increase in gene expression (Figure 57). *Sema3d* induces the collapse and paralysis of neuronal growth cones, and could potentially act as repulsive cues toward specific neuronal populations³⁰⁰. Another neural gene *Celsr1* was also bivalently marked in normal β -cells and had an increase in H3K4me3 and decrease in H3K27me3 in dysfunctional β -cells (Figure 56G). However, this increase in open chromatin configuration resulted in a 40% decrease in *Celsr1* gene expression in dysfunctional β -cells (Figure 57). *Celsr1* is a neural gene involved in cell signalling during nervous system formation³⁰¹. Taken together, it appears that increase in H3K4me3 in dysfunctional β -cells occurs at some neural genes that are normally bivalently marked.

There was also an increase in H3K4me3 in *Foxq1* and a slight decrease in H3K27me3 in dysfunctional β -cells (Figure 56H), this was accompanied by a 1.8-fold increase in *Foxq1* mRNA (Figure 57). Like other members of the Fox family that are involved in embryonic development, cell cycle regulation, tissue-specific gene expression, cell signaling, and tumorigenesis, *Foxq1* is expressed in the visceral endoderm during development³⁰² and is over-expressed in colorectal cancers and enhances tumorigenicity and tumor growth presumably through its angiogenic and antiapoptotic effects³⁰³. *Foxq1* is also over-expressed in pancreatic cancer³⁰⁴. *Foxf2* was also bivalent marked in normal β -cells and had an increased H3K4me3 in dysfunctional β -cells (Figure 56I). However, there was an increase in the levels of H3K27me3 in dysfunctional β -cells too, with slight increases in gene expression (Figure 57). *Foxf2* is expressed during development in the mesodermal tissues involved in epithelio-mesenchymal interactions, and in the central nervous system, eye, ear, and limb buds³⁰⁵. Taken together, it suggests that genes bivalent marked in normal β -cells that are involved in specifying other developmental lineages have a more open chromatin configuration in β -cell dysfunction.

Kcnc1 is bivalently marked (Figure 56J) in normal β -cells, with a decrease in H3K4me3 and increase in H3K27me3 in dysfunctional β -cells, which correlates with a 55% decrease in gene expression (Figure 57). *Kcnc1* mediates the voltage-dependent K⁺ permeability of excitable membranes³⁰⁶. This suggests β -cell dysfunction leads to a more repressive chromatin environment around the *Kcnc1* gene, resulting in a decrease in gene expression.

Kcnq1 is bivalently marked at its promoter (Figure 58A), and there is an increase in H3K4me3, which is accompanied by a 2-fold increase in *Kcnq1* mRNA expression levels (Figure 57). *Kcnq1* is a voltage-gated potassium channel and is involved in repolarizing cardiac tissue following an action potential, and transporting water and salts in tissues³⁰⁷. Variants in *KCNQ1* are associated with susceptibility to T2DM in the Korean, Chinese and European population³⁰⁸ and variants in *KCNQ1* predicts future T2DM in Scandinavian

populations, possibly by mediating impaired insulin secretion³⁰⁹. When *Kcnq1* was over-expressed in mouse insulinoma MIN-6 cells, both the density of the Kcnq1 current and the density of the total K⁺ current were significantly increased. In addition, insulin secretion by glucose, pyruvate, or tolbutamide was significantly impaired, suggesting that increased Kcnq1 protein expression limits insulin secretion from pancreatic β -cells by regulating the potassium channel current²⁸⁵. Taken together, it appears *Kcnq1* is bivalently marked in normal β -cells and changes in the chromatin environment around its promoter leads to an increase in gene expression, thereby contributing to reduce GSIS in dysfunctional β -cells.

Very interestingly, KCNQ1 is located in an imprinted gene cluster at the telomeric end of mouse chromosome 7 which contains a differentially methylated CpG island, K_vDMR. K_vDMR is required for the imprinting of multiple genes, including the genes encoding the maternally expressed placental-specific transcription factor *Ascl2*, the cyclin-dependent kinase *Cdk1n1c*, and *Kcnq1*. K_vDMR maps within the intron of *Kcnq1* and contains the promoter for a paternally expressed 91kb non-coding (nc) antisense transcript *Kcnq1ot*, which plays a direct role in silencing the multiple mRNAs genes in the *Kcnq1*-imprinted gene cluster³¹⁰. *Kcnq1ot* interacts with the Polycomb repressive complex 2 and with the H3K9-specific methyltransferase G9a, and its expression coincides with the assembly of repressive chromatin defined by H3K27me3 and H3K9me3³¹¹.

Kcnq1ot has a decreased H3K4me3 peak in dysfunctional β -cells when compared to normal β -cells (Figure 58B). Perhaps one model by which *Kcnq1* is being regulated in dysfunctional β -cells is that the presence of a more repressive chromatin environment surrounding *Kcnq1ot* reduces transcription of the *Kcnq1ot* ncRNA, which in turn leads to a reduced repression of the *Kcnq1* gene by creating a more open chromatin state, thereby resulting in an increase in the transcription of the *Kcnq1* gene, ultimately reducing GSIS.

In summary, bivalent marks in normal β -cells are present at genes regulating pancreatic and neuronal development and/or function, and potassium channels that mediate ion permeability. This bivalent state is modified in dysfunctional β -cells and results in gene expression changes that could ultimately contribute to its inability to properly respond to glucose.

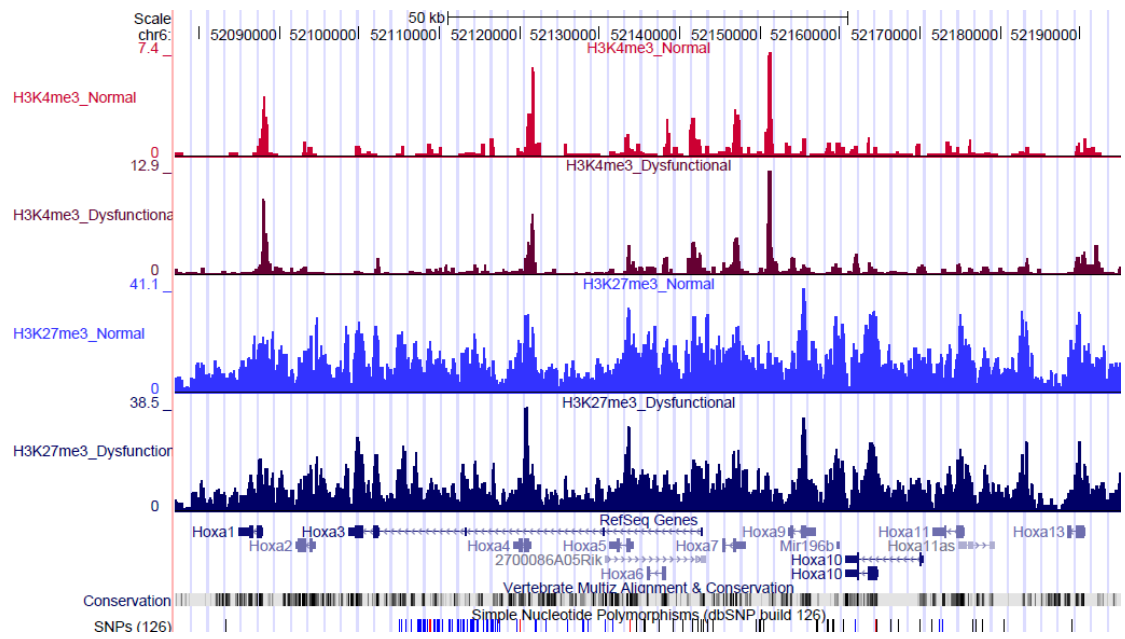
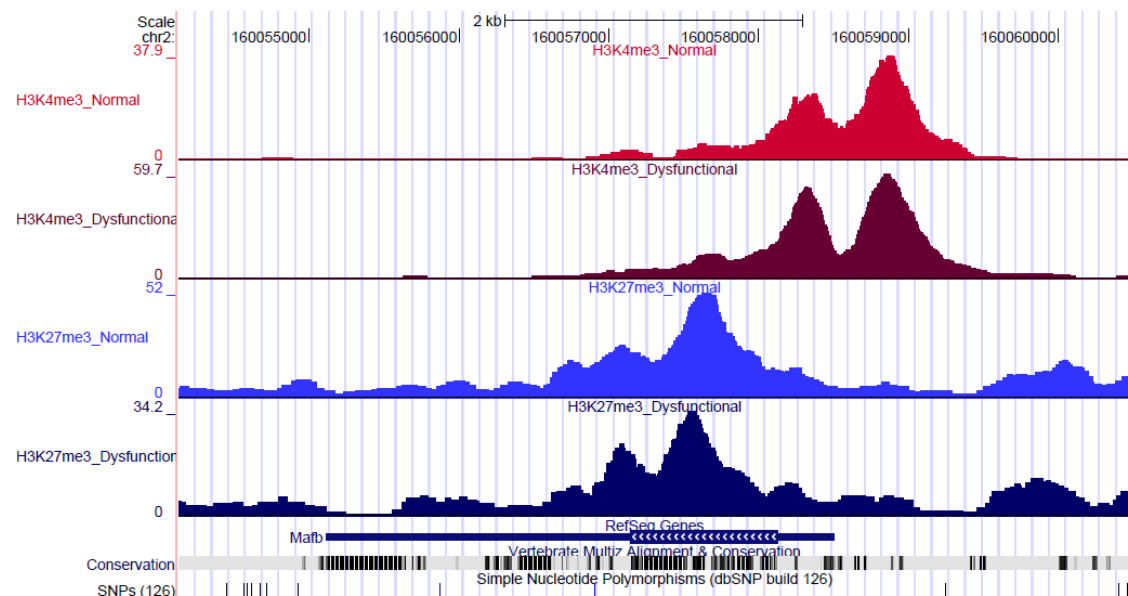
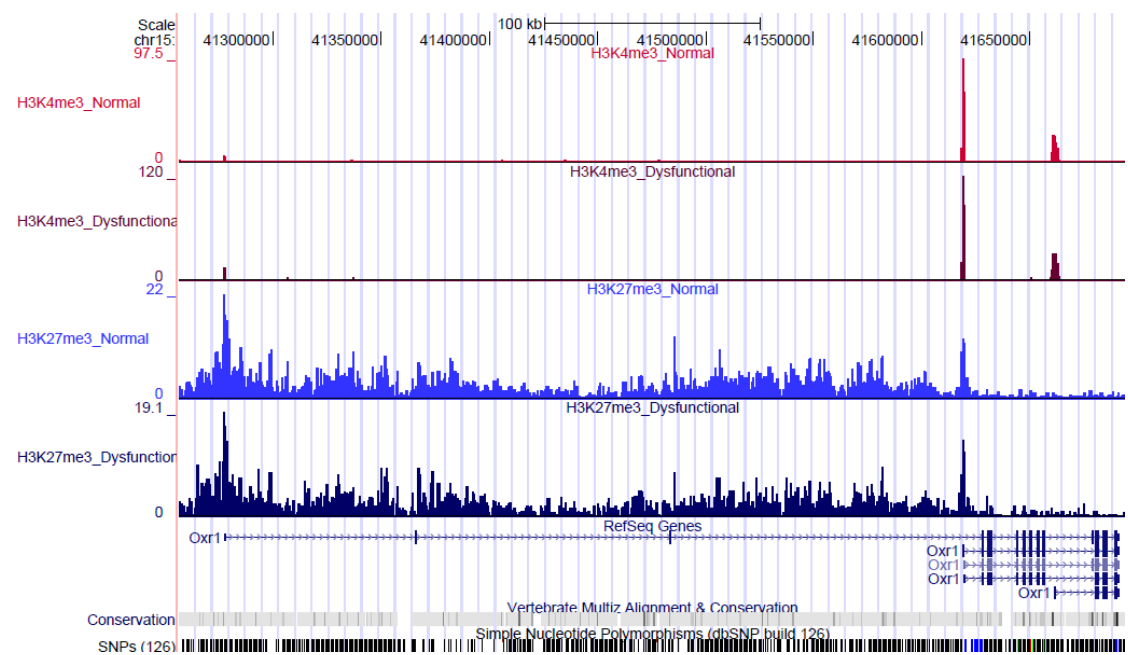


Figure 55. The Hox gene cluster is bivalently marked by H3K4me3 and H3K27me3 levels in normal and dysfunctional β -cells.

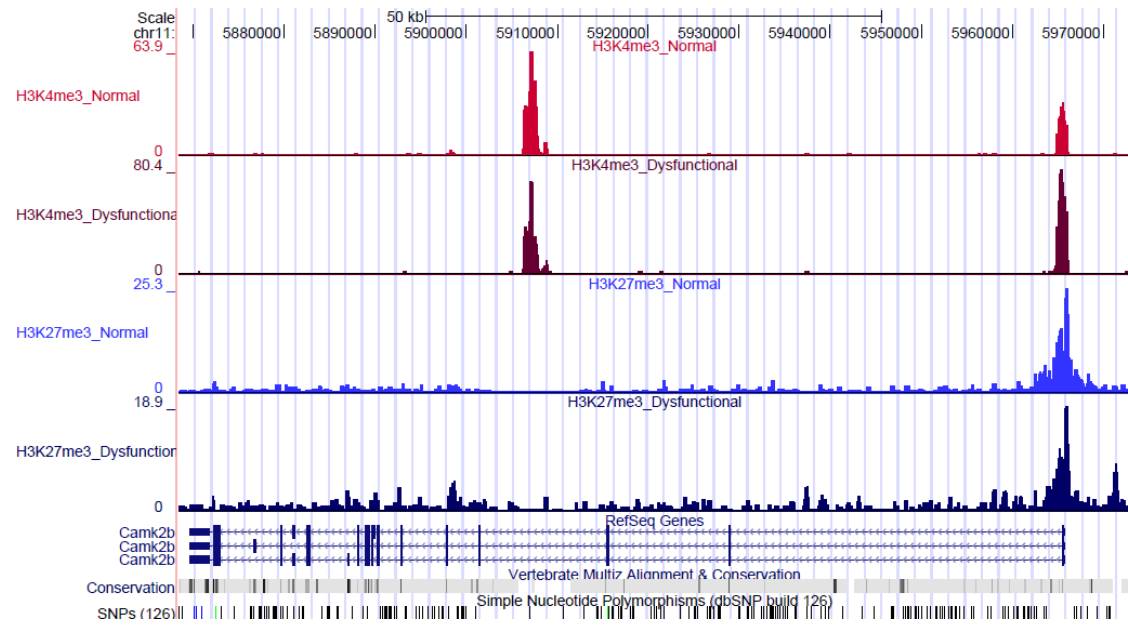
(A) MafB



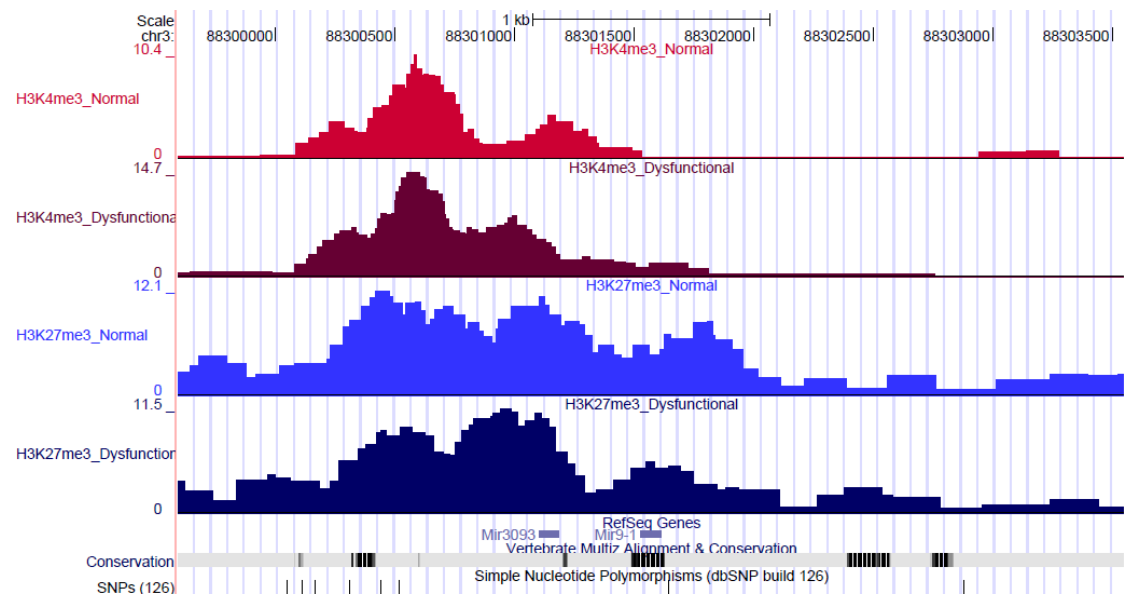
(B) Oxr1



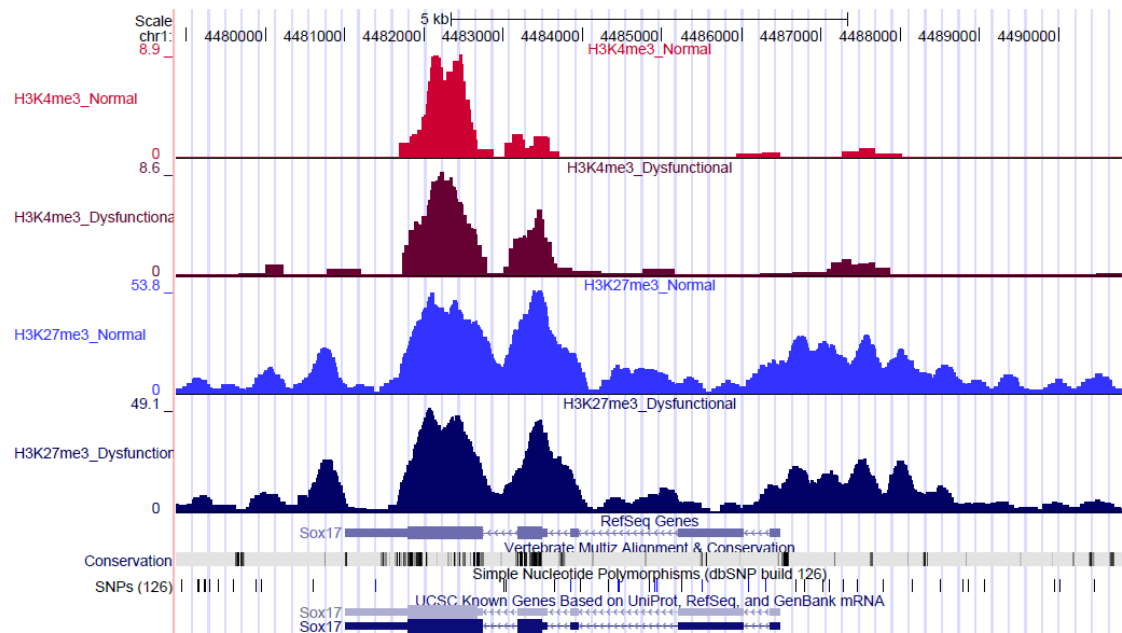
(C) Camk2b



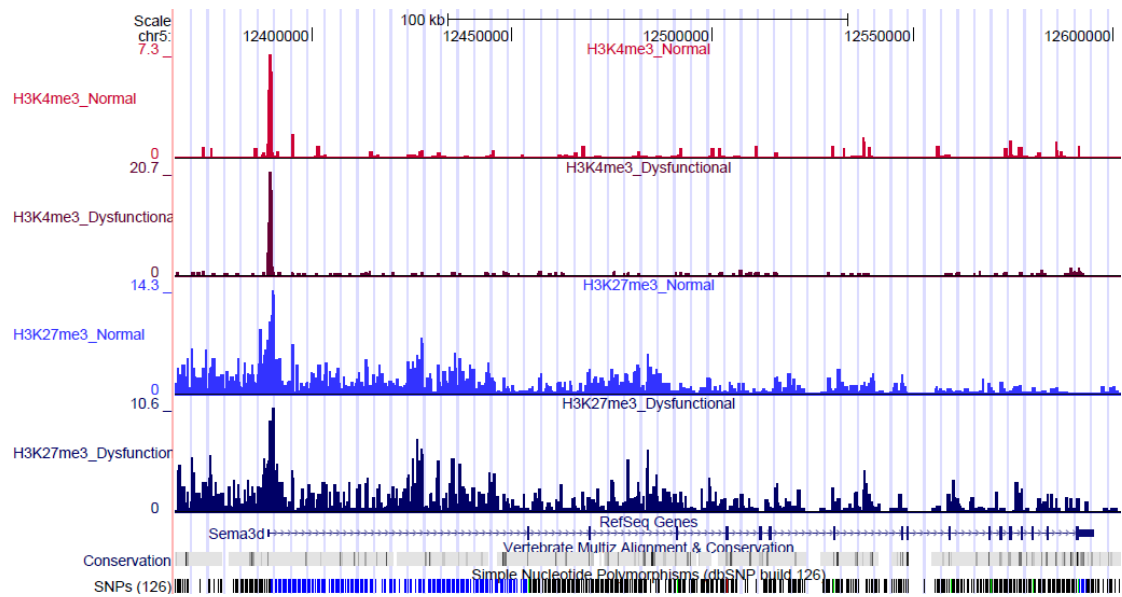
(D) miR-9



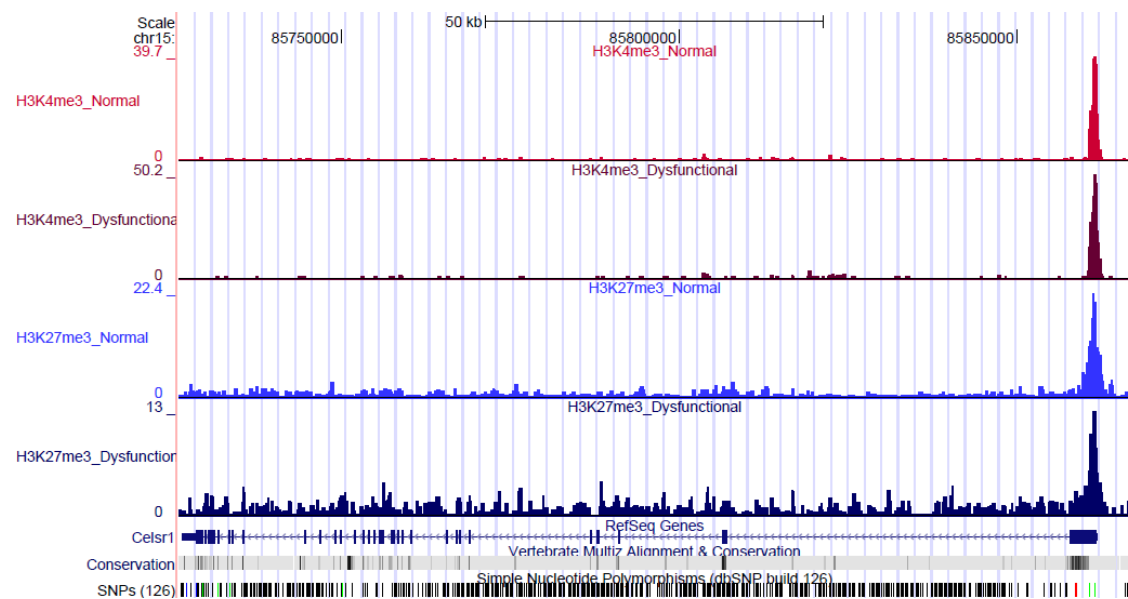
(E) Sox17



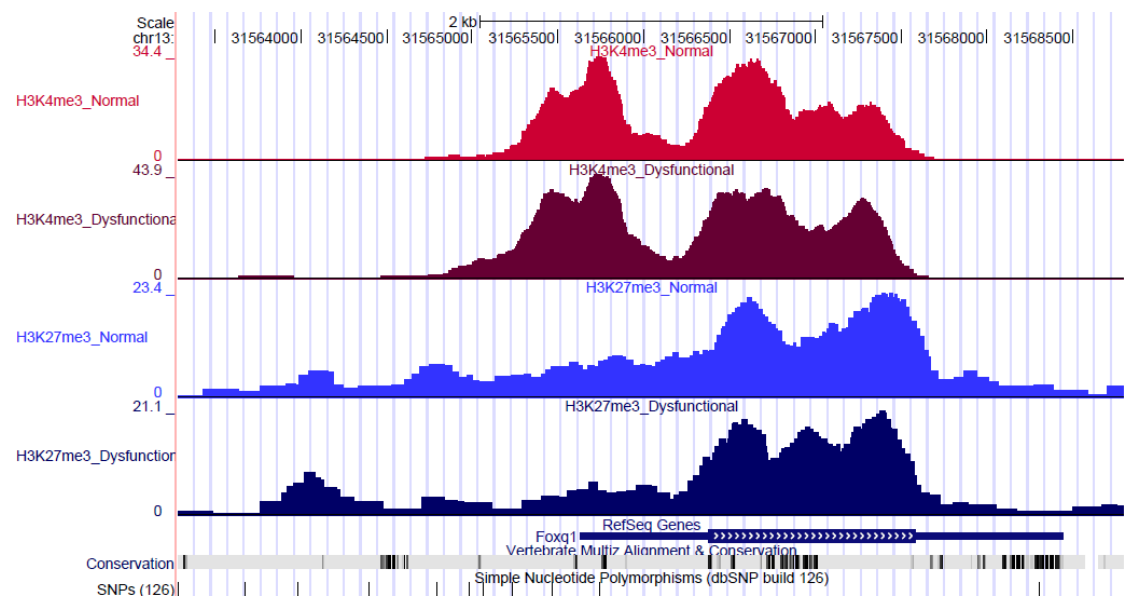
(F) Sema3d



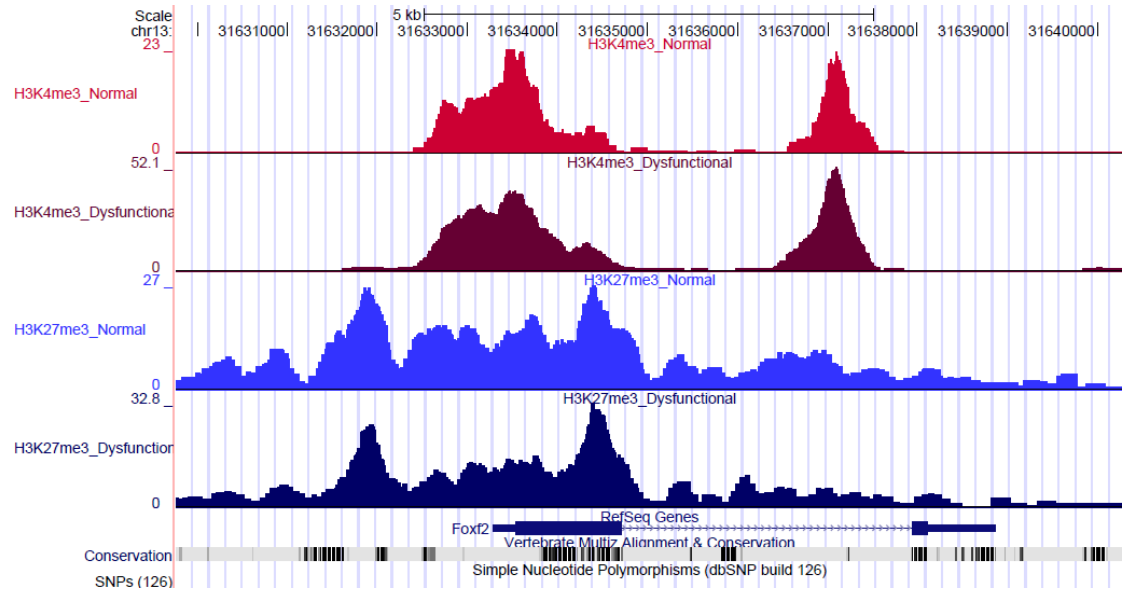
(G) Celsr1



(H) Foxq1



(I) Foxf2



(J) Kcnc1

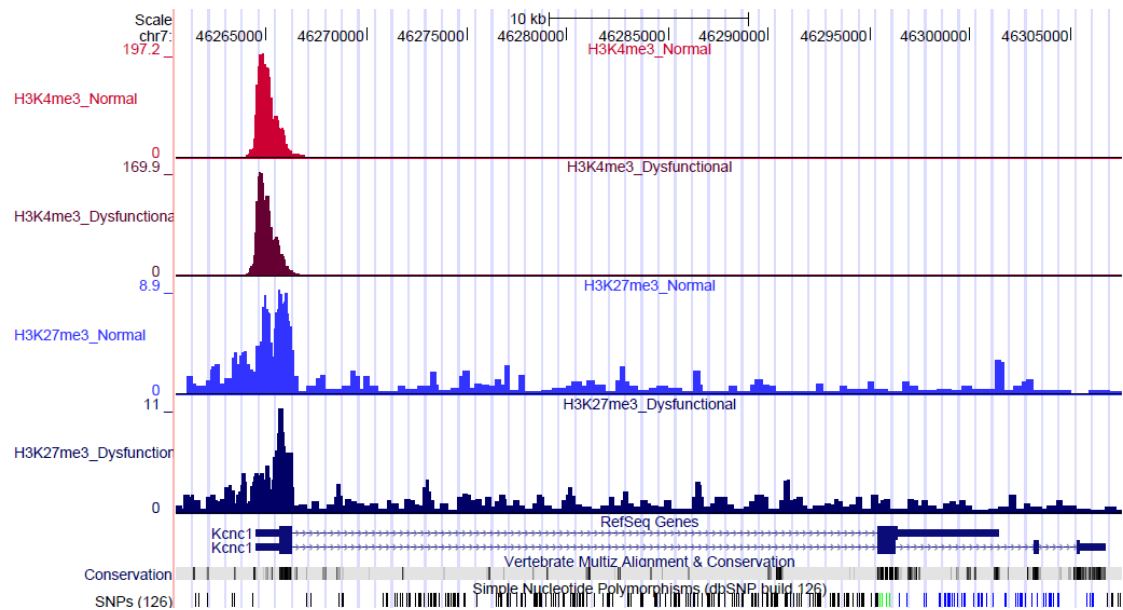


Figure 56. In dysfunctional β -cells, bivalent genes regulating pancreatic development and/or function, neuronal and other developmental lineages, and ion channels, are marked by changes in H3K4me3 and H3K27me3 at the promoter. Bivalent genes in normal β -cells that lost H3K27me3 in dysfunctional β -cells include those involved in pancreatic development and/or function, e.g. (A) *MafB*, (B) *Oxr1*, (C) *Camk2b*, (D) *miR-9*, (E) *Sox17*; genes involved in neuronal development and function, e.g. (F) *Sema3d* and (G) *Celsr1*; members of the Fox family transcription factors (H) *Foxf2* and (I) *Foxq1*; and (J) the potassium channel *Kcnc1*.

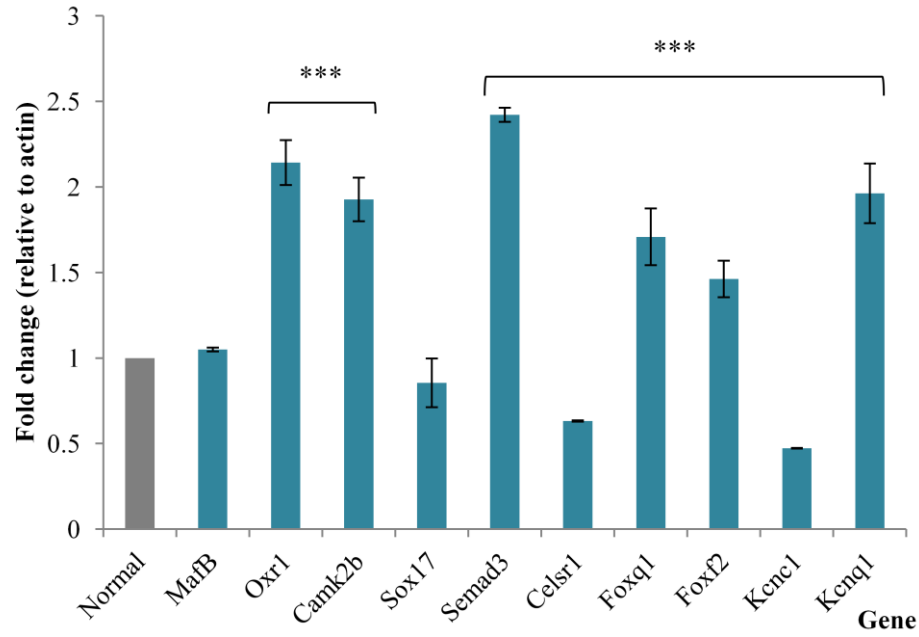
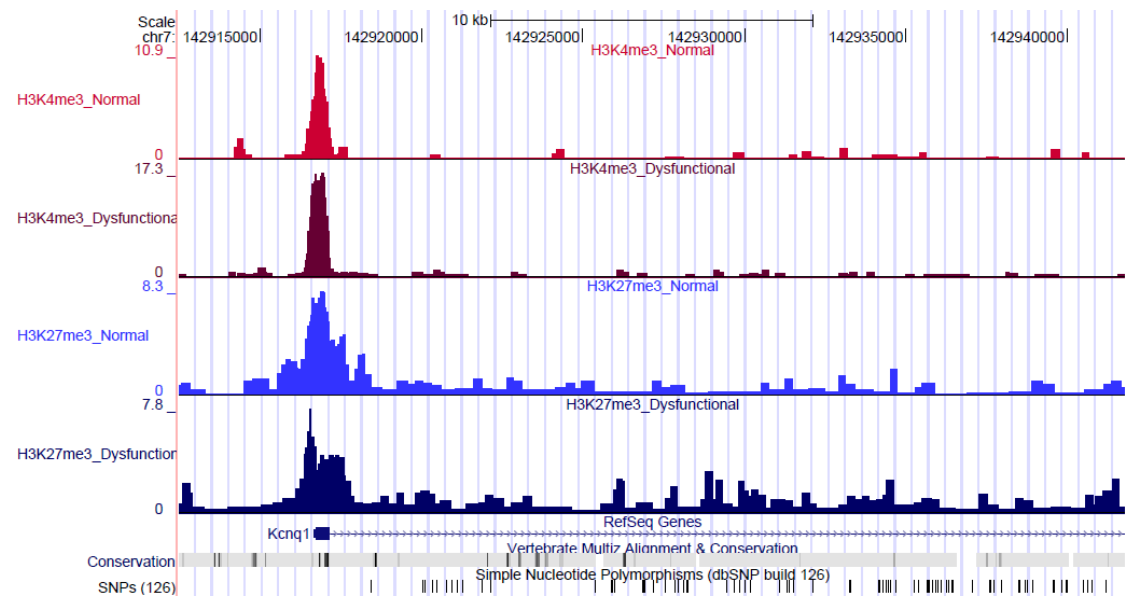


Figure 57. Expression of bivalent genes regulating pancreatic development and/or function, neuronal and other developmental lineages, and ion channels are changing in dysfunctional β -cells. NIT-1 β -cells were treated with 20mM glucose and 0.4mM palmitate for 48hr and RNA harvested from untreated and treated cells (n=4 each). Transcript levels of these genes were assayed by RT-PCR, mean values \pm S.E. are plotted as fold change relative to the level of the corresponding gene expression in the untreated control, normalized to endogenous β -actin. *** $p \leq 0.02$.

(A) *Kcnq1*



(B) *Kcnq1ot*

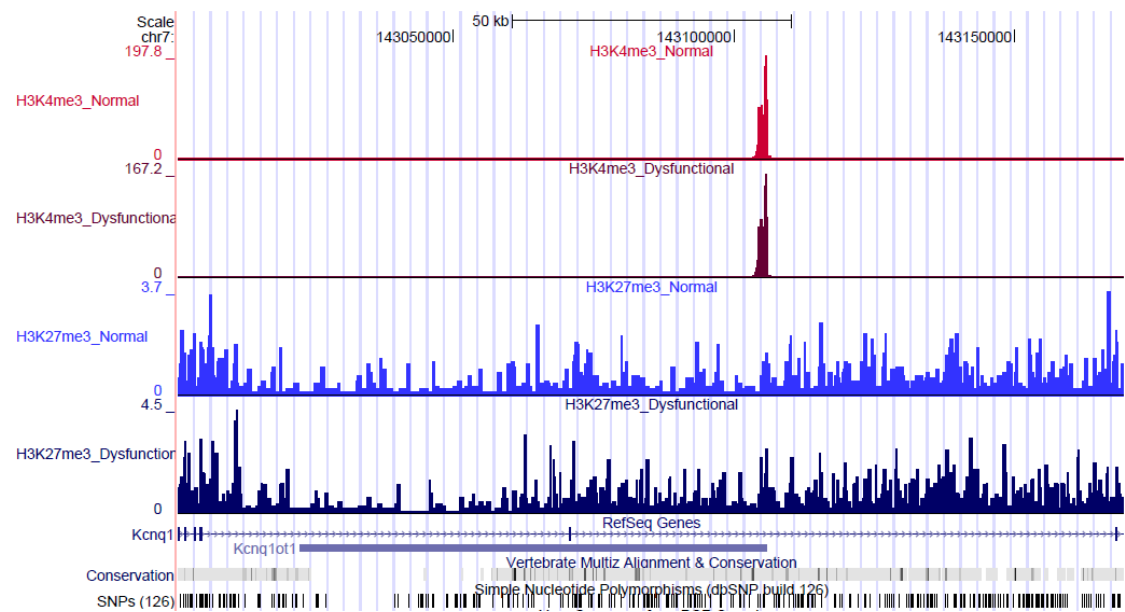


Figure 58. *Kcnq1* (a) and *Kcnq1ot* (b) have opposing bivalent marks in normal β -cells that change in an opposing fashion in dysfunctional β -cells.

5.3. DISCUSSION

5.3.1. CHROMATIN REMODELLING IN RESPONSE TO BETA-CELL DYSFUNCTION

Epigenetic changes are associated with physiological dysfunction due to environmental stimuli. Histone methylation is significantly increased in non-transcribed regulatory regions near or within human Type 1 Diabetes susceptibility regions, including loci containing the gene for CLTA4 and genes in inflammation-associated pathways³¹². The activation of β -cell genes requires an appropriate euchromatin DNA template characterized by hyper-methylation of H3K4, maintained by the HMT Set7/9¹⁶². Therefore, I hypothesized that there would be chromatin remodelling in β -cells in response to a glucolipotoxic stimulus that impairs its ability to secrete insulin in response to glucose.

There was a global increase of chromatin opening in dysfunctional β -cells, as indicated by the increase in numbers of FAIRE and H3K4me3 peaks at the promoters of genes, and a decrease in H3K27me3 at the promoters of genes in dysfunctional β -cells (Table 10). Motif analysis of FAIRE peaks in normal and dysfunctional β -cells showed that there was a bias for binding sites for general transcription factors like SP-1, CTCF, NF-Y (Table 11). SP-1 belongs to a family of ubiquitously expressed, C₂H₂-type zinc finger-containing DNA binding proteins that activate or repress transcription of many genes in response to physiological and pathological stimuli³¹³. There is emerging evidence to indicate that in addition to functioning as a 'housekeeping' transcription factor, Sp1 may mediate nuclear signaling in response to hormones such as insulin³¹⁴. CTCF plays many roles in transcriptional repression, insulator function, and imprinting genetic information³¹⁵. NF-Y is a ubiquitous transcription factor involved in the activation of most promoters³¹⁶. Motifs for FAIRE peaks in normal β -cells showed enrichments for tissue-specific transcription factors like FoxA1 and FoxA2, Oct2 and Oct4, and Pdx1 (Table 11). FoxA1 and FoxA2 are important for pancreatic function, with *FoxA1*^{-/-} islets exhibiting decreased GSIS and reduced pancreatic insulin and glucagon content³¹⁷. FoxA2 is important in pancreatic development and function, and regulates many

genes involved in maintaining the mature β -cell phenotype⁶². FoxA1 and FoxA2 co-occupy multiple regulatory domains in the *Pdx1* gene, and ablation of both Foxa1 and Foxa2 in the pancreatic primordium results in complete loss of *Pdx1* expression and severe pancreatic hypoplasia³¹⁸. Oct2 was originally described in cells of the immune system, and plays a regulatory role in the neuro-endocrine brain³¹⁹. Oct4 is a key regulator of pluripotency in embryonic stem cells³²⁰, and high expression of *Oct4* and *Nanog homeobox (Nanog)* in metaplastic pancreatic ducts (with *Oct4* expression preceding Ras mutation) suggests that these homeobox transcription factors are associated with the early stage of pancreatic cancer carcinogenesis and may play an important role in that process³²¹. The Usf1 motif was one of the top 20 motifs identified in the normal β -cell FAIRE datasets. Usf1 and NeuroD1 contribute to *islet-specific glucose-6-phosphatase catalytic-subunit-related protein (IRGP)* gene expression in islets¹¹⁰. Taken together, this data shows that in dysfunctional β -cells, open chromatin is biased to binding sites for general transcription factors; in normal cells, tissue-specific TFBS tend to show a more open chromatin configuration. Comparison of the genes associated with the respective epigenetic marks in normal and dysfunctional β -cells demonstrated that there is a significant increase in genes involved in cellular regulatory activities and the specification of other developmental lineages in dysfunctional β -cells (Figures 44-6).

To summarize, I have shown that important genes in normal β -cells are marked by active chromatin marks, and there is global chromatin remodelling when β -cells become dysfunctional, which results in an opening in the chromatin at genes involved in cellular regulatory activities and the specification of other developmental lineages.

5.3.2. CHROMATIN AND TRANSCRIPTIONAL DYNAMICS IN DYSFUNCTIONAL BETA-CELLS

Genes important for β -cell function are marked by H3K4me3 in their promoters in normal β -cells, e.g. *Pdx1*, *NeuroD1*, *MafA*, *Ins1*, *Glut2*, *Snap25*, *Vamp2*, *Cacna1a*, *Chgb*, *Kirrel6.2*, *Syt14*, *Stxbp1*, and *Syt7* (Figure 47). This is in stark contrast to two prior studies of H3K4me3 ChIP-Seq in human pancreatic islets, where the authors did not find the H3K4me3 mark in highly expressed genes in islets, including those encoding islet-specific hormones *Ins*, *Gcg*, *Sst*, *Iapp*, *Ppy* and *Ttr*^{140,179}. This prompted the authors to speculate that some genes critical for islet function have an unconventional promoter chromatin signature, indicative of a unique transcriptional control mechanism¹⁷⁶. However, the fact that there were positive enrichments for H3K4me3 at so many important β -cell genes in my study does not support their conclusion. Perhaps this is due to species differences - they used pancreatic human islets while I used mouse insulinoma cell lines. The fact they used whole pancreatic islets from cadaveric donors (islets are extremely fragile and sensitive to external manipulation, and islet harvesting is a laborious process that triggers a cascade of stressful events involving activation of apoptosis and necrosis and the production of pro-inflammatory molecules that negatively influence islet yield and function)³²² might have also compounded the results. β -cell paucity of their samples might have also contributed to their conflicting results, and there is heterogeneity when using whole islets that contain α , β , δ , ϵ , and PP cells.

Under glucolipotoxic conditions in DIO models¹⁶⁸ and cell culture conditions mimicking diabetes¹⁶⁹, *MafA* expression is inhibited, whereas *Pdx1* is affected at the posttranslational level in its ability to translocate to the nucleus²⁸⁰, resulting in decreased *Insulin* gene expression. It is not known what effect glucolipotoxic conditions have on *NeuroD1*, but I have shown there is a decrease in mRNA levels of all three transcription factors in dysfunctional β -cells (Figure 49). Glucotoxicity and lipotoxicity leads to the production of ROS, which activate *Mitogen-activated protein kinase 8* (*Jnk*), resulting in a decrease in Insulin receptor substrate (Irs) signalling, which may directly be involved in

decreased Pdx1 activity by translocation from the nucleus to the cytoplasm³²³. Glucose and FFA also induce ER stress, while chronic glucose elevation inhibits FFA oxidation and favors the generation of ceramide and lipid partitioning, which also results in β -cell dysfunction³²⁴.

Genes bound by Pdx1, NeuroD1 and MafA in normal β -cells are associated with H3K4me3, not H3K27me3 (Figure 50). There is an increase in the association of these transcription factors with H3K27me3 in dysfunctional β -cells and a corresponding decrease in gene expression (Figure 52). Taking into account there was reduced expression of *Pdx1*, *NeuroD1* and *MafA* in dysfunctional β -cells (Figure 49), the H3K27me3-marked genes (that have a TFBS) in dysfunctional β -cells are enriched for genes involved in metabolic and general cellular regulatory processes (e.g. cell cycle, cell signalling) (Tables 12-14). In the case of Pdx1, where there also is (in theory) reduced Pdx1 translocation to the nucleus, the increase in H3K27me3 of its target genes could also be due to the presence of less Pdx1 in the nucleus.

Taken together, two things are happening: Transcriptional activity of *Pdx1*, *NeuroD1* and *MafA* are reduced, and so are those of their target genes. The former is due to the high glucose and fatty acid conditions leading to epigenetic changes in their promoters (as evidenced by reduced H3K4me3 levels at the *Pdx1*, *NeuroD1* and *MafA* promoters in dysfunctional β -cells, Figure 47). The latter has two possible explanations: As a consequence of treatment with high glucose and fatty acids, there is a decrease in the level of the active H3K4me3 mark at the promoters of *Pdx1*, *NeuroD1* and *MafA*, leading to their decrease in gene activity. This then directly leads to epigenetic changes in the promoters of their target genes, resulting in changes in gene expression. The second possibility is that conditions of high glucose and fatty acids lead to epigenetic changes at the promoters of *Pdx1*, *NeuroD1* and *MafA* target genes, on top of epigenetic changes at the promoters of those three transcription factors, resulting in changes in gene expression. The experiments I have performed cannot distinguish between these two possible scenarios. However, since chromatin modifiers are usually not sequence-specific, and that Pdx1, NeuroD1 and MafA interact with HATs, HMTs and HDACs in order to maintain

the expression of *Insulin* and other genes, it is unlikely that chromatin modifiers would target specific gene sets. Hence, the first scenario is more likely.

I therefore propose a model in which glucolipotoxic conditions lead to increase in ROS and other metabolic changes that result in a reduced H3K4me3 mark at the *Pdx1*, *NeuroD1* and *MafA* genes and correspondingly lower mRNA levels in dysfunctional β -cells. This in turn leads to chromatin remodelling at the promoters of their target genes, resulting in changes in gene expression that ultimately affect β -cell function. This is similar to the model that is proposed to occur in IUGR rodents, where a cascade of epigenetic events is triggered by IUGR during development, resulting in permanent suppression of *Pdx1* expression¹⁶⁷.

ChIPs for these transcription factors can be performed in dysfunctional β -cells, and if reduced levels of binding are seen when compared to normal cells, it would lend support to the model I have proposed. There are several other important transcription factors involved in maintaining the mature β -cell phenotype, e.g. FoxA2, Hnf4 α ; these also interact with chromatin modifiers to modulate gene expression³²⁵. Therefore, ChIPs for those transcription factors could be performed in normal and dysfunctional β -cells, to see if a similar form of regulation is occurring. ChIPs of other epigenetic marks and/or HATs/ HMTs/ HDACs can also be performed under varying conditions of glucolipotoxicity, in order to tease apart the mechanistic effects underlying β -cell dysfunction. DNA methylation at the promoters of important β -cell genes can be analyzed to shed light on how DNA methylation and histone modification co-operate to modulate changes in gene expression. These experiments can also be performed in DIO animals or human pancreatic islets from normal and diabetic patients, to see if similar changes are observed *in vivo*.

5.3.3. BIVALENT STATES IN NORMAL AND DYSFUNCTIONAL BETA-CELLS

Bivalent opposing marks are associated with low levels of expression in pluripotent cells, but these resolve into monovalent methylation marks during ESC differentiation. Bivalent genes

in ESCs are mostly transcription factors, hence the notion that bivalent marks silence genes in ESCs, priming them for activation upon differentiation¹³⁷. Bivalent domains are also found in other cell types, e.g. mouse embryonic fibroblasts, neural progenitors¹³⁸ and human T cells¹³⁹. A recent comparison of H3K4me3 and H3K27me3 in human pancreatic islets show that these bivalent domains are usually mutually exclusive or absent, but there are a few genes that had high levels of both marks, e.g. the *Hox* gene clusters and neuronal transcription factors, perhaps indicating a retention of “memory” of earlier transcription or the re-activation of these genes under certain metabolic conditions¹⁴⁰. Bivalent marks have also been described to co-exist with methylated DNA in the promoter regions of human cancer cells, suggesting that aberrant *de novo* DNA methylation that commonly accompanies cancer-related genes could be a consequence of the underlying chromatin environment³²⁶.

When H3K4me3 and H3K27me3 overlapping peaks in normal and dysfunctional β -cells were analyzed, there were 113 bivalent genes in normal β -cells. There were 16 genes with lower H3K4me3 mark in dysfunctional β -cells and 98 genes with a lower H3K27me3 mark in dysfunctional β -cells. This is consistent with the fact that there was an increase in the numbers of H3K4me3 and FAIRE peaks, and decrease in the global numbers of H3K27me3 peaks in dysfunctional β -cells. Genes that are bivalently marked in normal β -cells are more enriched for in developmental processes and cell regulatory processes, compared to genes that are bivalently marked in normal β -cells and have lost the repressive H3K27me3 mark in dysfunctional β -cells (Figure 54).

Some examples of bivalent genes in normal β -cells that have reduced levels of H3K4me3 and/or increased levels of H3K27me3 in dysfunctional β -cells include genes involved in pancreatic development and/or function, e.g. *MafB*, *Oxr1*, *Camk2b*, *miR-9*, *Sox17* (Figure 56). Genes involved in neuronal development and function, e.g. *Sema3d* and *Celsr1*, and members of the *Fox* family transcription factors *Foxf2* and *Foxq1* are also bivalently marked (Figure 56). The potassium channel *Kcnc1* has both active and repressive chromatin marks, along with

the T2DM-identified potassium channel *Kcnq1* (Figure 58). Bivalent chromatin states are modified to different extents in dysfunctional β -cells and lead to gene expression changes that could ultimately contribute to its inability to properly respond to glucose.

5.4. SUMMARY

My hypothesis was that when β -cell dysfunction occurs, remodelling of the chromatin environment adversely affects the expression and activity of Pdx1, MafA and NeuroD1 and other important β -cell transcriptional regulators. I have addressed this by looking at regions of active and repressive chromatin in normal and dysfunctional β -cells, and found that dysfunctional β -cells have a more open chromatin configuration marking genes involved in cellular regulatory activities and the specification of other developmental lineages. I have also found an increase in the number of transcription factor-associated genes that bear an increased H3K27me3 mark in dysfunctional β -cells. Bivalent genes are present in normal β -cells, and a change in the bivalent state is observed at genes involved in development and/or function. This chromatin remodelling leads to changes in gene expression that could ultimately contribute to its inability to properly respond to glucose.

CHAPTER 6:

**OVER-EXPRESSION OF PDX1
DURING PANCREATIC BETA-
CELL DIFFERENTIATION**

6.1. INTRODUCTION

ESCs are derived from the pluripotent inner cell mass of early embryos and possess a nearly unlimited capacity for self-renewal and the potential to differentiate into the many cell types of mammalian organisms. These properties qualify ESCs as an excellent system to analyze *in vitro* lineage commitment and cellular differentiation. Though mouse ESCs (mESCs) and human ESCs (hESCs) are not developmentally identical, clues obtained from experimental work performed in mESCs might shed light towards the application of mouse differentiation systems to hESCs, and might therefore lead to the establishment of strategies for future regenerative cell therapies. One strategy to generate β -cells *in vitro* is to closely mimic embryonic development by exposing ESCs to factors (e.g. transcription factors, growth factors, signaling molecules, the appropriate extra-cellular matrix (ECM) environment) that they would normally encounter *in vivo*³²⁷.

In vitro recapitulation of β -cell development has been attempted by: (1) directed differentiation using lineage selection with genetically modified ES cells that express pancreas-specific promoter and reporter system^{328,329}, (2) application of specific growth and ECM factors during differentiation^{330,331} and (3) constitutive expression of genes crucial for pancreatic development^{328,332}. However, currently strategies require optimization with respect to maturation of insulin-producing cells and the ability of these differentiated cells to respond to glucose when transplanted in diabetic animal models. Therefore, promising future strategies include the conditional expression of transgenes, histotypic differentiation supported by vascular endothelial cells and ECM-based three-dimensional culture systems, and application of physiological-like differentiation conditions.

Pdx1 has been shown to be essential in the development of the pancreas, with deficits in expression levels resulting in reduced insulin secretion, accelerated β -cell apoptosis, and insulin-deficient diabetes in mice⁸¹. I have also shown in Sections 3-5 that Pdx1 is

comparatively more important than other key regulators like NeuroD1 and MafA. Thus, I hypothesized that **over-expression of Pdx1, in combination with culture conditions that mimic endoderm and pancreas development, will aid in the differentiation of mouse ESCs towards the pancreatic lineage.**

6.2. RESULTS

6.2.1. GENERATION OF MOUSE CLONAL ESC LINES THAT OVER-EXPRESS *PDX1*

An inducible mouse ESC line over-expressing *Pdx1* was generated using the E14 engineered cell line AINV18³³³. The objective was to expose it to several differentiation conditions and to examine gene expression levels as a first step in determining efficiency of differentiation. In this system, the parental AINV18 ESC line contains an expression cassette for the reverse tet transactivator (rtTA) inserted into the constitutively expressed ROSA26 locus (Figure 59A). The cDNA of interest, in this case *Pdx1*, is targeted by Cre-mediated homologous recombination downstream of the tetracycline (tet) operator. This results in *Pdx1* being under the control of the tet operator, which can be switched on upon addition of doxycycline (a tet analog). This recombination event also places a previously inactive neomycin resistance gene under the control of a PGK-ATG promoter, allowing selection of *Pdx1* recombination with neomycin.

With this method, I generated two ESC clones over-expressing *Pdx1* that were able to switch on *Pdx1* expression at the mRNA and protein level within 3 hours, maintain robust expression over a period of 12 days, and switch off *Pdx1* expression upon withdrawal of doxycycline (Figure 59B).

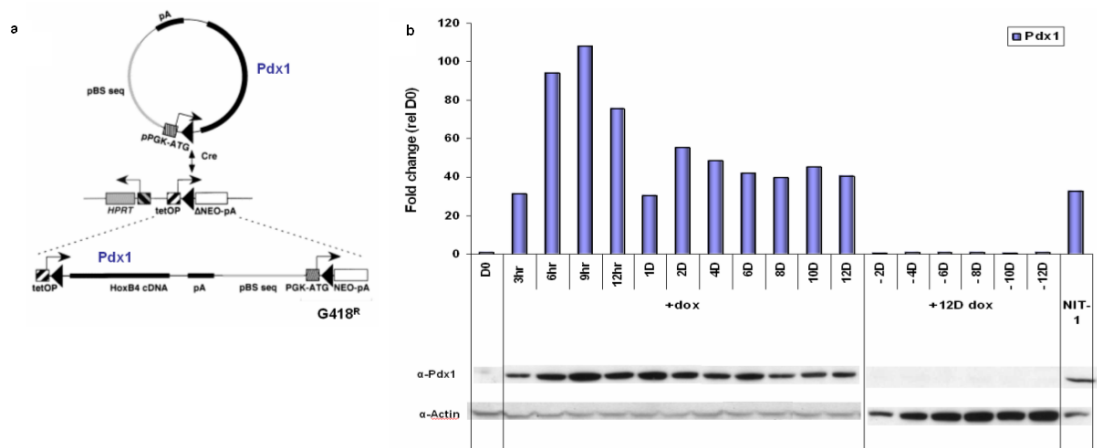


Figure 59. Co-transfection of pLox containing Pdx1 with Cre causes Cre-mediated recombination of Pdx1, now under the control of the tetOP, and G418 resistance is established. (B) Quantitative RT-PCR analysis of *Pdx1* mRNA expression (upper panel) and protein levels (lower panel) before and after addition of doxycycline, with NIT-1, a β -cell line serving as a positive control. Similar results were obtained with the second Pdx1 ESC clone.

6.2.2. DIRECTED DIFFERENTIATION OF MESENCHYMAL STEM CELLS TO THE BETA-CELL LINEAGE

Using a differentiation protocol that was used to over-express *Ng3* in a similarly inducible manner³³⁴, I differentiated the parental AINV18 cell line and looked at gene expression changes of several key genes involved in maintaining pluripotency, formation of definitive endoderm, pre-pancreatic endoderm, endocrine precursors and β -cells (Figure 60A-F).

In stage 1, ESC differentiation was initiated by generating embryoid bodies, to allow cells to form a three-dimensional structure that allows intra-cellular signaling. Leukemia inhibitory factor (LIF) was withdrawn to promote differentiation, as seen by the decrease in the pluripotency marker *Oct4* and *Sox2* (Figure 60A). In Stage 2, serum was withdrawn and Nodal signaling by adding Activin A and Fibroblast growth factor (FGF)-4 to potentiate endoderm formation and anterior gut fate. This resulted in up-regulation of *FoxA2*, *Sox17*, *Gata4* and *Gata6* (Figure 60B), markers of primitive endoderm. In stage 3, Activin A and FGF4 were maintained in the culture medium and bone morphogenic protein (BMP)-4 and FGF10 were added to expand the population of putative pancreatic progenitors. This effect was confirmed by maintenance of *FoxA2*, *Sox17*, *Gata4* and *Gata6* levels (Figure 60B). Pancreas specification depends on addition of RA and suppression of *Shh* by cyclopamine, which represses the mesodermal markers *Gsc* and induces expression of *Pdx1* (Figure 60C), *Ng3* (Figure 60D) and *Ptf1a*, as detected by Stage 5. Low glucose was used in stages 4 and 5 because glucose restriction may initiate generation of insulin producing cells³³⁵. Nicotinamide, a SIRT-specific inhibitor, is commonly used as part of the differentiation cocktail to drive ESCs towards the β -cell lineage³³⁰. This protocol was modified with the addition of β -cellulin, a glycoprotein highly expressed in the pancreas, to promote the differentiation, regeneration and proliferation of pancreatic β -cells *in vitro* conditions¹⁸⁶. Addition of β -cellulin also enhances the expression of *Pdx1*, *Ng3*, *Nkx6.1*, *Insulin* (Figure 60C-F) and other genes specifying pancreatic progenitors. Therefore, with this protocol, a population of cells expressing markers representing β -cells e.g. *Nkx6.1* (Figure 60E) and *Insulin* (Figure 60F) was produced.

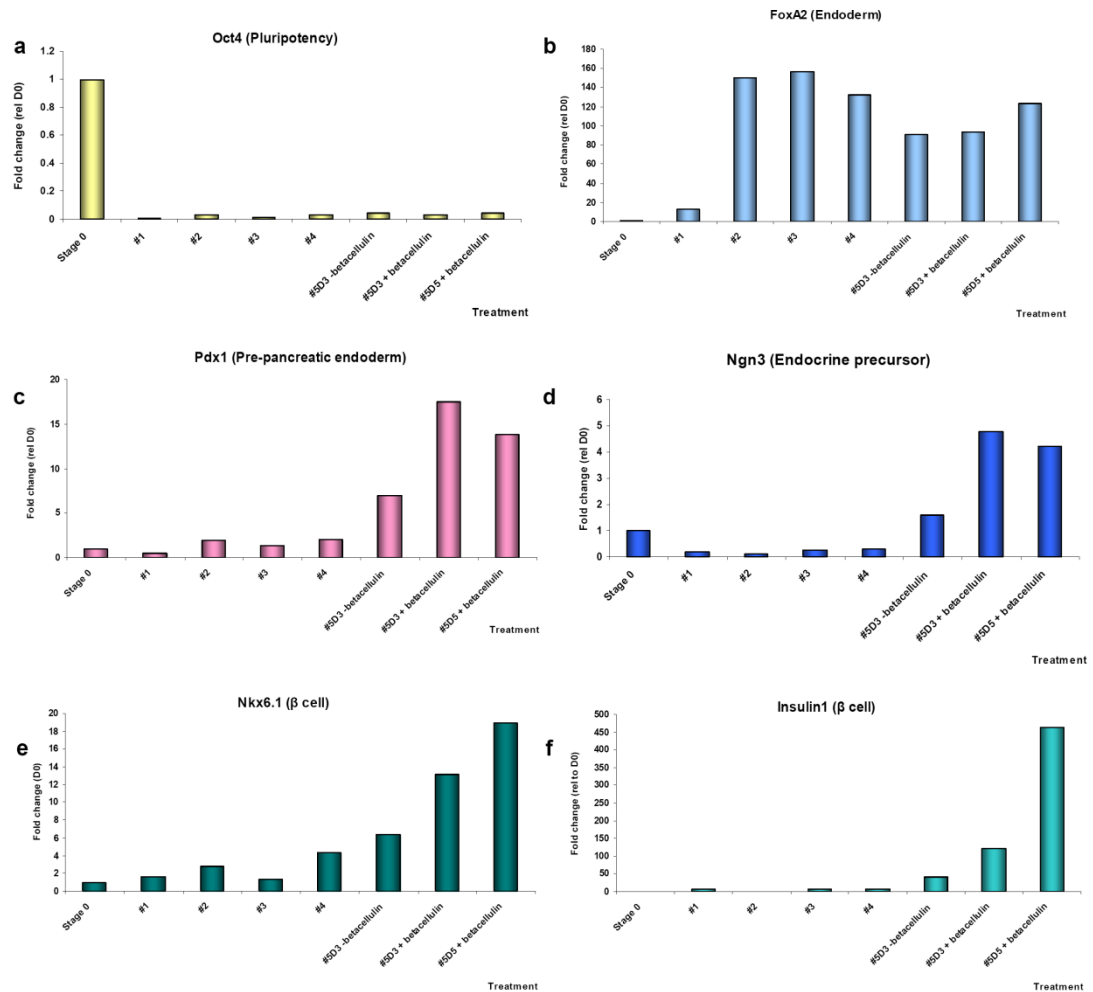


Figure 60. Expression of marker genes at each stage of ESC differentiation towards the β -cell lineage. β -actin was used as an internal control for normalization. Three technical replicates were performed for each RT-PCR, and the average of the normalized ratio of gene/ β -actin was calculated. Similar results were obtained with the second Pdx1 ESC clone.

2.3. DIRECTED DIFFERENTIATION OF *MESCs* TOWARDS THE *BETA-CELL* LINEAGE, IN COMBINATION WITH *PDX1* OVER-EXPRESSION

As *Pdx1* expression was detected at stage 5 of the differentiation protocol (Figure 60C), I asked whether over-expressing *Pdx1* before, during, or after stage 5 would enhance the differentiation process. I induced *Pdx1* expression by addition of doxycycline to the differentiation medium at stages 4, at stage 5, and midway through stage 5 (Figure 61A). Marker gene expression was assessed at each stage of differentiation by RT-PCR (Figure 61B-F). The experiment was performed with both *Pdx1* ESC clones, and results shown in Figure 63 are representative of one clone, with the trend in the expression results also seen in the other clone. I assayed a panel of markers for each differentiation stage, i.e., pluripotency, formation of definitive endoderm, pre-pancreatic endoderm, endocrine precursors and β -cells, at each stage in the protocol. The controls for the experiment are the parental AINV18 cell line without any genetic modification and the *Pdx1* clone without doxycycline treatment.

Levels of *Oct4* transcripts decreased below that of control cells at the end of the differentiation experiment, with some remnants of *Oct4* present in the *Pdx1* over-expressing clone (Figure 61B), indicative of cells still remaining undifferentiated. *Pdx1* transcription was massively up-regulated upon addition of doxycycline (Figure 61C), showing that the cells were responsive to induction of doxycycline in the context of the differentiation medium. Levels of *Ngn3* transcripts were not increased upon *Pdx1* over-expression (Figure 61D), nor was *Nkx6.1* (Figure 61E) and *Insulin* (Figure 61F). In fact, the levels of *Ngn3*, *Nkx6.1* and *Insulin* (and other markers representing pancreatic progenitors, data not shown) were higher in the AINV18 parental cell line and in the *Pdx1* clonal ESCs without the addition of doxycycline. The data suggests that over-expression of *Pdx1* did not aid differentiation towards the β -cell lineage, but seems to impede it. This almost seems counter-intuitive, as one would expect, with *Pdx1* being upstream of these transcription factors and being crucial for β -cell development, over-expressing *Pdx1* would lead to an increase in the levels of pancreatic progenitor transcripts, not decrease.

(A)

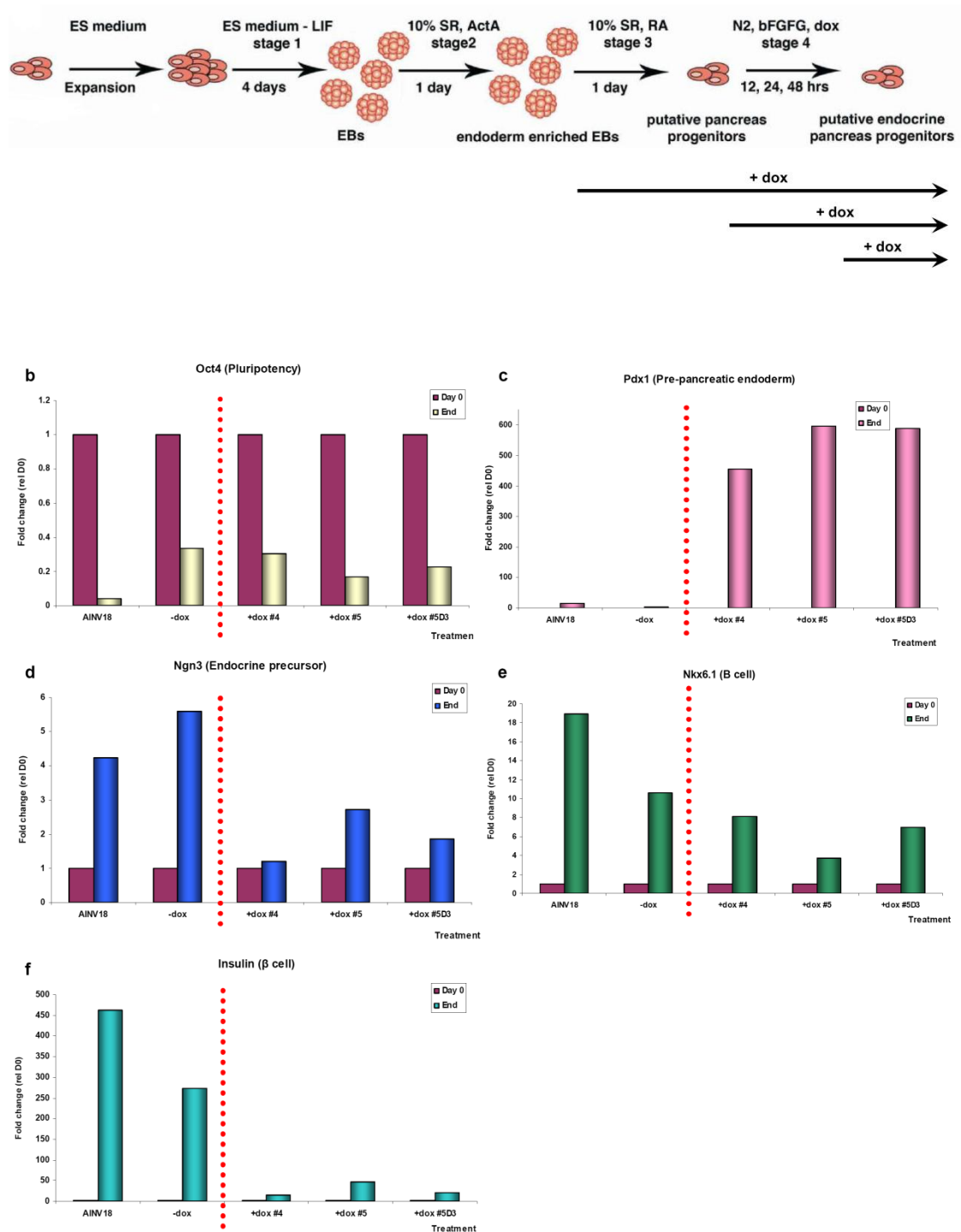


Figure 61. Pdx1 over-expression does not enhance differentiation of ESCs towards the endocrine lineage. (A) Differentiation of ESCs towards endocrine pancreas-like progenitors. A schematic diagram of the differentiation protocol and Pdx1 induction. (B) to (F) shows expression of markers from each stage of differentiation. Data shown are analyses performed at the end of stage 5 on embryoid bodies that had doxycycline added at stage 4, stage 5, or midway through stage 5. The parental AINV18 cell line and the Pdx1 cell line (without dox) served as controls, and for each RT-PCR three replicates were averaged. Results were similar for both Pdx1 ESC clones.

6.3. DISCUSSION

Embryonic stem cells hold great promise for therapy as they can differentiate into any cell type in the body. As such, much effort has been invested in enhancing the derivation of different cell types, such as the pancreatic β -cell. I have shown that over-expressing *Pdx1* does not enhance the differentiation towards the β -cell lineage (Figure 61). This was somewhat surprising, as *Pdx1* lies upstream of transcription factors involved in specifying the endoderm and endocrine lineage, my hypothesis was that over-expressing *Pdx1* would lead to an increase in the levels of pancreatic progenitor transcripts, not decrease (Figure 61). It is possible that there was over-saturation of translational machinery when *Pdx1* was over-expressed, as there was a massive increase in the levels of *Pdx1* mRNA transcripts (500-fold) upon addition of doxycycline and, therefore, other mRNA transcripts could not be translated efficiently (Figure 61). This huge increase in *Pdx1* levels could have also led to non-specific and non-physiological binding and spurious activation of its target genes. One strategy to overcome non-physiological levels of *Pdx1* is to switch on *Pdx1* in biphasic pulses (e.g. for several hours in Stage 4, and midway through Stage 5 for a couple of hours, to mimic the biphasic expression levels of *Pdx1* levels in the developing embryo).

Immuno-staining for C-peptide, Insulin, and the other β -cell markers should also be performed on differentiated cells, to determine the protein levels and co-localization of factors characteristic of β -cells, as I've only looked at mRNA transcripts so far. Fluorescence-activated cell sorting (FACS) will be carried out as a quantitative assay to assess the percentage of cells expressing the relevant markers, for example the endodermal markers *Sox17* or *FoxA2*, to evaluate the efficiency of the differentiation process. Enrichment of differentiated cells expressing endodermal surface markers can also be performed, (e.g. *Cxcr4* distinguishes the early visceral and definitive endoderm³³⁶).

6.3.1. MODIFICATION OF THE ECM

Mature β -cells do not produce any basement membrane or ECM, using instead VEGF-A to attract endothelial cells which form capillaries with a vascular basement membrane next to the β -cells³³⁷. Laminins and the $\beta 1$ integrin subunit are crucial for the stimulatory effect of endothelial ECM proteins on *insulin* mRNA expression. Therefore, β -cells must interact with endothelial cells in order to function properly. In dissociated E13.5 precursor pancreatic cell cultures, the addition of soluble laminin-1 increased the number of β -cells produced³³⁸. Also, β -cells grown with collagen IV or laminin secrete more insulin in response to glucose stimulation³³⁹. Matrigel³⁴⁰, an ECM commonly used in culturing human ESCs, contains growth factors like bFGF, EGF, IGF-1, PDGF, NGF, laminin, collagen IV. It is known that long term culture of fetal porcine islet-like cell clusters with Matrigel enhances insulin secretion³⁴¹. As the differentiation protocol can be easily modified, and because the ECM is crucial in providing a proper ECM context, efforts could be made to focus on plating embryoid bodies onto the various ECMs mentioned above (after stage 1 of the differentiation protocol, or midway in the differentiation protocol when cells are more mature) onto various ECMs (laminin 1, collagen IV, matrigel, 804G matrix, and specialized matrices which contain different combinations of ECM proteins). A similar approach would be to co-culture differentiating cells onto mouse islet endothelial cells (e.g. MS-1 cells), which promote β -cell proliferation through the secretion of HGF, suggesting the existence of an endothelial-endocrine axis within adult pancreatic islets important for adult β -cell proliferation³⁴².

6.3.2. MODIFICATION OF EXOGENOUS COMPONENTS OF DIFFERENTIATION MEDIUM

In order to modify exogenous components of the differentiation cocktail, other growth factors and signaling molecules shown to be important in β -cell development can be added, such as FGF7 and Noggin²⁷. Exendin-4 (a Glp-1 analog that increases GSIS from β -cells)³⁴³, can also be supplemented to the culture medium. Under appropriate conditions, the HDAC inhibitor

Trichostatin A (TSA) can differentiate bone marrow stem cells into islet-like clusters capable of secreting insulin³⁴⁴. TSA and sodium butyrate (both class I and II HDAC inhibitors) treatment increased the development of Ngn3-positive endocrine progenitors and modified the endocrine sub-type lineage choices³⁴⁵. Therefore, there is much to be optimized with respect to differentiation culture conditions.

6.4. SUMMARY

The desire to generate clinically relevant populations of cells from ESCs remains the driving force of ESC research. I have shown that over-expression of Pdx1 alone does not improve differentiation towards the pancreatic β -cell lineage. Future work includes a combinatorial approach, consisting of timely over-expression of a key pancreatic transcription factor with defined culture conditions, where differentiating cells will be exposed to the proper ECM context.

CHAPTER 7:

DISCUSSION

7.1. TRANSCRIPTIONAL REGULATION OF PDX1, NEUROD1 AND MAF A IN PANCREATIC BETA-CELLS

Pancreatic β -cells are important in maintaining glucose homeostasis in the adult, secreting insulin in a timely and appropriate fashion in response to a metabolic stimulus. The inability of the β -cell to keep up with increasing insulin demand, coupled with insulin resistance in other parts of the body, leads to Type 2 Diabetes. It is therefore of scientific interest to understand how these highly specialized cells perform their function, and to also understand the molecular mechanisms in which β -cell dysfunction occurs. The transcriptional and epigenetic networks governing the unique properties of β -cells has not been extensively studied as yet, with only a handful of publications describing genome-wide profiling of transcription factors and the epigenetic profile of β -cells^{86,177,179,325}. The transcription factors Pdx1, NeuroD1 and MafA are required for the maintenance of the mature β -cell phenotype, with deficiencies in any of them leading to diabetic phenotypes^{1,195,346}. I have thus first focussed on further elucidating the transcriptional networks regulated by them.

Pdx1 and NeuroD1 co-occupy hundreds of genomic loci⁸⁶, implying that a significant fraction of Pdx-1 and NeuroD1 binding sites exist within regulatory modules, where they may control gene expression in a synergistic manner. However, it was unknown whether MafA interacts at similar loci to co-regulate genes important for β -cell function, as no genome-wide ChIP binding studies have been performed for MafA. I have shown in Chapter 3 that Pdx1, NeuroD1 and MafA bind to one another's promoters, along with the *Insulin* promoter. The Pdx1, NeuroD1 and MafA peaks are also enriched around all three peak centers, suggesting they associated strongly with one another. There was a large number of Pdx1-only peaks and a big overlap of NeuroD1 and MafA binding sites, and this similarity was also reflected in the motifs identified for MafA and NeuroD1. This suggests that Pdx1 is acting more independently, with NeuroD1 and MafA having very similar and possibly redundant roles. A more independent role of Pdx1 would also concur with the fact that 17% of Pdx1 peaks are found in promoter regions, compared to NeuroD1 and MafA. Depletion of NeuroD1 has more

effect on the target genes it binds to, 834 genes are regulated by NeuroD1 only, in comparison to the 175 and 151 regulated by Pdx1 and MafA respectively. This suggests that NeuroD1 is acting in an indirect manner. In all three cases, there are a greater number of genes being up-regulated upon knock-down, indicating that these transcription factors have a generally more repressive role on their target genes, rather than activating. Gene ontology analysis on the target genes revealed over-representation in categories such as metabolic processes, developmental processes and cellular processes.

As the binding sites of Pdx1, NeuroD1 and MafA and the genes they regulated categorized into similar regulatory networks, and these three transcription factors synergistically bind to and regulate the *Insulin* promoter¹²⁴, I hypothesized that these three transcriptional factors would combinatorially regulate other genes in the genome. To explore how combinatorial transcription factor binding correlated with changes in gene expression upon combinatorial transcription factor knockdown, the number of regulated genes that had any combination of a transcription factor was overlapped with the genes identified to be changing upon each combination of transcription factor knockdown. Genes containing Pdx1 binding sites in their promoters display maximal differential expression in the single, double or triple knockdown experiments (Figure 28). The highest percentage of genes regulated are those in the double knockdown, irrespective of whether the gene is bound by single, double or all three transcription factors (Figure 29). Of the single transcription factor regulated genes, NeuroD1-regulated genes have a higher percentage of bound genes (6-8%) compared to Pdx1 and MafA (<4%). This could be due to the fact that 12.5% of NeuroD1-regulated genes are transcription factors (Table 6), as compared to 8.5% of Pdx1- and MafA- regulated genes. This higher proportion of transcription factors in NeuroD1 regulated genes again suggests that NeuroD1 mediates downstream gene expression changes via other transcription factors. Taken together, I have shown that while Pdx1 on its own had the most effect on gene regulation, triply and doubly bound genes exert more effect on gene regulation.

7.2. PDX1, NEUROD1 AND MAF A TARGET GENES HAVE FUNCTIONAL EFFECTS ON THE BETA-CELL PHENOTYPE

Transcription factors play an important role in pancreatic β -cell development and function. This is manifested clinically by MODY syndromes, in which heterozygous mutations in HNF4 α , HNF1 α , PDX1, HNF1 β and NEUROD1 cause progressive impairments in insulin secretion and the eventual development of diabetes mellitus⁹⁰. The main function of the mature β -cell is to respond appropriately to the fluctuating levels of blood glucose with the secretion of insulin. This is mediated and controlled by many transcription factors, of which Pdx1, NeuroD1 and MafA are a few. As Pdx1, NeuroD1 and MafA have been shown to co-regulate many genes of similar biological functions (Chapter 3), I hypothesized that these Pdx1 NeuroD1 and MafA target genes were important in maintaining the insulin secretory response, and that depletion of their expression in β -cells would result in impaired ability to respond to glucose, as determined by a GSIS assay. In Chapter 4, I have shown that Pdx1, NeuroD1 and MafA repress *Itgb1bp2* and *Cplx2* in order to achieve an enhanced GSIS response. Pdx1, NeuroD1 and MafA activate *Tspyl1*, *F13a1* and *Septin7* to reduce GSIS (Figure 39). This additional knowledge emphasizes the exquisite level of regulation required for the appropriate response of β -cells to a glucose stimulus.

Future work involves extending the study to more genes regulated by these three transcription factors, in order to identify new regulators important in GSIS. The β -cell is also responsive to other nutrients and numerous neural and hormonal factors, and specific amino acids may acutely and/or chronically regulate insulin secretion³⁴⁷. Therefore it is also of biological interest to study the role of these commonly regulated target genes in response to different metabolic stimulus, as they might be also involved in different aspects of β -cell function.

7.3. CHROMATIN REMODELLING IN RESPONSE TO BETA-CELL DYSFUNCTION

The discovery of defects in epigenetic modification in T1DM in susceptibility loci makes it one of the strongest candidates for that elusive “missing link” of auto-immune disease research, providing a mechanism common to and potentially linking both environment stimulation and genetic susceptibility in immunopathogenesis. The activation of β -cell genes in the pancreas requires an appropriate euchromatin DNA template characterized by hypermethylation of H3K4 that is maintained by the HMT Set7/9¹⁶². Therefore, I hypothesized that there would be chromatin remodelling in β -cells in response to a glucolipotoxic stimulus that impairs its ability to secrete insulin in response to glucose. In Chapter 5, I profiled marks of active and repressive chromatin in normal and dysfunctional β -cells, and found that there was a global increase of chromatin opening in dysfunctional β -cells, as indicated by the increase in numbers of FAIRE and H3K4me3 peaks at the promoters of genes, and a decrease in H3K27me3 at the promoters of genes in dysfunctional β -cells. Motif analysis of FAIRE peaks in dysfunctional β -cells showed that there was a bias for binding sites for general transcription factors e.g. SP-1, CTCF, NF-Y, while motifs for FAIRE peaks in normal β -cells showed enrichments for tissue-specific transcription factors like FoxA1 and FoxA2, Oct2 and Oct4, and Pdx1. Comparison of the genes associated with the respective epigenetic marks in normal and dysfunctional β -cells demonstrated that there is a significant increase in genes involved in cellular regulatory activities and the specification of other developmental lineages in dysfunctional β -cells.

Genes important for β -cell function are marked by H3K4me3 in their promoters in normal β -cells, e.g. *Pdx1*, *NeuroD1*, *MafA*, *Ins1*, *Glut2*, *Snap25*, *Vamp2*, *Cacna1a*, *Chgb*, *Kirrel6.2*, *Syt14*, *Stxbp1*, and *Syt7*. On a global scale, genes bound by Pdx1, NeuroD1 and MafA in normal β -cells are associated with H3K4me3, not H3K27me3 (Figure 50). There is an increase in the association of these transcription factors in dysfunctional β -cells with the repressive H3K27me3 mark, and a corresponding decrease in gene expression (Figure 52).

Taking into account there was reduced expression of *Pdx1*, *NeuroD1* and *MafA* in dysfunctional β -cells, the H3K27me3-marked genes (that have a TFBS) in dysfunctional β -cells are enriched for genes involved in metabolic processes, developmental processes and general cellular regulatory processes (e.g. cell cycle, cell signalling). I therefore propose a model in which glucolipotoxic conditions lead to increase in ROS and other metabolic changes that result in a reduced H3K4me3 mark of *Pdx1*, *NeuroD1* and *MafA* and correspondingly lower mRNA levels in dysfunctional β -cells. This in turn leads to chromatin remodelling at the promoters of their target genes, resulting in changes in gene expression that ultimately affect β -cell function. More work is needed (highlighted in Chapter 5.3.2.) to truly understand the molecular mechanisms behind chromatin remodelling in β -cell dysfunction.

Bivalent genes marked by both active and repressive chromatin marks, though first identified in ESCs, are not ESC-specific^{179,326}. In this thesis, I show that these apparently conflicting domains exist in normal β -cells and majority of them lose their H3K27me3 marks in dysfunctional β -cells, consistent with the global increase in the numbers of H3K4me3 and FAIRE peaks and decrease in the global numbers of H3K27me3 peaks in dysfunctional β -cells. Genes that are bivalently marked in normal β -cells are more enriched for in developmental processes and cell regulatory processes, compared to genes that are bivalently marked in normal β -cells and have lost the repressive H3K27me3 mark in dysfunctional β -cells. Some examples of bivalent genes in normal β -cells that have reduced levels of H3K4me3 and/or increased levels of H3K27me3 in dysfunctional β -cells include genes involved in pancreatic development and/or function, e.g. *MafB*, *Oxr1*, *Camk2b*, *miR-9*, *Sox17*; genes involved in neuronal development and function, e.g. *Sema3d* and *Celsr1*; members of the *Fox* family transcription factors e.g. *Foxf2* and *Foxq1*; and the potassium channels *Kcnc1* and *Kcnq1* (Figure 56). Therefore, I have shown that bivalent chromatin states are modified to different extents in dysfunctional β -cells and result in gene expression changes that could ultimately contribute to its inability to properly respond to glucose.

The interplay between epigenetic and transcriptional regulation is a complex process that depends on numerous factors. Transitions between different chromatin states are dynamic and depend on a balance between factors that promote a repressive state and those that promote a transcriptionally active one. Therefore, drugs that target different components of the epigenetic machinery can co-operate in restoring normal gene activity. For example, 5-aza-2'-deoxycytidine interferes with the activity of Dnmt1, leading to genome hypo-methylation, reactivating tumor suppressor genes that were silenced³⁴⁸. However, it is toxic, and cannot be used for therapeutic purposes on its own³⁴⁹. When combined with the HDAC inhibitor TSA, it reactivates silenced tumor suppressor genes in cancer cells³⁵⁰. This suggests the combination of chromatin modifiers can be used to treat diseases.

Clinical trials with HDAC inhibitors have repeatedly demonstrated low toxicity despite the expectation that they may cause global gene dysregulation, and preliminary studies indicate that they may prove useful in treating diabetes¹⁸⁵. The HDAC Sirt1 stimulates several important signaling pathways involved in regulating energy utilization, including the synthesis of new mitochondria³⁵¹. Mitochondrial activity in metabolically active tissues (such as muscle) will increase metabolic rate, drive glucose metabolism and fatty acid oxidation and thereby improve insulin sensitivity and enhance energy expenditure in multiple tissues^{352,353}. Sirt1 activation also plays a significant role on other key cellular regulators involved in metabolic and oxidative stress. In a DIO mouse model, new chemical entities (NCEs) at Sirtris Pharmaceuticals³⁵⁴ significantly improved insulin sensitivity and glucose levels in a similar manner observed in DIO mice genetically altered to have increased *Sirt1* levels³⁵⁵. DIO mice treated with these same NCE SIRT1 activators also had reduced weight gain, increased energy expenditure and had global profiles of metabolites in tissues and plasma that were consistent with a reversal of the metabolic dysfunction induced by the high fat diet³⁵⁶.

It is desirable that the balance of genes whose regulation would be altered with by epigenetic modifiers would tip the balance from unfavorable diabetogenes to those with enhanced benefits. Results I have presented in my thesis have identified areas of chromatin remodeling in β -cell dysfunction. With the insights gained from that and future experiments that look at epigenomic changes in animal models of diabetes or diabetic patient islets, coupled with screening for drugs that can modulate the chromatin environment to reverse the dysfunctional β -cell phenotype, it is hoped that eventually, genome-wide transcriptional and epigenetic characterization will lead to patient-specific therapies that also allow monitoring of genome-wide epigenetic consequences of these therapies.

7.4. CONCLUDING REMARKS

This thesis emphasizes a role of transcriptional regulation in the maintenance of pancreatic β -cell function, and presents unique evidence for chromatin remodelling in β -cell dysfunction. The genetic information of an organism is differentially regulated in a spatial and temporal manner through complex mechanisms that we are only just beginning to comprehend. Epigenetic modifications control gene expression by changing specific regions of the genome to maintain silencing or activating activity, often in response to an environmental stimulus. The trigger for the differential marking of the genome remains largely uncharacterized, but remarkable progress is being made on this front. In order to fully harness the potential of chromatin-modifying drugs in complex diseases like Type 2 Diabetes, it is imperative to better understand the molecular mechanisms by which transcription factors interact with the chromatin, and the impact of the environment on these interactions. To this end, my work presents novel insights into Pdx1-, NeuroD1- and MafA-regulated pathways that influence β -cell function, and the effect of glucolipotoxicity on chromatin remodeling in β -cell dysfunction.

ABBREVIATIONS

| Symbol | Definition |
|-----------|--|
| ATP | Adenosine triphosphate |
| bHLH | basic helix-loop-helix |
| BLZ | Basic leucine-leucine zipper |
| ChIP | Chromatin immunoprecipitation |
| ChIP-chip | Chromatin immunoprecipitation-chip |
| ChIP-Seq | ChIP coupled with high-throughput sequencing |
| CHO | Chinese hamster ovary |
| COREs | Clusters of open regulatory elements |
| DMEM | Dulbecco modified Eagle's medium |
| DIO | Diet-induced obese |
| ECM | Extra-cellular matrix |
| ER | Endoplasmic reticulum |
| ESC | Embryonic stem cells |
| FACS | Fluorescence-activated cell sorting |
| FBS | Fetal bovine serum |
| FFA | Free fatty acids |
| GSIS | Glucose stimulated insulin secretion |
| GWAS | Genome-wide association studies |
| HD | Homeodomain |
| HDL-C | High-density lipoprotein cholesterol |
| IDDM | Insulin dependent diabetes mellitus |
| IEGs | Immediate-early genes |
| IPA | Ingenuity Pathway Analysis |
| IUGR | Intrauterine growth retardation |
| IVG | Integrated Genomics Viewer |
| KRH | Krebs-Ringers-Hepes |
| LDL-C | Low-density lipoprotein cholesterol |
| LIF | Leukemia inhibitory factor |
| MEFs | Mouse embryonic fibroblasts |
| miRNA | MicroRNA |
| MODY | Maturity Onset Diabetes of the Young |
| NADH | Nicotinamide dinucleotide |
| nc | Non-coding |
| NTC | Non-targeting control |
| PBS | Phosphate buffered saline |
| RA | Retinoic acid |
| RGS | Regulators of G protein signaling |
| RNAi | RNA interference |
| ROS | Reactive oxygen species |
| SACO | Serial analysis of chromatin occupancy |
| SNPs | Single nucleotide polymorphisms |
| T1DM | Type 1 Diabetes Mellitus |
| T2DM | Type 2 Diabetes Mellitus |
| TFBS | Transcription factor binding site |
| TSA | Trichostatin A |
| TSS | Transcription start site |
| UCSC | University of California, Santa Cruz |
| ZDF | Zucker Diabetic Fatty |

GENE ABBREVIATIONS

| Gene symbol | Gene name |
|-------------|--|
| Acac | Acetyl-CoA carboxylase |
| Aldob | Aldolase B fructose-bisphosphate |
| Ampk | Protein kinase AMP-activated β 1 non-catalytic subunit |
| Arnt2 | Aryl-hydrocarbon receptor nuclear translocator 2 |
| Arx | Aristaless related homeobox |
| Atp1b1 | ATPase Na ⁺ /K ⁺ transporting β 1 polypeptide |
| Bend | BEN domain containing |
| BMP | Bone morphogenic protein |
| Cacna | Calcium channel voltage-dependent P/Q type |
| Camk | Calcium/calmodulin-dependent protein kinase |
| cAMP | Cyclic adenosine monophosphate |
| Celsr | Cadherin EGF LAG seven-pass G-type receptor |
| Chgb | Chromogranin B |
| Clic | Chloride intracellular channel |
| Cplx | Complexin |
| Cre | cAMP-response element |
| CTCF | CCCTC-binding factor |
| DNMT | DNA methyltransferase |
| Elfn | Extracellular leucine-rich repeat and fibronectin type III domain containing |
| Exoc | Exocyst complex component |
| F13a1 | Coagulation factor XIII A1 polypeptide |
| FGF | Fibroblast growth factor |
| Fox | Forkhead box |
| Gad | Glutamate decarboxylase |
| Gcg | Glucagon |
| Gent | Glucosaminyl (N-acetyl) transferase 2, I-branching enzyme (I blood group) |
| Gk | Glucokinase |
| Glp | Glucagon-like peptide |
| Glut | Glucose transporter |
| GPDH | Glycerol phosphate dehydrogenase |
| HAT | Histone acetyl transferase |
| HDAC | Histone deacetylase |
| Hist1 | Histone cluster 1 |
| HMT | Histone methyltransferase |
| Hnf | Hepatocyte nuclear factor |
| Hox | Homeobox |
| IA1 | Insulinoma-associated 1 |
| Iapp | Islet amyloid polypeptide |
| IGF | Insulin-like growth factor |
| IL | Interleukin |
| IRS | Insulin receptor substrate |
| Itg1bp | Integrin β 1 binding protein (melusin) |
| JNK | Mitogen-activated protein kinase 8 |
| Kcnc1 | Potassium voltage-gated channel Shaw-related subfamily member 1 |
| Kcnq1 | Potassium voltage-gated channel, KQT-like subfamily, member 1 |
| Kirrel 2 | Kin of IRRE like 2 |
| Kirrel6.2 | Potassium inwardly-rectifying channel subfamily J member 11 |
| M3R | M3 muscarinic receptors |
| MafA | v-maf musculoaponeurotic fibrosarcoma oncogene homolog |
| MeCP | Methyl-CpG-binding protein |
| Nanog | Nanog homeobox |

| Gene symbol | Gene name |
|-------------|--|
| Ndrg | NDRG family member |
| NeuroD1 | Neurogenic differentiation 1 |
| NFkB | Nuclear factor kappa-light-chain-enhancer of activated B cells |
| Ngn3 | Neurogenin 3 |
| Nkx | NK homeobox |
| Nna | Neuronatin |
| Oct2 | POU class 3 homeobox 2 |
| Oct4 | POU class 5 homeobox 1 |
| Oxa | Orexin A |
| Oxr | Oxidation resistance |
| Pax | Paired-box |
| Pcsk1 | Proprotein convertase subtilisin/kexin type 1 |
| Pdx1 | Pancreatic duodenal homeobox 1 |
| PEPCK | Phosphoenolpyruvate carboxykinase |
| Ppp1r | Protein phosphatase 1, regulatory (inhibitor) subunit |
| PPY | Pancreatic polypeptide |
| Ptpn | Protein tyrosine phosphatase receptor type N |
| Sema | Semaphorin |
| Serca | ATPase, Ca ²⁺ transporting cardiac muscle fast twitch 1 |
| Shc | Src homology 2 domain containing transforming protein |
| Shh | Sonic hedgehog |
| SHP | Small heterodimer partner |
| Sik | Salt-inducible kinase |
| Sirt | Sirtuin |
| Slc1a2 | Solute carrier family 1 (glial high affinity glutamate transporter) member 2 |
| Snap | Synaptosomal-associated protein |
| SNARE | Soluble N-ethylmaleimide-sensitive factor attachment protein receptor |
| Sox | SRY (sex determining region Y)-box |
| Sp1 | Sp transcription factor 1 |
| Srebp | Sterol regulatory element binding protein |
| Sst | Somatostatin |
| Stx | Syntaxin |
| Sur | Sulfonylurea receptor |
| Syt | Synaptogamin |
| Tcf7l2 | Transcription factor 7-like 2 |
| TGF-β | Transforming growth factor β |
| Tmem27 | Transmembrane 27 |
| TNF-α | Tumor necrosis factor α |
| Tspyl | TSPY-like |
| TTR | Transthyretin |
| Ucp2 | Uncoupling protein 2 |
| Vamp | Vesicle-associated membrane protein |
| WFS1 | Wolfram syndrome 1 |

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